

## WIC Director's Webinar

**Waiting List** 

Vendor Manager Role High Risk Nutrition Education

**Evaluating Nutr Ed Materials** 

**Consulting RD Positions** 

**Outreach** 

**Customer Survey** 

Training Clinic Update

January 24, 2019 / 10 – 12:00 CST



## Agenda Topics:

- Waiting List
- Vendor Manager Role
- High Risk Nutrition Education
- Evaluating Nutrition Ed Materials
- Consulting RD Position
- Outreach
- Customer Satisfaction Survey Results Update
- Training Clinic Update
- Mark your calendar



## WIC Waiting List

## What is a Waiting List

A list of client's who are eligible for WIC but cannot be served at this time due to lack of funding



## What is the Purpose of a Waiting List

- ➤ To manage the program during times where there is not sufficient funds to serve the entire caseload and enroll new applicants
- ➤ To ensure that participants at the highest nutritional risk are served first during times of limited funding
- ► To have documentation and an organized process to add additional participants when funding allows

# Deciding IF and WHEN a Waiting List is Needed

- What food and NSA funds are available to the State during the entire year
- Participation trends—increasing or decreasing, rate of change
- Amount of time needed to make changes to caseload to manage food funds during the FFY
- Other circumstances that are impacting caseload or funding
- Would only be implemented with USDA/FNS's approval first

# Who Decides to Implement a Waiting List??

The decision to implement a waiting list is ALWAYS made by the State WIC Office

## Waiting List Procedures

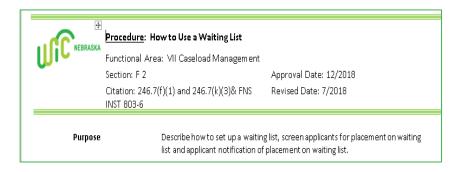
Nebraska WIC web site:

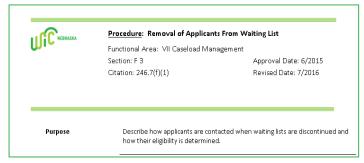
**07:** Caseload Management

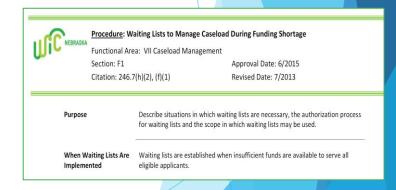
**Section F:** Waiting List Management

## Wait List Procedures

- How to Use a Waiting List
- Removing People from the List
- Using Waiting Lists to Manage Caseload During Funding Shortages

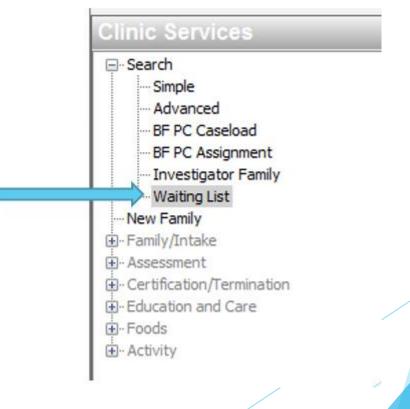






## **Use Journey for Waiting Lists**





## Importance of Identifying ALL Risks

## Clients in Highest Priority

#### **Priorities:**

1: Infants, Preg. & BF Women

II: Infants, BF Women

III: Children

IV: Infant, BF & Preg. Women

V: Children,

VI: NBF Women

## Identify ALL Risks

- ✓ Mid Cert Visit at Six Months
- ✓ Nutrition Education
- ✓ Ht/Wt Checks
- ✓ Any Time There is a Change







## Vendor Manager Role

## Local Vendor Manager's Role

- Duties
  - Primary liaison between the WIC program and WIC authorized retailers
    - ► First point of contact
  - ► Investigate WIC participant and vendor concerns
  - Store training
    - cashier
    - ► Annual
    - contract
  - ▶ New store visits and training
  - ► Retail WIC agreement
    - ► Store closures
    - Ownership change
    - ► Address changes



## Local Vendor Manager's Role

- Duties Continued
  - ► Routine monitoring
    - ► Federally mandated to monitor minimum of 5% authorized stores
    - ▶ Complete CAP if warranted
    - ► Follow up
  - ► Educational buys
  - ► TIP Reporting
    - ➤ The Integrity Profile Report
    - ▶ Due annually to FNS
    - ► Vendor activity over the FFY
  - ► Reauthorization



## Local Vendor Manager Role

- Attend quarterly state hosted training webinars
  - Vendor policy update
  - ► Time for seeking clarification
  - ▶ Not posted to public website
- Optional Tasks
  - ▶ Participate in Vendor Advisory Committee Meetings
- Vendor management work groups



## New Vendor Tasks

- Knowledge base of Register Systems
- Investigate transaction concerns reported by either WIC participant or the store
  - By phone
  - ► In-store
- Produce Mapping
  - ▶ 5% of store monthly
- Education Buys
  - ► Tool utilized to identify training needs
  - ► Test systems ability to perform eWIC transactions





## Allotted Vendor Manager Time

- How much time should be allotted to Vendor Management?
- Factors
  - Number of authorized stores
  - Make up types of stores
  - ► Size of service area
    - Rural
    - ▶ Urban
  - Store Reauthorization year
    - ► Additional travel
    - ▶ Document review







# High Risk Nutrition Education

## What is High Risk Nutrition Education?

#### Nutrition Education

- Specially tailored to meet the participant's individual needs
- Provided to participants with high risk codes as identified by the nutritional risk criteria in the procedure, "Nutrition Risk As An Eligibility Criteria"
  - ► Journey will automatically designate as high risk, and/or
  - ► CPA can identify participant as high risk when professional judgment deems it necessary

## Nutrition Risk Codes that are identified as, High Risk

113 Obese-Child age 2 to 5	348 Central Nervous System Disorders
134 Failure to Thrive	351 Inborn Errors of Metabolism
135 Slowed/Faltering Growth	358 Eating Disorders
301 Hyperemesis Gravidarum	360 Other Medical Conditions
302 Gestational Diabetes	372 Alcohol and Illegal Drug Use –for pregnant women only
346 Renal Disease	602 Breastfeeding complications- Women
347 Cancer	603 Breastfeeding complications- Infants

## Who can provide High Risk Nutrition Education?

High risk nutrition education should be provided by a qualified nutritionist:

- Registered Dietitian/Registered eligible
- Bachelor's and/or Master's in nutrition

IF not completed by a qualified nutritionist

- Must be reviewed by a nutrition professional (Consultant RD), within 30 days
  - additional recommendations on goals, referrals and/or follow up plans

# How to ensure that these participants receive High Risk Nutrition Education?

### Require an Individual Care Plan:

- 1. Assessment of individuals overall situation including nutrition status, needs and any problems
- 2. Review of health services for high risk condition being provided elsewhere
- 3. Specific goals regarding high risk condition
- 4. Referrals to healthcare providers and other programs and services, as needed
- 5. Plans for follow up

## High Risk Follow-Up Visits

- Dietary assessment
- Monitoring and discussion of nutrition or health related concerns
- Monitoring and/discussion of anthropometric measures and/or blood work results
- Discussion and/or reinforcement of instructions and follow up provided by other health care providers
- Assessment of current food package with revisions, if necessary
- Follow up on previous referrals provided and provide new ones, if needed
- Follow up on previous goals made and make new ones, as needed

## Resolution of High Risk Designation

► Can only be resolved by **Qualified Nutritionist** 

Reasons to resolve high risk designation, include:

- ► It is determined that the participant's high-risk condition is resolved or stabilized.
- If appropriate nutrition support is provided by another health care provider, with an expertise in the condition, and it is deemed that it is not necessary to have high risk follow up from WIC.
- If Journey assigns the high risk designation to a client, at the time of certification and it is determined that the participant is not high risk, the high risk may be resolved, at that time.

Write in the care plan the reason the high risk designation was resolved.

## Coming soon.....

► A procedure on the process of deciding which nutrition risk codes are "High Risk"

Guidance on potential topics to discuss with moms for each high risk designation

# Questions



# **Evaluating Nutrition Education Materials**

## Evaluation Tools for Nutrition Education Materials

Nutrition Education that needs to be evaluated:

- Materials developed by the State WIC program
- Materials not previously evaluated
- Materials developed locally, and/or
- Materials obtained from other community health agencies (i.e. American Heart Association, American Cancer Association, American Diabetes Association)

Materials are **approved** for use in the Nebraska WIC Program, if they meet the guidelines specified in the <u>"Developing & Assessing Nutrition Education Handouts (DANEH) Checklist."</u>

# DANEH: Developing and Assessing Nutrition Education Handouts Checklist

- This checklist was created by the Academy of Nutrition and Dietetics Foundation to:
  - ▶ 1. Screen existing nutrition education handouts
  - ▶ 2. To use in developing quality nutrition education handouts.

Based on the results of a literature review, the checklist incorporates 22 constructs, identified as quality indicators to be included in nutrition education handouts. The constructs are categorized into five main topic areas:

- Content
- Behavior focus
- Cultural sensitivity
- Written word
- Organization/readability.

# DANEH: Developing and Assessing Nutrition Education Handouts Checklist

Nutrition Education Handout Checklist Scoring Criteria  Content: Current, accurate, and consistent with USDA Dietary Guidelines and MyPlate (required 'yes' for approval) Yes
Content: Current, accurate, and consistent with USDA Dietary Guidelines and MyPlate (required 'yes' for approval) Yes  Check "yes" if the content promotes current, evidence-based recommendations and is consistent with USDA Dietary Guidelines and MyPlate.  No  Check "no" if the content is based on outdated information (including MyPyramid).  Comments:  Promotes relevant health issues for target audience Yes  Check "yes" if the content addresses a relevant health issue of the target audience (i.e., reducing sodium for African-American audiences).  No  Check "no" if the content is not relevant to the target audience (i.e., eating organic fruits and vegetables for low-income audiences).  Comments:
Current, accurate, and consistent with USDA Dietary Guidelines and MyPlate (required 'yes' for approval) Yes
No Check "no" if the content is based on outdated information (including MyPyramid).  Comments:  Promotes relevant health issues for target audience Yes Check "yes" if the content addresses a relevant health issue of the target audience (i.e., reducing sodium for African-American audiences).  No Check "no" if the content is not relevant to the target audience (i.e., eating organic fruits and vegetables for low-income audiences).  Comments:  Clear purpose Yes Clear purpose
Yes
Yes
Check "yes" if it is immediately clear what the handout will tell you or how it car help you.  No   Check "no" if you have to read much of the content before you realize what the handout will tell you or how it can help you.  Comments:
Total Content Score
(3 possible 'yes' response

# Evaluation of materials created outside of the NE WIC Program

- Complete the DANEH Checklist. The results should be recorded on the Checklist.
- Completed forms and copies of the evaluated materials should be kept on file at the local WIC clinic. These will be evaluated during Management Evaluation visits.
- Nutrition related media and pamphlets must be approved for use by the local agency Nutrition Coordinator, Registered Dietitian or Consultant RD.
- Breastfeeding related media or pamphlets must be approved for use by the local agency Breastfeeding Coordinator, Registered Dietitian or Consultant RD.

## Locally developed NE WIC education materials

Please utilize the DANEH Checklist to aid in developing and evaluating local agency developed education materials.

Send locally developed material and the completed DANEH Checklist to State Nutrition and Breastfeeding Coordinator for approval, before using with WIC participants.

### Next Steps...

### Please use the DANEH Checklist

- To evaluate materials created by community based programs
  - ► Keep copy of results and copy of material on file at your agency and/or clinic
  - Based on results of evaluation, continue to use or stop use of nutrition ed material
- To evaluate locally developed materials
  - ▶ Please evaluate the material
  - Send your evaluation and a copy of the nutrition ed material to the State Nutrition and Breastfeeding Coordinator
  - Based on results of DANEH checklist and State Nutrition and BF Coordinator review, continue to use or stop use of nutrition ed material

# Questions



# **Consultant RD Positions**

### Consultant RD position

Suggested duties for an Consultant RD:

- Review new nutrition education materials
- Review high risk nutrition charts
- Coordinate completion of new employees' pre- and post-training clinic activities
- Provide nutrition lesson/update during staff meetings

### Coming soon...

- ► Consultant RD Procedure, include:
  - List of potential duties
  - ► Do they need to attend training clinic?

Do you all have any other questions that you want answered about the Consultant RD position? Please email me!





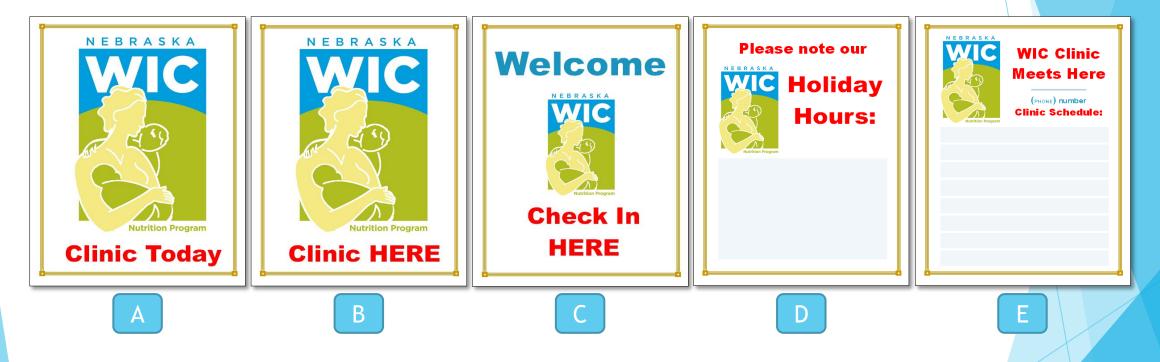
## **Outreach Plan**

# Outreach Committee: \* Volunteers

### Updating WIC signs

Would you like these signs updated for use in your clinics? Please mark all that apply.

Posters are laminated and around 11" x 17"



- No we do not use them.
- There are other signs that we would like updated that aren't shown.\*
- 📕 I don't know.

# Updating WIC signs

What other signs would you like updated?



# Customer Satisfaction Survey

Pre-eWIC



# Customer Satisfaction Survey

POST – eWIC?

### POST eWIC Survey UPDATE

The eWIC Pilot Agency (ECDHD) participated in a follow up survey in Oct and Nov 2018.

- Shorter than the original survey (21 questions total).
- Completed entirely online. No paper surveys were distributed.

### Next Steps

• We will be doing a follow up survey for all agencies in March and April 2019.



Your answers to this survey will help the Nebraska WIC program improve the services you and your family receive. You don't need to give your name, and your answers will not be connected to you. Whether or not you complete the survey will not affect you receipt of WIC or other benefits. Thank you!

- **★** 1. Local Agency Name:
  - Columbus-East Central District Health
    Department
  - 2. Would you recommend WIC to a friend?
  - ( ) Yes
    - ) No





# **Training Clinic Update**

# NEW Training Center Hours - changes

- ► Day 1: 9:00 4:30 CT
- ► Day 2: 9:00 –4:30 CT
- ► Day 3: 9:00 –4:30 CT

There may be rare instances they may finish early or that times need to be adjusted ie. bad weather, illness, emergency

Plan on your staff to attend the full day as listed above.

# Future Survey

# New Staff Training Process

# Coaching Staff

# Current Staffing (LL, BV, FHS, Charles Drew, FS)

- 2 CPA Coaches
- 3 Clerk Coaches + 1 backup coach

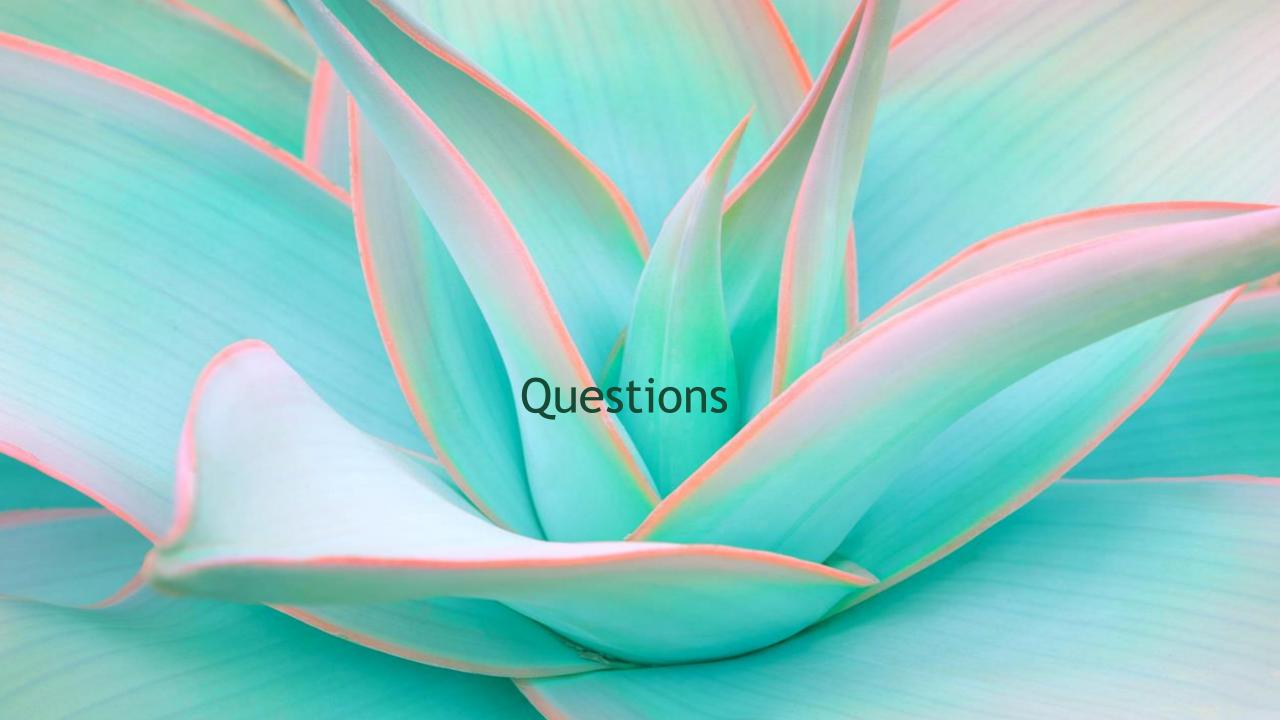
- We are looking to increase our coaching staff

# Requirements & Expectations for Training Center Participation

- Purpose of Training Center
  - Provide consistent training to all new staff on core duties performed by CPA and Clerks
  - Increase new staff ability to understand and perform their job duties
  - ▶ Decrease turnover and improve job satisfaction
  - TC teaches how to complete duties according to federal regulations, Nebraska WIC procedures and requirements
- ► Required attendance at TC for all new clerks and CPAs
  - Outlined in each local agency's subaward under Program Specific Requirements

# Requirements & Expectations for Training Center Participation

- ► LA Responsibilities
  - ► Ensure job applicants know and understand they will need to attend the Training Center (TC) after hired
  - ► Ensure new and existing employees are aware of TC value, purpose and requirements
  - Notify SA of new hires and schedule new employees
  - ► Plan for trainee attendance for three full days
  - ▶ Provide follow-up mentoring and training at home agency
  - Learn and understand WIC procedures and requirements as taught at TC—to assure what is taught is followed at your LA





# **Upcoming Training**



# Tentative Plan – 1 Topic Webinar

Stand Alone ONE TOPIC Webinars - Tentative Plan		
Topic:	Month:	Who for:
<ul> <li>Homeless</li> </ul>	February	WIC Directors
<ul> <li>Outreach</li> </ul>	March	WIC Directors & other pertinent staff
<ul> <li>Nutrition Education</li> </ul>	March/April*	CPA
• PAF	March/April*	CPA
<ul> <li>Food Benefit Issuance</li> </ul>	April/May	All Staff
<ul> <li>Sanctions</li> </ul>	May	Directors & Program Integrity Staff
<ul> <li>Foster Care</li> </ul>	July/August*	All Staff







### In Person Meetings:

Breastfeeding Training – Tentative at This Time (Sept?)

- \* All Staff
- \* 2 days
- \* Kearney

# Thanks for Attending



Please complete the attendance poll.

Remember to maintain your own records of training & attendance at your agency.