



# Safe Sleep Supplemental Data by Demographic

## Maternal Child Health Topics in Nebraska

Data presented below is from Nebraska PRAMS and combines 2017-2018 data.

Data is reported on the following indicators:

Indicator	Measurement
Sleeps alone in a crib, bassinet, or pack n play	Was assessed with a 5 item composite indicating how the infant usually slept in the past 2 weeks: <ol style="list-style-type: none"> <li>1. Separate was defined as always in own crib or bed <u>AND</u></li> <li>2. Approved was defined as usually in a crib, bassinet, or pack and play but NOT in a twin or larger bed, couch or armchair, or infant car seat or swing.</li> </ol>
Put to sleep on back	Was assessed by a single item regarding the position mothers most often placed their infant to sleep (i.e. back versus side, stomach, or combination). Multiple responses were <u>not</u> coded as put to sleep on back.
Room-shares but does not bed-share	Was assessed as a 2 item composite <ol style="list-style-type: none"> <li>1. Always alone in own crib or bed <u>AND</u></li> <li>2. YES in the same room as their mothers</li> </ol>
Does not sleep with soft objects or loose bedding	Was assessed with a 3 item composite indicating that the infant usually slept in the past 2 weeks without blankets, toys, cushions, or pillows and crib bumper pads.

Measurement for each of the variables aligns with the recommendations from the American Academy of Pediatrics.<sup>1</sup>

Demographic data is presented when there is a statistical difference for the safe sleep indicator. For example, racial/ethnic disparities exist for all four PRAMS safe sleep indicators that were reviewed. In contrast, there are only age disparities for two of the four indicators – “Put to sleep on back” and “Does not sleep with soft objects or loose bedding”.



<sup>1</sup>SIDS and Other Sleep-Related Infant Deaths: Updated 2016 Recommendations for a Safe Infant Sleeping Environment. (2016). Pediatrics, 138(5). doi: 10.1542/peds.2016-2938

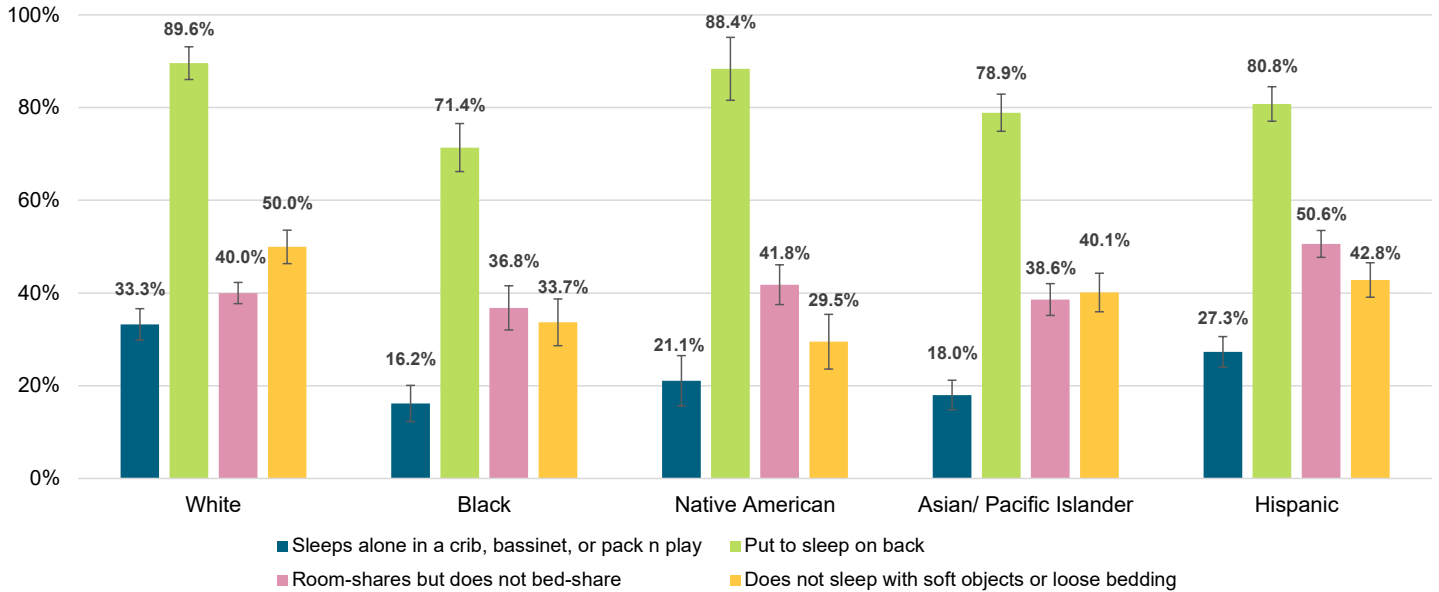


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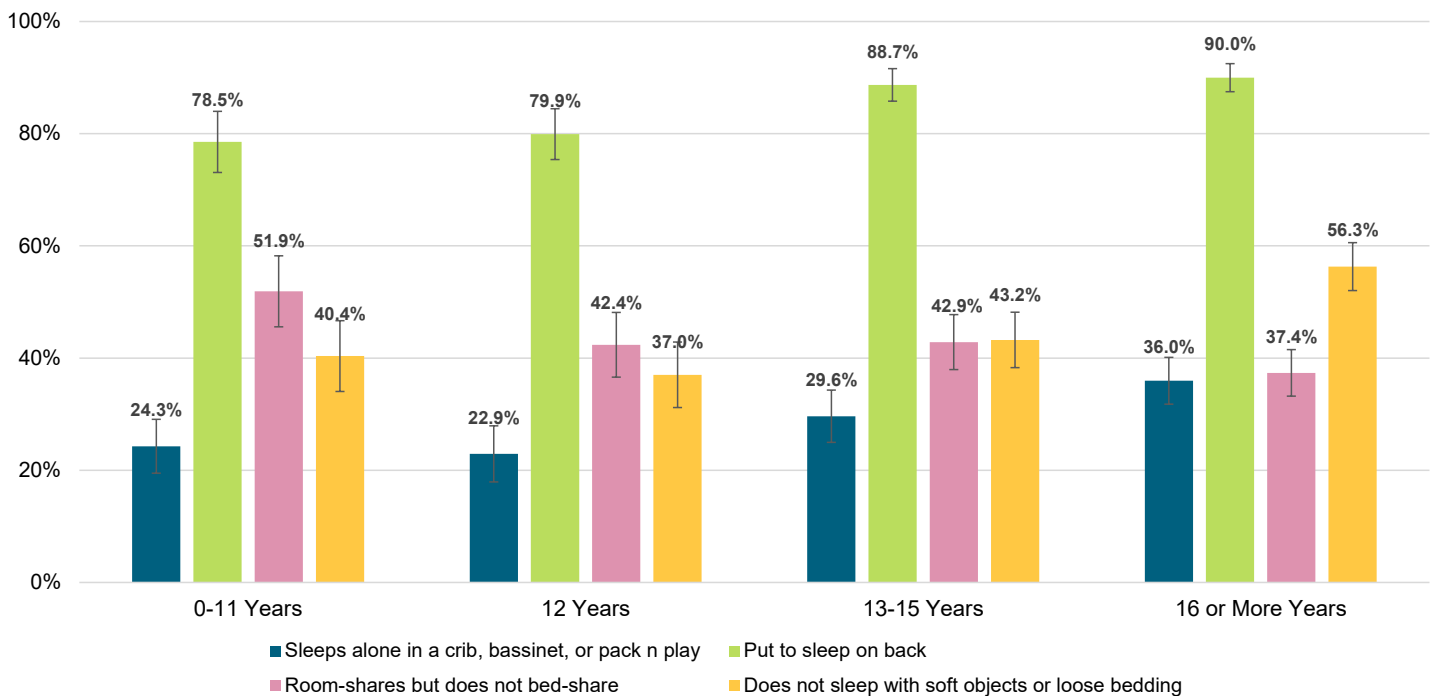
## Safe Sleep Practices in Nebraska, by Race/Ethnicity

Nebraska PRAMS 2017-2018 Data



## Safe Sleep Practices in Nebraska, by Mother's Education

Nebraska PRAMS 2017-2018 Data



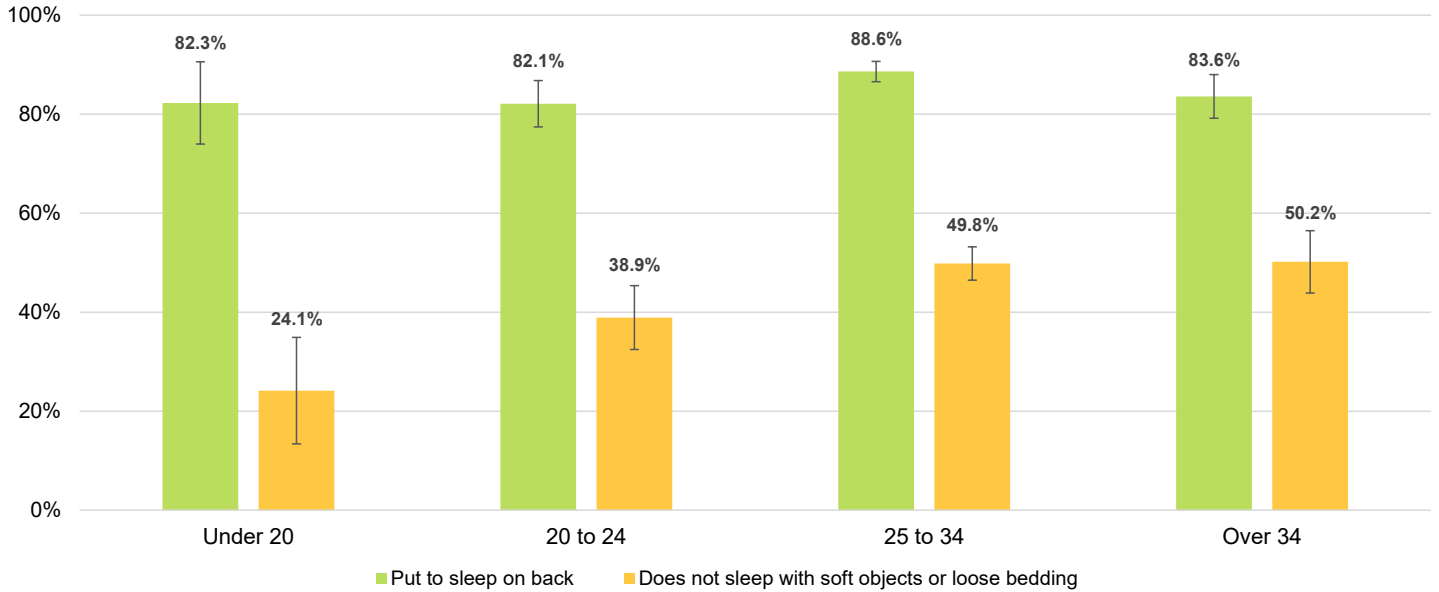


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## Safe Sleep Practices in Nebraska, by Age

Nebraska PRAMS 2017-2018 Data



## Safe Sleep Practices in Nebraska, by Poverty Status

Nebraska PRAMS 2017-2018 Data

