

Women's Health Initiative Advisory Council

Wednesday, January 10, 2018

1:00 P.M. to 3:45 P.M.

Location: Mahoney State Park - Peter Kiewit Lodge

In Attendance:

Terra Uhing
Heidi Woodard
Audrey Paulman
Kristine Follett
Ellen Muehling
Mary Larsen

Elizabeth Mollard
Jina Ragland
Marcia Merboth
Sara Morgan

Staff

Andrea Wenke
Tina Goodwin
Christine Esch

On the Phone:

Judy Reimer
Shirley Blanchard
Nicole Cusick
Paraskevi Farazi

Tom Williams
Robert Drovil
Brenda McIntosh

Guest Speaker:

Marissa Kluk

Call to Order:

Heidi Woodard called the meeting to order at 1:00 p.m. and introductions were completed by members and staff. Heidi went over the Open Meeting Act with members.

***Open Meeting Act Announcement** made in accordance with the Nebraska Statue Open Meetings Act a notice of this public meeting and the agenda was posted in the State of Nebraska Public Meeting Calendar, the Women's Health Initiative (Women's Health) website and on the wall by the entrance to the meeting space. A copy of the Open Meeting Act and the agenda is available at each publicized location for this meeting.*

Approval of Meeting Minutes:

Heidi reviewed the meeting minutes from the May, 2017 meeting and Audrey Paulman and Sara Morgan motioned to approve the minutes. Quorum was not met for the September 13, 2017 meeting and the meeting was cancelled.

Presentation:

Guest speaker, Marissa Kluk, Health Data Coordinator with the Division of Behavioral Health (BH), DHHS, presented an overview of Nebraska's "State Targeted Response (STR) to the Opioid Crisis Grant." Behavioral Health was awarded a \$2 million grant from SAMHSA to support opioid use disorder (OUD) prevention, treatment, and recovery efforts. The Opioid Crisis Grant aims to substantially reduce the incidence of abuse of prescription and illicit opioid

drugs through ongoing collaboration between practitioners, experts, and leaders across the continuum of care. The grant time period is May 2017 – April 2019. Click [here](#) to access the Opioid presentation and fact sheet on the Council’s web page under “Council Resources.” Additionally, two supplemental training videos, located on the DHHS website are available for further training.

- The Division of Public Health Prescription Drug Monitoring Program (PDMP) will be housing those trainings on their site: <http://dhhs.ne.gov/pdmp>.
- Training videos will specifically be located on the Pain Management Education page: <http://dhhs.ne.gov/publichealth/PDMP/Pages/PainEducation.aspx>

Vacancies:

Tina announced that she is moving to DHHS Reproductive Health unit. The following are the current WHAC vacancies:

1. OB-GYN
2. Mental Health

Reappointment letters were sent to: Marcia Merboth, Ellen Muehling and Terra Uhing. Judy Reimer, Heidi Woodard and Jina Ragland will be termed out on 06/2018. A new chairperson will be elected to replace Heidi. Jina Ragland nominated Ellen Muehling to become the next legislative chairperson. Terra Uhing stated that she would be interested in being the chairperson for Sexual Health workgroup. Tina and Andrea wanted to know what workgroups to keep and if names were to be changed. Andrea wanted to know if the members were interested in doing another survey in deciding the names for the workgroups.

Annual Report:

Andrea reviewed the 2016-2017 Report and discussed the activities of Council and various WHI accomplishments and important women’s health topics, such as Human Trafficking, Medical smart phone apps and Zika Virus, click [here](#) to access the Report.

Workgroups Legislative Committee:

Jina Ragland handed out forms to the members and gave an update on the legislative committee. The legislative session started on January 3 and goes through April 18, 2018; it is a short session this year. The bills that were held over from 2017 will be on the 2018 legislation docket. Jina stated if the bills are not prioritized or placed on consent it will probably not go anywhere this session. Jina mentioned that there were 288 new bills introduced in this session. The Governors top priorities in this session are:

1. Balancing the budget
2. Delivering tax relief

Jina stated that speakers ‘priority bills will be announced on February 21, 2018, and people could submit and request that a speaker could put a bill on his /her priority list. The full floor debate starts on February 28, 2018 with other legislative bills that are listed.

Advance Care Planning:

Tina went over the meeting minutes for the advance care planning which was on August 8, 2017. Items that were talked about in that meeting included the Palliative Care Council and Tina shared some information about it. Tina talked about ideas for each workgroup and they are:

- Jobs of the workgroup
- Learning collaborative
- Brainstorming ideas
- Making a decision on a women's health topic
- Researching data

Nutrition and Healthy Weight:

Tina mentioned that the members would need to vote on the workgroup for the nutrition and healthy weight. Tina referred to the minutes from August 10, 2017 meeting. Tina mentioned some things that were talked about:

1. Obesity/best practices and treatment
2. Vitamin D fact sheet
3. Medication and side affects

Mental Health:

Andrea went over the mental health minutes from the August 9, 2017 meeting. Andrea did some research on obesity and behavioral health. Andrea mentioned about having a speaker from the York Correctional facility to talk about incarcerated women and behavioral health issues. Heidi Woodard mentioned that the topics of "nutrition and healthy weight" as well as "mental health" maybe too broad of topics and asked the committee to consider narrowing down the focus to generate better discussion.

Sexual Health:

Tina went over the meeting minutes for the sexual health which was on August 16, 2017. Tina mentioned several things that the workgroup discussed and they were:

- HPV and issues with supplies for HPV
- Telehealth bill
- Immunization data

Health Equity:

Andrea went over the meeting minutes for the health equity which was on August 3, 2017. The topics discussed were:

- 17-P
- Prams
- Risk factors for pre-term births and women of color
- Medicaid and Insurance coverage for 17-P

There are three managed care organizations:

- Nebraska Total Care

- Unite Health Community Plan
- Wellcare

Follow-up:

Andrea will send out strategic planning survey to Council members.

Andrea will send Marcia and Kristine links to women's health data.

Andrea will contact York Correctional Facility and work on a guest speaker.

The members agreed to have another strategic plan and do another survey to decide the next list of topics/names for each workgroups.

Meeting Adjourned at 3:30

The next meeting: May 9, 2018

Meeting minutes by: Christine Esch