



INFORMATION MEMORANDUM

SUA-20-IM-05

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Rescinds: SUA-16-IM-07

TO: Subrecipients of the State Unit on Aging

FROM: Cynthia Brammeier, Administrator, State Unit on Aging

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SUBJECT: ADL and IADL reporting in NAMIS and the State Program Report

CONTENT: This Information Memorandum is being issued to promote better understanding of NAMIS and current reporting challenges. As we move to a new software system, the State Unit on Aging will work with the Area Agencies on Aging to determine the best way to document ADLs and IADLs.

Activities of Daily Living (ADLs) and Instrumental Activities of Daily Living (IADLs) are terms that refer to a person's ability to provide self-care.

The Older American Act uses six ADLs. They are:

- Bathing
- Dressing
- Eating
- Toileting
- Transfer (getting in/out of bed/chairs)
- Walking

The Older American Act uses eight IADLs. They are:

- Heavy Housework
- Light Housework
- Medication Management
- Need Assistance to Manage Money
- Need Transportation Assistance
- Preparing Meals
- Shopping (errands)
- Use of Telephone

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The state of Nebraska also funds an extensive care management program. Part of the care management program is to review ADLs and IADLs, as set forth by previous care management supervisors and state staff. These ADLs and IADLs differ from OAA ADLs and IADLs.

The state care management program uses nine ADLs. They are:

- Bathing
- Bladder
- Bowel
- Dressing
- Eating
- Joint
- Locomotion
- Toileting
- Transfer

The state care management program uses nine IADLs. They are:

- Need a caregiver when away from home
- Need assistance to manage money
- Need assistance with home maintenance
- Need assistance with housekeeping
- Need assistance with laundry
- Need transportation assistance
- Preparing meals
- Shopping (errands)
- Use of Telephone

The care management ADLs and IADLs are used on the caregiver client entry window (care receiver assessment screen). The care receiver assessment ADLs and IADLS do not update when the care management ADLs and IADLs are updated. The client can have up to three different sets of ADLs and IADLs.

Different ADL and IADL documentation can impact client service prioritization. When federal reporting is done (State Program Report), only the OAA ADLs and IADLs are recorded. This is automated by NAMIS and cannot be changed. The State Unit on Aging will work with the Area Agencies on Aging to determine the best way to document ADLs and IADLs when we move to a new software system.

If you have questions, please contact Amy at 402-471-4781 or Ben at 402-471-4555 or Attn: Ben or Amy at DHHS.aging@nebraska.gov