## Socioeconomic and Health Disparities Report Card

Using Report Cards to measure racial and ethnic health disparities is a concise way to identify and document data related to racial and ethnic health used by a number of states. In this report, we adopted the format found in The New Mexico Disparity Report Card. Since 2006, New Mexico's Department of Health has produced an annual Racial and Ethnic Health Disparities Report Card; the most recent edition of New Mexico's report card was published in September 2012. A State Partnership Grant to improve minority health from the U.S. Department of Health and Human Services’ Office of Minority Health funds the report card.

The Nebraska Disparity Report Card is not an epidemiological report; it is intended to be userfriendly and to succinctly convey key disparities findings for the general public. The report card not only drives the activities of the OHDHE and frames disparities reduction planning and related activities, but it also helps to increase awareness of health disparities.

In our report card, some data are omitted due to sample size issues. A confidence interval (CI) is a range that estimates the true population value for a statistic. In some cases, the Nebraska Behavioral Risk Fact Surveillance System (BRFSS) survey does not reach enough people in certain categories to produce statistically reliable estimates. Small sample sizes produce large variances (i.e. a deviation from the mean), resulting in a large CI. For this reason, we are unable to include data on some indicators with the exception of indicators specific to men and women (prostate cancer screening, mammograms, etc.). In this report, if the confidence interval for a subgroup is too large (i.e. CI half width > 10), the data are not reported. We use a $95 \%$ confidence interval. Data from BRFSS were also omitted if cell counts were less than 50, and mortality data were omitted if cell counts were less than 20 . There were several exceptions to this, however; please refer to the Methodology and Data Sources section.

The following report card adheres to the disparity ratio grading system listed on the previous

| Grades for Health \& Socioeconomic Indicators |  |  |
| :---: | :---: | :--- |
| Grades | Disparity <br> Ratio | Meaning/Interpretation |
| A | $0.0-1$ | No disparity or minority group-favorable measure |
| B | $1.1-1.4$ | Little disparity |
| C | $1.5-1.9$ | A disparity exists, should be monitored, and may require intervention |
| D | $2-2.4$ | Disparity requires intervention |
| F | $\geq 2.5$ | Unacceptable disparity. Immediate intervention needed. |
| Grades: The grades in this report card indicate how well a population group is doing compared to Whites. <br> Grades are representative only of the relationship between a certain group and Whites, not how favorably <br> Nebraska is in relation to the indicator. <br> Disparity Ratio: This ratio is calculated by dividing the rate or percentage for each population by the White <br> population. |  |  |

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| Ratio Summaries for Health Socioeconomic Indicators |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | B | C | D | F | Number of 'B' Ratios or Larger |
| African American | 22 | 25 | 7 | 19 | 73 |
| Asian | 17 | 7 | 2 | 4 | 30 |
| American Indian | 23 | 19 | 16 | 29 | 87 |
| Hispanic | 17 | 7 | 12 | 12 | 48 |

page. American Indians had many ' $F$ '-grades, meaning the disparity (compared to Whites) needs immediate attention; this included poverty, unemployment, lack of a high school education, and female householders with no husband present. African Americans also experienced large, ' F 'grade disparities in poverty, unemployment, and households ran by a female with no husband present. Hispanics had the largest ' $F$ '-grade disparity in lack of high school education of all minority groups.

African Americans, American Indians, and Hispanics experienced very large (' F '-grade) disparities in teen birth in both 2001-2005 and 2006-2010; Hispanic teens reached a disparity ratio of almost five (4.9) in 2006-2010, an increase from 3.8 in 2001-2005. African Americans and American Indians, in 2001-2005, saw large disparities in infant mortality; however, in 20062010, African Americans improved to a ' $D$ '-grade disparity and American Indians moved to a ' $B$ '-grade. American Indians experienced ' $F$ '-grade disparities throughout the decade in inadequate prenatal care while Hispanics and African Americans lived with 'D'-grade disparities for this indicator. African Americans and Asians experienced ' $F$ '-grade disparity ratios in the prevalence of stroke in 2001-2005 but improved to 'C'-grade ratios in 2006-2010. American Indians and African Americans also had ' $F$ '-grade disparities in diabetes mortality. Though decreasing between 2001-2005 and 2006-2010, American Indians still experienced large, ' F 'grade disparities in alcohol-related deaths (4.5 to 3.1, respectively).

African Americans (25) and American Indians (19) had the most ' C '-grade disparities while American Indians experienced the most ' D '-grade disparities (16). American Indians also had the most ' F '-grade disparities with 29 overall, followed by African Americans with 19.

Asians and Hispanics experienced 17 ' B '-grade disparities, the fewest of the minority groups, while American Indians had the most B's (23). Generally, American Indians had the most ' B '-grade disparities or worse (87), followed by African Americans with 73.

| Socioeconomic Indicators |  |  |  |
| :---: | :---: | :---: | :---: |
| Socioeconomic Indicators | 2008-2012 | Ratio to Whites |  |
| Female Householder, No Husband Present (Percent) |  |  |  |
| White, not Hispanic | 8.0 |  |  |
| African American | 27.6 | 3.5 | F |
| Asian | 5.9 | 0.7 | A |
| American Indian | 36.3 | 4.5 | F |
| Hispanic | 18.6 | 2.3 | D |
| Living Below the Federal Poverty Level (Percent) |  |  |  |
| White, not Hispanic | 9.4 |  |  |
| African American | 32.5 | 3.5 | F |
| Asian | 16.0 | 1.7 | C |
| American Indian | 38.2 | 4.1 | F |
| Hispanic | 25.4 | 2.7 | F |
| Percent Unemployed (Percent) |  |  |  |
| White, not Hispanic | 3.2 |  |  |
| African American | 10.5 | 3.3 | F |
| Asian | 3.6 | 1.1 | B |
| American Indian | 11.4 | 3.6 | F |
| Hispanic | 7.2 | 2.3 | D |
| Percent Without High School Education (Percent) |  |  |  |
| White, not Hispanic | 6.1 |  |  |
| African American | 16.5 | 2.7 | F |
| Asian | 19.9 | 3.3 | F |
| American Indian | 24.0 | 3.9 | F |
| Hispanic | 48.1 | 7.9 | F |
| Percent Living in Renter-Occupied Housing (Percent) |  |  |  |
| White, not Hispanic | 28.8 |  |  |
| African American | 65.4 | 2.3 | D |
| Asian | 52.1 | 1.8 | C |
| American Indian | 63.1 | 2.2 | D |
| Hispanic | 50.7 | 1.8 | C |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | 或 | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites |  |
| Perceived Health Status: Fair or Poor (Percent) |  |  |  |  |  |  |
| White | 11.4 |  |  | 10.9 |  |  |
| African American | 19.7 | 1.7 | C | 19.0 | 1.7 | C |
| Asian | 17.0 | 1.5 | C | 9.1 | 0.8 | A |
| American Indian | 24.7 | 2.2 | D | 22.9 | 2.1 | D |
| Hispanic | 25.2 | 2.2 | D | 25.2 | 2.3 | D |
| Dissatisfied with Life (Percent) |  |  |  |  |  |  |
| White | 4.5 |  |  | 3.6 |  |  |
| African American | 12.8 | 2.8 | F | 6.7 | 1.9 | C |
| Asian | 1.5 | 0.3 | A | 8.3 | 2.3 | D |
| American Indian | 3.9 | 0.9 | A | 9.5 | 2.6 | F |
| Hispanic | 4.5 | 1.0 | A | 5.2 | 1.4 | B |
| Very Dissatisfied with Life (Percent) |  |  |  |  |  |  |
| White | 0.8 |  |  | 0.5 |  |  |
| African American | 1.6 | 2.0 | D | 2.6 | 5.2 | F |
| Asian |  |  |  | 2.4 | 4.8 | F |
| American Indian | 2.6 | 3.3 | F | 2.1 | 4.2 | F |
| Hispanic | 0.5 | 0.6 | A | 0.8 | 1.6 | C |
| No Personal Physician (Percent) |  |  |  |  |  |  |
| White | 14.0 |  |  | 13.8 |  |  |
| African American | 17.5 | 1.3 | B | 16.8 | 1.2 | B |
| Asian | 17.9 | 1.3 | B | 15.9 | 1.2 | B |
| American Indian | 26.3 | 1.9 | C | 23.5 | 1.7 | C |
| Hispanic | 35.2 | 2.5 | F | 35.1 | 2.5 | F |
| No Health Insurance (Percent) |  |  |  |  |  |  |
| White | 12.8 |  |  | 13.0 |  |  |
| African American | 18.5 | 1.4 | B | 24.4 | 1.9 | C |
| Asian | 9.1 | 0.7 | A | 17.3 | 1.3 | B |
| American Indian | 32.0 | 2.5 | F | 34.5 | 2.7 | F |
| Hispanic | 39.0 | 3.0 | F | 46.1 | 3.5 | F |
| Unable to See Physician Due to Cost (Percent) |  |  |  |  |  |  |
| White | 9.5 |  |  | 9.1 |  |  |
| African American | 16.1 | 1.7 | C | 20.4 | 2.2 | D |
| Asian | 8.4 | 0.9 | A | 10.6 | 1.2 | B |
| American Indian | 23.6 | 2.5 | F | 16.1 | 1.8 | C |
| Hispanic | 17.3 | 1.8 | C | 20.7 | 2.3 | D |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | 烒 | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites |  |
| Infant Mortality/1,000 Births |  |  |  |  |  |  |
| White | 5.7 |  |  | 5.7 |  |  |
| African American | 15.1 | 2.6 | F | 13.8 | 2.4 | D |
| Asian | 5.5 | 1.0 | A | 2.8 | 0.5 | A |
| American Indian | 15.2 | 2.7 | F | 7.7 | 1.4 | B |
| Hispanic | 6.8 | 1.2 | B | 5.7 | 1.0 | A |
| Low Birth Weight (Percent) |  |  |  |  |  |  |
| White | 6.6 |  |  | 6.6 |  |  |
| African American | 12.5 | 1.9 | C | 13.3 | 2.0 | D |
| Asian | 8.0 | 1.2 | B | 8.4 | 1.3 | B |
| American Indian | 6.8 | 1.0 | A | 7.3 | 1.1 | B |
| Hispanic | 6.3 | 1.0 | A | 6.6 | 1.0 | A |
| Teen Births/1,000 Females ages 15-19 |  |  |  |  |  |  |
| White | 30.4 |  |  | 23.5 |  |  |
| African American | 90.4 | 3.0 | F | 84.7 | 3.6 | F |
| Asian | 23.9 | 0.8 | A | 21.1 | 0.9 | A |
| American Indian | 128.2 | 4.2 | F | 100.2 | 4.3 | F |
| Hispanic | 115.3 | 3.8 | F | 114.6 | 4.9 | F |
| Inadequate Prenatal Care (Percent) |  |  |  |  |  |  |
| White | 9.4 |  |  | 11.3 |  |  |
| African American | 20.6 | 2.2 | D | 24.6 | 2.2 | D |
| Asian | 11.5 | 1.2 | B | 17.1 | 1.5 | C |
| American Indian | 27.6 | 2.9 | F | 32.6 | 2.9 | F |
| Hispanic | 22.5 | 2.4 | D | 24.2 | 2.1 | D |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | 或 | $\begin{gathered} \hline 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | V10 |
| Prevalence of Coronary Heart Disease (Percent) |  |  |  |  |  |  |
| White | 3.9 |  |  | 3.8 |  |  |
| African American | 2.1 | 0.5 | A | 2.5 | 0.7 | A |
| Asian | 2.5 | 0.6 | A | 3.9 | 1.0 | A |
| American Indian | 9.3 | 2.4 | D | 5.9 | 1.6 | C |
| Hispanic | 1.3 | 0.3 | A | 3.6 | 0.9 | A |
| Heart Disease Mortality/100,000 Population |  |  |  |  |  |  |
| White | 196.7 |  |  | 160.2 |  |  |
| African American | 246.4 | 1.3 | B | 214.2 | 1.3 | B |
| Asian | 108.3 | 0.6 | A | 64.5 | 0.4 | A |
| American Indian | 280.1 | 1.4 | B | 131.7 | 0.8 | A |
| Hispanic | 114.6 | 0.6 | A | 89.7 | 0.6 | A |
| W Myocardial Infarction (Percent) |  |  |  |  |  |  |
| White | 3.7 |  |  | 3.6 |  |  |
| African American | 1.2 | 0.3 | A | 3.0 | 0.8 | A |
| Asian | 0.5 | 0.1 | A | 3.5 | 1.0 | A |
| American Indian | 8.0 | 2.2 | D | 7.6 | 2.1 | D |
| Hispanic | 2.0 | 0.5 | A | 4.3 | 1.2 | B |
| Myocardial Infarction or Coronary Heart Disease (Percent) |  |  |  |  |  |  |
| White | 5.6 |  |  | 5.3 |  |  |
| African American | 2.8 | 0.5 | A | 4.4 | 0.8 | A |
| Asian | 2.5 | 0.4 | A | 6.3 | 1.2 | B |
| American Indian | 11.3 | 2.0 | D | 9.9 | 1.9 | C |
| Hispanic | 2.1 | 0.4 | A | 5.6 | 1.1 | B |
| Prevalence of Stroke (Percent) |  |  |  |  |  |  |
| White | 2.0 |  |  | 2.2 |  |  |
| African American | 6.2 | 3.1 | F | 3.8 | 1.7 | C |
| Asian | 6.0 | 3.0 | F | 3.7 | 1.7 | C |
| American Indian | 4.5 | 2.3 | D | 3.9 | 1.8 | C |
| Hispanic | 1.8 | 0.9 | A | 2.3 | 1.0 | A |
| Stroke Mortality/100,000 Population |  |  |  |  |  |  |
| White | 51.7 |  |  | 40.8 |  |  |
| African American | 84.2 | 1.6 | C | 66.6 | 1.6 | C |
| Asian | 65.7 | 1.3 | B | 28.4 | 0.7 | A |
| American Indian | 62.0 | 1.2 | B | 38.7 | 0.9 | A |
| Hispanic | 29.2 | 0.6 | A | 23.0 | 0.6 | A |

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| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | 或 | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | 或 |
| Prevalence of Diabetes (Percent) |  |  |  |  |  |  |
| White | 5.7 |  |  | 6.7 |  |  |
| African American | 10.5 | 1.8 | C | 12.7 | 1.9 | C |
| Asian | 6.8 | 1.2 | B | 8.6 | 1.3 | B |
| American Indian | 8.5 | 1.5 | C | 13.0 | 1.9 | C |
| Hispanic | 9.2 | 1.6 | C | 13.8 | 2.1 | D |
| Diabetes Mortality/100,000 Population |  |  |  |  |  |  |
| White | 20.3 |  |  | 21.1 |  |  |
| African American | 67.3 | 3.3 | F | 62.1 | 2.9 | F |
| Asian | 13.9 | 0.7 | A | 18.7 | 0.9 | A |
| American Indian | 91.0 | 4.5 | F | 93.2 | 4.4 | F |
| Hispanic | 45.6 | 2.2 | D | 28.8 | 1.4 | B |
| Chronic Lung Disease Mortality/100,000 Population |  |  |  |  |  |  |
| White | 40.3 |  |  | 43.1 |  |  |
| African American | 34.5 | 0.9 | A | 32.9 | 0.8 | A |
| Asian | 11.1 | 0.3 | A | 16.7 | 0.4 | A |
| American Indian | 58.4 | 1.4 | B | 58.2 | 1.4 | B |
| Hispanic | 14.7 | 0.4 | A | 8.7 | 0.2 | A |
| Asthma (Percent) |  |  |  |  |  |  |
| White | 6.7 |  |  | 7.7 |  |  |
| African American | 12.3 | 1.8 | C | 11.7 | 1.5 | C |
| Asian | 9.7 | 1.4 | B | 7.3 | 0.9 | A |
| American Indian | 15.5 | 2.3 | D | 9.7 | 1.3 | B |
| Hispanic | 3.8 | 0.6 | A | 4.5 | 0.6 | A |
| Activity Limitations (Percent) |  |  |  |  |  |  |
| White | 15.3 |  |  | 17.5 |  |  |
| African American | 17.9 | 1.2 | B | 16.5 | 0.9 | A |
| Asian | 12.7 | 0.8 | A | 11.6 | 0.7 | A |
| American Indian | 24.7 | 1.6 | C | 28.1 | 1.6 | C |
| Hispanic | 11.7 | 0.8 | A | 12.4 | 0.7 | A |
| HIV/AIDS Mortality/100,000 Population |  |  |  |  |  |  |
| White |  |  |  | 0.8 |  |  |
| African American |  |  |  | 7.3 | 9.1 | F |
| American Indian |  |  |  | 6.6 | 8.3 | F |
| Hispanic |  |  |  | 2.4 | 3.0 | F |

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| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | تِّتِ | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | 或 |
| Sexually Transmitted Diseases/100,00 Population |  |  |  |  |  |  |
| White |  |  |  | 256.5 |  |  |
| African American |  |  |  | 3988.4 | 15.5 | F |
| Asian |  |  |  | 213.5 | 0.8 | A |
| American Indian |  |  |  | 1056.5 | 4.1 | F |
| Hispanic |  |  |  | 534.7 | 2.1 | D |
| Chlamydia Incidence/100,000 Population |  |  |  |  |  |  |
| White |  |  |  | 185.9 |  |  |
| African American |  |  |  | 2531.9 | 13.6 | F |
| Asian |  |  |  | 166.2 | 0.9 | A |
| American Indian |  |  |  | 821.8 | 4.4 | F |
| Hispanic |  |  |  | 433.3 | 2.3 | D |
| Gonorrhea Incidence/100,000 Population |  |  |  |  |  |  |
| White |  |  |  | 29.7 |  |  |
| African American |  |  |  | 1073.1 | 36.1 | F |
| Asian |  |  |  | 19.4 | 0.7 | A |
| American Indian |  |  |  | 140.1 | 4.7 | F |
| Hispanic |  |  |  | 43.1 | 1.5 | C |
| Pneumonia Mortality/100,000 Population |  |  |  |  |  |  |
| White |  |  |  | 13.8 |  |  |
| African American |  |  |  | 11.8 | 0.9 | A |
| Asian |  |  |  | 2.6 | 0.2 | A |
| American Indian |  |  |  | 27.6 | 2.0 | D |
| Hispanic |  |  |  | 8.1 | 0.6 | A |
| Cancer Mortality/100,000 Population |  |  |  |  |  |  |
| White | 179.4 |  |  | 171.8 |  |  |
| African American | 251.0 | 1.4 | B | 238.3 | 1.4 | B |
| Asian | 126.3 | 0.7 | A | 99.9 | 0.6 | A |
| American Indian | 215.4 | 1.2 | B | 153.2 | 0.9 | A |
| Hispanic | 121.3 | 0.7 | A | 99.5 | 0.6 | A |
| Breast Cancer Mortality/100,000 Population |  |  |  |  |  |  |
| White | 23.9 |  |  | 20.2 |  |  |
| African American | 38.8 | 1.6 | C | 28.3 | 1.4 | B |
| Asian | 5.2 | 0.2 | A | 12.4 | 0.6 | A |
| American Indian | 28.9 | 1.2 | B | 12.6 | 0.6 | A |
| Hispanic | 9.8 | 0.4 | A | 19.3 | 1.0 | A |

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| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} \hline 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | تِّتِ تِ | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | 武 |
| Prostate Cancer Mortality/100,000 Population |  |  |  |  |  |  |
| White |  |  |  | 23.3 |  |  |
| African American |  |  |  | 39.8 | 1.7 | C |
| Asian |  |  |  | 5.6 | 0.2 | A |
| American Indian |  |  |  | 8.2 | 0.4 | A |
| Hispanic |  |  |  | 22.1 | 0.9 | A |
| Unintentional Injury Mortality/100,000 Population |  |  |  |  |  |  |
| White | 38.4 |  |  | 35.9 |  |  |
| African American | 27.2 | 0.7 | A | 32.6 | 0.9 | A |
| Asian | 35.6 | 0.9 | A | 21.6 | 0.6 | A |
| American Indian | 87.9 | 2.3 | D | 49.2 | 1.4 | B |
| Hispanic | 31.5 | 0.8 | A | 29.5 | 0.8 | A |
| Motor Vehicle Accident Mortality/100,000 Population |  |  |  |  |  |  |
| White | 16.8 |  |  | 13.7 |  |  |
| African American | 11.6 | 0.7 | A | 11.8 | 0.9 | A |
| Asian | 14.3 | 0.9 | A | 5.8 | 0.4 | A |
| American Indian | 39.9 | 2.4 | D | 16.1 | 1.2 | B |
| Hispanic | 15.5 | 0.9 | A | 13.8 | 1.0 | A |
| Suicide/100,000 Population |  |  |  |  |  |  |
| White | 10.5 |  |  | 10.7 |  |  |
| African American | 4.1 | 0.4 | A | 5.0 | 0.5 | A |
| Asian | 6.6 | 0.6 | A | 3.7 | 0.3 | A |
| American Indian | 16.9 | 1.6 | C | 12.7 | 1.2 | B |
| Hispanic | 4.9 | 0.5 | A | 4.7 | 0.4 | A |
| Homicide/100,000 Population |  |  |  |  |  |  |
| White |  |  |  | 2.1 |  |  |
| African American |  |  |  | 25.7 | 12.2 | F |
| Asian |  |  |  | 1.5 | 0.7 | A |
| American Indian |  |  |  | 13.6 | 6.5 | F |
| Hispanic |  |  |  | 5.4 | 2.6 | F |
| Heavy Drinking (Percent) |  |  |  |  |  |  |
| White | 5.0 |  |  | 4.8 |  |  |
| African American | 3.0 | 0.6 | A | 3.5 | 0.7 | A |
| Asian | 2.6 | 0.5 | A | 2.3 | 0.5 | A |
| American Indian | 5.3 | 1.1 | B | 9.5 | 2.0 | D |
| Hispanic | 3.8 | 0.8 | A | 2.5 | 0.5 | A |

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| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | 毞 | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | 或 |
| Binge Drinking (Percent) |  |  |  |  |  |  |
| White | 18.1 |  |  | 20.1 |  |  |
| African American | 12.4 | 0.7 | A | 14.3 | 0.7 | A |
| Asian | 10.5 | 0.6 | A | 7.9 | 0.4 | A |
| American Indian | 27.5 | 1.5 | B | 16.2 | 0.8 | A |
| Hispanic | 12.9 | 0.7 | A | 11.2 | 0.6 | A |
| Drinking and Driving (Percent) |  |  |  |  |  |  |
| White | 4.6 |  |  | 6.3 |  |  |
| African American | 3.3 | 0.7 | A | 5.6 | 0.9 | A |
| American Indian | 4.3 | 0.9 | A | 3.0 | 0.5 | A |
| Hispanic | 1.4 | 0.3 | A | 5.8 | 0.9 | A |
| Alcohol-Related Mortality/100,000 Population |  |  |  |  |  |  |
| White | 27.5 |  |  | 28.2 |  |  |
| African American | 37.7 | 1.4 | B | 42.2 | 1.5 | C |
| Asian | 23.7 | 0.9 | A | 15.4 | 0.5 | A |
| American Indian | 124.2 | 4.5 | F | 86.1 | 3.1 | F |
| Hispanic | 33.3 | 1.2 | B | 29.6 | 1.0 | A |
| Current Cigarette Smoking (Percent) |  |  |  |  |  |  |
| White | 21.5 |  |  | 18.1 |  |  |
| African American | 24.3 | 1.1 | B | 23.7 | 1.3 | B |
| Asian | 17.6 | 0.8 | A | 10.7 | 0.6 | A |
| American Indian | 41.8 | 1.9 | C | 43.7 | 2.4 | D |
| Hispanic | 19.8 | 0.9 | A | 16.8 | 0.9 | A |
| Physical Inactivity (Percent) |  |  |  |  |  |  |
| White | 21.7 |  |  | 21.6 |  |  |
| African American | 29.9 | 1.4 | B | 35.2 | 1.6 | C |
| Asian | 26.2 | 1.2 | B | 21.5 | 1.0 | A |
| American Indian | 27.7 | 1.3 | B | 28.3 | 1.3 | B |
| Hispanic | 43.0 | 2.0 | D | 35.4 | 1.6 | C |

Area highlighted in gray depict no data available.

| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites |  | $\begin{gathered} \hline 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | 烒 |
| Body Mass Index: 25-29.9 (Percent) |  |  |  |  |  |  |
| White | 37.6 |  |  | 36.8 |  |  |
| African American | 37.8 | 1.0 | A | 28.6 | 0.8 | A |
| Asian | 29.3 | 0.8 | A | 31.6 | 0.9 | A |
| American Indian | 36.1 | 1.0 | A | 35.0 | 1.0 | A |
| Hispanic | 42.1 | 1.1 | B | 38.5 | 1.0 | A |
| Body Mass Index: 25+ (Percent) |  |  |  |  |  |  |
| White | 60.6 |  |  | 63.5 |  |  |
| African American | 71.7 | 1.2 | B | 67.5 | 1.1 | B |
| Asian | 37.6 | 0.6 | A | 42.5 | 0.7 | A |
| American Indian | 65.4 | 1.1 | B | 77.6 | 1.2 | B |
| Hispanic | 67.3 | 1.1 | B | 71.1 | 1.1 | B |
| Body Mass Index: 30+ (Percent) |  |  |  |  |  |  |
| White | 23.1 |  |  | 26.7 |  |  |
| African American | 33.9 | 1.5 | C | 39.0 | 1.5 | C |
| Asian | 8.4 | 0.4 | A | 10.3 | 0.4 | A |
| American Indian | 29.6 | 1.3 | B | 41.7 | 1.6 | C |
| Hispanic | 25.5 | 1.1 | B | 32.0 | 1.2 | B |
| High Blood Pressure (Percent) |  |  |  |  |  |  |
| White | 22.6 |  |  | 25.3 |  |  |
| African American | 35.8 | 1.6 | C | 33.9 | 1.3 | B |
| Asian | 15.8 | 0.7 | A | 25.1 | 1.0 | A |
| American Indian | 36.2 | 1.6 | C | 28.2 | 1.1 | B |
| Hispanic | 17.1 | 0.8 | A | 21.8 | 0.9 | A |
| High Cholesterol (Percent) |  |  |  |  |  |  |
| White | 27.8 |  |  | 32.0 |  |  |
| African American | 29.9 | 1.1 | B | 27.6 | 0.9 | A |
| Asian | 36.1 | 1.3 | B | 56.0 | 1.8 | C |
| American Indian | 33.6 | 1.2 | B | 40.4 | 1.3 | B |
| Hispanic | 23.1 | 0.8 | A | 28.5 | 0.9 | A |
| Mentally Unwell (Percent) |  |  |  |  |  |  |
| White | 9.7 |  |  | 10.1 |  |  |
| African American | 12.9 | 1.3 | B | 13.1 | 1.3 | B |
| Asian | 2.6 | 0.3 | A | 8.5 | 0.8 | A |
| American Indian | 17.8 | 1.8 | C | 16.8 | 1.7 | C |
| Hispanic | 9.6 | 1.0 | A | 9.1 | 0.9 | A |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites | 烒 | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites | 或 |
| Physically Unwell (Percent) |  |  |  |  |  |  |
| White | 9.8 |  |  | 9.7 |  |  |
| African American | 12.1 | 1.2 | B | 15.2 | 1.6 | C |
| Asian | 4.9 | 0.5 | A | 11.6 | 1.2 | B |
| American Indian | 21.4 | 2.2 | D | 14.8 | 1.5 | C |
| Hispanic | 12.4 | 1.3 | B | 12.7 | 1.3 | B |
| Physically Unwell (Days) |  |  |  |  |  |  |
| White | 2.9 |  |  | 2.8 |  |  |
| African American | 3.7 | 1.3 | B | 4.1 | 1.5 | C |
| Asian | 1.6 | 0.6 | A | 3.5 | 1.3 | B |
| American Indian | 5.8 | 2.0 | D | 4.4 | 1.6 | C |
| Hispanic | 3.5 | 1.2 | B | 3.4 | 1.2 | B |
| Never Receive Emotional Support (Percent) |  |  |  |  |  |  |
| White | 2.3 |  |  | 2.8 |  |  |
| African American | 8.9 | 3.9 | F | 8.4 | 3.0 | F |
| Asian | 5.4 | 2.3 | D | 15.9 | 5.7 | F |
| American Indian | 3.0 | 1.3 | B | 7.5 | 2.7 | F |
| Hispanic | 13.1 | 5.7 | F | 14.0 | 5.0 | F |
| Anxiety Disorder (Percent) |  |  |  |  |  |  |
| White |  |  |  | 9.8 |  |  |
| African American |  |  |  | 14.8 | 1.5 | C |
| Asian |  |  |  | 0.0 | 0.0 | A |
| American Indian |  |  |  | 27.6 | 2.8 | F |
| Hispanic |  |  |  | 9.4 | 1.0 | A |
| Depressive Disorder (Percent) |  |  |  |  |  |  |
| White |  |  |  | 15.8 |  |  |
| African American |  |  |  | 13.0 | 0.8 | A |
| Asian |  |  |  | 1.2 | 0.1 | A |
| American Indian |  |  |  | 39.4 | 2.5 | F |
| Hispanic |  |  |  | 13.2 | 0.8 | A |
| Severe Anxiety/Depression (Percent) |  |  |  |  |  |  |
| White |  |  |  | 6.5 |  |  |
| African American |  |  |  | 8.6 | 1.3 | B |
| American Indian |  |  |  | 26.5 | 4.1 | F |
| Hispanic |  |  |  | 8.0 | 1.2 | B |

Area highlighted in gray depict no data available

| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\mathbf{2 0 0 1}$ |  |  |  |  |  |
|  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |\(\left.\quad \begin{array}{c}Ratio to <br>

Whites\end{array}\right)\)

The following health behavior section of these report cards illustrate positive health behaviors, like health screenings and physical activity. In instances where ratios were larger than one, the ratio favors the racial or ethnic group discussed. For instance, $79 \%$ of African Americans in 2006-2010 had their cholesterol checked in the last five years, compared to $72 \%$ of Whites; this creates a ratio of 1.1 in favor of African Americans. In these cases, grades of an ' A ' (1.0-1.5) were given. When the ratio was 1.5 or greater, the grade of ' $\mathrm{A}+$ ' was given. In instances where the ratio did not favor the minority group, grades of ' B ' $(0.5-0.9)$ and ' C ' (0.1$0.4)$ were given.

The ranges used to assign grades to protective health behaviors are summarized below:

| Grades for Protective Health Behaviors |  |  |
| :---: | :---: | :--- |
| Grades | Disparity <br> Ratio | Meaning/Interpretation |
| A+ | $\geq 1.5$ | Disparity favors minority group |
| A | $1.0-1.5$ | No disparity or minority group-favorable measure |
| B | $0.5-0.9$ | Little disparity |
| C | $0.1-0.4$ | A disparity exists, should be monitored, and may require intervention |
| Grades: The grades in this report card indicate how well a population group is doing compared to Whites. <br> Grades are representative only of the relationship between a certain group and Whites, not how favorably <br> Nebraska is in relation to the indicator. <br> Disparity Ratio: This ratio is calculated by dividing the rate or percentage for each population by the White <br> population. |  |  |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites |  | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites |  |
| Pap Test: Last 3 Years (Ages 18+) (Percent) |  |  |  |  |  |  |
| White | 84.4 |  |  | 76.3 |  |  |
| African American | 89.2 | 1.1 | A | 84.2 | 1.1 | A |
| Asian | 93.5 | 1.1 | A | 70.6 | 0.9 | B |
| American Indian | 83.0 | 1.0 | A | 79.1 | 1.0 | A |
| Hispanic | 87.5 | 1.0 | A | 71.9 | 0.9 | B |
| Pap Test: Last 3 Years (Ages 21-65) (Percent) |  |  |  |  |  |  |
| White | 87.1 |  |  | 83.9 |  |  |
| African American | 94.1 | 1.1 | A | 89.6 | 1.1 | A |
| Asian | 85.1 | 1.0 | A | 73.8 | 0.9 | B |
| American Indian | 82.1 | 0.9 | B | 76.3 | 0.9 | B |
| Hispanic | 87.2 | 1.0 | A | 76.9 | 0.9 | B |
| PSA Test: Last 2 Years (Percent) |  |  |  |  |  |  |
| White | 38.4 |  |  | 42.0 |  |  |
| African American | 50.7 | 1.3 | A | 41.0 | 1.0 | A |
| Asian | 18.4 | 0.5 | B | 47.0 | 1.1 | A |
| American Indian | 21.7 | 0.6 | B | 55.7 | 1.3 | A |
| Hispanic | 27.6 | 0.7 | B | 26.6 | 0.6 | B |
| DRE: Last 2 Years (Percent) |  |  |  |  |  |  |
| White | 59.7 |  |  | 55.6 |  |  |
| African American | 63.6 | 1.1 | A | 70.0 | 1.3 | A |
| Asian | 35.8 | 0.6 | B | 56.5 | 1.0 | A |
| American Indian | 26.5 | 0.4 | C | 45.9 | 0.8 | B |
| Hispanic | 30.6 | 0.5 | B | 44.4 | 0.8 | B |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites |  | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites |  |
| Blood Stool Test: Last 2 Years (Percent) |  |  |  |  |  |  |
| White | 30.6 |  |  | 21.7 |  |  |
| African American | 32.1 | 1 | A | 27.1 | 1.2 | A |
| Asian | 17.6 | 0.6 | B | 26.7 | 1.2 | A |
| American Indian | 8.2 | 0.3 | C | 19.4 | 0.9 | B |
| Hispanic | 24.1 | 0.8 | B | 11.7 | 0.5 | B |
| Moderate Exercise (Percent) |  |  |  |  |  |  |
| White | 43.0 |  |  | 52.9 |  |  |
| African American | 38.8 | 0.9 | B | 44.5 | 0.8 | B |
| Asian | 31.7 | 0.7 | B | 34.8 | 0.7 | B |
| American Indian | 53.1 | 1.2 | A | 64.8 | 1.2 | A |
| Hispanic | 31.3 | 0.7 | B | 41.4 | 0.8 | B |
| Vigorous Exercise (Percent) |  |  |  |  |  |  |
| White | 21.8 |  |  | 31.6 |  |  |
| African American | 23.3 | 1.1 | A | 29.1 | 0.9 | B |
| Asian | 20.4 | 0.9 | B | 20.7 | 0.7 | B |
| American Indian | 25.5 | 1.2 | A | 33.7 | 1.1 | A |
| Hispanic | 13.3 | 0.6 | B | 24.7 | 0.8 | B |
| 5+ Fruits and Vegetables per Day (Percent) |  |  |  |  |  |  |
| White | 18.2 |  |  | 22.0 |  |  |
| African American | 15.4 | 0.8 | B | 25.5 | 1.2 | A |
| Asian | 18.0 | 1.0 | A | 49.6 | 2.3 | A+ |
| American Indian | 23.8 | 1.3 | A | 19.1 | 0.9 | B |
| Hispanic | 19.7 | 1.1 | A | 22.4 | 1.0 | A |


| Protective Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites |  | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites |  |
| Colonoscopy: Last 10 Years (Percent) |  |  |  |  |  |  |
| White | 37.4 |  |  | 50.6 |  |  |
| African American | 17.0 | 0.5 | B | 54.3 | 1.1 | A |
| Asian | 8.6 | 0.2 | C | 45.4 | 0.9 | B |
| American Indian | 27.5 | 0.7 | B | 29.9 | 0.6 | B |
| Hispanic | 35.6 | 1.0 | A | 39 | 0.8 | B |
| Mammogram: Last 2 Years (Ages 40+) (Percent) |  |  |  |  |  |  |
| White | 72.1 |  |  | 69.1 |  |  |
| African American | 78.2 | 1.1 | A | 73 | 1.1 | A |
| Asian | 73.9 | 1.0 | A | 64 | 0.9 | B |
| American Indian | 68.5 | 1.0 | A | 61.5 | 0.9 | B |
| Hispanic | 73.4 | 1.0 | A | 58.3 | 0.8 | B |
| Mammogram: Last 2 Years (Ages 50-74) (Percent) |  |  |  |  |  |  |
| White | 80.1 |  |  | 78.4 |  |  |
| African American | 87.1 | 1.1 | A | 83.6 | 1.1 | A |
| Asian | 59.1 | 0.7 | B | 77.4 | 1.0 | A |
| American Indian | 96.8 | 1.2 | A | 66.5 | 0.8 | B |
| Hispanic | 80.2 | 1.0 | B | 72.9 | 0.9 | B |
| Cholesterol Checked: Last 5 Years (Percent) |  |  |  |  |  |  |
| White | 68.6 |  |  | 72.7 |  |  |
| African American | 71.7 | 1.0 | A | 79.4 | 1.1 | A |
| Asian | 63.6 | 0.9 | B | 75.4 | 1.0 | A |
| American Indian | 66.4 | 1.0 | A | 74.7 | 1.0 | A |
| Hispanic | 56.0 | 0.8 | B | 55.0 | 0.8 | B |


| Health Indicators |  |  |  |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Health Indicators | $\begin{gathered} 2001 \\ - \\ 2005 \end{gathered}$ | Ratio to Whites |  | $\begin{gathered} 2006 \\ - \\ 2010 \end{gathered}$ | Ratio to Whites |  |
| Flu Shot (Percent) |  |  |  |  |  |  |
| White | 35.6 |  |  | 43.7 |  |  |
| African American | 33.3 | 0.9 | B | 38.2 | 0.9 | B |
| Asian | 27.7 | 0.8 | B | 44.6 | 1.0 | A |
| American Indian | 31.1 | 0.9 | B | 43.4 | 1.0 | A |
| Hispanic | 34.4 | 1.0 | A | 39.1 | 0.9 | B |
| Pneumonia Shot (Percent) |  |  |  |  |  |  |
| White | 20.0 |  |  | 23.7 |  |  |
| African American | 20.7 | 1.0 | A | 23.6 | 1.0 | A |
| Asian | 20.5 | 1.0 | A | 20.5 | 0.9 | B |
| American Indian | 28.1 | 1.4 | A | 27.6 | 1.2 | A |
| Hispanic | 18.2 | 0.9 | B | 25.4 | 1.1 | A |

