

PRAMS

A survey about maternal health, behaviors and experiences before, during and after pregnancy.

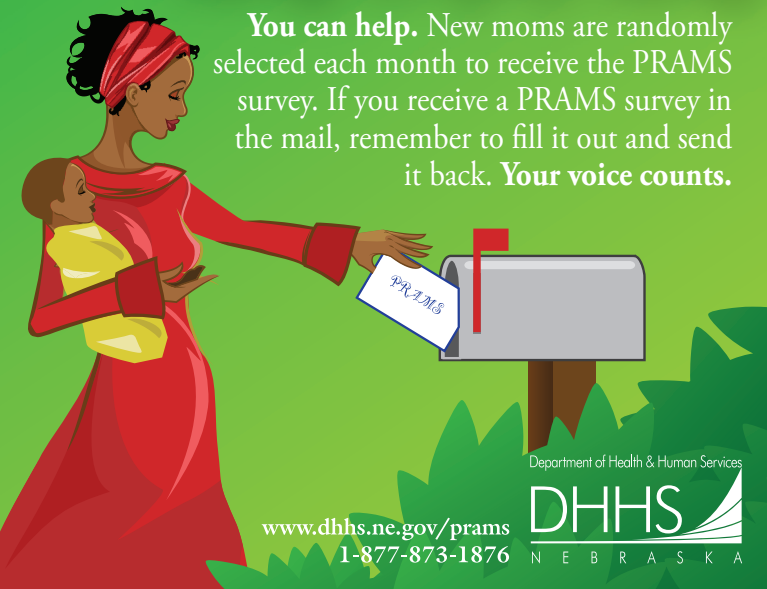
Our Mission

We work to improve the health of mothers and babies in Nebraska.



Moms Helping Moms

You can help. New moms are randomly selected each month to receive the PRAMS survey. If you receive a PRAMS survey in the mail, remember to fill it out and send it back. **Your voice counts.**



www.dhhs.ne.gov/prams
1-877-873-1876

Department of Health & Human Services

DHHS
NEBRASKA