

## DHHS Sample Safe Sleep and AHT/SBS Prevention Clinic Champion Policy:

**NOTE:** Highlighted yellow areas are the requirements that need to be listed with in the policy to become an AHT/SBS Prevention Champion Hospital.

### I. PURPOSE:

The purpose of this policy is to provide evidence based education for new parents on Sudden Infant Death and Abusive Head Trauma (AHT), previously known as Shaken Baby Syndrome (SBS) Prevention, and *The Crying Plan*.

### II. POLICY:

It is the policy of (**your clinic**) to provide **current evidence based education** to new parents **according to the recommendations of (Choose one or use all) the American Academy of Pediatrics , The Centers for Disease Control and Prevention, or The National Center on Shaken Baby Syndrome on Safe Sleep and AHT/SBS Prevention, along with The Crying Plan.**

### III. RESPONSIBILITIES:

All clinic personnel and health care providers will be required to complete yearly education on Sudden Infant Death / Safe Sleep and AHT/SBS Prevention and The Crying Plan.

### IV. PROCEDURE:

1. **Clinic Personnel Education:** All clinic personnel, health care providers and new employees will be required to complete **an initial baseline and then yearly** education on Safe Sleep / Sudden Infant Death (SIDS), AHT/SBS Prevention and The Crying Plan on a yearly basis. Initial baseline education will be:
  - 1.2. Safe Sleep and SIDS baseline education will be provided by the *National Institutes of Health, Continuing Education (CE) Activity on Risk Reduction for Sudden Infant Death Syndrome (SIDS) and Other Sleep-Related Causes of Infant Death: Curriculum for Nurses.*
  - 1.3. AHT/SBS Prevention and The Crying Plan baseline education will be provided by ***1-2-3 Don't Shake Me, Prevention Education on Abusive Head Trauma by DHHS***
2. **Pediatric or Family Practice:**
  - Client/Patient Education:** Provide Safe Sleep, AHT/SBS Prevention, and The Crying Plan education to patients **at every well baby check** using evidenced based information.
  - 2.1. Utilize ABC's of Safe Sleep, 1-2-3 Don't Shake Me, The Crying Plan available in English and Spanish. **OR** list what Evidenced based information that you utilize in your office here.
  - 2.2 If you have an education tab on your clinic website, you may link to DHHS ABC's of Safe Sleep, and the 1-2-3 Don't Shake Me videos and written materials for patient access.

**OB Office:**

**Client/Patient Education:** : Provide Safe Sleep, AHT/SBS Prevention, and The Crying Plan education to patients at one prenatal visit between 34 and 38 weeks of pregnancy and at the post-partum visit using evidenced based information.

- 2.1. Utilize ABC's of Safe Sleep, 1-2-3 Don't Shake Me, The Crying Plan available in English and Spanish. OR list what Evidenced based information that you utilize in your office here.
- 2.2 If you have an education tab on your clinic website, you may link to DHHS ABC's of Safe Sleep, and the 1-2-3 Don't Shake Me videos and written materials for patient access.

3. **Quarterly Surveys:** Complete quarterly a minimum of five **internal** chart audits to review patient's knowledge about infant sleeping positions, infant crying concerns and their crying plan. These topics should be reviewed at each well baby check.
  - 3.1. A minimum of five (5) chart audits per quarter should be completed and reviewed.
  - 3.2. Review the data on the questions at least quarterly. A 90% patient correct response rate to each question is expected.
  - 3.3. What is your plan if response rate is less than 90% for a question?

V. REFERENCES:

[\*About SIDS and Safe Infant Sleep.\*](#) (2017, November 13). Retrieved from National Institute of Health: Eunice Kennedy Shriver National Institute of Health and Human Development:

[\*American Academy of Pediatrics Announces New Safe Sleep Recommendations to Protect Against SIDS, Sleep-Related Infant Deaths.\*](#) (2017, November 13). Retrieved from American Academy of Pediatrics.

[\*Reduce the Risk of SIDS & Suffocation.\*](#) (2017, November 13). Retrieved from Healthychildren.org.

*Sudden Unexpected Infant Death and Sudden Infant Death Syndrome.* (2017, November 13). Retrieved from Centers for Disease Control and Prevention: <https://www.cdc.gov/sids/> *Learn More.* (2017, November 6). Retrieved from National Center on Shaken Baby Syndrome: <https://www.dontshake.org/learn-more>.

[\*Preventing Abusive Head Trauma in Children.\*](#) (2017, November 6). Retrieved from Centers for Disease Control and Prevention.