

**MINUTES OF THE MEETING OF THE
BOARD OF MEDICAL NUTRITION THERAPY**
September 17, 2026

1. ROLL CALL

The Board of Medical Nutrition Therapy was called to order by the Chair, Shannon Fink, at 1:02 p.m., at the Nebraska State Office Building, 301 Centennial Mall South, Lower Level Morrill Room, Lincoln, Nebraska. The meeting was conducted In-Person and by WebEx. The following members answered roll call.

Shannon Fink, MS, RDN, LMNT – Chair
David Freestone, DO – Secretary
Paula Ritter-Gooder, PhD, RDN, CSG, LDN, FAND
Nicol Kubiak, RD, LMNT – Vice-Chair

Absent: none

A quorum was present, and the meeting convened. Also present were: Sean Loving, Program Manager; Heather Ord, Health Licensing Coordinator; Katherine Amyot, Department Legal; Abigail Hoy Nissen, Assistant Attorney General; Hayle Alvarado and Tricia Allen, Investigators from the Investigation Unit.

Fink announced that there is a copy of all the public documents being reviewed at this meeting available in the meeting room pursuant to the Open Meetings Act.

In accordance with Neb. Rev. Stat. § 84-1411 of the Nebraska Open Meetings Act, copies of the agenda were e-mailed to the Board members and other interested parties, posted on the DHHS website at <https://dhhs.ne.gov/licensure/Pages/Agendas-and-Minutes.aspx>, and posted in the Licensure Unit on September 4, 2026.

2. ADOPTION OF AGENDA

Ritter-Gooder moved, seconded by Freestone, to approve the agenda as presented. Voting aye: Fink, Freestone, Ritter-Gooder, and Kubiak. Voting nay: none. Abstain: none. Absent: none. Vacant positions: 1. Motion carried.

3. APPROVAL OF MINUTES – February 12, 2026

Ritter-Gooder moved, seconded by Fink, to approve the minutes as presented. Voting aye: Fink, Freestone, Ritter-Gooder. Voting nay: none. Abstain: Kubiak. Absent: none. Vacant positions: 1. Motion carried.

4. INVESTIGATIONAL & CONFIDENTIAL INFORMATION/REPORTS – CLOSED SESSION

Freestone moved, seconded by Ritter-Gooder, to go into closed session at 1:05 p.m. for the purpose of review and discussion of investigative reports, licensure applications, and other confidential information, and for the prevention of needless injury to the reputation of the individuals. Voting aye: Fink, Freestone, Ritter-Gooder and Kubiak. Voting nay: none. Abstain: none. Absent: none. Vacant positions: 1. Motion carried.

The board returned to Open Session at 1:54 p.m.

5. OPEN SESSION Application review and recommendations (initial licensure, reinstatement, convictions, administrative penalties, and email ballot reports)

There are no applications to discuss at this time.

6. UPDATES AND REPORTS

a. Legislation

No discussion at this time.

b. Dietitian Licensure Compact

Ritter-Gooder mentioned a pending “shared Act” federal bill that would resolve issues some states are experiencing with the FBI not approving their background checks as confidential for the compact.

Note: the compact is not covered by regulations.

c. Statistics: Examination, Licensing, disciplinary/non-disciplinary information, and renewals

The board reviewed the statistics without discussion.

7. APPROVAL OF REGULATIONS

Ritter-Gooder moved, seconded by Fink, to not make the recommended changes at this time. Voting aye: Fink, Freestone, Ritter-Gooder and Kubiak. Voting nay: none. Abstain: none Absent: none Vacant positions: 1. Motion carried.

8. BOARD OF MEDICAL NUTRITION 2026 MEETING SCHEDULE

2027 meeting schedule has not been decided at this time.

10. PUBLIC COMMENT

There is no public comment at this time.

11. ADJOURNMENT

The next meeting is TBD. The meeting was adjourned at 2:17 p.m.

Respectfully Submitted,

Board of Medical Nutrition Therapy
Summarized by: Heather Ord, Health Licensing Coordinator, Licensure Unit