

# NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

# GUIDANCE DOCUMENT

“This guidance document is advisory in nature but is binding on an agency until amended by such agency. A guidance document does not include internal procedural documents that only affect the internal operations of the agency and does not impose additional requirements or penalties on regulated parties or include confidential information or rules and regulations made in accordance with the Nebraska Administrative Procedure Act. If you believe that this guidance document imposes additional requirements or penalties on regulated parties, you may request a review of the document.”

Pursuant to  
Neb. Rev. Stat. § 84-901.03

**To:** All Providers Participating in the Nebraska Medicaid Program  
**From:** Drew Gonshorowski, Director   
**Date:** May 6, 2025  
**Re:** Provider Type and Enrollment Requirements for Multisystemic Therapy Providers

This provider bulletin is being issued to notify Nebraska Medicaid providers of enrollment expectations when providing multisystemic therapy services to fee-for-service and managed care eligible members, effective July 5, 2025.

Effective July 5, 2025, to be reimbursed by Nebraska Medicaid for multisystemic therapy (MST) services, the MST provider must be enrolled with Medicaid as a multisystemic therapy provider (provider type 55), with a specialty in psychiatry/mental health/substance abuse (specialty 26). If this is not already the case, you must enroll as an MST provider by contacting Maximus using the contact information below:

- Phone number: 1-844-374-5022
- Email: [nebraskamedicaidPSE@maximus.com](mailto:nebraskamedicaidPSE@maximus.com)

Providers must then contact the managed care organizations they have an agreement with to ensure they are credentialed and contracted to provide MST services.

To provide mental health and/or substance use disorder services, providers are responsible for following Nebraska Medicaid regulations including Title 471 NAC chapters 1, 2, and 3, and the mental health and substance use specific chapters Title 471 NAC 20, 32, and 35. Regulations can be found at: <https://rules.nebraska.gov/rules?agencyId=37&titleId=226>.

More information about the NE Medicaid coverage of MST services is available at:

<https://dhhs.ne.gov/Documents/Medicaid%20State%20Plan%20Part%202.pdf>

<https://dhhs.ne.gov/Behavioral%20Health%20Service%20Definitions/Multisystemic%20Therapy.pdf>

### For more information:

- Reimbursement rates: <https://dhhs.ne.gov/Pages/Medicaid-Provider-Rates-and-Fee-Schedules.aspx>
- For questions about provider enrollment with Nebraska Medicaid, please contact Provider Relations at (402)-471-9018, or via email at: [DHHS.MedicaidProviderEnrollment@nebraska.gov](mailto:DHHS.MedicaidProviderEnrollment@nebraska.gov).

If you have questions regarding this bulletin, please contact Health Services via email at: [DHHS.MedicaidMHSU@nebraska.gov](mailto:DHHS.MedicaidMHSU@nebraska.gov).

Provider bulletins, such as this one, are posted on the DHHS website at <http://dhhs.ne.gov/pages/Medicaid-Provider-Bulletins.aspx>. Please subscribe to the page to help you stay up to date about new provider bulletins.