

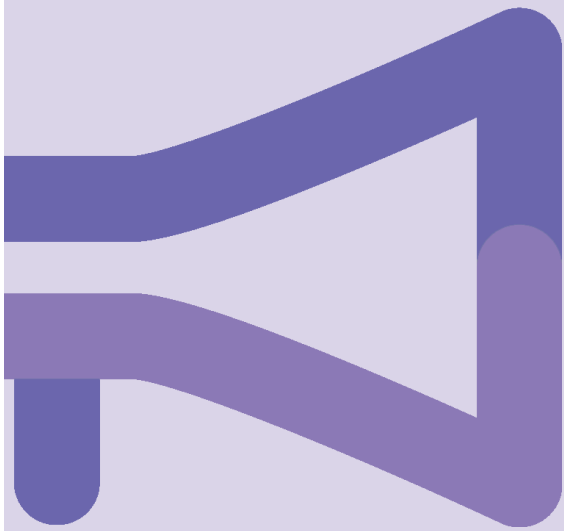
# THINGS ARE CHANGING AT



## USDA WAIVERS ENDING

During the formula shortage crisis, WIC was able to provide more types of formulas than ever before. This helped our participants find formula during this very difficult time. WIC was able to do this because USDA approved waivers to help during this unprecedented situation.

Luckily, more formulas are available in stores now! Due to this, Nebraska WIC's waivers are expiring, and we are required to only provide the formulas we have a contract for. Unless your baby has a medical condition, Nebraska WIC will only provide Similac Formulas, including Similac Advanced, Similac Total Comfort, Similac Sensitive, and Similac Isomil.



## SWITCHING FORMULA

It may take a few feedings before your baby gets used to the taste of a new formula.

If your baby does not seem to like the new formula, try making the change gradually.

You can start with a combination of three parts old formula to one part new formula. Keep changing the ratio until you are feeding only the new formula.



### DAYS 1 & 2 — 3:1 RATIO

1 part new formula  
3 parts old formula



### DAYS 3 & 4 — 1:1 RATIO

Half new formula  
Half old formula



### DAYS 5 & 6 — 1:3 RATIO

3 parts new formula  
1 part old formula



### DAY 7 — FULL RATIO

All new formula