

2017

Nebraska

Behavioral Risk Factor Surveillance System Questionnaire



Behavioral Risk Factor Surveillance System 2017 Questionnaire

Table of Contents

	ible of Contents	
ln	terviewer's Script	3
	Landline	
	Cell Phone	6
C	ore Sections	
_	Section 1: Health Status	
	Section 2: Healthy Days — Health-Related Quality of Life	
	Section 3: Health Care Access	
	Section 4: Hypertension Awareness	
	Section 5: Cholesterol Awareness	
	Section 6: Chronic Health Conditions	
	Section 7: Arthritis Burden	
	Section 8: Demographics	
	Section 9: Tobacco Use	
	Section 10: E-Cigarettes	
	Section 11: Alcohol Consumption	
	Section 12: Fruits and Vegetables	
	Section 13: Exercise (Physical Activity)	
	Section 14: Seatbelt Use	
	Section 15: Immunization	
	Section 16: HIV/AIDS	
0	otional Modules	
	Module 1: Pre-Diabetes	
	Module 2: Diabetes	. 33
	Module 3: Respiratory Health (COPD Symptoms)	
	Module 9: Sleep Disorder	.36
	Module 11: Alcohol Screening & Brief Intervention (ASBI)	. 37
	Module 12: Cancer Survivorship	. 38
	Module 16: Preconception Health/Family Planning	.42
	Module 25: Industry and Occupation	.44
	Module 28: Random Child Selection	.45
	Module 29: Childhood Asthma Prevalence	
St	ate Added Questions	
	State Added 1: Injured at Work	
	State Added 2: Colorectal Cancer Screening	
	State Added 3: Blood Pressure Screening	. 50
	State Added 4: Smoking Inside Home	. 51
	State Added 5: Walking	
	State Added 6: Wearable Devices	
	State Added 7: Health Literacy	
	State Added 8: Visual Impairment and Access to Eye Care	
	State Added 9: Binge Drinking	
	State Added 10: Prescription Drug Use	
	State Added 11: Distracted Driving	
	State Added 12: Reaction to Race	
_	State Added 13: Race	
	uestion Order for Path A and Path B	
Λ.	ctivity List for Common Laisura Activitias	61



Interviewer's Script Landline Sample

Form Approved

OMB No. 0920-1061

Exp. Date 3/31/2018

Public reporting burden of this collection of information is estimated to average XX minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

NOTE: Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is not sure, provide the average time as indicated in the burden statement. If data collectors have questions concerning the BRFSS OMB process, please contact Carol Pierannunzi at ivk7@cdc.gov.

HELLO, I am calling for the	(health department).	My name is	(name)	We are gathering
information about the health of	(state) residents.	This project is o	conducted by the	health department
with assistance from the Cente	ers for Disease Control	l and Prevention	. Your telephone	number has been
chosen randomly, and I would I	like to ask some questi	ons about health	and health pract	ices.

LL.1 Is this __(phone number) ?

- 1. Yes
- 2. No

[CATI /INTERVIEWER NOTE: IF "NO": Thank you very much, but I seem to have dialed the wrong number. It's possible that your number may be called at a later time. CATI NOTE: STOP OR REDIAL]

PVTRES

LL.2 Is this a private residence?

Read only if necessary: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER NOTE: PRIVATE RESIDENCE INCLUDES ANY HOME WHERE THE RESPONDENT SPENDS AT LEAST 30 DAYS INCLUDING VACATION HOMES, RVS OR OTHER LOCATIONS IN WHICH THE RESPONDENT LIVES FOR PORTIONS OF THE YEAR.

Yes [GO TO STATE OF RESIDENCE]
 No [GO TO COLLEGE HOUSING]

3. No , Business phone only



[CATI/INTERVIEWER NOTE: IF NO, BUSINESS PHONE ONLY: THANK YOU VERY MUCH BUT WE ARE ONLY INTERVIEWING PERSONS ON RESIDENTIAL PHONES LINES AT THIS TIME."STOP]

College Housing

LL.3 Do you live in college housing?

Read only if necessary: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

- 1. Yes [GO TO STATE OF RESIDENCE]
- 2. No

[CATI/INTERVIEWER NOTE: IF NO: THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING PERSONS WHO LIVE IN A PRIVATE RESIDENCE OR COLLEGE HOUSING AT THIS TIME. STOP]

State of Residence

LL4. Do you currently live in ______ (state) ____ ?

- 1. Yes [GO TO CELLULAR]
- 2. No [CATI/INTERVIEWER NOTE: IF NO: THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING PERSONS WHO LIVE IN [] STATE AT THIS TIME. STOP]

Cellular Phone

LL.5 Is this a cell telephone?

INTERVIEWER NOTE: TELEPHONE SERVICE OVER THE INTERNET COUNTS AS LANDLINE SERVICE (INCLUDES VONAGE, MAGIC JACK AND OTHER HOME-BASED PHONE SERVICES).

Read only if necessary: "By cell (or cellular) telephone we mean a telephone that is mobile and usable outside of your neighborhood."

1 Yes

[CATI/INTERVIEWER NOTE: IF "YES": THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING BY LAND LINE TELEPHONES FOR PRIVATE RESIDENCES OR COLLEGE HOUSING. STOP]

2 No

[CATI NOTE: IF COLLEGE HOUSING = "YES," CONTINUE; OTHERWISE GO TO ADULT RANDOM SELECTION]



<u>Adult</u>

LL.6 A	re you 18 years of age or older?	
1 2 3	Yes, respondent is male Yes, respondent is female No	[GO TO NEXT SECTION] [GO TO NEXT SECTION]
	INTERVIEWER NOTE: IF NO: THANK ONS AGED 18 OR OLDER AT THIS T	YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING IME. STOP]
Adult F	Random Selection	
adults		ves in your household to be interviewed. Excluding dents away at college, How many members of your s of age or older?
	_ Number of adults Are you the adult?	
If "yes, Then y neces	ou are the person I need to speak w	rith. Enter 1 man or 1 woman below (Ask gender if
INTER	VIEWER NOTE: GENDER WILL BE A	ASKED AGAIN IN DEMOGRAPHICS SECTION.
[GO T	O THE CORRECT RESPONDENT]	
		HE ADULT A MAN OR A WOMAN? ENTER 1 MAN OR 1 LL IN (HIM/HER) FROM PREVIOUS QUESTION]?]
[GO T	O "CORRECT RESPONDENT" BEFO	RE SECTION 1]
LL.8 H	ow many of these adults are men?	
	Number of men	
So the	number of women in the household Number of women	l is
Is that	correct?	
	VIEWER NOTE: CONFIRM NUMBER OULTS IN THE HOUSEHOLD.	OF ADULT WOMEN OR CLARIFY THE TOTAL NUMBER
The pe	erson in your household that I need	to speak with is
If "you,	" [GO TO "CORRECT RESPONDENT	" BEFORE SECTION 1]



Interviewer's Script Cell Phone

Form Approved

OMB No. 0920-1061

Exp. Date 3/31/2018

Public reporting burden of this collection of information is estimated to average xx minutes per response, including the time for reviewing instructions, searching existing data sources, gathering and maintaining the data needed, and completing and reviewing the collection of information. An agency may not conduct or sponsor, and a person is not required to respond to a collection of information unless it displays a currently valid OMB control number. Send comments regarding this burden estimate or any other aspect of this collection of information, including suggestions for reducing this burden to CDC/ATSDR Reports Clearance Officer; 1600 Clifton Road NE, MS D-74, Atlanta, Georgia 30333; ATTN: PRA (0920-1061).

NOTE: Interviewers do not need to read any part of the burden estimate nor provide the OMB number unless asked by the respondent for specific information. If a respondent asks for the length of time of the interview provide the most accurate information based on the version of the questionnaire that will be administered to that respondent. If the interviewer is not sure, provide the average time as indicated in the burden statement. If data collectors have questions concerning the BRFSS OMB process, please contact Carol Pierannunzi at ivk7@cdc.gov.

HELLO, I am calling for the <u>(health department)</u>. My name is <u>(name)</u>. We are gathering information about the health of <u>(state)</u> residents. This project is conducted by the health department with assistance from the Centers for Disease Control and Prevention. Your telephone number has been chosen randomly, and I would like to ask some questions about health and health practices.

CP.1 Is this a safe time to talk with you?

- 1. Yes [GOTO PHONE]
- 2. No

[CATI/INTERVIEWER NOTE: IF "NO": THANK YOU VERY MUCH. WE WILL CALL YOU BACK AT A MORE CONVENIENT TIME. ([SET APPOINTMENT IF POSSIBLE]) STOP]

Phone

CP.2 Is this __(phone number) ?

- 1. Yes [GO TO CELLULAR PHONE]
- 2. No INTERVIEWER NOTE: CONFIRM TELEPHONE NUMBER

[CATI/INTERVIEWER NOTE: IF "NO": THANK YOU VERY MUCH, BUT I SEEM TO HAVE DIALED THE WRONG NUMBER. IT'S POSSIBLE THAT YOUR NUMBER MAY BE CALLED AT A LATER TIME. STOP]



Cellular Phone

CP.3 Is this a cell telephone?

Read only if necessary: "By cell telephone, we mean a telephone that is mobile and usable outside of your neighborhood."

- 1. Yes [GO TO ADULT]
- 2. No

[CATI/INTERVIEWER NOTE: IF "NO": THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING CELL TELEPHONES AT THIS TIME. STOP]

<u>Adult</u>

CP.4 Are you 18 years of age or older?

1. Yes, respondent is male [GO TO PRIVATE RESIDENCE]

2. Yes, respondent is female [GO TO PRIVATE RESIDENCE]

3 No

[CATI/INTERVIEWER NOTE: IF "NO", THANK YOU VERY MUCH, BUT WE ARE ONLY INTERVIEWING PERSONS AGED 18 OR OLDER AT THIS TIME. STOP]

INTERVIEWER NOTE: GENDER WILL BE ASKED AGAIN IN DEMOGRAPHICS SECTION.

Private Residence

CP.5 Do you live in a private residence?

Read only if necessary: "By private residence, we mean someplace like a house or apartment."

INTERVIEWER NOTE: PRIVATE RESIDENCE INCLUDES ANY HOME WHERE THE RESPONDENT SPENDS AT LEAST 30 DAYS INCLUDING VACATION HOMES, RVS OR OTHER LOCATIONS IN WHICH THE RESPONDENT LIVES FOR PORTIONS OF THE YEAR.

- 1. Yes [GO TO STATE OF RESIDENCE]
- 2. No [GO TO COLLEGE HOUSING]



College Housing

CP.6 Do you live in college housing?

Read only if necessary: "By college housing we mean dormitory, graduate student or visiting faculty housing, or other housing arrangement provided by a college or university."

- 1. Yes [GO TO STATE OF RESIDENCE]
- 2. No

[CATI/INTERVIEWER NOTE: IF "NO": THANK YOU VERY MUCH, BUT WE ARE ONLY

TIME. STOP]	PERSONS WHO LIVE IN A PRIVATE RESIDENCE OR COLLEGE HOUSING AT THIS
State of Reside	<u>nce</u>
CP.7 Do you cur	rently live in(state)?
	[GO TO LANDLINE] [GO TO STATE]
	ate do you currently live?
_	ENTER FIPS STATE
<u>Landline</u>	
CP. 9 Do you al	so have a landline telephone in your home that is used to make and receive calls?
•	essary: "By landline telephone, we mean a "regular" telephone in your home that is g or receiving calls." Please include landline phones used for both business and
	NOTE: TELEPHONE SERVICE OVER THE INTERNET COUNTS AS LANDLINE UDES VONAGE, MAGIC JACK AND OTHER HOME-BASED PHONE SERVICES.).
1. Yes 2. No	
[CATI/INTERVIE QUESTIONS, G	EWER NOTE: IF COLLEGE HOUSING = "YES", DO NOT ASK NUMBER OF ADULTS O TO CORE.]
<u>NUMADULT</u>	
CP.10 How man	y members of your household, including yourself, are 18 years of age or older?
!	Number of adults
99 I	Refused
ICATI/INTERVIE	WER NOTE: IF COLLEGE HOUSING = "YES" THEN NUMBER OF ADULTS IS

AUTOMATICALLY SET TO 1.]



Core Sections

[CATI/INTERVIEWER NOTE: ITEMS IN PARENTHESES ANYWHERE THROUGHOUT THE QUESTIONNAIRE DO NOT NEED TO BE READ]

To Correct Respondent:

I will not ask for your last name, address, or other personal information that can identify you. You do not have to answer any question you do not want to, and you can end the interview at any time. Any information you give me will be confidential. If you have any questions about the survey, please call (give appropriate state telephone number).

Section 1: Health Status

1.1 Would you say that in general your health is—

Please read:

- 1 Excellent
- 2 Very good
- 3 Good
- 4 Fair, or
- 5 Poor

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Section 2: Healthy Days — Health-Related Quality of Life

2.1 Now thinking about your physical health, which includes physical illness and injury, for how many days during the past 30 days was your physical health not good?

_ _ Number of days

88 None

77 Don't know / Not sure

99 Refused

2.2 Now thinking about your mental health, which includes stress, depression, and problems with emotions, for how many days during the past 30 days was your mental health not good?

Number of days

None [CATI NOTE: IF Q2.1 AND Q2.2 = 88 (NONE), GO TO NEXT SECTION]

77 Don't know / Not sure

99 Refused



During the past 30 days, for about how many days did poor physical or mental health keep you from doing your usual activities, such as self-care, work, or recreation?

Number of days

88 None

77 Don't know / Not sure

99 Refused

Section 3: Health Care Access

Do you have any kind of health care coverage, including health insurance, prepaid plans such as HMOs, government plans such as Medicare, or Indian Health Service?

[CATI NOTE: IF USING HEALTH CARE ACCESS MODULE GO TO MODULE 10, QUESTION 1, ELSE CONTINUE]

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 3.2 Do you have one person you think of as your personal doctor or health care provider?

If "No" ask: "Is there more than one, or is there no person who you think of as your personal doctor or health care provider?"

- 1 Yes, only one
- 2 More than one
- 3 No
- 7 Don't know / Not sure
- 9 Refused
- 3.3 Was there a time in the past 12 months when you needed to see a doctor but could not because of cost?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

CATI NOTE: IF USING HEALTH CARE ACCESS MODULE GO TO MODULE 10 QUESTION 3, ELSE CONTINUE



3.4 A routine checkup is a general physical exam, not an exam for a specific injury, illness, or condition. About how long has it been since you last visited a doctor for a routine checkup?

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- 2 Within the past 2 years (1 year but less than 2 years ago)
- Within the past 5 years (2 years but less than 5 years ago)
- 4 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused

[CATI INSTRUCTION: IF USING HEALTH CARE ACCESS MODULE 10 AND Q3.1 = 1 GO TO MODULE 10, QUESTION 4A OR IF USING HEALTH CARE ACCESS MODULE 10 AND Q3.1 = 2, 7, OR 9 GO TO MODULE 10, QUESTION 4B, OR IF NOT USING HEALTH CARE ACCESS MODULE GO TO NEXT SECTION.

Section 4: Hypertension Awareness

4.1 Have you EVER been told by a doctor, nurse, or other health professional that you have high blood pressure?

Read only if necessary: By "other health professional" we mean a nurse practitioner, a physician's assistant, or some other licensed health professional.

If "Yes" and respondent is female, ask: "Was this only when you were pregnant?"

- 1 Yes
- Yes, but female told only during pregnancy
 No [GO TO NEXT SECTION]
 Told borderline high or pre-hypertensive
 Don't know / Not sure
 Refused [GO TO NEXT SECTION]
 [GO TO NEXT SECTION]
- **4.2** Are you currently taking medicine for your high blood pressure?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused



Section 5: Cholesterol Awareness

Blood cholesterol is a fatty substance found in the blood. About how long has it been since you last had your blood cholesterol checked?

Read only if necessary:

- 1 Never [GO TO NEXT SECTION]
- Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 Within the past 5 years (2 years but less than 5 years ago)
- 5 5 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused [GO TO NEXT SECTION]
- Have you EVER been told by a doctor, nurse or other health professional that your blood cholesterol is high?
 - 1 Yes
 - 2 No [GO TO NEXT SECTION]
 7 Don't know / Not sure [GO TO NEXT SECTION]
 9 Refused [GO TO NEXT SECTION]
- Are you currently taking medicine prescribed by a doctor or other health professional for your blood cholesterol?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Section 6: Chronic Health Conditions

Has a doctor, nurse, or other health professional EVER told you that you had any of the following? For each, tell me "Yes," "No," or you're "Not sure."

- **6.1** (Ever told) you that you had a heart attack also called a myocardial infarction?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused



6.2	(Ever told) you had angina or coronary heart disease?		
	1 2 7 9	Yes No Don't know / Not sure Refused	
6.3	(Ever to	old) you had a stroke?	
	1 2 7 9	Yes No Don't know / Not sure Refused	
6.4	(Ever to	old) you had asthma?	
	1 2 7 9	Yes No Don't know / Not sure Refused	[GO TO Q6.6] [GO TO Q6.6] [GO TO Q6.6]
6.5	Do you	still have asthma?	
	1 2 7 9	Yes No Don't know / Not sure Refused	
6.6	(Ever to	old) you had skin cancer?	
	1 2 7 9	Yes No Don't know / Not sure Refused	
6.7	(Ever to	old) you had any other typ	pes of cancer?
	1 2 7 9	Yes No Don't know / Not sure Refused	
6.8		old) you have Chronic Obs bronchitis?	structive Pulmonary Disease or COPD, emphysema or
	1 2 7 9	Yes No Don't know / Not sure Refused	



- **6.9** (Ever told) you have some form of arthritis, rheumatoid arthritis, gout, lupus, or fibromyalgia?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

INTERVIEWER NOTE: ARTHRITIS DIAGNOSES INCLUDE:

- RHEUMATISM, POLYMYALGIA RHEUMATICA
- OSTEOARTHRITIS (NOT OSTEOPOROSIS)
- TENDONITIS, BURSITIS, BUNION, TENNIS ELBOW
- CARPAL TUNNEL SYNDROME, TARSAL TUNNEL SYNDROME
- JOINT INFECTION, REITER'S SYNDROME
- ANKYLOSING SPONDYLITIS; SPONDYLOSIS
- ROTATOR CUFF SYNDROME
- CONNECTIVE TISSUE DISEASE, SCLERODERMA, POLYMYOSITIS, RAYNAUD'S SYNDROME
- VASCULITIS (GIANT CELL ARTERITIS, HENOCH-SCHONLEIN PURPURA, WEGENER'S GRANULOMATOSIS,
- POLYARTERITIS NODOSA)
- **6.10** (Ever told) you have a depressive disorder, (including depression, major depression, dysthymia), or minor depression?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **6.11** (Ever told) you have kidney disease? Do NOT include kidney stones, bladder infection or incontinence.

INTERVIEWER NOTE: INCONTINENCE IS NOT BEING ABLE TO CONTROL URINE FLOW.

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused



6.12 (Ever told) you have diabetes?

[INTERVIEWER NOTE: IF "YES" AND RESPONDENT IS FEMALE, ASK: "WAS THIS ONLY WHEN YOU WERE PREGNANT?"]

[INTERVIEWER NOTE: IF RESPONDENT SAYS PRE-DIABETES OR BORDERLINE DIABETES, USE RESPONSE CODE 4.]

- 1 Yes
- 2 Yes, but female told only during pregnancy
- 3 No
- 4 No, pre-diabetes or borderline diabetes
- 7 Don't know / Not sure
- 9 Refused

[CATI NOTE: IF Q6.12 = 1 (YES), GO TO NEXT QUESTION. IF ANY OTHER RESPONSE TO Q6.12, GO TO PRE-DIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION.]

6.13 How old were you when you were told you have diabetes?

Code age in years [97 = 97 and older]

98 Don't know / Not sure

99 Refused

[CATI NOTE: GO TO DIABETES OPTIONAL MODULE (IF USED). OTHERWISE, GO TO NEXT SECTION.]

Section 7: Arthritis Burden

[CATI NOTE: IF Q6.9 = 1 (YES) THEN CONTINUE, ELSE GO TO NEXT SECTION.]

Next, I will ask you about your arthritis.

Arthritis can cause symptoms like pain, aching, or stiffness in or around a joint.

- **7.1** Are you now limited in any way in any of your usual activities because of arthritis or joint symptoms?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

INTERVIEWER INSTRUCTION: IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN THE INTERVIEWER SHOULD SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."

INTERVIEWER NOTE: Q7.2 SHOULD BE ASKED OF ALL RESPONDENTS REGARDLESS OF EMPLOYMENT. STATUS.



- 7.2 In this next question, we are referring to work for pay. Do arthritis or joint symptoms now affect whether you work, the type of work you do, or the amount of work you do?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

INTERVIEWER INSTRUCTION: IF RESPONDENT GIVES AN ANSWER TO EACH ISSUE (WHETHER RESPONDENT WORKS, TYPE OF WORK, OR AMOUNT OF WORK), THEN IF ANY ISSUE IS "YES" MARK THE OVERALL RESPONSE AS "YES."

IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN THE INTERVIEWER SHOULD SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."

7.3 During the past 30 days, to what extent has your arthritis or joint symptoms interfered with your normal social activities, such as going shopping, to the movies, or to religious or social gatherings?

Please read [1-3]:

- 1 A lot
- 2 A little
- 3 Not at all

Do not read:

- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER INSTRUCTION: IF A QUESTION ARISES ABOUT MEDICATIONS OR TREATMENT, THEN THE INTERVIEWER SHOULD SAY: "PLEASE ANSWER THE QUESTION BASED ON YOUR CURRENT EXPERIENCE, REGARDLESS OF WHETHER YOU ARE TAKING ANY MEDICATION OR TREATMENT."

7.4 Please think about the past 30 days, keeping in mind all of your joint pain or aching and whether or not you have taken medication. On a scale of 0 to 10 where 0 is no pain or aching and 10 is pain or aching as bad as it can be, DURING THE PAST 30 DAYS, how bad was your joint pain ON AVERAGE?

___ Enter number [00-10]
77 Don't know / Not sure

99 Refused



Section 8: Demographics

8.1 Are you ...

Male
 Female
 Refused

INTERVIEWER NOTE: ASK THIS QUESTION EVEN IF RESPONDENT'S SEX HAD BEEN IDENTIFIED DURING LANDLINE HOUSEHOLD ENUMERATION OR CELL PHONE SCREENING QUESTIONS

8.2 What is your age?

Code age in years
Don't know / Not sure

09 Refused

8.3 Are you Hispanic, Latino/a, or Spanish origin?

If yes, ask: Are you...

INTERVIEWER NOTE: One Or More Categories May Be Selected.

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 5 No
- 7 Don't know / Not sure
- 9 Refused
- **8.4** Which one or more of the following would you say is your race?

INTERVIEWER NOTE: SELECT ALL THAT APPLY.

INTERVIEWER NOTE: IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

Please read:

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
 - 41 Asian Indian 42 Chinese
 - 43 Filipino
 - 44 Japanese
 - 45 Korean



46 Vietnamese 47 Other Asian

50 Pacific Islander

> Native Hawaiian 51

Guamanian or Chamorro 52

53 Samoan

Other Pacific Islander 54

Do not read:

60 Other

88 No additional choices 77 Don't know / Not sure

99 Refused

[CATI NOTE: IF MORE THAN ONE RESPONSE TO Q8.4; CONTINUE. OTHERWISE, GO TO Q8.6.]

8.5 Which one of these groups would you say best represents your race?

INTERVIEWER NOTE: IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORY UNDERNEATH MAJOR HEADING. IF RESPONDENT HAS SELECTED MULTIPLE RACES IN PREVIOUS AND REFUSES TO SELECT A SINGLE RACE, CODE "REFUSED."

> 10 White

20 Black or African American

30 American Indian or Alaska Native

40 Asian

> 41 Asian Indian 42 Chinese

43 Filipino

44 Japanese

45 Korean

46 Vietnamese

47 Other Asian

Pacific Islander 50

Native Hawaiian 51

Guamanian or Chamorro 52

53 Samoan

Other Pacific Islander 54

Do not read:

60 Other

77 Don't know / Not sure

99 Refused



8.6 Are you...?

Please read:

- 1 Married
- 2 Divorced
- 3 Widowed
- 4 Separated
- 5 Never married, or
- 6 A member of an unmarried couple

Do not read:

- 9 Refused
- 8.7 What is the highest grade or year of school you completed?

Read only if necessary:

- 1 Never attended school or only attended kindergarten
- 2 Grades 1 through 8 (Elementary)
- 3 Grades 9 through 11 (Some high school)
- 4 Grade 12 or GED (High school graduate)
- 5 College 1 year to 3 years (Some college or technical school)
- 6 College 4 years or more (College graduate)

Do not read:

- 9 Refused
- **8.8** Do you own or rent your home?

Read only if necessary:

- 1 Own
- 2 Rent
- 3 Other arrangement

Do not read:

- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: "OTHER ARRANGEMENT" MAY INCLUDE GROUP HOME, STAYING WITH FRIENDS OR FAMILY WITHOUT PAYING RENT.

INTERVIEWER NOTE: HOME IS DEFINED AS THE PLACE WHERE YOU LIVE MOST OF THE TIME/THE MAJORITY OF THE YEAR.

INTERVIEWER NOTE: IF RESPONDENT ASKS ABOUT WHY WE ARE ASKING THIS QUESTION: WE ASK THIS QUESTION IN ORDER TO COMPARE HEALTH INDICATORS AMONG PEOPLE WITH DIFFERENT HOUSING SITUATIONS.



8.9 In what county do you currently live?

_ _ _ ANSI County Code (formerly FIPS county code)

777 Don't know / Not sure

999 Refused

8.10 What is the ZIP Code where you currently live?

ZIP Code

77777 Don't know / Not sure

99999 Refused

[CATI NOTE: IF CELL TELEPHONE INTERVIEW SKIP TO 8.14 (QSTVER GE 20)]

- Do you have more than one telephone number in your household? Do not include cell phones or numbers that are only used by a computer or fax machine.
 - 1 Yes

No [GO TO Q8.13]
 Don't know / Not sure [GO TO Q8.13]
 Refused [GO TO Q8.13]

8.12 How many of these telephone numbers are residential numbers?

Residential telephone numbers [6 = 6 or more]

- 7 Don't know / Not sure
- 9 Refused
- 8.13 Including phones for business and personal use, do you have a cell phone for personal use?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

INTERVIEWER NOTE: Active duty does not include training for the Reserves or National Guard, but DOES include activation, for example, for the Persian Gulf War.

- 1 Yes
- 2 No

Do not read:

- 7 Don't know / Not sure
- 9 Refused



8.15 Are you currently...?

INTERVIEWER NOTE: IF MORE THAN ONE, SAY "SELECT THE CATEGORY WHICH BEST DESCRIBES YOU".

Please read:

- 1 Employed for wages
- 2 Self-employed
- 3 Out of work for 1 year or more
- 4 Out of work for less than 1 year
- 5 A Homemaker
- 6 A Student
- 7 Retired, or
- 8 Unable to work

Do not read:

9 Refused

INTERVIEWER NOTE: DO NOT CODE 7 FOR "DON'T KNOW" ON THIS QUESTION.

8.16 How many children less than 18 years of age live in your household?

_ _ Number of children

88 None

99 Refused

8.17 Is your annual household income from all sources—

INTERVIEWER NOTE: IF RESPONDENT REFUSES AT ANY INCOME LEVEL, CODE '99' (REFUSED)

Less than \$25,000	If "no," ask 05; if "yes," ask 03
(\$20,000 to less than \$2	5,000)
Less than \$20,000	If "no," code 04; if "yes," ask 02
(\$15,000 to less than \$20	0,000)
Less than \$15,000	If "no," code 03; if "yes," ask 01
(\$10,000 to less than \$1	5,000)
Less than \$10,000	If "no," code 02
Less than \$35,000	lf "no," ask 06
(\$25,000 to less than \$3	5,000)
Less than \$50,000	If "no," ask 07
(\$35,000 to less than \$50	0,000)
Less than \$75,000	If "no," code 08
(\$50,000 to less than \$7	5,000)
\$75,000 or more	·
	(\$20,000 to less than \$25 Less than \$20,000 (\$15,000 to less than \$25 Less than \$15,000 (\$10,000 to less than \$15 Less than \$10,000 Less than \$35,000 (\$25,000 to less than \$35 Less than \$50,000 (\$35,000 to less than \$55 Less than \$75,000 (\$50,000 to less than \$75

Do not read:

77 Don't know / Not sure

99 Refused



- 8.18 Have you used the internet in the past 30 days?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- 8.19 About how much do you weigh without shoes?

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 183. ROUND FRACTIONS UP

_ _ _ Weight (pounds/kilograms)

7777 Don't know / Not sure

9999 Refused

8.20 About how tall are you without shoes?

INTERVIEWER NOTE: IF RESPONDENT ANSWERS IN METRICS, PUT "9" IN COLUMN 187. ROUND FRACTIONS DOWN

__/ _ Height
(ft / inches/meters/centimeters)
77/ 77 Don't know / Not sure

99/ 99 Refused

[CATI NOTE: IF MALE, GO TO 8.22, IF FEMALE RESPONDENT IS 50 YEARS OLD OR OLDER, GO TO Q8.22]

- **8.21** To your knowledge, are you now pregnant?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

The following questions are about health problems or impairments you may have.

Some people who are deaf or have serious difficulty hearing may or may not use equipment to communicate by phone.

- 8.22 Are you deaf or do you have serious difficulty hearing?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not Sure
 - 9 Refused



8.23 Are you blind or do you have serious difficulty seeing, even when wearing glasses?		
	1	Yes
	2	No
	7	Don't know / Not Sure
	9	Refused
8.24		se of a physical, mental, or emotional condition, do you have serious difficulty trating, remembering, or making decisions?
	1	Yes
	2	No
	7	Don't know / Not sure
	9	Refused
8.25	Do you	have serious difficulty walking or climbing stairs?
	1	Yes
	2	No
	7 9	Don't know / Not sure Refused
	9	Reluseu
8.26	Do you	have difficulty dressing or bathing?
	1	Yes
	2	No
	7 9	Don't know / Not sure Refused
	9	Reluseu
8.27		se of a physical, mental, or emotional condition, do you have difficulty doing
	errands	s alone such as visiting a doctor's office or shopping?
	1	Yes
	2 7	No Don't know (Not our
	9	Don't know / Not sure Refused
	J	Trolused
Section 9:	Tohac	ero Use
Occion o.	10000	
9.1	Have w	ou amplied at least 100 aigarettee in your entire life?
	Have you smoked at least 100 cigarettes in your entire life?	
INTERVIEWER NOTE: 5 PACKS = 100 CIGARETTES		
	1	Yes
	2 7	No [GO TO Q9.5] Don't know / Not sure [GO TO Q9.5]
	9	Refused [GO TO Q9.5]
	-	Lee to detail



INTERVIEWER NOTE: "FOR CIGARETTES, DO NOT INCLUDE: ELECTRONIC CIGARETTES (E-CIGARETTES, NJOY, BLUETIP), HERBAL CIGARETTES, CIGARS, CIGARILLOS, LITTLE CIGARS, PIPES, BIDIS, KRETEKS, WATER PIPES (HOOKAHS), OR MARIJUANA."

9.2 Do you now smoke cigarettes every day, some days, or not at all?

Do not read:

- 1 Every day
- 2 Some days
- Not at all [GO TO Q9.4]
 Don't know / Not sure [GO TO Q9.5]
 Refused [GO TO Q9.5]
- 9.3 During the past 12 months, have you stopped smoking for one day or longer because you were trying to quit smoking?

1	Yes	[GO TO Q9.5]
2	No	[GO TO Q9.5]
7	Don't know / Not sure	[GO TO Q9.5]
9	Refused	IGO TO Q9.51

9.4 How long has it been since you last smoked a cigarette, even one or two puffs?

Read only if necessary:

- 01 Within the past month (less than 1 month ago)
- 02 Within the past 3 months (1 month but less than 3 months ago)
- 03 Within the past 6 months (3 months but less than 6 months ago)
- 04 Within the past year (6 months but less than 1 year ago)
- 05 Within the past 5 years (1 year but less than 5 years ago)
- 06 Within the past 10 years (5 years but less than 10 years ago)
- 07 10 years or more
- 08 Never smoked regularly

Do not read:

- 77 Don't know / Not sure
- 99 Refused
- **9.5** Do you currently use chewing tobacco, snuff, or snus every day, some days, or not at all?

INTERVIEWER NOTE: SNUS (RHYMES WITH 'GOOSE')/ SNUS (SWEDISH FOR SNUFF) IS A MOIST SMOKELESS TOBACCO, USUALLY SOLD IN SMALL POUCHES THAT ARE PLACED UNDER THE LIP AGAINST THE GUM.

Do not read:

- 1 Every day
- 2 Some days
- 3 Not at all
- 7 Don't know / Not sure
- 9 Refused



Section 10: E-Cigarettes

"The next questions are about electronic cigarettes and other electronic "vaping" products. These products typically contain nicotine, flavors, and other ingredients. Do not include products used only for marijuana."

INTERVIEWER NOTE: THESE QUESTIONS CONCERN ELECTRONIC VAPING PRODUCTS FOR NICOTINE USE. THE USE OF ELECTRONIC VAPING PRODUCTS FOR MARIJUANA USE IS NOT INCLUDED IN THESE QUESTIONS.

Have you ever used an e-cigarette or other electronic "vaping" product, even just one time, in your entire life?

Read if necessary: Electronic cigarettes (e-cigarettes) and other electronic "vaping" products include electronic hookahs (e-hookahs), vape pens, e-cigars, and others. These products are battery-powered and usually contain nicotine and flavors such as fruit, mint, or candy.

- 1 Yes
- 2 No **[GO TO NEXT SECTION]**
- 7 Don't know / Not sure [GO TO NEXT SECTION]
- 9 Refused [GO TO NEXT SECTION]
- **10.2** Do you now use e-cigarettes or other electronic "vaping" products every day, some days, or not at all?
 - 1 Every day
 - 2 Some days
 - 3 Not at all
 - 7 Don't know / Not sure
 - 9 Refused

Section 11: Alcohol Consumption

During the past 30 days, how many days per week or per month did you have at least one drink of any alcoholic beverage such as beer, wine, a malt beverage or liquor?

1 _ _ Days per week

2 _ _ Days in past 30 days 888 No drinks in past 30 days

777 Don't know / Not sure

999 Refused

[GO TO NEXT SECTION] [GO TO NEXT SECTION] [GO TO NEXT SECTION]



One drink is equivalent to a 12-ounce beer, a 5-ounce glass of wine, or a drink with one shot of liquor. During the past 30 days, on the days when you drank, about how many drinks did you drink on the average?

INTERVIEWER NOTE: A 40 OUNCE BEER WOULD COUNT AS 3 DRINKS, OR A COCKTAIL DRINK WITH 2 SHOTS WOULD COUNT AS 2 DRINKS.

__ Number of drinks
77 Don't know / Not sure

99 Refused

Considering all types of alcoholic beverages, how many times during the past 30 days did you have X [CATI NOTE: X = 5 FOR MEN, X = 4 FOR WOMEN] or more drinks on an occasion?

_ Number of times

88 None

77 Don't know / Not sure

99 Refused

11.4 During the past 30 days, what is the largest number of drinks you had on any occasion?

Number of drinks

77 Don't know / Not sure

99 Refused

Section 12: Fruits and Vegetables

Now think about the foods you ate or drank during the past month, that is, the past 30 days, including meals and snacks.

INTERVIEWER INSTRUCTIONS: IF A RESPONDENT INDICATES THAT THEY CONSUME A FOOD ITEM EVERY DAY THEN ENTER THE NUMBER OF <u>TIMES</u> PER DAY. IF THE RESPONDENT INDICATES THAT THEY EAT A FOOD LESS THAN DAILY, THEN ENTER TIMES PER WEEK OR TIME PER MONTH. <u>DO NOT ENTER TIME PER DAY UNLESS THE RESPONDENT REPORTS THAT HE/SHE CONSUMED THAT FOOD ITEM EACH DAY DURING THE PAST MONTH.</u>

12.1 Not including juices, how often did you eat fruit? You can tell me times per day, times per week or times per month.

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.
IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS WHAT TO INCLUDE OR SAYS 'I DON'T KNOW': INCLUDE FRESH, FROZEN OR CANNED FRUIT. DO NOT INCLUDE DRIED FRUITS.



1__ Day 2__ Week 3 Month

300 Less than once a month

555 Never 777 Don't Know 999 Refused

Not including fruit-flavored drinks or fruit juices with added sugar, how often did you drink 100% fruit juice such as apple or orange juice?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

INTERVIEWER NOTE: IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT EXAMPLES OF FRUIT-FLAVORED DRINKS: "DO NOT INCLUDE FRUIT-FLAVORED DRINKS WITH ADDED SUGAR LIKE CRANBERRY COCKTAIL, HI-C, LEMONADE, KOOL-AID, GATORADE, TAMPICO, AND SUNNY DELIGHT. INCLUDE ONLY 100% PURE JUICES OR 100% JUICE BLENDS."

1__ Day

2__ Week 3 Month

300 Less than once a month

555 Never 777 Don't Know 999 Refused

12.3 How often did you eat a green leafy or lettuce salad, with or without other vegetables?

INTERVIEWER NOTE: ENTER QUANTITY IN IN TIMES PER DAY, WEEK, OR MONTH.

INTERVIEWER NOTE: IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?

READ IF RESPONDENT ASKS ABOUT SPINACH: "INCLUDE SPINACH SALADS."

1__ Day

2_ Week

3 Month

300 Less than once a month

555 Never

777 Don't Know

999 Refused



How often did you eat any kind of fried potatoes, including french fries, home fries, or hash browns?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

INTERVIEWER NOTE: IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?

READ IF RESPONDENT ASKS ABOUT POTATO CHIPS: "DO NOT INCLUDE POTATO CHIPS."

1	Day
2	Week
3	Month

300 Less than once a month

555 Never 777 Don't Know 999 Refused

How often did you eat any other kind of potatoes, or sweet potatoes, such as baked, boiled, mashed potatoes, or potato salad?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

INTERVIEWER NOTE: IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT WHAT TYPES OF POTATOES TO INCLUDE: "INCLUDE ALL TYPES OF POTATOES EXCEPT FRIED. INCLUDE POTATOES AU GRATIN, SCALLOPED POTATOES."

1__ Day 2__ Week 3 Month

300 Less than once a month

555 Never 777 Don't Know 999 Refused

12.6 Not including lettuce salads and potatoes, how often did you eat other vegetables?

INTERVIEWER NOTE: ENTER QUANTITY IN TIMES PER DAY, WEEK, OR MONTH.

INTERVIEWER NOTE: IF RESPONDENT GIVES A NUMBER WITHOUT A TIME FRAME, ASK "WAS THAT PER DAY, WEEK, OR MONTH?"

READ IF RESPONDENT ASKS ABOUT WHAT TO INCLUDE: "INCLUDE TOMATOES, GREEN BEANS, CARROTS, CORN, CABBAGE, BEAN SPROUTS, COLLARD GREENS, AND BROCCOLI. INCLUDE RAW, COOKED, CANNED, OR FROZEN VEGETABLES. DO NOT INCLUDE RICE."

1__ Day 2__ Week 3__ Month

300 Less than once a month

555 Never 777 Don't Know 999 Refused



Section 13: Exercise (Physical Activity)

The next few questions are about exercise, recreation, or physical activities other than your regular iob duties.

INTERVIEWER INSTRUCTION: If respondent does not have a "regular job duty" or is retired, they may count the physical activity or exercise they spend the most time doing in a regular month.

During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?

1 Yes

No [GO TO Q13.8]
 Don't know / Not sure [GO TO Q13.8]
 Refused [GO TO Q13.8]

What type of physical activity or exercise did you spend the most time doing during the past month?

__ (Specify) [See Physical Activity Coding List]

77 Don't know / Not Sure **[GO TO Q13.8]** 99 Refused **[GO TO Q13.8]**

INTERVIEWER INSTRUCTION: IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE PHYSICAL ACTIVITY CODING LIST, CHOOSE THE OPTION LISTED AS "OTHER".

How many times per week or per month did you take part in this activity during the past month?

1__ Times per week

2__ Times per month777 Don't know / Not sure

999 Refused

And when you took part in this activity, for how many minutes or hours did you usually keep at it?

_:__ Hours and minutes
777 Don't know / Not sure

999 Refused

What other type of physical activity gave you the next most exercise during the past month?

(Specify) [See Physical Activity Coding List]

No other activity [GO TO Q13.8]
Don't know / Not Sure [GO TO Q13.8]
Refused [GO TO Q13.8]



INTERVIEWER INSTRUCTION: IF THE RESPONDENT'S ACTIVITY IS NOT INCLUDED IN THE CODING PHYSICAL ACTIVITY LIST, CHOOSE THE OPTION LISTED AS "OTHER".

How many times per week or per month did you take part in this activity during the past month?

1__ Times per week
2__ Times per month
777 Don't know / Not sure

999 Refused

And when you took part in this activity, for how many minutes or hours did you usually keep at it?

_:__ Hours and minutes
777 Don't know / Not sure

999 Refused

During the past month, how many times per week or per month did you do physical activities or exercises to STRENGTHEN your muscles? Do NOT count aerobic activities like walking, running, or bicycling. Count activities using your own body weight like yoga, sit-ups or push-ups and those using weight machines, free weights, or elastic bands.

__ Times per week

2__ Times per month

888 Never

777 Don't know / Not sure

999 Refused

Section 14: Seatbelt Use

14.1 How often do you use seat belts when you drive or ride in a car? Would you say —

Please read:

- 1 Always
- 2 Nearly always
- 3 Sometimes
- 4 Seldom
- 5 Never

Do not read:

- 7 Don't know / Not sure
- 8 Never drive or ride in a car
- 9 Refused



Section 15: Immunizations

Now I will ask you questions about the flu vaccine. There are two ways to get the flu vaccine, one is a shot in the arm and the other is a spray, mist, or drop in the nose called FluMist™.

During the past 12 months, have you had either a flu shot or a flu vaccine that was sprayed in your nose?

Read only if necessary: A new flu shot came out in 2011 that injects vaccine into the skin with a very small needle. It is called Fluzone Intradermal vaccine. This is also considered a flu shot.

1	Yes	
2	No	[GO TO Q15.3]
7	Don't know / Not sure	[GO TO Q15.3]
9	Refused	[GO TO Q15.3]

During what month and year did you receive your most recent flu shot injected into your arm or flu vaccine that was sprayed in your nose?

- A pneumonia shot or pneumococcal vaccine is usually given only once or twice in a person's lifetime and is different from the flu shot. Have you ever had a pneumonia shot?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

[CATI NOTE: IF RESPONDENT IS less than 50 YEARS OF AGE, GO TO NEXT SECTION.]

- **15.4.** Have you ever had the shingles or zoster vaccine?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

INTERVIEWER NOTE (READ IF NECESSARY): SHINGLES IS CAUSED BY THE CHICKEN POX VIRUS. IT IS AN OUTBREAK OF RASH OR BLISTERS ON THE SKIN THAT MAY BE ASSOCIATED WITH SEVERE PAIN. A VACCINE FOR SHINGLES HAS BEEN AVAILABLE SINCE MAY 2006; IT IS CALLED ZOSTAVAX®, THE ZOSTER VACCINE, OR THE SHINGLES VACCINE.



Section 16: HIV/AIDS

The next few questions are about the national health problem of HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you do not want to. Although we will ask you about testing, we will not ask you about the results of any test you may have had.

- Have you ever been tested for HIV? Do not count tests you may have had as part of a blood donation. Include testing fluid from your mouth.
 - 1 Yes
 - 2 No **[GO TO Q16.3]**
 - 7 Don't know /Not sure [GO TO Q16.3]
 - 9 Refused [GO TO Q16.3]
- **16.2** Not including blood donations, in what month and year was your last HIV test?

INTERVIEWER INSTRUCTIONS: IF RESPONSE IS BEFORE JANUARY 1985, CODE "DON'T KNOW." IF THE RESPONDENT REMEMBERS THE YEAR BUT CANNOT REMEMBER THE MONTH, CODE THE FIRST TWO DIGITS 77 AND THE LAST FOUR DIGITS FOR THE YEAR.

__/__ Code month and year 77/7777 Don't know / Not sure 99/9999 Refused / Not sure

16.3 I am going to read you a list. When I am done, please tell me if any of the situations apply to you. You do not need to tell me which one.

You have injected any drug other than those prescribed for you in the past year.

You have been treated for a sexually transmitted disease or STD in the past year.

You have given or received money or drugs in exchange for sex in the past year.

You had anal sex without a condom in the past year.

You had four or more sex partners in the past year.

Do any of these situations apply to you?

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused

Closing Statement

INTERVIEWER NOTE: IF THIS IS AN OUT-OF-STATE CELL PHONE INTERVIEW, PLEASE READ:

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.



Optional Modules

Module 1: Pre-Diabetes

[CATI NOTE: ONLY ASKED OF THOSE NOT RESPONDING "YES" (CODE = 1) TO CORE Q6.12 (DIABETES AWARENESS QUESTION).]

- 1. Have you had a test for high blood sugar or diabetes within the past three years?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

[CATI NOTE: IF CORE Q6.12 = 4 (NO, PRE-DIABETES OR BORDERLINE DIABETES); ANSWER Q2 "YES" (CODE = 1).]

2. Have you ever been told by a doctor or other health professional that you have prediabetes or borderline diabetes?

INTERVIEWER INSTRUCTIONS: IF "YES" AND RESPONDENT IS FEMALE, ASK: "WAS THIS ONLY WHEN YOU WERE PREGNANT?"

- 1 Yes
- 2 Yes, during pregnancy
- 3 No
- 7 Don't know / Not sure
- 9 Refused

Module 2: Diabetes

[CATI NOTE: TO BE ASKED FOLLOWING CORE Q6.13; IF RESPONSE TO Q6.12 IS "YES" (CODE = 1)]

- **1.** Are you now taking insulin?
 - 1 Yes
 - 2 No
 - 9 Refused
- 2. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

INTERVIEWER NOTE: ENTER QUANTITY PER DAY, WEEK, OR MONTH

1	Times per day
2	Times per week
3	Times per month
4	Times per year

888 Never

777 Don't know / Not sure

999 Refused



INTERVIEWER NOTE: IF THE RESPONDENT USES A CONTINUOUS GLUCOSE MONITORING SYSTEM (A SENSOR INSERTED UNDER THE SKIN TO CHECK GLUCOSE LEVELS CONTINUOUSLY), FILL IN '98 TIMES PER DAY.'

3. About how often do you check your feet for any sores or irritations? Include times when checked by a family member or friend, but do NOT include times when checked by a health professional.

INTERVIEWER NOTE: ENTER QUANTITY PER DAY, WEEK, OR MONTH

1	Times per day
2	Times per week
3	Times per month
4	Times per year
555	No feet
888	Never
777	Don't know / Not sure
999	Refused

4. About how many times in the past 12 months have you seen a doctor, nurse, or other health professional for your diabetes?

	Number of times [76 = 76 or more]
88	None
77	Don't know / Not sure
99	Refused

5. A test for "A one C" measures the average level of blood sugar over the past three months. About how many times in the past 12 months has a doctor, nurse, or other health professional checked you for "A one C"?

	Number of times [76 = 76 or more]
88	None
98	Never heard of "A one C" test
77	Don't know / Not sure
99	Refused

[CATI NOTE: IF Q3 = 555 (NO FEET), GO TO Q7.]

6. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations?

	Number of times [76 = 76 or more]
88	None
77	Don't know / Not sure
99	Refused



7. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- Within the past year (1 month but less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago

Do not read:

- 7 Don't know / Not sure
- 8 Never
- 9 Refused
- **8.** Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **9.** Have you ever taken a course or class in how to manage your diabetes yourself?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Module 3: Respiratory Health (COPD Symptoms)

The next few questions are about breathing problems you may have.

- **1.** During the past 3 months, did you have a cough on most days?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- 2. During the past 3 months, did you cough up phlegm [FLEM] or mucus on most days?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused



3.	Do you have shortness of breath either when hurrying on level ground or whe up a slight hill or stairs?				
	1 2	Yes No			
	7	Don't know / Not sure			
	9	Refused			
4.	Have you ever been given a breathing test to diagnose breathing problems?				
	1 2	Yes No			
	7	Don't know / Not sure			
	9	Refused			
5.	Over yo	our lifetime, how many years have you smoked tobacco products?			
	 88	Number of years (01-76) Never smoked or smoked less than one year			
	77	Don't know/Not sure Refused			
	99	Reluseu			
Module 9: Sleep Disorder					
1.	On ave	rage, how many hours of sleep do you get in a 24-hour period?			
INTERVIEWER NOTE: ENTER HOURS OF SLEEP IN WHOLE NUMBERS, ROUNDING 30 MINUTES (1/2 HOUR) OR MORE UP TO THE NEXT WHOLE HOUR AND DROPPING 29 OR FEWER MINUTES.					
		Number of hours [01-24]			
	77 99	Don't know/Not sure Refused			
2.		e last 2 weeks, how many days have you had trouble falling asleep <u>or</u> staying <u>or</u> sleeping too much?			
		01-14 days			
	88 77	None Don't know/Not sure			
	99	Refused			
3. Over	Over the last 2 weeks, how many days did you unintentionally fall asleep during the day?				
	88 —	01-14 days			
	77	None Don't know/Not sure			
	99	Refused			



- **4.** Have you ever been told that you snore loudly?
 - 1 Yes
 - 2 No
 - 7 Don't know/Not sure
 - 9 Refused
- **5.** Has anyone ever observed that you stop breathing during your sleep?

INTERVIEWER NOTE: ALSO ENTER "YES" IF RESPONDENT MENTIONS HAVING A MACHINE OR CPAP THAT RECORDS THAT BREATHING SOMETIMES STOPS DURING THE NIGHT.

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

Module 11: Alcohol Screening & Brief Intervention (ASBI)

CATI NOTE: IF CORE Q3.4 = 1, OR 2 (HAD A CHECKUP WITHIN THE PAST 2 YEARS) CONTINUE, ELSE GO TO NEXT MODULE.

Healthcare providers may ask during routine checkups about behaviors like alcohol use, whether you drink or not. We want to know about their questions.

- 1. You told me earlier that your last routine checkup was [within the past year/within the past 2 years]. At that checkup, were you asked in person or on a form if you drink alcohol?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- 2. Did the health care provider ask you in person or on a form how much you drink?
 - 1 Yes
 - 2. No
 - 7 Don't know / Not sure
 - 9 Refused
- 3. Did the healthcare provider specifically ask whether you drank [5 FOR MEN /4 FOR WOMEN] or more alcoholic drinks on an occasion?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused



- **4.** Were you offered advice about what level of drinking is harmful or risky for your health?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

[CATI NOTE: IF QUESTION 1, 2, OR 3 = 1 (YES) CONTINUE, ELSE GO TO NEXT MODULE.]

- **5.** Healthcare providers may also advise patients to drink less for various reasons. At your last routine checkup, were you advised to reduce or quit your drinking?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Module 12: Cancer Survivorship

[CATI NOTE: IF CORE Q6.6 OR Q6.7 = 1 (YES) CONTINUE, ELSE GO TO NEXT MODULE.]

You've told us that you have had cancer. I would like to ask you a few more questions about your cancer.

1. How many different types of cancer have you had?

Do not read:

- 1 Only one
- 2 Two
- 3 Three or more
- 7 Don't know / Not sure [GO TO NEXT MODULE] 9 Refused [GO TO NEXT MODULE]
- **2.** At what age were you told that you had cancer?

Code age in years (INTERVIEWER NOTE: 97 = 97 and older)

98 Don't know / Not sure

99 Refused

[CATI NOTE: IF Q1= 2 (TWO) OR 3 (THREE OR MORE), ASK: "AT WHAT AGE WERE YOU FIRST DIAGNOSED WITH CANCER?]

INTERVIEWER NOTE: THIS QUESTION REFERS TO THE FIRST TIME THEY WERE TOLD ABOUT THEIR FIRST CANCER.

[CATI NOTE: IF CORE Q6.6 = 1 (YES) AND Q1 = 1 (ONLY ONE): ASK "WAS IT "MELANOMA" OR "OTHER SKIN CANCER"? THEN CODE 21 IF "MELANOMA" OR 22 IF "OTHER SKIN CANCER]



3. What type of cancer was it?

[CATI NOTE: IF Q1 = 2 (TWO) OR 3 (THREE OR MORE), ASK: "WITH YOUR MOST RECENT DIAGNOSES OF CANCER, WHAT TYPE OF CANCER WAS IT?]

INTERVIEWER NOTE: PLEASE READ LIST ONLY IF RESPONDENT NEEDS PROMPTING FOR CANCER TYPE (I.E., NAME OF CANCER) [1-30]:

Breast

01 Breast cancer

Female reproductive (Gynecologic)

O2 Cervical cancer (cancer of the cervix)
O3 Endometrial cancer (cancer of the uterus)
O4 Ovarian cancer (cancer of the ovary)

Head/Neck

05 Head and neck cancer

06 Oral cancer

07 Pharyngeal (throat) cancer

08 Thyroid 09 Larynx

Gastrointestinal

Colon (intestine) cancerEsophageal (esophagus)

12 Liver cancer

13 Pancreatic (pancreas) cancer

14 Rectal (rectum) cancer

15 Stomach

Leukemia/Lymphoma (lymph nodes and bone marrow)

16 Hodgkin's Lymphoma (Hodgkin's disease)

17 Leukemia (blood) cancer

18 Non-Hodgkin's Lymphoma

Male reproductive

19 Prostate cancer20 Testicular cancer

Skin

21 Melanoma

22 Other skin cancer

Thoracic

23 Heart24 Lung

Urinary cancer:

25 Bladder cancer

26 Renal (kidney) cancer

Others

27 Bone28 Brain

29 Neuroblastoma

30 Other

Do not read:

77 Don't know / Not sure

99 Refused



4. Are you currently receiving treatment for cancer? By treatment, we mean surgery, radiation therapy, chemotherapy, or chemotherapy pills.

Read if necessary:

1	Yes	[GO TO NEXT MODULE]
2	No, I've completed treatment	
3	No, I've refused treatment	[GO TO NEXT MODULE]
4	No, I haven't started treatment	[GO TO NEXT MODULE]
5	Treatment was not needed	[GO TO NEXT MODULE]
7	Don't know / Not sure	[GO TO NEXT MODULE]
9	Refused	[GO TO NEXT MODULE]

5. What type of doctor provides the majority of your health care?

INTERVIEWER NOTE: IF THE RESPONDENT REQUESTS CLARIFICATION OF THIS QUESTION, SAY: "WE WANT TO KNOW WHICH TYPE OF DOCTOR YOU SEE MOST OFTEN FOR ILLNESS OR REGULAR HEALTH CARE (EXAMPLES: ANNUAL EXAMS AND/OR PHYSICALS, TREATMENT OF COLDS, ETC.)."

Please read [1-10]:

- 01 Cancer Surgeon
- 02 Family Practitioner
- 03 General Surgeon
- 04 Gynecologic Oncologist
- 05 General Practitioner, Internist
- 06 Plastic Surgeon, Reconstructive Surgeon
- 07 Medical Oncologist
- 08 Radiation Oncologist
- 09 Urologist
- 10 Other

Do not read:

- 77 Don't know / Not sure
- 99 Refused
- 6. Did any doctor, nurse, or other health professional EVER give you a written summary of all the cancer treatments that you received?

Read only if necessary: "By 'other healthcare professional', we mean a nurse practitioner, a physician's assistant, social worker, or some other licensed professional."

- 1 Yes
- 2 No
- 7 Don't know / Not sure
- 9 Refused
- 7. Have you EVER received instructions from a doctor, nurse, or other health professional about where you should return or who you should see for routine cancer check-ups after completing your treatment for cancer?
 - 1 Yes

2	No	[GO TO Q9]
7	Don't know / Not sure	[GO TO Q9]
9	Refused	[GO TO Q9]



- **8.** Were these instructions written down or printed on paper for you?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **9.** With your most recent diagnosis of cancer, did you have health insurance that paid for all or part of your cancer treatment?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

INTERVIEWER NOTE: "HEALTH INSURANCE" ALSO INCLUDES MEDICARE, MEDICAID, OR OTHER TYPES OF STATE HEALTH PROGRAMS.

- **10.** Were you EVER denied health insurance or life insurance coverage because of your cancer?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **11.** Did you participate in a clinical trial as part of your cancer treatment?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **12.** Do you currently have physical pain caused by your cancer or cancer treatment?
 - 1 Yes
 - 2 No [GO TO NEXT MODULE]
 7 Don't know / Not sure [GO TO NEXT MODULE]
 9 Refused [GO TO NEXT MODULE]
- **13.** Is your pain currently under control?

Please read:

- 1 Yes, with medication (or treatment)
- 2 Yes, without medication (or treatment)
- 3 No, with medication (or treatment)
- 4 No, without medication (or treatment)

- 7 Don't know / Not sure
- 9 Refused



Module 16: Preconception Health/Family Planning

[CATI NOTE: IF RESPONDENT IS FEMALE AND GREATER THAN 49 YEARS OF AGE, HAS HAD A HYSTERECTOMY, IS PREGNANT, OR IF RESPONDENT IS MALE GO TO THE NEXT MODULE.]

The next set of questions asks you about your thoughts and experiences with family planning. Please remember that all of your answers will be kept confidential.

- **1.** Did you or your partner do anything the last time you had sex to keep you from getting pregnant?
 - 1 Yes
 2 No [GO TO Q3]
 3 No partner/not sexually active 4 Same sex partner [GO TO NEXT MODULE]
 5 Has had a Hysterectomy [GO TO NEXT MODULE]
 7 Don't know/Not sure [GO TO Q3]
 - 7 Don't know/Not sure [GO TO Q3] 9 Refused [GO TO Q3].
- 2. What did you or your partner do the last time you had sex to keep you from getting pregnant?

INTERVIEWER NOTE: IF RESPONDENT REPORTS USING MORE THAN ONE METHOD, PLEASE CODE THE METHOD THAT OCCURS FIRST ON THE LIST.

INTERVIEWER NOTE: IF RESPONDENT REPORTS USING "CONDOMS," PROBE TO DETERMINE IF "FEMALE CONDOMS" OR MALE CONDOMS."

INTERVIEWER NOTE: IF RESPONDENT REPORTS USING AN "IUD" PROBE TO DETERMINE IF "LEVONORGESTREL IUD" OR "COPPER-BEARING IUD."

INTERVIEWER NOTE: IF RESPONDENT REPORTS "OTHER METHOD," ASK RESPONDENT TO "PLEASE BE SPECIFIC" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.

Read only if necessary:

- 01 Female sterilization (ex. Tubal ligation, Essure, Adiana) **[GO TO NEXT MODULE]**
- 02 Male sterilization (vasectomy) [GO TO NEXT MODULE]
- 03 Contraceptive implant (ex. Implanon) [GO TO NEXT MODULE]
- 04 Levonorgestrel (LEE-voe-nor-JES-trel) (LNG) or hormonal IUD (ex. Mirena) [GO TO NEXT MODULE]
- 05 Copper-bearing IUD (ex. ParaGard) [GO TO NEXT MODULE]
- 06 IUD, type unknown [GO TO NEXT MODULE]
- O7 Shots (ex. Depo-Provera) [GO TO NEXT MODULE]
- 08 Birth control pills, any kind [GO TO NEXT MODULE]
- 09 Contraceptive patch (ex. Ortho Evra) [GO TO NEXT MODULE]
- 10 Contraceptive ring (ex. NuvaRing) [GO TO NEXT MODULE]
- 11 Male condoms [GO TO NEXT MODULE]
- 12 Diaphragm, cervical cap, sponge [GO TO NEXT MODULE]
- 13 Female condoms [GO TO NEXT MODULE]



- Not having sex at certain times (rhythm or natural family planning) **[GO TO NEXT MODULE]**
- 15 Withdrawal (or pulling out) **[GO TO NEXT MODULE]**
- 16 Foam, jelly, film, or cream **[GO TO NEXT MODULE]**
- 17 Emergency contraception (morning after pill) [GO TO NEXT MODULE]
- 18 Other method [GO TO NEXT MODULE]

Do not read:

- 77 Don't know/Not sure
- 99 Refused

Some reasons for not doing anything to keep you from getting pregnant the last time you had sex might include wanting a pregnancy, not being able to pay for birth control, or not thinking that you can get pregnant.

What was your main reason for not doing anything the last time you had sex to keep you from getting pregnant?

INTERVIEWER NOTE: IF RESPONDENT REPORTS "OTHER REASON," ASK RESPONDENT TO "PLEASE SPECIFY" AND ENSURE THAT THEIR RESPONSE DOES NOT FIT INTO ANOTHER CATEGORY. IF RESPONSE DOES FIT INTO ANOTHER CATEGORY, PLEASE MARK APPROPRIATELY.

Read only if necessary:

- You didn't think you were going to have sex/no regular partner
- O2 You just didn't think about it
- 03 Don't care if you get pregnant
- O4 You want a pregnancy
- You or your partner don't want to use birth control
- You or your partner don't like birth control/side effects
- O7 You couldn't pay for birth control
- You had a problem getting birth control when you needed it
- 09 Religious reasons
- 10 Lapse in use of a method
- Don't think you or your partner can get pregnant (infertile or too old)
- 12 You had tubes tied (sterilization)
- 13 You had a hysterectomy
- 14 Your partner had a vasectomy (sterilization)
- 15 You are currently breast-feeding
- 16 You just had a baby/postpartum
- 17 You are pregnant now
- 18 Same sex partner
- 19 Other reasons
- 77 Don't know/Not sure
- 99 Refused



Module 25: Industry and Occupation

IF CORE Q8.15 = 1 OR 4 (EMPLOYED FOR WAGES OR OUT OF WORK FOR LESS THAN 1 YEAR) OR 2 (SELF-EMPLOYED), CONTINUE ELSE GO TO NEXT MODULE.

Now I am going to ask you about your work.

1. What kind of work do you do? For example, registered nurse, janitor, cashier, auto mechanic.

INTERVIEWER NOTE: IF RESPONDENT IS UNCLEAR, ASK "WHAT IS YOUR JOB TITLE?"

INTERVIEWER NOTE: IF RESPONDENT HAS MORE THAN ONE JOB THEN ASK, "WHAT IS YOUR MAIN JOB?"

[Record answer]
99
Refused

[IF CORE Q8.15 = 4 (OUT OF WORK FOR LESS THAN 1 YEAR) ASK,]

What kind of work did you do? For example, registered nurse, janitor, cashier, auto mechanic.

INTERVIEWER NOTE: IF RESPONDENT IS UNCLEAR, ASK "WHAT WAS YOUR JOB TITLE?"

INTERVIEWER NOTE: IF RESPONDENT HAS MORE THAN ONE JOB THEN ASK, "WHAT WAS YOUR MAIN JOB?"

[Record answer]		
99	Refused	

[IF CORE Q8.15 = 1 (EMPLOYED FOR WAGES) OR 2 (SELF-EMPLOYED) ASK,]

2.	What kind of business or industry do you work in? For example, hospital, elementary school, clothing manufacturing, restaurant.		
	[Record answer] 99	Refused	

[CATI NOTE: IF CORE Q8.15 = 4 (OUT OF WORK FOR LESS THAN 1 YEAR) ASK,]

What kind of business or industry did you work in? For example, hospital, elementary school, clothing manufacturing, restaurant.

[Record answer]		
99	Refused	



Module 28: Random Child Selection

[CATI NOTE: IF CORE Q8.16 = 88, OR 99 (NO CHILDREN UNDER AGE 18 IN THE HOUSEHOLD, OR REFUSED), GO TO NEXT MODULE.]

CATI NOTE: IF CORE Q8.16 = 1, INTERVIEWER PLEASE READ: "PREVIOUSLY, YOU INDICATED THERE WAS ONE CHILD AGE 17 OR YOUNGER IN YOUR HOUSEHOLD. I WOULD LIKE TO ASK YOU SOME QUESTIONS ABOUT THAT CHILD." [GO TO Q1]

[CATI NOTE: IF CORE Q8.16 IS >1 AND CORE Q8.16 DOES NOT EQUAL 88 OR 99, INTERVIEWER PLEASE READ: "PREVIOUSLY, YOU INDICATED THERE WERE [NUMBER] CHILDREN AGE 17 OR YOUNGER IN YOUR HOUSEHOLD. THINK ABOUT THOSE [NUMBER] CHILDREN IN ORDER OF THEIR BIRTH, FROM OLDEST TO YOUNGEST. THE OLDEST CHILD IS THE FIRST CHILD AND THE YOUNGEST CHILD IS THE LAST. PLEASE INCLUDE CHILDREN WITH THE SAME BIRTH DATE, INCLUDING TWINS, IN THE ORDER OF THEIR BIRTH."]

[CATI NOTE: RANDOMLY SELECT ONE OF THE CHILDREN. THIS IS THE "XTH" CHILD. PLEASE SUBSTITUTE "XTH" CHILD'S NUMBER IN ALL QUESTIONS BELOW.]

Please read:

I have some additional questions about one specific child. The child I will be referring to is the "Xth" [CATI NOTE: PLEASE FILL IN CORRECT NUMBER] CHILD IN YOUR HOUSEHOLD. ALL FOLLOWING QUESTIONS ABOUT CHILDREN WILL BE ABOUT THE "XTH" [CATI NOTE: PLEASE FILL IN] CHILD.]

1. What is the birth month and year of the "Xth" child?

___/__ Code month and year 77/ 7777 Don't know / Not sure 99/9999 Refused

CATI NOTE: CALCULATE THE CHILD'S AGE IN MONTHS (CHLDAGE1=0 TO 216) AND ALSO IN YEARS (CHLDAGE2=0 TO 17) BASED ON THE INTERVIEW DATE AND THE BIRTH MONTH AND YEAR USING A VALUE OF 15 FOR THE BIRTH DAY. IF THE SELECTED CHILD IS < 12 MONTHS OLD ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND 0 IN CHLDAGE2. IF THE CHILD IS > 12 MONTHS ENTER THE CALCULATED MONTHS IN CHLDAGE1 AND SET CHLDAGE2=TRUNCATE (CHLDAGE1/12).

2. Is the child a boy or a girl?

1 Boy 2 Girl

9 Refused



3. Is the child Hispanic, Latino/a, or Spanish origin?

INTERVIEWER INSTRUCTION: IF YES, ASK: "ARE THEY...
INTERVIEWER NOTE: SELECT ALL THAT APPLY

Please read:

- 1 Mexican, Mexican American, Chicano/a
- 2 Puerto Rican
- 3 Cuban
- 4 Another Hispanic, Latino/a, or Spanish origin

Do not read:

- 5 No
- 7 Don't know / Not sure
- 9 Refused
- **4.** Which one or more of the following would you say is the race of the child?

INTERVIEWER NOTE: SELECT ALL THAT APPLY INTERVIEWER NOTE: IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
 - 41 Asian Indian
 - 42 Chinese
 - 43 Filipino
 - 44 Japanese
 - 45 Korean
 - 46 Vietnamese
 - 47 Other Asian
- 50 Pacific Islander
 - 51 Native Hawaiian
 - 52 Guamanian or Chamorro
 - 53 Samoan
 - 54 Other Pacific Islander

- 60 Other
- 88 No additional choices
- 77 Don't know / Not sure
- 99 Refused



5. Which one of these groups would you say best represents the child's race?

INTERVIEWER NOTE: IF 40 (ASIAN) OR 50 (PACIFIC ISLANDER) IS SELECTED READ AND CODE SUBCATEGORIES UNDERNEATH MAJOR HEADING.

- 10 White
- 20 Black or African American
- 30 American Indian or Alaska Native
- 40 Asian
 - 41 Asian Indian
 - 42 Chinese
 - 43 Filipino
 - 44 Japanese
 - 45 Korean
 - 46 Vietnamese
 - 47 Other Asian
- 50 Pacific Islander
 - 51 Native Hawaiian
 - 52 Guamanian or Chamorro
 - 53 Samoan
 - 54 Other Pacific Islander

Do not read:

- 60 Other
- 77 Don't know / Not sure
- 99 Refused
- **6.** How are you related to the child?

Please read:

- 1 Parent (include biologic, step, or adoptive parent)
- 2 Grandparent
- 3 Foster parent or guardian
- 4 Sibling (include biologic, step, and adoptive sibling)
- 5 Other relative
- 6 Not related in any way

Do not read:

- 7 Don't know / Not sure
- 9 Refused

Module 29: Childhood Asthma Prevalence

[CATI NOTE: IF RESPONSE TO CORE Q8.16 = 88 (NONE) OR 99 (REFUSED), GO TO NEXT MODULE.]

The next two questions are about the "Xth" [CATI NOTE: PLEASE FILL IN CORRECT NUMBER] child.



- 1. Has a doctor, nurse or other health professional EVER said that the child has asthma?
 - 1 Yes

2 No [GO TO NEXT MODULE]
7 Don't know / Not sure [GO TO NEXT MODULE]

- 9 Refused [GO TO NEXT MODULE]
- **2.** Does the child still have asthma?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Asthma Call-Back Permission Script

We would like to call you again within the next 2 weeks to talk in more detail about (your/your child's) experiences with asthma. The information will be used to help develop and improve the asthma programs in **STATE**>. The information you gave us today and any you give us in the future will be kept confidential. If you agree to this, we will keep your first name or initials and phone number on file, separate from the answers collected today. Even if you agree now, you or others may refuse to participate in the future. Would it be okay if we called you back to ask additional asthma-related questions at a later time?

- 1 Yes
- 2 No

Can I please have either (your/your child's) first name or initials, so we will know who to ask for when we call back?

Enter first name	or initials
Enter first name	or iriitiais.

Asthma Call-Back Selection

Which person in the household was selected as the focus of the asthma call-back?

- 1 Adult
- 2 Child

CLOSING STATEMENT

That was my last question. Everyone's answers will be combined to help us provide information about the health practices of people in this state. Thank you very much for your time and cooperation.



State Added Questions

State Added 1: Injured at Work - Path A

- **SA1.1** In the past 12 months have you been injured while performing your job or has a doctor or other medical professional told you that you have a work-related illness?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

State Added 2: Colorectal Cancer Screening - Path A & B

CATI note: If respondent is ≤ 49 years of age, go to next section.

The next questions are about colorectal cancer screening.

- **SA2.1** A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?
 - 1 Yes

2 No [Go to QSA2.3]
7 Don't know / Not sure [Go to QSA2.3]
9 Refused [Go to QSA2.3]

SA2.2 How long has it been since you had your last blood stool test using a home kit?

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 or more years ago

- 7 Don't know / Not sure
- 9 Refused



- SA2.3 Sigmoidoscopy and colonoscopy are exams in which a tube is inserted in the rectum to view the colon for signs of cancer or other health problems. Have you ever had either of these exams?
 - 1 Yes
 - 2 No [Go to next section]
 - 7 Don't know / Not sure **[Go to next section]**
 - 9 Refused [Go to next section]
- SA2.4 For a SIGMOIDOSCOPY, a flexible tube is inserted into the rectum to look for problems. A COLONOSCOPY is similar, but uses a longer tube, and you are usually given medication through a needle in your arm to make you sleepy and told to have someone else drive you home after the test. Was your MOST RECENT exam a sigmoidoscopy or a colonoscopy?
 - 1 Sigmoidoscopy
 - 2 Colonoscopy
 - 7 Don't know / Not sure
 - 9 Refused
- **SA2.5** How long has it been since you had your last sigmoidoscopy or colonoscopy?

Read only if necessary:

- 1 Within the past year (anytime less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- Within the past 3 years (2 years but less than 3 years ago)
- 4 Within the past 5 years (3 years but less than 5 years ago)
- 5 Within the past 10 years (5 years but less than 10 years ago)
- 6 10 or more years ago

Do not read:

- 7 Don't know / Not sure
- 9 Refused

State Added 3: Blood Pressure Screening - Path A

- **SA3.1** During the past 12 months, have you had your blood pressure taken by a doctor, nurse, pharmacist, dentist, eye doctor, or other health professional?
 - 1 Yes
 - 2 No [Go to next section]
 - 7 Don't know / Not sure [Go to next section]
 - 9 Refused [Go to next section]



SA3.2 Thinking about the last time you had your blood pressure checked by a doctor, nurse, pharmacist, dentist, eye doctor, or other health professional, do you recall being told that your blood pressure was normal, borderline high, or high (mark one response)

Please read:

- 1 Told it was low
- 2 Told it was normal
- 3 Told it was borderline high
- 4 Told it was high
- 5 Was not told what my blood pressure was

Do not read:

- 7 Don't know / Not sure
- 9 Refused

State Added 4: Smoking Inside Home - Path A

SA4.1 Which statement best describes the rules about smoking inside your home? <u>Do not include decks, garages or porches.</u>

Please read:

- 1 Smoking is not allowed anywhere inside your home
- 2 Smoking is allowed in some places or at some times
- 3 Smoking is allowed anywhere inside the home

Do not read:

- 7 Don't know / Not sure
- 9 Refused
- **SA4.2** Which statement best describes the rules about smoking inside your family vehicle?

Please read:

- 1 Smoking is not allowed at any time in family vehicle
- 2 Smoking is allowed only when children 17 and younger are not present
- 3 Smoking is allowed at all times in family vehicle
- 4 Do not have a car

- 7 Don't know / Not sure
- 9 Refused



State Added 5: Walking - Path A

- **SA5.1** In a usual week do you walk for at least 10 minutes at a time for recreation, exercise, to get to and from places, or for any other reason?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

Now I would like to ask you a question about your neighborhood. A neighborhood is defined as an area within ONE-HALF MILE OR A TEN MINUTE walk from your home.

- SA5.2 In your NEIGHBORHOOD do you have access to any sidewalks, shoulders of the road, trails, or parks where you can safely walk?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

State Added 6: Wearable Devices - Path A

- SA6.1 Do you track your nutrition, sleep, or physical activity using a wearable device or a mobile application (such as Fitbit, Samsung Gear Fit, Apple fitness app or other consumer application).
 - 1 Yes

No [Go to next section]
 Don't know / Not sure [Go to next section]
 Refused [Go to next section]

- **SA6.2** What types of health information do you track using your mobile app or wearable device?
 - 1 Physical activity
 - 2 Nutrition/ calories
 - 3 Sleep
 - 4 Chronic indicator (blood sugar, blood pressure)
 - 5 I enter multiple health indicators
 - 7 Don't know / Not sure
 - 9 Refused



- **SA6.3** How often do you enter information on your mobile app or wearable device?
 - 1 It is automatically entered by the app
 - 2 Multiple times per day
 - 3 Daily
 - 4 At least once per week
 - 5 At least once per month
 - 6 Less frequently than once per month
 - 7 Don't know / Not sure
 - 9 Refused
- **SA6.4** Would you be willing to share information stored on your mobile device or app for use by a public health agency, such as the CDC or state health department?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused

State Added 7: Health Literacy - Path A & B

SA7.1 How difficult is it for you to get advice or information about health or medical topics if you need it? Would you say it is ...

Please read:

- 1 Very easy
- 2 Somewhat easy
- 3 Somewhat difficult
- 4 Very difficult
- 5 I don't look for health information

Do not read:

- 7 Don't know/not sure
- 9 Refused

INTERVIEWER NOTE: Respondent can answer based on any source of health or medical advice or information. If the respondent asks what is meant by advice or information, interviewer re-reads the question to the respondent. If the respondent still doesn't understand, interviewer can say, "You can think about any source of health or medical advice or information."



SA7.2 How difficult is it for you to understand information that doctors, nurses and other health professionals tell you? Would you say it is ...

Please read:

- 1 Very easy
- 2 Somewhat easy
- 3 Somewhat difficult
- 4 Very difficult

Do not read:

- 7 Don't know/not sure
- 9 Refused
- SA7.3 You can find written information about health on the Internet, in newspapers and magazines, and in brochures in the doctor's office and clinic. In general, how difficult is it for you to understand written health information? Would you say it is ...

Please read:

- 1 Very easy
- 2 Somewhat easy
- 3 Somewhat difficult
- 4 Very difficult
- 5 I don't pay attention to written health information

Do not read:

- 7 Don't know/not sure
- 9 Refused

State Added 8: Visual Impairment and Access to Eye Care - Path A & B

[CATI NOTE: IF RESPONDENT IS LESS THAN 40 YEARS OF AGE, GO TO NEXT MODULE.]

I would like to ask you questions about how much difficulty, if any, you have doing certain activities. If you usually wear glasses or contact lenses, please rate your ability to do them while wearing glasses or contact lenses.



SA8.1 How much difficulty, if any, do you have in recognizing a friend across the street? Would you say—

Please read:

- 1 No difficulty
- 2 A little difficulty
- 3 Moderate difficulty
- 4 Extreme difficulty
- 5 Unable to do because of eyesight
- 6 Unable to do for other reasons

Do not read:

- 7 Don't know / Not sure
- 8 Not applicable (Blind) [Go to next section]
- 9 Refused
- SA8.2 How much difficulty, if any, do you have reading print in newspapers, magazines, recipes, menus, or numbers on the telephone? Would you say—

Please read:

- 1 No difficulty
- 2 A little difficulty
- 3 Moderate difficulty
- 4 Extreme difficulty
- 5 Unable to do because of eyesight
- 6 Unable to do for other reasons

Do not read:

- 7 Don't know / Not sure
- 8 Not applicable (Blind) [Go to next section]
- 9 Refused
- SA8.3 When was the last time you had your eyes examined by any doctor or eye care provider?

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago) [Go to QSA8.5]
- Within the past year (1 month but less than 12 months ago) [Go to QSA8.5]
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago
- 5 Never

- 7 Don't know / Not sure
- 8 Not applicable (Blind) [Go to next section]
- 9 Refused



[CATI NOTE: ASK QSA8.4 ONLY IF QSA8.3=3-7 OR 9.]

SA8.4 What is the main reason you have not visited an eye care professional in the past 12 months?

Read only if necessary:

- 01 Cost/insurance
- 02 Do not have/know an eye doctor
- O3 Cannot get to the office/clinic (too far away, no transportation)
- 04 Could not get an appointment
- 05 No reason to go (no problem)
- 06 Have not thought of it
- 07 Other

Do not read:

- 77 Don't know / Not sure
- 08 Not Applicable (Blind) [Go to next section]
- 99 Refused

[CATI NOTE: IF THE PERSON IS DIABETIC, "YES" TO CORE Q6.12; SKIP QSA8.5.]

SA8.5 When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light.

Read only if necessary:

- 1 Within the past month (anytime less than 1 month ago)
- 2 Within the past year (1 month but less than 12 months ago)
- Within the past 2 years (1 year but less than 2 years ago)
- 4 2 or more years ago
- 5 Never

- 7 Don't know / Not sure
- 8 Not Applicable (Blind) [Go to next section]
- 9 Refused
- SA8.6 Do you have any kind of health insurance coverage for eye care?
 - 1 Yes
 - 2 No
 - 8 Not applicable (Blind)
 - 7 Don't know/Not sure
 - 9 Refused



State Added 9: Binge Drinking - Path B

CATI Note: If Q11.3 is ≥1; but <77, continue. Otherwise, go to next module.

Previously, you answered that you drank [5 or more for men, 4 or more for women] alcoholic beverages on at least one occasion in the past 30 days. The next questions are about the most recent occasion when this happened. For these questions, one drink equals 12 ounces of beer, 5 ounces of wine, or one and one-half ounces (one shot) of liquor. So, a 40-ounce beer would count as 3 drinks, or a cocktail drink with 2 shots would count as 2 drinks.

INTERVIEWER NOTE: If asked, "occasion" means in a row or within a few hours.

SA9.1	During the most recent occasion when you had [5 or more for men, 4 or more for
	women] alcoholic beverages, about how many beers, including malt liquor, did you
	drink?

__ Number

8 8 None

7 7 Don't know / Not sure

9 9 Refused

SA9.2 During the same occasion, about how many glasses of wine did you drink?

Number

88 None

7 7 Don't know / Not sure

9 9 Refused

SA9.3 During the same occasion, about **how many drinks of liquor**, including cocktails, did you have?

Number

88 None

7 7 Don't know / Not sure

9 9 Refused

SA9.4 During the same occasion, about **how many other pre-mixed, flavored** drinks did you have? By that, we mean drinks such as hard lemonade, wine coolers, or Smirnoff Ice.

__ Number

88 None

7 7 Don't know / Not sure

9 9 Refused



SA9.5 During this most recent occasion, where were you when you did most of your drinking?

Read only if necessary:

- 1 At your home, for example, your house, apartment, or dorm room
- 2 At another person's home
- 3 At a restaurant or banquet hall
- 4 At a bar or club
- 5 At a public place, such as at a park, concert, or sporting event

Do not read:

- 6 Other (specify)
- 7 Don't know / Not sure
- 9 Refused
- SA9.6 Did you drive a motor vehicle such as a car, truck, or motorcycle during or within a couple of hours after this occasion?

INTERVIEWER NOTE: For those with concerns about this question, answering "Yes" is not meant to imply they were drunk driving or breaking the law.

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 9 Refused

CATI note: Ask QSA9.7 only if response to QSA9.5 = 3 (At a restaurant or banquet hall) or 4 (At a bar or club). Otherwise, go to next module.

SA9.7 During this most recent occasion, approximately how much did **you pay** for the alcohol which **you drank**?

INTERVIEWER NOTE: If anyone asks, they do not need to include the amount spent on tips.

Total amount

- 8 8 8 Paid nothing all drinks free or paid for by others
- 777 Don't know / Not sure
- 999 Refused

State Added 10: Prescription Drug Use - Path B

SA10.1 In the past year, did you use any pain medications that were prescribed to you by a doctor?

1 Yes

2 No [Go to next section]

7 Don't know/Not sure [Go to next section]

9 Refused [Go to next section]



SA10.2 The last time you filled a prescription for pain medication, was there any medication leftover?

INTERVIEWER NOTE: If the respondent indicates they are currently taking pain medication mark accordingly.

- 1 Yes
- 2 No
- 7 Don't know/Not sure
- 8 Currently taking pain medication
- 9 Refused

State Added 11: Distracted Driving - Path B

SA11.1 During the past 30 days, on how many days did you text or e-mail while driving a car or other vehicle?

INTERVIEWER NOTE: Include voice activated texting and emailing while driving using a phone directly or through a Bluetooth or hands-free device within a car or other vehicle.

00-30 (specify)

77 Don't know / Not sure

88 Do not drive

99 Refused

SA11.2 During the past 30 days, on how many days did you talk on a cell phone while driving a car or other vehicle?

INTERVIEWER NOTE: Include talking on a cell phone while driving using a Bluetooth or handsfree device within a car or other vehicle.

00-30 (specify)

77 Don't know / Not sure

88 Do not drive

99 Refused

State Added 12: Reaction to Race - Path B

Earlier I asked you to self-identify your race. Now I will ask you how other people identify you and treat you.

[CATI skip pattern: This question should only be asked of those who are "employed for wages," "self-employed," or "out of work for less than one year."]



SA12.1 Within the past 12 months at work, do you feel you were treated worse than, the same as, or better than people of other races?

Please read:

- 1 Worse than other races
- 2 The same as other races
- 3 Better than other races

Do not read:

- 4 Worse than some races, better than others
- 5 Only encountered people of the same race
- 7 Don't know / Not sure
- 9 Refused
- **SA12.2** Within the past 12 months, when seeking health care, do you feel your experiences were worse than, the same as, or better than for people of other races?

Please read:

- 1 Worse than other races
- 2 The same as other races
- 3 Better than other races

Do not read:

- 4 Worse than some races, better than others
- 5 Only encountered people of the same race
- 6 No health care in past 12 months
- 7 Don't know / Not sure
- 9 Refused

INTERVIEWER NOTE: If the respondent indicates that they do not know about other people's **experiences when seeking health care**, **say:** "This question is asking about your perceptions when seeking health care. It does not require specific knowledge about other people's experiences."

- **SA12.3** Within the past 30 days, have you experienced any physical symptoms, for example, a headache, an upset stomach, tensing of your muscles, or a pounding heart, as a result of how you were treated based on your race?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused
- **SA12.4** Within the past 30 days, have you felt emotionally upset, for example angry, sad, or frustrated, as a result of how you were treated based on your race?
 - 1 Yes
 - 2 No
 - 7 Don't know / Not sure
 - 9 Refused



State Added 13: Race - Path B

CATI Note: If African American (Q8.4 = 20), continue. Otherwise, go to QSA12.2.

SA13.1	Which black or African American group do you consider yourself to be?		
	Please	e read:	
	1 2 3 4	African (born) African American Black-Caribbean Other background [specify]	
	Do no	t read:	
	7 9	Don't know / Not sure Refused	
SA13.2	Where	were you born?	
		e read: In the United States [Go to QSA13.7] Outside the United States	
	Do no ¹ 7 9	t read: Don't know / Not sure [Go to QSA13.7] Refused [Go to QSA13.7]	
SA13.3	In wha	t Country were you born?	
SA13.4	Did yo	u come to America as a refugee?	
	1 2 7 9	Yes No Don't know / Not sure Refused	
SA13.5	From v	what country did you come to America?	
SA13.6	In wha	t year did you come to America?	
	 7777 9999	_ (year) Don't know / Not sure Refused	



SA13.7	Do you speak a Language other than English at home?	?

1 Yes

No [Go to next section]
Don't know / Not sure [Go to next section]
Refused [Go to next section]

SA13.8 What languages do you speak at home?

Read only if necessary:

- 1 Spanish
- 2 German
- 3 Vietnamese
- 4 French
- 5 Czech
- 6 Chinese
- 7 Arabic
- 8 Russian
- 9 Italian
- 10 Polish
- 11 Other [specify]

Do not read:

77 Don't know / Not sure

99 Refused

SA13.9 How well do you speak English?

Please read:

- 1 Very well
- 2 Well
- 3 Not well
- 4 Not at all

- 7 Don't know / Not sure
- 9 Refused



2017 Nebraska BRFSS Question Order for Path A and Path B

Survey Path A

(following Core Question 6.13):

Optional Module 1: Pre-Diabetes

Optional Module 2: Diabetes

(following Core Question 8.15):

Optional Module 25: Industry and Occupation

State Added 1: Injured at Work

Optional Module 12: Cancer Survivorship

State Added 2: Colorectal Cancer Screening

State Added 3: Blood Pressure Screening

State Added 4: Smoking Inside Home

State Added 5: Walking

State Added 6: Wearable Devices

State Added 7: Health Literacy

State Added 8: Visual Impairment and Access to Eye Care

Optional Module 3: Respiratory Health (COPD Symptoms)

Optional Module 28: Random Child Selection

Optional Module 29: Childhood Asthma Prevalence

Survey Path B:

Optional Module 12: Cancer Survivorship

State Added 2: Colorectal Cancer Screening

State Added 7: Health Literacy

Optional Module 11: Alcohol Screening and Brief Intervention

State Added 9: Binge Drinking

State Added 10: Prescription Drug Use

State Added 11: Distracted Driving

State Added 12: Reaction to Race

State Added 13: Race

State Added 8: Visual Impairment and Access to Eye Care

Optional Module 9: Sleep Disorder

Optional Module 16: Preconception Health/Family Planning

Optional Module 28: Random Child Selection

Optional Module 29: Childhood Asthma Prevalence



Activity List for Common Leisure Activities (To be used for Section 13: Physical Activity)

Code Description (Physical Activity, Questions 13.2 and 13.5 above)

- 01 Active Gaming Devices (Wii Fit, Dance, Dance revolution)
- 02 Aerobics video or class
- 03 Backpacking
- 04 Badminton
- 05 Basketball
- 06 Bicycling machine exercise
- 07 Bicycling
- 08 Boating (Canoeing, rowing, kayaking, sailing for pleasure
- or camping)
- 09 Bowling
- 10 Boxing
- 11 Calisthenics
- 12 Canoeing/rowing in competition
- 13 Carpentry
- 14 Dancing-ballet, ballroom, Latin, hip hop, Zumba, etc.
- 15 Elliptical/EFX machine exercise
- 16 Fishing from river bank or boat
- 17 Frisbee
- 18 Gardening (spading, weeding, digging, filling)
- 19 Golf (with motorized cart)
- 20 Golf (without motorized cart)
- 21 Handball
- 22 Hiking cross-country
- 23 Hockey
- 24 Horseback riding
- 25 Hunting large game deer, elk
- 26 Hunting small game quail
- 27 Inline Skating
- 28 Jogging
- 29 Lacrosse
- 30 Mountain climbing
- 31 Mowing lawn
- 32 Paddleball
- 33 Painting/papering house
- 34 Pilates
- 35 Racquetball
- 36 Raking lawn/trimming hedges
- 37 Running
- 38 Rock climbing
- 39 Rope skipping

- 40 Rowing machine exercises
- 41 Rugby
- 42 Scuba diving
- 43 Skateboarding
- 44 Skating ice or roller
- 45 Sledding, tobogganing
- 46 Snorkeling
- 47 Snow blowing
- 48 Snow shoveling by hand
- 49 Snow skiing
- 50 Snowshoeing
- 51 Soccer
- 52 Softball/Baseball
- 53 Squash
- 54 Stair climbing/Stair master
- 55 Stream fishing in waders
- 56 Surfing
- 57 Swimming
- 58 Swimming in laps
- 59 Table tennis
- 60 Tai Chi
- 61 Tennis
- 62 Touch football
- 63 Volleyball
- 64 Walking
- 66 Waterskiing
- 67 Weight lifting
- 68 Wrestling
- 69 Yoga
- 71 Childcare
- 72 Farm/Ranch Work (caring for livestock, stacking hay, etc.)
- 73 Household Activities (vacuuming, dusting, home repair,
- etc.)
- 74 Karate/Martial Arts
- 75 Upper Body Cycle (wheelchair sports, ergometer
- 76 Yard work (cutting/gathering wood, trimming, etc.)
- 98 Other
- 99 Refused