

**MINUTES OF THE MEETING OF THE  
BOARD OF MEDICAL NUTRITION THERAPY**  
February 12, 2026

**1. ROLL CALL**

The Board of Medical Nutrition Therapy was called to order by the Chair, Shannon Fink, at 1:13 p.m., at the Nebraska State Office Building, 301 Centennial Mall South, Lower Level Otoe Room, Lincoln, Nebraska. The meeting was conducted In-Person and by WebEx. The following members answered roll call.

Shannon Fink, MS, RDN, LMNT – Chair  
David Freeston, DO – Secretary  
Paula Ritter-Gooder, PhD, RDN, CSG, LDN, FAND

Absent: Nicol Kubiak, RD, LMNT – Vice-Chair

A quorum was present, and the meeting convened. Also present were: Sean Loving, Program Manager; Heather Ord, Health Licensing Coordinator; Katherine Amyot, Department Legal; Abigail Hoy Nissen, Assistant Attorney General.

Fink announced that there is a copy of all the public documents being reviewed at this meeting available in the meeting room pursuant to the Open Meetings Act.

In accordance with Neb. Rev. Stat. § 84-1411 of the Nebraska Open Meetings Act, copies of the agenda were e-mailed to the Board members and other interested parties, posted on the DHHS website at <https://dhhs.ne.gov/licensure/Pages/Agendas-and-Minutes.aspx>, and posted in the Licensure Unit on January 30, 2026.

**2. ADOPTION OF AGENDA**

Ritter-Gooder moved, seconded by Freestone, to approve the agenda as presented. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

**3. APPROVAL OF MINUTES – July 10, 2025**

Ritter-Gooder moved, seconded by Frink, to approve the minutes as presented. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

**4. INVESTIGATIONAL & CONFIDENTIAL INFORMATION/REPORTS – CLOSED SESSION**

Freestone moved, seconded by Ritter-Gooder, to go into closed session at 1:20 p.m. for the purpose of review and discussion of investigative reports, licensure applications, and other confidential information, and for the prevention of needless injury to the reputation of the individuals. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

The board returned to Open Session at 1:50 p.m.

**5. OPEN SESSION Application review and recommendations (initial licensure, reinstatement, convictions, administrative penalties, and email ballot reports)**

There are no applications to discuss at this time.

## **6. UPDATES AND REPORTS**

### **a. Legislation**

***LB 961 – Adopt the Collateral Sanction Relief Act*** – Amended sections 29-2264 and 29-3005, to change provisions relating to set asides; to harmonize provisions; and to repeal the original sections.

***LB 1194 – Adopt the Real Food Act*** – This bill aims to establish state-level dietary guidelines promoting nutrient-dense whole foods to improve public health and combat chronic disease.

***LB 780 – Require insurance coverage of eating disorders*** – this bill relates to insurance, to require coverage of eating disorders as prescribed.

### **b. Dietitian Licensure Compact**

Loving mentioned the next committee meeting will be on February 20<sup>th</sup>, 2026.

### **c. Statistics: Examination, Licensing, disciplinary/non-disciplinary information, and renewals**

The board reviewed the statistics without discussion.

## **7. DESIGNATION OF THE METHOD BY WHICH THIS BODY GIVES PUBLIC NOTICE OF ITS MEETINGS**

Loving informed the Board that the Department currently sends notifications via email to interested parties, posts meeting agendas to the Department's Public website, and posts a paper agenda inside the State Office Building.

Frink moved, seconded by Ritter-Gooder, to continue the current method of which this body gives public notice of its meetings. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

## **8. ELECTION OF OFFICERS**

Ritter-Gooder moved, seconded by Freestone, to keep the appointments the same. The slate of officers is as follows: Frink – Chairperson, Kubiak – Vice-Chairperson, and Freestone – Secretary. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

**Investigative Consultant** - Frink moved, seconded by Freestone, to appoint Reitter-Gooder as consultants for the investigation unit. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

**Liaison** - Frink moved, seconded by Freestone, to appoint Reitter-Gooder as consultants for the investigation unit. Voting aye: Fink, Freeston, Ritter-Gooder. Voting nay: none. Absent: Kubiak. Vacant positions: 1. Motion carried.

## **9. BOARD OF MEDICAL NUTRITION 2026 MEETING SCHEDULE**

April 30, 2026

September 17, 2026

## **10. PUBLIC COMMENT**

There is no public comment at this time.

## **11. ADJOURNMENT**

The next meeting is on April 30, 2026. The meeting was adjourned at 2:11 p.m.

Board of Medical Nutrition Therapy

Respectfully Submitted,

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Board of Medical Nutrition Therapy

Summarized by: Heather Ord, Health Licensing Coordinator, Licensure Unit