

# Completion of Nutrition Assessment and Care Plan

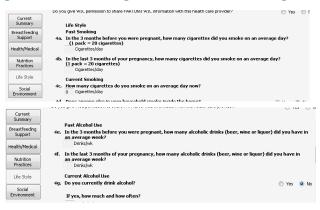
NE WIC 5.31.18

# Completion of Nutrition Assessment and Care Plan

- All portions of the Nutrition Interview need to be completed
- Why is this important?
  - Gives a complete picture of the participant's nutrition status
  - · Gives more complete information to use to assess risks
  - Could potentially impact a participant's ability to qualify for the program
  - Provides information for follow up
  - Provides information for FNS, SA and LA Management evaluations

## Portions commonly not completed

#### Smoking, Alcohol and Drug abuse for Breastfeeding and Postpartum moms



### Portions commonly not completed

#### Social Environment:

 Remember, you can reword questions, just as long as you are assessing the situation.

Potential language, "Is there anything that we did not discuss today, that you

need help with?"



### Portions commonly not completed

#### **Dental issues for Breastfeeding/Postpartum Mom**

 This is important. Dentition impacts what mom can and cannot eat. A lot of healthy foods take quite a bit of chewing.



## Portions commonly not completed

#### Breastfeeding/Postpartum Mom

Potential language:

 Physical activity is really important to keep you healthy, after having your baby. Once the doctor gives the ok, what are some ways that you plan to be physically active?



# Portions commonly not completed

- •Where you provide a consolidated report of what Mom/Parent/Caretaker said
- •Provides a subjective view of participant's health
- Allows for follow up
- •Helps to provide a more complete picture of participants nutrition status
- •Let's evaluators know that the questions were asked
- •This information goes into the Care plan



#### Care Plan

Complete picture of Participant's nutrition assessment on one page

Incomplete Nutrition Assessment will result in an incomplete Care Plan

The Subjective, Objective and Assessment areas have blank boxes

- You can add anything that you may remember, from the nutrition interview, that you did not type in the boxes
  - · Instead of editing the nutrition interview
- Mom may say something that you want to record, while you are providing nutrition education



### Care Plan

#### **Counseling/Education boxes**

- Provide a synopsis of the education you provided
- Put in any nutrition materials that you used that are not located in the nutrition education panel

#### Plan

- Area where you can expound on the plan you discussed with mom/parent/caretaker to reach her goals
- Recommendations for the next person to talk about, that you identified during the current visit, but did not discuss

Counseling/Education			
Plan			

### Questions

