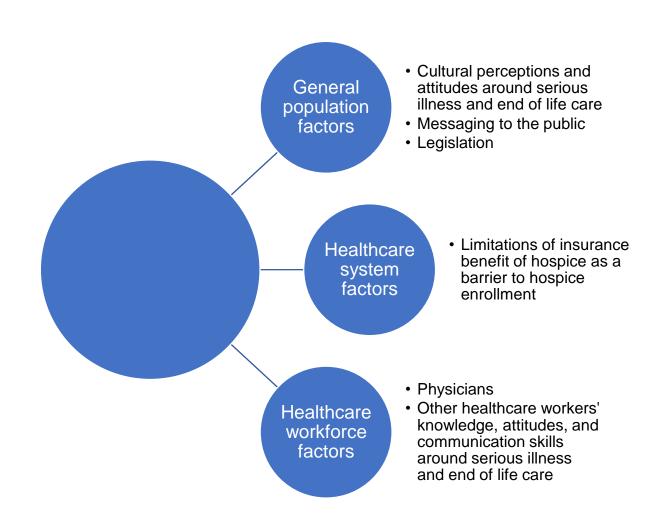
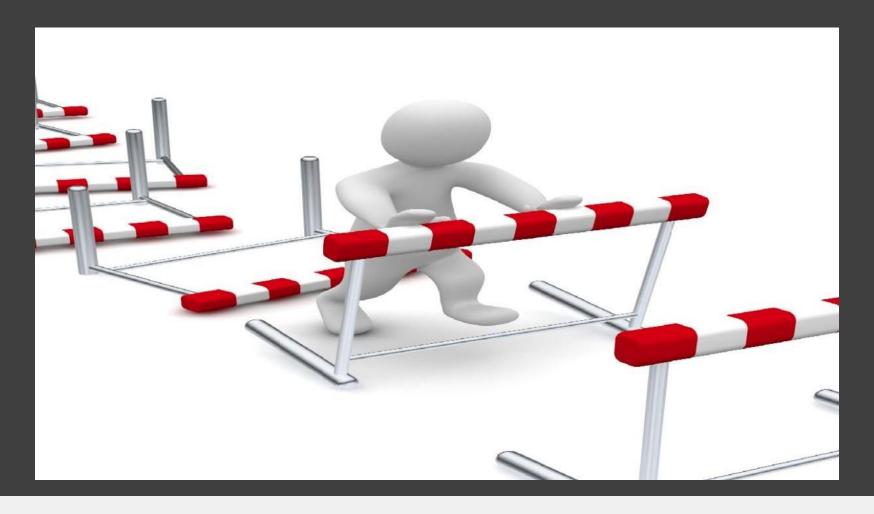


Expanding and improving palliative medicine in Nebraska





Physician Factors

- My hypothesis: physicians have the greatest influence on whether or not these conversations are happening and how they are had
- Rare formal training in end of life care, limited knowledge of hospice benefit, rare clinical experience with hospice
- Culture of "doing", perception of death as failure, worry of perception by peers if expressing doubts about benefits of medical interventions
- Binary thinking—sick/healthy; alive/dead--limited space for nuance, complexity, uncertainty
- · No practice in communication skills around serious illness



Goals of Formal Training in Palliative Medicine

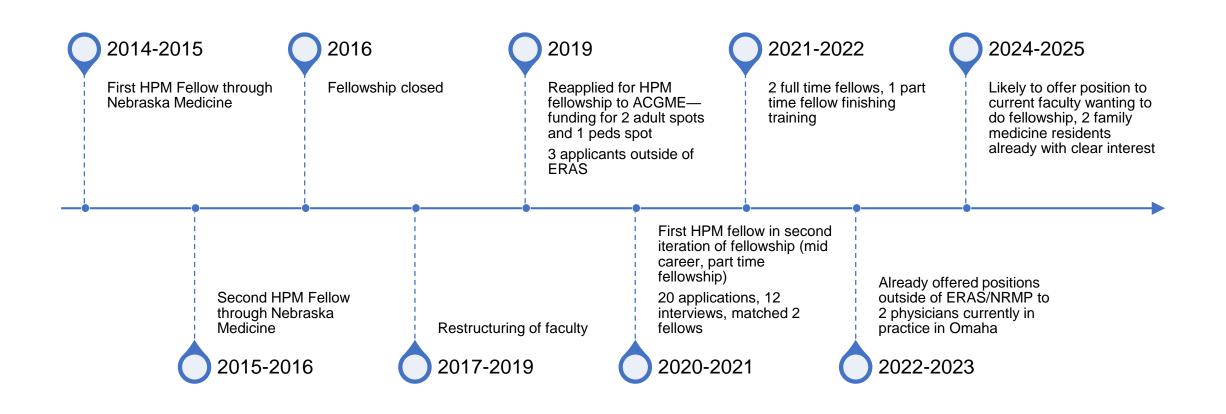
- 1. Expand the palliative medicine physician workforce
- 2. Increase primary palliative care educators
- 3. Train palliative medicine physicians in leadership skills to advocate at higher levels of health systems
- 4. Develop research

Aims of the fellowship

expert clinicians in team-based, whole-person symptom management;

expert communicators and educators in supporting patients, families, and colleagues;

and leaders within health systems with regards to navigating the complex course of serious illness at a local, regional, and national level.





Dr. Natalie Manley UNMC/ Hillcrest Hospice



Dr. Mandy Byers UNMC/ St. Jo Villa Nursing and Rehab Center



Dr. Lou Lukas The Nebraska-Western Iowa VA



Dr. Mel Teply UNMC/ Nebraska Medicine



Dr. Jayme Hoch UNMC/ Nebraska Medicine



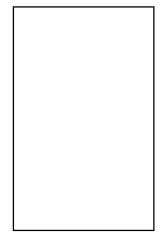
Dr. Pat Lloyd Children's Hospital and Medical Center



Dr. Betsy Mahal Fellow



Dr. Amanda Woodward Fellow



Dr. Shelby Hopp Fellow

Year at a Glance

- 6 months inpatient palliative medicine consults
 - 4 at VA
 - 2 at UNMC/Nebraska Medicine
- 2.5 months hospice experience with Hillcrest Hospice
- 3 weeks pediatric palliative care experience at Children's Hospital
- 2-3 weeks with acute/interventional pain service at UNMC/NMC
- 2 weeks with inpatient oncology consult team at UNMC/NMC
- 2-4 weeks of elective time
- Longitudinal palliative care clinic in the Buffett Cancer Center
- Longitudinal long term care experience at St. Jo Villa

Creighton University/CHI HPM Fellowship

- Plan to share didactic curriculum
- Build community for the small group of fellows
- Bridging connections across health systems



Future Short-Term Goals

- Train the backlog of physicians who have waited to do this fellowship but didn't want to move away from the area for a year
- Retain faculty to:
 - increase quality of fellowship training
 - increase visibility of the fellowship across the health system as a potential career
 - strengthen relationships with specialists as a gateway for culture change of current practices and primary palliative care education
- With increased visibility of the fellowship, anticipate a pipeline of medical trainees that wish to stay at UNMC to do this fellowship
- Increase fellow complement to be able to train fellows outside of the UNMC health system and hope to retain them in the region as palliative medicine providers
- Ongoing efforts to establish and expand education in primary palliative medicine skills
 - Vital Talk Train the Trainer within the next year

Future Long-Term Goals

- Standardizing training of palliative medicine workforce in Nebraska
- More robust primary palliative education in the undergraduate medical education setting
- More robust rotation experiences for learners, particularly residents and fellows
- CME courses on communication skills for providers currently in practice, eg Vital Talk workshops offered locally in Omaha

