

# THE ORAL HEALTH OF ADULTS RESIDING IN NEBRASKA'S ASSISTED-LIVING AND LONG-TERM CARE FACILITIES

## **FACILITY TYPES:**



Assisted-living (AL) facility: A facility that provides shelter, food and non-nursing care to residents because of age, illness or physical disability



Long-term care (LTC) facility: A facility where nursing care or related services are provided to residents of the facility

#### WHO TOOK PART IN THE SURVEY

**544** Residents aged 35-104 years (mean=81)

**13** Assisted-living facilities

17 Long-term care facilities

## RECOMMENDATIONS

- Expand programs that provide educational and preventative dental services at AL and LTC facilities, especially in rural counties.
- Develop programs that provide corrective and emergency dental services at AL and LTC facilities, especially in rural counties.
- Provide enhanced training to AL and LTC staff about the importance of daily oral hygiene services.
- Create a referral system between AL and LTC facilities and local health departments for residents with urgent dental needs.
- Consider the use of silver diamine fluoride treatment by public health hygienists for patients with transportation barriers.

Nebraska Department of Health & Human Services

NEBRASKA Office of Oral Health and Dentistry

Good Life, Great Mission. www.dhhs.ne.gov/dental



#### **ORAL HEALTH STATUS**

PEOPLE WITH FEWER THAN 20 TEETH HAVE TROUBLE EATING HEALTHY FOOD

The percentage of residents with severe tooth loss

**28%** The percentage of residents with no natural teeth

# TOOTH DECAY AND GUM DISEASE CAN CAUSE PAIN AND LIFE-THREATENING INFECTIONS

**47%** The percentage of residents with teeth who have untreated decay

The percentage of residents with teeth who have severe gum (periodontal) disease

# RESIDENTS IN RURAL COUNTIES ARE MORE LIKELY TO NEED DENTAL CARE



**52%** of rural residents need restorative dental care compared to **37%** of urban residents



**40%** of rural residents need periodontal (gum) care compared to **15%** of urban residents

## MANY LONG-TERM CARE FACILITY RESIDENTS HAVE NO DENTAL INSURANCE COVERAGE

Medicare does not cover most dental care and Medicaid only covers a limited number of dental services

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