

Nebraska Women's Health Profile

The following charts are from the [U.S. Dept. of Women's Health](#) and the NE [Office of Health Disparities](#) and include a selection of the most recent data sets on demographics, mortality, breast cancer and behavioral risk factors. The data comes from multiple sources, including NE [DHHS Vital Statistics](#), the [Centers for Disease Control and Prevention](#) (CDC), and the [U.S. Census Bureau](#).



Nebraska - Women's and Girls' Health



Population in Nebraska

Total state female population*: 956,445

Racial Distributions of female Residents	Black, non-Hispanic	White, non-Hispanic	American Indian or Alaska Native	Asian or Pacific Islander	Hispanic
Population	46,075	850,971	13,617	24,248	97,335

Sources: 2016, U.S. Census Bureau and NCHS. *Racial/ethnic groups may not sum to total because American Indian/Alaska Native and Asian/Pacific Islander groups include both Hispanic and non-Hispanic females.



Mortality

Cause of Death	Age-Adjusted Death Rates (per 100,000 women)
Malignant neoplasm	136.2
Heart Disease	122.1
Chronic lower respiratory diseases	45.0
Cerebrovascular diseases	32.1
Alzheimer's disease	28.1
Accidents (unintentional injury)	25.6
Diabetes mellitus	21.3
Influenza and pneumonia	15.3
Nephritis, nephrotic syndrome and nephrosis	9.1
Intentional self-harm (suicide)	4.9

Source: 2015, NCHS National Vital Statistics System

Age-adjusted death rates are weighted averages of the age-specific death rates, where the weights represent a fixed population by age.



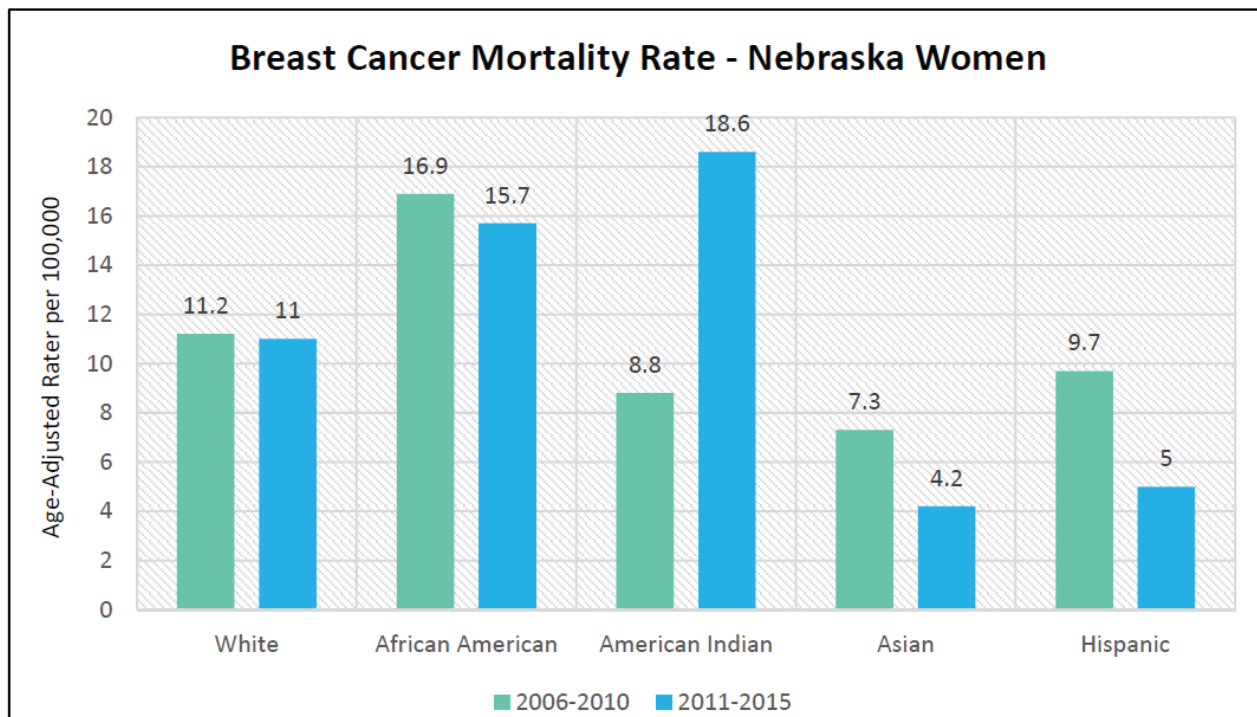
Cancer Statistics

Cancer Site	Incidence Crude Rates (per 100,000 women)	Mortality Crude Rates (per 100,000 women)
Breast	145.0	26.6
Lung and Bronchus	58.6	40.2
Colon and Rectum	43.6	17.4
Melanoma of the Skin	24.6	Unreliable
Cervix	8.5	2.6
Ovary	13.8	8.3
Uterus	30.9	3.0

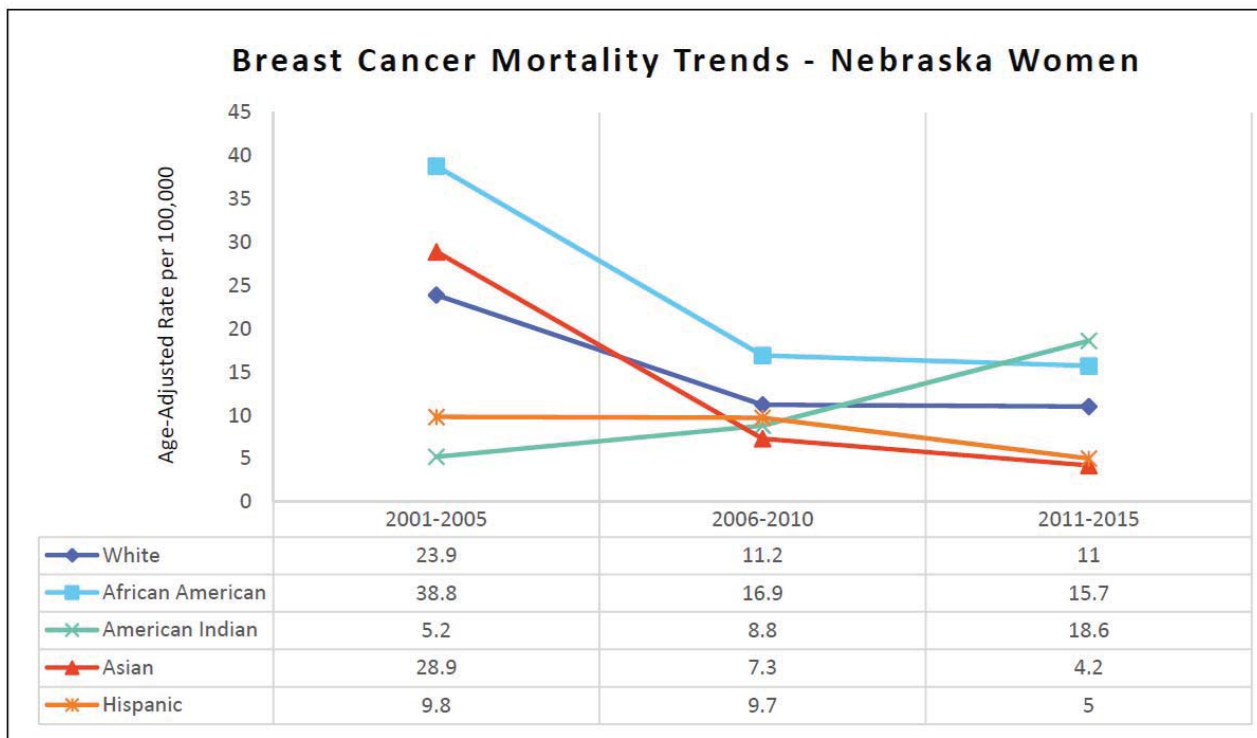
Sources: 2014, NPCR Cancer Statistics

Breast Cancer Profile - Health Disparities

Breast cancer among American Indian women increased by a rate of 9.8 per 100,000 women between 2010 and 2015, according to [NE DHHS Vital Statistics](#). American Indian women are twice as likely to die from breast cancer as their white peers. Breast Cancer rates decreased significantly in Asian and Hispanic women and showed improvement among African American women, but rates essentially stayed the same for white women.



SOURCE: Nebraska DHHS Vital Statistics Death Certificates, 2006 - 2015





Behavioral Risk Factors - Nebraska Women

Survey Question	Percentage (Women)
Obese (Body Mass Index 30.0 - 99.8)	29.8%
Adults who are current smokers	15.8%
Women who are heavy drinkers (having more than 7 drinks per week)	4.6%
Participated in 150 minutes or more of Aerobic Physical Activity per week	51.4%

Source: 2015, CDC BRFSS



Teen Health - Nebraska Girls

Survey Question	Percentage (Girls)
Currently use alcohol	27.2%
Currently use cigarettes	7.0%
Currently used electronic vapor products	34.2%
Currently use marijuana	13.0%
Currently sexually active	20.8%
Attempted suicide	9.8%
Overweight	17.5%
Obese	12.1%

Sources: 2017, YRBS

Nearly 10% of NE teen girls attempted suicide in 2017, which is a 2.2% increase since 2013. The NE percentage is slightly higher than the overall percent for teen girls in the US, which was 9.4% in 2017. Another concerning behavioral risk factor among NE youth is that 27.2% of teen girls report drinking alcohol on a regular basis, according to the [Youth Risk Behavior Survey \(YRBS\)](#).



Sexually Transmitted Infections

Disease	Total Rates (per 100,000 women)
Chlamydia	572.6
Gonorrhea	92.1
Primary and Secondary Syphilis	Suppressed
Early Latent Syphilis	Not applicable

Source: 2015, Estimated Data from the CDC NCHHSTP Atlas



HIV/AIDS

Indicator	Total Rates (per 100,000 women)
AIDS Diagnoses	1.7
AIDS Deaths*	0.3
AIDS Prevalence*	29.8
HIV Diagnoses	1.5
HIV Deaths*	0.4
HIV Prevalence*	60.1

Source: 2015, Estimated Data from the CDC NCHHSTP Atlas, *2014