



RESOURCES

Nebraska Resources:

- [Nebraska SIDS Foundation](#)
- [No Footprint Too Small](#)
- [Mourning Hope](#)
- [The Compassionate Friends](#): supporting Family After a Child Dies, Nebraska Chapters

National Infant Safe Sleep Resources:

- [Healthy Children - Infant Safe Sleep](#): AAP Parent information website. Included information on Infant Safe Sleep and other important topics.
- [March of Dimes](#): MOD helps moms have full-term pregnancies and researches the problems that threaten the health of babies.
- [Healthy Mothers, Healthy Babies](#)
- [CDC - SUID and SIDS Information](#)
- [First Candle](#)
- [Maternal and Child Health Library](#): The MCA Library provides access to resources for leaders and the workforce in state Title V agencies, communities, health professionals, educators, researchers, policymakers, and families.
- [NICHD - Safe to Sleep](#): Public Education Campaign
- [National Action Partnership to Promote Safe Sleep](#)

Crib Safety:

- [CPSC - Crib Safety Guidelines](#)
- [How to Assess the Safe Firmness of an Infant Mattress to Prevent Asphyxiation](#)



Grief Resources:

- [Nebraska SIDS Foundation](#); [First Candle Bereavement](#); [March of Dimes Loss & Grief](#); [Cribs for Kids](#)
- [The Compassionate Friends](#): supporting family after a child dies
- HOPE (Helping Other Parents Endure): Open-ended meetings and support for parents who have lost their baby due to miscarriage, stillbirth, or SIDS: Lincoln, NE 402-477-0857
- Remembering Our Children Support Group: Lincoln, NE 402-477-0857
- [BRIDGES](#): Personal support for persons who have experience a pregnancy loss though miscarriage, ectopic pregnancy, stillbirth or newborn death. Lincoln, NE. 402-219-7065

Nursing and Health Care Provider Education:

- The national Safe to Sleep® campaign (formerly Back to Sleep), led by the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD), recently launched an updated **free continuing education (CE) activity, Risk Reduction for Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death**, now available online for nurses and health care providers to update their knowledge about Sudden Infant Death Syndrome (SIDS) and other sleep related causes of infant death. The updated CE activity gathers the latest research on SIDS and other sleep-related causes of infant death and the safe sleep recommendations from the American Academy of Pediatrics into one place so that **nurses and health care providers** can learn risk-reduction practices quickly and easily. In addition to providing key messages that nurses can share with parents and caregivers, the updated CE activity also offers specific communication practices that nurses can easily incorporate into their work day. It is approved by the Maryland Nurses Association, an accredited approver of the American Nurses Credentialing Center's Commission on Accreditation, for 1.1 contact hours.