

Prompt sheet for using the Safety House

1. Inside the Safety House: The inner circle and inside the four walls

Inner circle:

- Child draws her or himself in the inner circle (leaving space to draw others).
- Who else would live in your Safety House with you?

Inside the house:

- Imagine that your home/house back with _____ (e.g. mummy and daddy) was as safe as safe and you felt as safe and happy as possible, what sorts of things would _____ (eg. Mummy, Daddy, big sister) be doing?
- What are the important things that _____ (eg Mummy and Daddy) would do in your Safety House to make sure that you are safe?
- Are there any important objects or things that need to be in your Safety House to make sure that you are always safe?

2. Visiting the Safety House: The outer circle

- Who would/will come to visit you in your Safety House to help make sure that you are safe?
- When _____ (each of the safety people identified above) come to visit you in your Safety House, what are the important things that they need to do to help you be safe?

3. The red circle: Unsafe people

- When you go home to live with _____ (eg. Mum and Dad), is there anyone who might live with you or come to visit who you would not feel completely safe with?

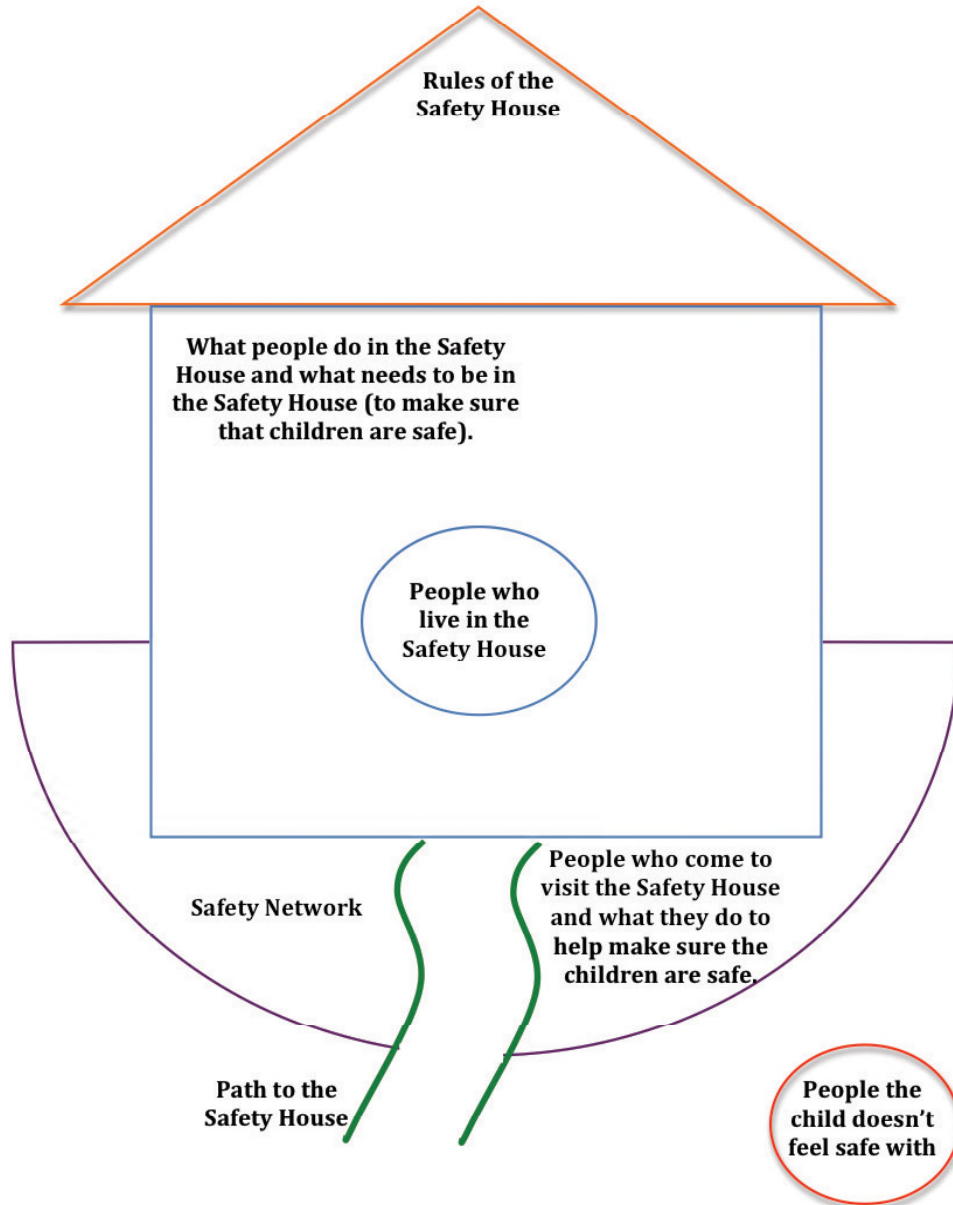
4. The roof

- “Remember we talked about how all those adults are talking together to make a safety plan for when you go home? One of the things they are trying to decide is what the rules of the safety plan should be. What do you think? What would the rules of the house be so that you and everyone one would know that nothing like _____ (use specific worries) would ever happen again?”
- “What else and what else?”
- “If your _____ (sister/brother/Nana etc) was here, what would they say?”

5. The Safety Path

- If the beginning of the path is where everyone was very worried and you weren't able to live with Mum and Dad and you had to go and live with _____ and the end of the path at the front door is where all of those worries have been sorted out and you will be completely safe living with Mum and Dad, where do you think things are right now?
- If the beginning of the path is that you feel very worried that if you go home to live with Mum (or have an overnight stay) that Mum will start using drugs again and then not be able to look after you properly and the end of the path at the door is that everything in your Safety House is happening and you're not worried at all that Mum will use drugs again, where are you right now?

The Safety House Tool



A tool for involving children and young people in the safety planning process.

