Nebraska WIC Program Five-Year Joint Goals FY 2022 - 2026

The following joint goals were developed during our 2021 state/local agency strategic planning process.

- 1. <u>Data Goal</u>: Identify and use data consistently to drive evidenced-based and participant-centered decisions within WIC
- 2. <u>Modernize Services Goal</u>: Develop flexible options for participants and modernize services
- 3. <u>Outreach, Recruitment, Retention Goal</u>: Revive the value of WIC through outreach, recruitment and retention.
- 4. <u>Breastfeeding Goal:</u> By September 30, 2026, the percentage of WIC infants who are breastfed at 6 months of age will be greater than or equal to 35%.

The Nebraska WIC Program Mission Statement

"To make a positive difference in the nutrition and health of families and individuals by providing services in a professional and respectful manner."

FFY 2022 Action Plan – Nebraska WIC Program

<u>Data Goal</u>: Identify and use data consistently to drive evidence-based and participant-centered decisions within WIC.

Five-Year Measures:

- 1) Participant centered methods will be used to determine demographic characteristics and to minimize missing data
- 2) Training resources will be available for new LA directors on WIC reports and data
- 3) Accessible, meaningful data will be available before the next 5-year needs assessment and used to drive goal development

Strategy 1: Develop capacity, tools and resources for the State & LAs to create and use WIC data and reports.

| Action Step | Who | When | Progress: | Performance Measure |
|-------------------------------|--------------|------------|-----------|------------------------------------|
| (what & why) | Responsible | | | |
| Hire a WIC SA BSA to | State WIC | Oct 2021 | | SA BSA hired and trained |
| complete WIC IT functions. | Director | | | |
| Implement enhanced Data | State Agency | March 2022 | | Data direct available to use at SA |
| Direct & train State staff to | | | | level |
| produce reports for SA & LAs. | | | | |
| Identify common program | State Agency | May 2022 | | Standard set of reports available |
| reports needed and provide | & Data | | | for LA's |
| access for LA's to use for | Committee | | | |
| program management. | | | | |

Strategy 2: Develop methods to ensure data entered into the Journey System is accurate and of high quality.

| Action Steps | Who | When | Progress | Performance Measure |
|--|--|-----------|----------|--|
| (what & why) | Responsible | | | |
| Prioritize data fields and determine baseline measurements of data entered i.e. race/ethnicity fields, PEDS/PNSS and other priority fields to determine accuracy and amount of missing data. | MCH Epi, WIC IT & Data Committee | Sept 2022 | | Questions asked in a more participant centered manner while meeting data collection requirements All staff will be trained in participant centered race and ethnicity assessment. |
| Identify effective participant- centered (PC) ways to ask sensitive questions and eliminate inaccurate and missing data. | SA/LA Workgroup | Sept 2022 | | Tools and methods available for asking for data in a PC manner. |
| Develop SA procedure for updating the referral lists in Journey, including process and timeline to ensure lists are useful and up to date. | State Staff | Sept 2023 | | Procedure & timelines for updated referral list finalized |
| Investigate using PedNSS & PNSS data entry requirements for Journey quality assurance. Identify priority fields to provide training for accurate data entry. | BSA, MCH Epi, Nutr Coord | Sept 2022 | | Priority data fields in Journey are identified to use in developing training |
| Provide training on Standard definitions for data entered | State Staff | Sept 2022 | | Journey data field training completed |

| Action Steps | Who | When | Progress | Performance Measure |
|---------------------------------|-------------|------|----------|---------------------|
| (what & why) | Responsible | | | |
| into priority Journey Fields to | | | | |
| improve accuracy. | | | | |

Strategy 3: Design a WIC data and reporting system that lays a foundation for requesting and using WIC data for evidenced based/Participant Centered Services decisions.

| Action Steps (what & why) | Who Responsible | When | Progress | Performance Measure |
|--|------------------------|-----------|----------|---|
| Provide annual training for LA WIC Directors on requesting and using data for decision-making. | State Staff | Sept 2022 | | Training developed and provided |
| Review the WIC Program Data Request Form and modify as necessary to help LA's develop data questions. | MCH Epi, WIC | Nov 2021 | | Form developed and distributed |
| Map WIC client survey questions to show how they will be used and assure they are necessary | State WIC | June 2022 | | Each survey questions maps to one or more defined goals |
| Calculate a baseline measure for each planned objective/goal in state plan to evaluate outcomes. | State WIC & MCH Epi | Oct 2021 | | Baseline measures calculated and included in state/local plan |

Modernized Services Goal: Develop flexible options for participants and modernize services.

Five-Year Measures:

- 1) Increase in the utilization of the Journey participant portal
- 2) Increase in enrollment
- 3) Increase in utilization of benefits

Strategy 1: Streamline the enrollment process

| Action Step (what & why) | Who Responsible | When | Progress: | Performance Measure |
|--|-----------------------------------|--|-----------|---|
| Research options to ease the enrollment process | Work group with SA/LA staff | Ongoing/as needed | | Completed list of possible options and ways to use these options to ease enrollment |
| Participate in MPUG work to develop a system participant portal | SA | Q1-4 2022 | | MPUG task order for a portal and Completion of portal testing |
| Develop procedures for proper use of the Journey portal to ensure consistency for all NE WIC participants | SA | Q4 2022 | | LA use of platform over time after implementation |
| Complete implementation and staff training of Journey Portal for consistent use | SA/LA | Q1-2023 | | Statewide implementation |
| Evaluation of participant portal (develop method for evaluating) to determine effectiveness and acceptance | SA with input from LAs | One year post implementation/as needed | | Have data from staff on effectiveness and use of participant portal |

| Action Step (what & why) | Who Responsible | When | Progress: | Performance Measure |
|--|--------------------|--|-----------|---|
| Client/Participant Feedback (survey) to gauge effectiveness of enrollment process using the participant portal | LAs | One year post implementation/as needed | | Have data from participants on effectiveness and use of participant portal |
| Address feedback to improve use of participant portal | SAs, LAs, | As/if needed | | Process for using participant portal is improved based on needs of clinics/participants |

Strategy 2: Expand the use of WIC Shopping Tools

| Action Steps | Who | When | Progress | Performance Measure |
|---|----------------------------------|---|----------|--|
| (what & why) | Responsible | | | |
| Research available tools to assist participants while shopping | Workgroup with SA/LA staff | October 2022 | | List of possible options (currently using WIC Shopper) |
| Obtain client/participant feedback to evaluate & increase usefulness of shopping tool | LAs | On-going/as needed (once a year or every other year) | | Amassed feedback from participants |
| Explore options for expanding the use of our WIC shopping tool | SA w/ LA input | On-going/as needed | | Gathered list of options |
| Implement changes from participant feedback/explored options | SA and tool developers | As needed, after feedback collection | | Implemented changes |
| Integrate shopping tool w/ Journey for streamlined experience | SA and developers | FFY25 (or later) | | |

Strategy 3: Maximize coordination between Journey and applications for WIC participants and partners.

| Action Steps | Who | When | Progress | Performance Measure |
|--|----------------------------------|----------|----------|--|
| (what & why) | Responsible | | | |
| Research possibilities for integrating/coordinating all NE WIC platforms (MIS, shopping tool, etc.) | State staff and developers | FFY 2024 | | Knowledge of integration/coordination viability |
| Develop an integration plan/ coordination plan to provide direction and priorities. | State staff and developers | FFY 2025 | | Fully developed plan |
| Implementation of coordinated platforms (MIS, shopping tool, etc.) for ease of use by staff and participants | State staff and developers | FFY 2026 | | All NE WIC platforms communicate with each other |

Recruitment/Retention/Outreach Goal: Revive the value of WIC through outreach, recruitment, and retention

Five-Year Measures:

- 4) By the end of FY 2026, NE WIC participation will increase by 4%.
- 5) By the end of FY 2026, NE WIC will retain 90% of all WIC staff.
- 6) Annually, LAs will participate in one community collaborative event.

Strategy 1: Increase WIC program participation and retention.

| Action Step (what & why) | Who Responsible | When | Progress: | Performance Measure |
|---|---|------------------|-----------|---|
| Enhance the 9-month education visit to provide opportunity to discuss WIC benefits | Nutrition Coordinator, other state staff and LA work group. | QTR 1 FY 2022 | | Increase participation by 1% annually. |
| Create cards/flyers communicating the value of WIC beyond 1 year to retain children | State Staff and LA workgroup. | QTR 1 FY 2022 | | Assess impact on retention by age Run a journey ad-hoc report to determine what age children drop off the program |
| Conduct market research utilizing focus groups to determine retention issues | State Staff and Outreach committee | QTR 4 FY 2022 | | Increase WIC participation and retention |
| Design and place better signage at grocery stores for WIC visibility (WIC food labels, WIC door decals, store bulletin board) | State and Local Vendor Managers | QTR 3 FFY2022 | | All authorized vendors will have updated signage. Look at participation rates vs. when signage was sent to stores |

| Action Step | Who | When | Progress: | Performance Measure |
|--|--|------------------|-----------|--|
| (what & why) | Responsible | | | |
| Establish data sharing agreement with SNAP to conduct data matching and outreach to potential WIC applicants. | Nicole C, Marge, Peggy, Erika, and SNAP | QTR 3 FY 2022 | | Increased number of participants referred from SNAP. |
| Utilize NWA marketing strategies conduct outreach in an effort to enhance participation (i.e. social media campaign to share the value of WIC) | State staff and Outreach committee | QTR 4 2023 | | Increase WIC participation and retention. |

Strategy 2: Increase WIC program staff retention including State staff, CPAs, Clerks, BFPCs, and LA WIC Directors.

| Action Steps (what & why) | Who Responsible | When | Progress | Performance Measure |
|--|--|------------------|----------|--|
| Develop and administer staff engagement and satisfaction survey to determine retention issues. | State Staff and LA WIC Directors | QTR 2 FY 2022 | | All current WIC employees take survey. |
| Develop and administer salary survey for WIC staff to assess pay rates. | State Staff and LA WIC Directors | QTR 4 FY 2022 | | Salary information collected for all current WIC staff |
| Attend high school and/or college career days to get into the classrooms | State Staff, Outreach Committee and NeWA | QTR 3 FY 2023 | | All LAs will attend an educational institution annually. |

| Action Steps | Who | When | Progress | Performance Measure |
|---------------------------------|-----------------|----------|----------|-------------------------------------|
| (what & why) | Responsible | | | |
| Establish WIC exit interview | State Staff | QTR 4 FY | | For all staff exiting employment |
| protocol to collect consistent | and LA WIC | 2022 | | from WIC, an exit interview will be |
| information on staff leaving | Directors | | | conducted. |
| Identify strategies relative to | State WIC | QTR 1 FY | | Implement identified strategy(ies) |
| staff engagement and | and LA WIC | 2024 | | |
| satisfaction and prioritize for | Directors | | | |
| implementation | | | | |
| Develop early on-boarding | State Staff, LA | QTR 1 FY | | Implement on-boarding protocol |
| protocol for new hires on WIC | WIC Directors | 2024 | | for all new WIC hires |
| related expectations to build | and TC staff | | | |
| investment | | | | |

Strategy 3: Increase collaborative efforts with organizations to communicate the value of the WIC program.

| Action Steps | Who | When | Progress | Performance Measure |
|--|--|------------------|----------|---|
| (what & why) | Responsible | | | |
| Connect with providers/birthing hospitals to flip the message about breastfeeding, develop materials and discuss fully BF women's food package | State staff, Outreach committee, Breastfeeding Committee | QTR 1 FY 2024 | | WIC is seen as breastfeeding experts by advocates in the community Survey advocates to determine perceptions of WIC |
| Strengthen and develop new partnerships with organizations to increase outreach activities | State Staff, LA Directors, and Outreach Committee | QTR 1 FY 2024 | | Increase the number of partnerships & outreach activities |

Breastfeeding Goal: By September 30, 2026, the percentage of WIC infants who are breastfed at 6 months of age will be greater than or equal to 35%.

Note: NE WIC baseline at 26% in July 2020-June 2021

Five-Year Measures:

- 1) Breastfeeding resources from the state are easy to access by local agency staff.
- 2) Regular communication opportunities with the state and local agencies are available.
- 3) All staff (current and new) are trained on the FNS Breastfeeding Curriculum.
- 4) At least 75% of local agencies in NE have breast pump programs.
- 5) At least 75% of local agencies in NE have BFPC programs.

Strategy 1: Improve communication, access to, and organization of breastfeeding resources, enhancing collaboration between all agencies (state and local).

| Action Step | Who | When | Progress: | Performance Measure |
|---|-------------|--------------------|-----------|---|
| (what & why) | Responsible | | | |
| Increase content/improve the WIC Breastfeeding Resource site, to enhance the content available to local agencies. Also to improve usefulness and interest in the site | Nicole C | Quarter 1, 2022 | | Have breastfeeding resource site ready for local agencies to view |
| Give all WIC staff access to the WIC Breastfeeding Resource Site to improve organization and communication so all agencies and staff have easy | Nicole C | Quarter 1, 2022 | | Have all WIC staff have access to the WIC Breastfeeding Site |

| Action Step | Who | When | Progress: | Performance Measure |
|--------------------------------|---------------|---------|-----------|-------------------------------------|
| (what & why) | Responsible | | | |
| to find and updated | | | | |
| information | | | | |
| Continue to update the WIC | Nicole C and | Ongoing | | Survey to see if local agency staff |
| Breastfeeding Resource Site | Breastfeeding | | | are utilizing it |
| so this resource continues to | Coordinators | | | |
| be helpful for local agency | | | | |
| staff. Also to continue | | | | |
| improvement in | | | | |
| communication between the | | | | |
| state and local agencies | | | | |
| Continue Breastfeeding | Nicole C and | Ongoing | | Successfully host calls every other |
| Coordinators Calls to | Breastfeeding | | | month |
| continue offering | Coordinators | | | |
| breastfeeding related | | | | |
| networking opportunities for | | | | |
| leaders in breastfeeding at | | | | |
| local agencies. Also to | | | | |
| continue to improve | | | | |
| communication about | | | | |
| breastfeeding initiatives | | | | |
| between the state and local | | | | |
| agencies | | | | |
| Update local agency staff | Nicole C and | Ongoing | | Successfully post updates after |
| after Breastfeeding | Breastfeeding | | | each meeting onto the |
| Coordinator's calls to | Coordinators | | | Breastfeeding Resource Site |
| improve communication with | | | | |
| all local agency staff about | | | | |
| breastfeeding initiatives that | | | | |

| Action Step | Who | When | Progress: | Performance Measure |
|------------------------------|---------------|------------|-----------|-----------------------------------|
| (what & why) | Responsible | | | |
| are happening across the | | | | |
| state | | | | |
| Start a regular call/meeting | Nicole C, BF | Quarter 4, | | Successfully have a meeting in FY |
| with BFPCs to provide an | Coordinators, | 2022 | | 2022 and continue at least |
| opportunity for BFPCs to | BFPCs | | | annually |
| network with other BFPCs | | | | - |
| across the state | | | | |

Strategy 2: Implement the FNS WIC Breastfeeding Curriculum.

| Action Steps | Who | When | Progress | Performance Measure |
|--------------------------------|-----------------|---------------|----------|-------------------------------------|
| (what & why) | Responsible | | | |
| Become familiar with the | Nicole C and | Quarter 2, FY | | A training plan will be developed |
| platform to determine the | selected state | 2022 | | |
| best way to implement the | and local | | | |
| training initially and ongoing | agency staff | | | |
| Investigate/determine how | Nicole C and | Quarter 3, FY | | A training plan will be developed |
| to implement the training to | selected state | 2022 | | |
| determine the best way to | and local | | | |
| implement the training | agency staff | | | |
| initially and ongoing | | | | |
| Implement training | State and local | Quarter 1, FY | | All agencies will have been trained |
| to update breastfeeding | agency staff | 2023 | | in the breastfeeding platform |
| knowledge and services | | | | |
| provided by all WIC staff | | | | |
| Actively train new staff on | State and local | Ongoing | | All new staff will receive updated |
| the new BF platform | agency staff | after | | BF training |
| to keep new and existing | | implementati | | |
| Nebraska WIC staff up-to- | | on | | |

| Action Steps | Who | When | Progress | Performance Measure |
|---------------------------|-------------|------|----------|---------------------|
| (what & why) | Responsible | | | |
| date on breastfeeding | | | | |
| knowledge and services in | | | | |
| the years to come | | | | |

Strategy 3: Increase and maintain the local WIC agencies in Nebraska with breast pump (BP) programs to at least 75% (10/13).

Note: In June 2021, there were 8/13 agencies with breast pump programs (~62%).

| Action Steps | Who | When | Progress | Performance Measure |
|--------------------------------|---------------|---------------|----------|---------------------------------|
| (what & why) | Responsible | | _ | |
| Develop and implement | Nicole C | Quarter 2, FY | | Training has been successfully |
| training on new BP | | 2022 | | given to local agency staff |
| procedures to update BP | | | | |
| knowledge and services | | | | |
| provided at all local agencies | | | | |
| Develop a process for | Nicole C and | Quarter 3, FY | | A process for training has been |
| ongoing training for new | Breastfeeding | 2022 | | developed |
| staff to keep new and | Coordinators | | | |
| existing Nebraska WIC staff | | | | |
| up-to-date on breast pump | | | | |
| knowledge and services | | | | |
| provided in the years to | | | | |
| come | | | | |
| Implement ongoing training | Nicole C and | Quarter 4, FY | | All new staff are trained |
| for new staff to keep new | local agency | 2022 | | |
| staff up-to-date on breast | staff | | | |
| pump knowledge and | | | | |
| services in the years to come | | | | |

| Action Steps (what & why) | Who Responsible | When | Progress | Performance Measure |
|---|---|-----------------------|----------|---|
| Promote BP programs to agencies without current programs to share the benefits of having a BP Program at WIC agencies for the families we serve and hopefully encourage other Nebraska WIC agencies to pursue offering this extra program | Nicole C and Breastfeeding Coordinators | Quarter 2, FY 2023 | | Local agencies with an interest in starting a BP program have been identified |
| Implement training to local agencies with new BP programs to give the tools needed to be successful to WIC agencies with new BP Programs | Nicole C and local agency staff | Quarter 4, FY 2023 | | All local agencies who are interested in a BP program have been trained and have implemented their program. |

Strategy 4: Increase and maintain the local WIC agencies in Nebraska with Breastfeeding Peer Counseling (BFPC) programs to at least 75% (10/13).

Note: In June, 2021, there were 9/13 agencies with Breastfeeding Peer Counseling programs (~69%)

| Action Steps | Who | When | Progress | Performance Measure |
|-----------------------------|---------------|---------------|----------|-------------------------|
| (what & why) | Responsible | | | |
| Develop a plan to train | Nicole C and | Quarter 3, FY | | Plan has been developed |
| BFPC Coordinators on | Breastfeeding | 2022 | | |
| training BFPCs to provide a | Coordinators | | | |
| consistent way to train new | | | | |
| and existing BFPCs in order | | | | |
| to improve breastfeeding | | | | |

| Action Steps | Who | When | Progress | Performance Measure |
|---|-----------------|---------|----------|---|
| (what & why) | Responsible | | | |
| knowledge and services | | | | |
| provided both initially and | | | | |
| ongoing Promote BFPC programs | State and local | Ongoing | | Local agancies are interested in |
| State wide to share the | | Ongoing | | Local agencies are interested in starting new BFPC programs |
| benefits of having a BFPC | agency staff | | | starting new BFFC programs |
| Program at WIC agencies | | | | |
| for the families we serve | | | | |
| and hopefully encourage | | | | |
| Nebraska WIC agencies to | | | | |
| pursue offering this extra | | | | |
| program | | | | |
| Complete trainings for | | FY 2023 | | All BFPC coordinators have been |
| BFPC Coordinators to | State and local | | | trained |
| provide a consistent way to | agency staff | | | |
| train new and existing | | | | |
| BFPCs in order to improve | | | | |
| breastfeeding knowledge | | | | |
| and services provided | | | | |
| Investigate possible | Discuss at BF | FY 2022 | | Incentives are identified and |
| incentives of being a BFPC | Coordinators | | | promoted |
| that could be offered | Meeting | | | |
| to make finding qualified | | | | |
| applicants and retaining them in BFPC positions | | | | |
| easier | | | | |
| Increase the number of | Local Agency | FY 2024 | | Increased number of agencies that |
| agencies that have a bring | WIC Directors | | | offer this policy |
| baby to work policy. | and Facility | | | |
| | Directors | | | |

| Action Steps | Who | When | Progress | Performance Measure |
|------------------------------|-------------|------|----------|---------------------|
| (what & why) | Responsible | | | |
| Why: To make finding | | | | |
| qualified applicants and | | | | |
| retaining them in BFPC | | | | |
| positions easier. Also to | | | | |
| enhance breastfeeding | | | | |
| services provided by BFPC | | | | |
| programs, allowing BFPCs to | | | | |
| promote breastfeeding as the | | | | |
| normal way of feeding babies | | | | |
| at WIC offices | | | | |