



WOMEN'S HEALTH IN NEBRASKA (DHHS REGION VII)

Female Population of NEBRASKA

Total state population: 1,855,525 (933,223 females; 922,302 males)

Racial/ethnic distribution of Female Residents*	Total	White, non-Hispanic	Black, non-Hispanic**	American Indian	Asian/Pacific Islander	Hispanic
Number	933,223	772,798	46,352	13,359	21,459	85,341
% of total females	100.0%	82.8%	5.0%	1.4%	2.3%	9.1%
Below poverty level***	130,549	81,978	13,992	3,335	2,977	25,119
% of females below poverty level	14.4%	11.1%	35.2%	41.8%	15.9%	30.2%
High School graduates***	563,538	503,883	18,836	3,972	9,560	21,825
% of female high school graduates	91.3%	94.6%	81.3%	85.6%	80.0%	56.3%

Age distribution of Female Residents	10-14	15-44		45-64	65-84	85+
		15-19	20-44			
Number	61480	62,418	296,157	239,527	117,623	27,226
% of total females	6.6%	6.7%	31.8%	25.7%	12.6%	2.9%

Sources: 2012, U.S. Census Bureau and NCHS; 2012 U.S. Census Bureau, American Community Survey

*Racial/ethnic groups may not sum to total

**Poverty and educational status data in the Black, non-Hispanic column reflect estimates for all Black females (both Hispanic and non-Hispanic)

*** Estimates of poverty status are based upon estimates of the population whose poverty status could be determined. Estimates of high school graduates are based upon the population who are 25 years and older. Some estimates of poverty and educational status in the API column may reflect Asian data alone.

Health Status (Age-adjusted^s percent of adult females)

- In poor general health: 3.1%
- Activity limitation due to poor phys/mental health: 8.6%
- No natural teeth: 4.3%

Sources: 2012, BRFSS

Access to Care (Age-adjusted^s percent of adult females)

- No health insurance coverage (under 65): 15.9%
- No personal doctor or primary care physician: 11.8%
- Saw a dentist in past year: 71.0%

Health Conditions and Risk Factors (Age-adjusted^s percent of adult females)

Condition or Risk Factor	Total	White, non-Hispanic	Black, non-Hispanic	American Indian	Asian/Pacific Islander	Hispanic
Currently smoke (age 18+)	18.8%	18.6%	34.2%	47.4%	7.7%	9.4%
No leisure time activity in past month	20.6%	18.6%	32.3%	37.9%	16.6%	32.1%
Overweight (age 20+)	29.3%	28.4%	37.7%	35.6%	NA	33.2%
Obese (age 20+)	28.9%	28.0%	38.2%	38.0%	NA	37.1%
Hypertension ^{†*}	26.7%	25.6%	48.7%	37.6%	25.6%	27.9%
High cholesterol [†]	30.2%	30.6%	32.5%	29.6%	22.4%	27.6%
Diabetes [*]	9.1%	8.0%	18.6%	16.3%	4.3%	15.4%
Arthritis	25.2%	25.5%	24.7%	27.1%	23.6%	20.4%
Asthma, currently	8.8%	8.6%	14.8%	22.2%	1.8%	6.5%

Source: 2012, BRFSS; [†]2011, BRFSS; *Includes pregnancy-related condition

Preventive Services/Screenings (Age-adjusted^s percent of adult women)

- Routine physical exam within past two years: 81.1%
- Mammogram within past 2 years (age 50-74): 75.0%
- Pap smear within past 3 years (age 21-65): 81.3%
- Sigmoidoscopy/colonoscopy ever (age 50+): 66.2%
- Influenza immunization in past year: 46.4%
- Influenza immunization in past year (65+ only): 64.1%

Sources: 2012 BRFSS; For race information, see Quick Health Data Online: <http://www.womenshealth.gov/quickhealthdata>

NA - Data not available or suppressed

NR - Data not reported

Mortality (Female residents)

Cause of Death	Number of Deaths	Age-Adjusted Death Rate (deaths per 100,000)
Total (all ages)	7,708	608.5
Heart Disease	1,690	124.0
Cancer	1,646	142.9
Breast Cancer	225	19.3
Cervical Cancer	24	2.6
Stroke	509	37.7
Chronic Lower Respiratory Disease	494	41.4
Alcohol- or Drug-Induced	107	11.7
Suicide	38	4.1
Homicide	18	2.0
Human Immunodeficiency Virus (HIV)	NA	NA
Infant Mortality Rate (All Causes, Not gender-specific) [†]		5.7

Source: 2010, NCHS National Vital Statistics System; [†] 2006-2010, NCHS National Vital Statistics System

Prenatal Care and Pregnancy Risk (Percent)

Pregnant women:

- Receiving prenatal care in 1st trimester[†]: 75.1%
- Smoking cigarettes[†]: 13.3%

Sources: [†]2010, NCHS National Vital Statistics System; ^{††}2010, CDC PRAMS

Women:

- With live births who reported unintended pregnancy^{††}: 38.4%
- Reported physical abuse during pregnancy^{††}: 2.8%

Birth Outcomes (Percent)

Births:

- Low birthweight (LBW)[†]: 7.1%
- Preterm[†]: 12.0%
- Cesarean among low-risk women (full-term, singleton, vertex presentation)[†]: 24.8%

Sources: [†]2010, NCHS National Vital Statistics System; ^{††}2009, CDC NIS data for the cohort of children who were born in the year 2009

Children Breastfeeding:

- Exclusively breastfed at least 3 months^{††}: 44.7%
- Breastfed at least 6 months^{††}: 53.4%
- Ever breastfed after delivery^{††}: 82.2%

Sexually Transmitted Infections (Number of new annual reported infections and rate per 100,000 women)

- Chlamydia: 4,628 cases (499.0)
- Gonorrhea: 784 cases (84.5)
- Primary and Secondary Syphilis: 1 cases (0.1)
- HIV^{†*}: 11 cases (1.5)
- AIDS[†]: 12 cases (1.6)

Source: 2012, Estimated Data from the CDC NCHHSTP Atlas; [†]2011, Estimated Data from the CDC NCHHSTP Atlas

Violence and Abuse:

- Females reported physical abuse during pregnancy (percent)[†]: 2.8%
- Reported female rapes (number and rate per 100,000 females)^{††}: 590 (65.2)

Sources: [†]2010, CDC PRAMS; ^{††}2009, FBI Uniform Crime Statistics

Mental Health

- Adult females reporting poor mental health on 8 or more of the past 30 days (age-adjusted percent)[†]: 14.3%
- Female suicide deaths (number and age-adjusted rate per 100,000 females)^{††}: 38 (4.1)

Source: [†]2012, CDC BRFSS; ^{††} 2010, NCHS National Vital Statistics System

Teen Health (Percent **teenage females** unless otherwise specified)

- Birth rate[†]: 14.6
- Currently use alcohol: 27.5%
- Currently use cigarettes: 15.5%
- Currently use marijuana: 12.0%
- Pregnancy rate[†]: NA
- Currently sexually active: 28.5%
- Attempted suicide: 8.5%
- Overweight: 13.6%

Sources: 2011, YRBS; [†]2010, NCHS National Vital Statistics System and Individual State Health Departments, per 1000 women ages 15-17

NA - Data not available or suppressed

NR - Data not reported

^{\$}Age adjustment is a statistical process applied to rates of disease, death or other health outcomes that allows populations to be compared by controlling for age group differences in the composition of each population.

These data and much more can be found at Quick Health Data Online:

<http://www.womenshealth.gov/quickhealthdata> .

