

Becoming a LEARN Breastfeeding Hospital Champion Step by Step Process:

The Nebraska Department of Health and Human Services (NDHHS) would like to invite you to participate in the Lactation Education Across Rural Nebraska (LEARN) Breastfeeding Hospital Champion Campaign. The overall goal of the campaign is to utilize the 2020 Nebraska mPINC Results Report to assist in implementing best practices and policies to improve breastfeeding outcomes.

The <u>2020 Nebraska mPINC Results Report</u> focuses on six Core Initiatives including Immediate Postpartum Care, Rooming-In, Feeding Practices, Feeding Education & Support, Discharge Support, and Institutional Management. These Core Initiatives are areas that you may already be focusing on, along with identifying gaps for improvement.

Become a LEARN Breastfeeding Hospital Champion in five steps by December 31, 2023.

1. Compile a group of breastfeeding champions from your hospital.

Create a robust group of breastfeeding champions that may include management, pediatric, family practice and OB providers, IBCLC or CLC, nursing personnel and others to review and implement the steps within your hospital.

2. Obtain and review your hospitals mPINC report.

Compare your hospitals report to the <u>2020 Nebraska mPINC Results Report</u> and the <u>National mPINC Score</u>.

How do I get a copy of my facility's mPINC report?

For the **2018** and **2020** Hospital Reports: An electronic version of each hospital's report was sent to the work e-mail of the survey recipient. If you are unable to locate your hospital's mPINC report, please e-mail **mpinc@cdc.gov** with your request and include the hospital name and address.

To decrease the amount of requests to the CDC, please select one person to request your hospitals report(s) and share with the rest of your team. You may request your hospitals 2018 and 2020 reports in one email.

3. Address gaps noted on your hospital mPINC report within the Core Initiatives by implementing action steps.

Utilizing your hospitals 2020 mPINC Report, identify the areas that have a score of 90 or less. Use the Core Initiatives Form to identify the areas of improvement needed within your hospital.

Review the Objectives and the Action Steps. Implement one or two of the identified action steps for each Objectives section under the individual Core Initiatives. If you would like, you may implement your own action step that meets both the Core Initiative and Objective. Note this on the Completed Core Initiative Form.

4. Submit Completed Core Initiative Form by December 31, 2023

Once all core initiatives and objectives are addressed, send the completed Core Initiative Form to Jackie.moline@nebraska.gov.

5. Complete internal audits

Complete internal audits on yearly breastfeeding education to those working with breastfeeding parents and infants. Future evaluations include comparing your hospitals 2020 mPINC results with upcoming 2022 and 2024 mPINC results.