NEBRASKA PARTNERSHIP
FOR MENTAL HEALTHCARE ACCESS IN PEDIATRICS

A Good State of Mind

www.dhhs.ne.gov/NEPMAP

AGENDA

Welcome and Introductions: *Breakout rooms (15 minutes)*

Topical Updates: *Invited speakers*

- Clinical Demonstration project *Holly Roberts, Christian Klepper*
  - Christian provided updates about webinar series that is directed towards primary care providers, but is open to anyone
    - Link: https://mhttcnetwork.org/centers/mid-america-mhttc/tele-behavioral-health-consultation-tbhc-primary-care-webinar-series

- Utilization Review *Jennifer Farley*
  - Goal: Interview the behavioral health directors of the major health systems to understand what their needs are for behavioral health consultations, and then to use that information to drive further data collection that might be needed.
  - Jennifer provided updates about their work at pilot sites and hopes to partner with more professional organizations.

- Family Engagement *Family Reps*
  - Members of the group voiced concern that there are not enough resources for families after an emergency.
  - Group gave update about the creation of a handbook and/or pamphlet for parents/guardians to have to prepare for a crisis.
    - Parents/guardians who have never been in this position are often overwhelmed and confused about what is happening and what needs to happen next
  - Resources shared during this discussion
    - http://nfpati.org/
    - https://neinfantmentalhealth.org/resources/
    - https://www.education.ne.gov/safety/
    - https://hopesquad.com/
    - https://nrrs.ne.gov/search/counseling_support_maternal_mh

- Family-Centered Care Coordination *Sarah Swanson*
  - Sarah Swanson provided updates about a training module on Providing Person and Family Centered
    - Consists of 5 different modules, about 10 hours-worth of content
    - Conversations are continuing on how to best promote this training

- Statewide Evaluation *Dejun Su, Jessica Ern*

- o Dr. Su gave updates about continuing interviews and data collection with pediatric primary care providers about their use of telemedicine in serving children and families with behavioral health needs.

- School-Based Expansion   *Jennifer Farley*
  - o Jennifer Farley expressed potential interest in expanding to additional schools
  - o Promoted online workshop titled *Tips and Tricks* coming in August meant for general clinicians and providers to address concerns and dispel myths.
  - o Project aims to help schools facilitate connections between the school and providers via community-based conversations.
- Reach Out and Read   *Betty Medinger*
  - o Jessica Seberger introduced Betty Medinger, a consultant with Reach Out and Read
    - ▪ Reach Out and Read is an intervention within pediatrician and family physician offices that, during well child checks, promotes the importance of reading to them.
    - ▪ Benefits
      - Parent-child bond
      - Language enhancement
      - Improvement in parent well-being
      - Better attendance
  - o Betty Medinger presented that the program uses evidence-based data that backs the intervention and that Reach Out and Read is exploring options for sustainability in Nebraska.

NEP-MAP 2023-2026 Grant Application: *Jessica Seberger*
- Jessica Seberger gave updates about the 2023-2026 NEP-MAP grant application and discussed the 2023-2026 workplans.

Other Relevant Updates from Advisory Committee Members
- o Amy Reynoldson described work of NMA intended to embed behavioral health providers into primary care clinics (i.e. family physicians, obstetricians, pediatricians, and internal medicine) to help identify gaps in mental health, and substance use identification or treatment within their patient population. Amy suggested that NEP-MAP invite their project lead to share more about their work at the next NEP-MAP meeting.
  - ▪ Challenges
    - Many mental health care providers are not working in their licensed area
    - Burnout
    - Difficulty with reimbursement process
    - Identifying individuals willing to work in this capacity.

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