

Nebraska's Section 1115 Medicaid Substance Use Disorder Waiver

Section 1115 SUD Demonstration Waiver
Renewal Public Hearing
May 12th and 18th, 2023

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Nebraska 1115 SUD Administration Team

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Agenda

- Brief overview of the NE 1115 SUD Demonstration Waiver
- High-level walk-through of Nebraska's 1115 SUD waiver renewal
- Future work update
- Discussion and questions
- Helpful Links

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NE 1115 SUD Demonstration Waiver

Quick Facts:

- Waiver Period:
July 1, 2019 – June 30, 2024
- Expenditure authority to cover short-term SUD treatment stays within Institutions for Mental Diseases (IMDs) for adults 21 to 64 years old otherwise not coverable by Medicaid.
- Expansion of SUD services:
 - Opioid Treatment Program (OTP)
 - Medically Monitored Inpatient Withdrawal Management (MMIW)
- Requesting five-year renewal: July 1, 2024 – June 30, 2029

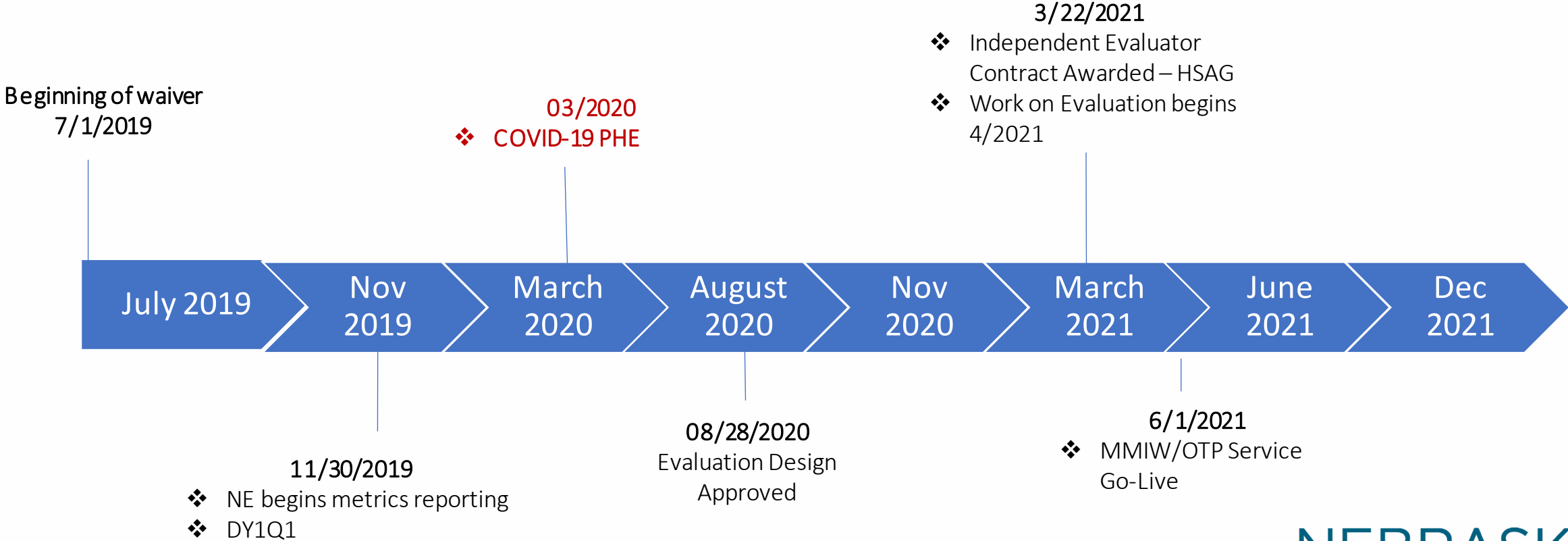
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1115 SUD Waiver Status Update 2019-2021



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1115 SUD Waiver Status Update 2022 – 2023



7/1/2022
❖ Mid-Point Assessment (MPA) Submitted to CMS

10/1/2022 – 3/1/2023
❖ Renewal Application Drafting

4/28/2022
❖ Opioid Prescribing Guidelines posted to DHHS SUD Demonstration Website – Milestone 5

1/1/2023 – 4/1/2023
❖ Complete Implementation Milestones

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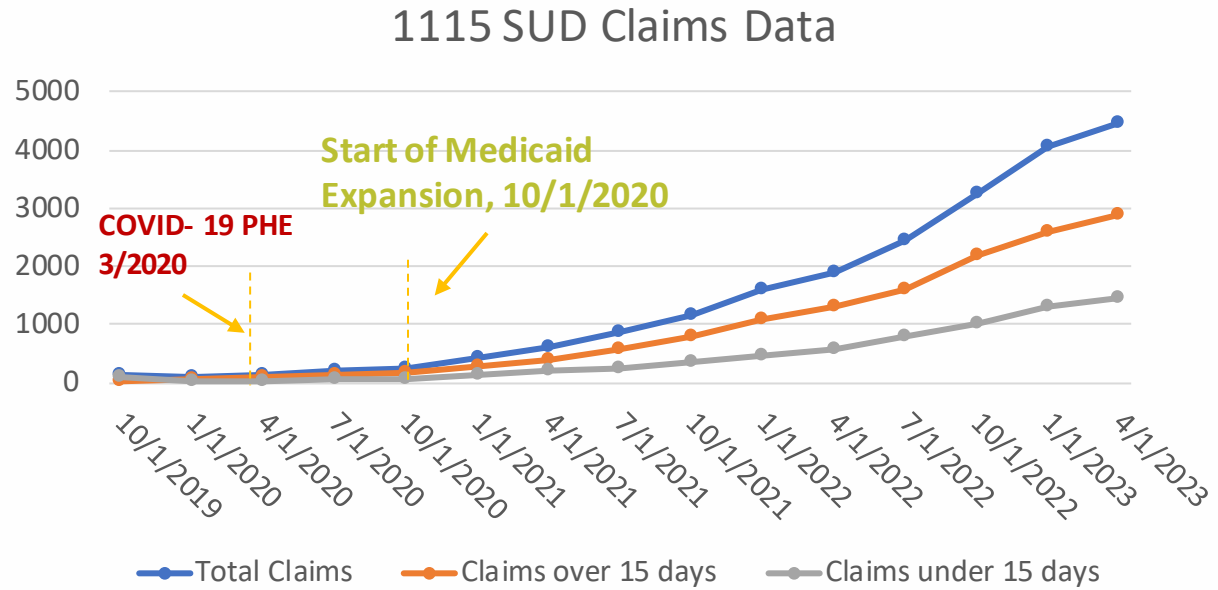
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1115 SUD Waiver – IMD Stays Update

- Nebraska Medicaid Section 1115 SUD Demonstration waiver has covered:

IMD Stays 7/01/2019 – 3/31/2023	
Total Stay Claims	4472
Stays Under 15 Days	1454
Stays Over 15 Days	2870
Incomplete Stays	148



✓ **Stays over 15 days account for 64.2% of IMD Stays**

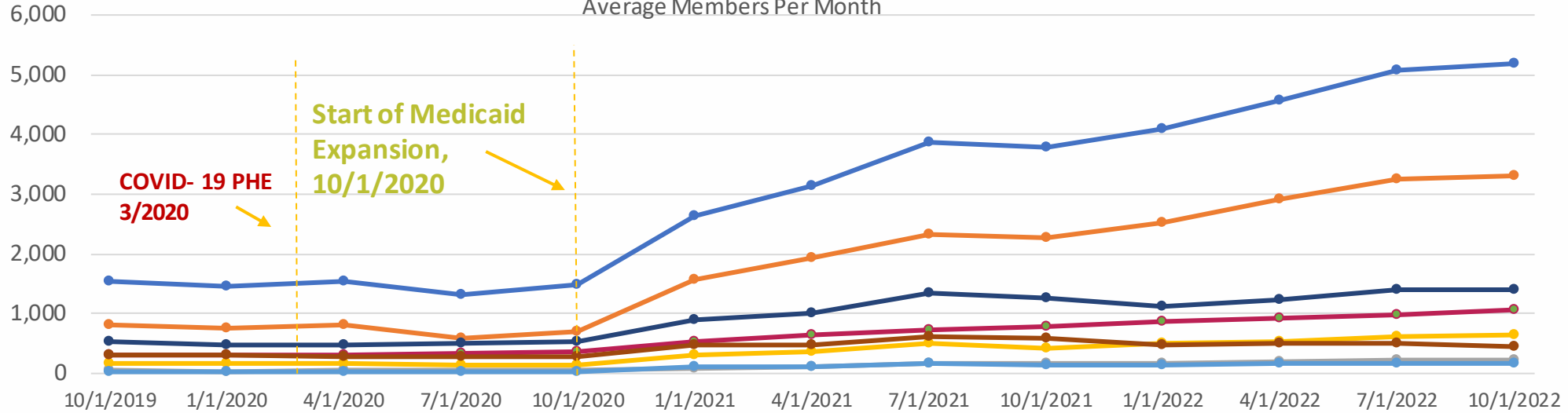


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1115 SUD Waiver – Metric Trends

SUD Metrics 7/1/2019 – 9/30/2022

Average Members Per Month



- Any SUD Treatment
- Outpatient Services
- Intensive Outpatient and Partial Hospitalization Services
- Residential and Inpatient Services
- Withdrawal Management
- Medication-Assisted Treatment (MAT)
- Emergency Department Utilization for SUD per 1,000 Medicaid Beneficiaries
- Inpatient Stays for SUD per 1,000 Medicaid Beneficiaries

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1115 SUD Waiver – Evaluation and Renewal

Upon approval of the demonstration and as part of the Evaluation Design, Nebraska is required to arrange with an independent party to conduct an evaluation of the demonstration to ensure that the necessary data is collected at the level of detail needed to research the approved hypotheses. This Evaluation Design includes the Interim Evaluation Report (IR), and the Summative Evaluation Reports. An independent party is also required to complete the Mid-Point Assessment (MPA).

- Evaluator: Health Services Advisory Group (HSAG)
 - Contract Awarded: 03/22/2021
 - MPA Contract Amendment: 08/03/2021

Deliverable	Component
Mid-Point Assessment Submitted: 07/01/2022	<ul style="list-style-type: none"> • Qualitative Interviews • Analysis of Monitoring Metrics • Implementation Milestone Progress
Interim Evaluation Report Anticipated Submission: 06/30/2023	<ul style="list-style-type: none"> • Assessment of Data Sources • Methodological Considerations for COVID-19 PHE • Qualitative Interviews • Performance Measure Calculation
Renewal Application Anticipated Submission: 06/30/2023	<ul style="list-style-type: none"> • Requesting no change to current waiver design • Interim Evaluation Report submitted in conjunction

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1115 SUD Waiver – Implementation Plan

Program Milestones

Milestone	Proposed Timeframe	Implementation Activity
<p>Milestone 1: Access to Critical Levels of Care for OUD and other SUDs</p>	<p>Within 12 to 24 months of demonstration approval</p>	<ul style="list-style-type: none"> • Submit a State Plan Amendment (SPA) • Update Regulations and Licensing requirements, including changes to process and application as applicable • Develop billing guidelines including any service limitations • Update MCO contracts • Conduct provider outreach and education on new regulations, licensing, and billing guidelines
<p>Milestone 2: Use of Evidence-based, SUD- specific Patient Placement Criteria</p>	<p>Within 12 to 24 months of demonstration approval</p>	<ul style="list-style-type: none"> • Development of new guidelines and incorporate into the Behavioral Health Services and Utilization Guidelines • Conduct provider education/training
<p>Milestone 3: Use of Nationally Recognized SUD-specific Program Standards to Set Provider Qualifications for Residential Treatment Facilities</p>	<p>Within 12 to 24 months of demonstration approval</p>	<ul style="list-style-type: none"> • Update Regulations and Licensing requirements, including changes to process and application as applicable • Update MCO contracts • Conduct provider outreach and education on new regulations, licensing, and billing guidelines • Develop certification process • Update Regulations and Licensing requirements, including changes to process and application as applicable • Update MCO contract language to require provider education regarding the requirements to facilitate MAT onsite or off site, and on benefits of MAT accessibility, to begin a shift in perspective toward acceptance of MAT as a complementary treatment • Update service descriptions to require access to MAT

1115 SUD Waiver – Implementation Plan, Con't

Program Milestones

Milestone	Proposed Timeframe	Implementation Activity
Milestone 4: Sufficient Provider Capacity at Critical Levels of Care including Medication Assisted Treatment for OUD	Within 12 to 24 months of demonstration approval	<ul style="list-style-type: none"> • Conduct an assessment of current infrastructure and capacity • Add SUD specific provider capacity reporting requirements (to MCO contracts) which include the number of participating providers accepting new patients by level of care and those that offer MAT • Telehealth reporting requirement
Milestone 5: Implementation of Comprehensive Treatment and Prevention Strategies to Address Opioid Abuse and OUD	Within 12 to 24 months of demonstration approval	<ul style="list-style-type: none"> • Development of opioid prescribing guidelines • Development of interventions to prevent opioid abuse • Update and/or development of guidelines for use of naloxone for overdose reversal • Development and implementation of strategies to increase utilization and improve functionality, of prescription drug monitoring programs • Conduct provider training/educations
Milestone 6: Improved Care Coordination and Transitions between Levels of Care	Within 12 to 24 months of demonstration approval	<ul style="list-style-type: none"> • Development of new policy guidelines and incorporate into the Behavioral Health Services and Utilization Guidelines • Update MCO contracts • Conduct provider education/training

1115 SUD Waiver – Future Work



- ❖ 5/2 – 6/1/2023 Renewal Public/Tribal Comment
- ❖ 6/30/2024 Current waiver expires



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Discussion & Questions

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Helpful Links

NE Substance Use Disorder Demonstration site

- <https://dhhs.ne.gov/Pages/Substance-Use-Disorder-Demonstration.aspx>

Centers for Medicare and Medicaid Services – NE 1115 SUD Demonstration site

- <https://www.medicaid.gov/medicaid/section-1115-demo/demonstration-and-waiver-list/82481>

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