

Final Assessment

This is a final quiz to test your understanding of the Nebraska WIC Program and your role within it. Answers to all of the questions will be found from information provided in the videos, from the activities found in this training tool, or from the Nebraska WIC Food List & Shopping Guide.

1. The Nebraska WIC Program provides... (circle **all** that apply):
 - a. Foods for low-income pregnant and/or post-partum women, infants, and children.
 - b. A cash value benefit for all supplemental foods. **CVB is provided only for produce.**
 - c. Nutrition assessment and education.
 - d. Breastfeeding, promotion, support, and counseling.
 - e. Paper checks for redeeming benefits. **WIC Shoppers use an eWIC card to redeem benefits.**

2. WIC Shoppers... (circle the **only** correct response):
 - a. Must buy all of their WIC foods in a single purchase or they lose their benefits. **See correct response below.**
 - b. Cannot go over their cash value benefit for produce. They must buy less than or the exact dollar amount. **If customer's go over their produce dollars, the extra amount will be leftover to be paid for with another form of payment.**
 - c. May use as much or as little of their benefits as they like in as many shopping trips as they like until they spend all of their benefits.
 - d. Can be charged a fee when asking for a balance inquiry. **Balance inquiries must be provided on request, free of charge.**

3. Below are a list of food descriptions. Circle the ones that meet Nebraska WIC criteria for approved foods.
 - a. Cereal box sizes less than 12 oz. **All approved cereals may only be purchased in box sizes 12 oz. or more and not larger than 36 oz.**
 - b. Half-gallons of select soy milk.
 - c. Garlic. **Herbs, spices, garlic, ginger, salad kits, salad bar items, or party trays with dips are NOT approved. All other produce is approved.**
 - d. Baby foods with added cereal. **Baby foods may only contain fruits and/or vegetables. No other mix-ins.**
 - e. One dozen medium white eggs.
 - f. Canned pink salmon.
 - g. 8 oz. blocks of cheese. **Cheeses are only approved in the 16 oz. size.**
 - h. Bagged lettuce mixes (only greens).

4. **T or F** WIC shoppers can get any WIC-approved milk that they like. **Shoppers must purchase the exact type of milk listed in their food benefits. Same goes for infant formulas.**
5. **T or F** If a customer brings up a food item that will not scan as WIC-approved, you can override your register system and sell them the food. **You cannot override the Approved product list. If a food is not scanning as WIC-approved, then the food is not in our APL or the customer does not have benefits for it.**
6. **T or F** WIC Shoppers use an eWIC card to redeem their WIC Benefits.
7. **T or F** The Nebraska WIC Approved Product List, which is downloaded to your POS system, checks which foods are approved and which are not. Because of this, it is not important know the WIC-approved foods. **It is still highly recommended that you know which foods are approved and not so that you can help customers troubleshoot if they are having issues with a purchase attempt.**
8. **T or F** WIC shoppers do not need to show their I.D. to use their card.
9. **T or F** The food benefits for all members of the same family are on the same eWIC card.
10. **T or F** WIC shoppers may purchase non-WIC foods with their WIC foods in the same transaction. **It depends! If you have an integrated cash-register system, then yes, customers can mix WIC and non-WIC foods. If your store uses a WIC-only stand-beside device, then customers must purchase non-WIC items in a separate transaction.**
11. A customer is attempting to purchase three 12 oz. boxes of a WIC-approved cereal. They currently have cereal food benefits for 30 oz. How many boxes of the 12 oz. cereal can they buy? Explain.
This customer will only be able to purchase 2 boxes of cereal with their WIC food benefits and they will be left with 6 oz. of cereal. The Nebraska WIC Program does not authorize for purchase box sizes below 12 oz., so this customer will not be able to use 6 oz. of their cereal benefits this month.
12. WIC shoppers may purchase certain two packs of baby foods. How many units of baby food benefits is one two pack worth? Also, if a customer has baby food benefits of 10 units, then how many approved 2 packs could they purchase?
Each two pack of baby food (Gerber or Tippy Toes) counts for 2 units of baby food. 1 unit of baby food fruits and vegetables is 4 oz., and a two pack is 2-4 oz. containers; therefore, it's 2 units. A customer with 10 units would be able to buy 5 two packs.

13. What can you do if a customer is having difficulty understanding why a food is not approved for purchase with their WIC benefits? Circle the **one** incorrect response.
- a. Help them compare the food with their available benefits.
 - b. Help them compare the food with the Nebraska Food List & Shopping Guide.
 - c. Tell them to come back when they know what they can and cannot purchase.
 - d. Ask a manger for help if you are not sure.
 - e. If you've exhausted all other options, refer them to their clinic for further assistance.