

**CYSHCN**

# INCREASING ACCESS TO MENTAL & BEHAVIORAL HEALTH SERVICES

## THE PROBLEM:

Over 50% of CYSHCN have an ongoing emotional, behavioral, or developmental condition that requires treatment or counseling; about half of these children are receiving all the mental health care or counseling they need.

Three out of 10 families pay out of pocket for mental health services that are not covered by their health insurance.

Disparities occur in accessing mental health services by geography, insurance status, and ethnicity.

## THE IMPACT:

CYHSCN who don't receive needed medical services risk experiencing worsened mental health conditions, increased risk of

physical health problems, strained relationships, and difficulty functioning in daily life.

## KEY PROPOSED STRATEGIES:

**Promote the Medical Home Model**

**Integrate Behavioral Health into Primary Care**

**Offer Collaborative Care with Case Management**

