

NEBRASKA DEPARTMENT OF HEALTH AND HUMAN SERVICES

# GUIDANCE DOCUMENT

“This guidance document is advisory in nature but is binding on an agency until amended by such agency. A guidance document does not include internal procedural documents that only affect the internal operations of the agency and does not impose additional requirements or penalties on regulated parties or include confidential information or rules and regulations made in accordance with the Nebraska Administrative Procedure Act. If you believe that this guidance document imposes additional requirements or penalties on regulated parties, you may request a review of the document.”

Pursuant to  
Neb. Rev. Stat. § 84-901.03

## **CPR TRAINING REQUIREMENTS FOR TITLE 391 CHILD CARE**

The American Heart Association (AHA) offers a Cardio Pulmonary Resuscitation (CPR) course titled “**CPR for Family and Friends**”. The Child Care Licensing Program has reviewed the outline and discussed the course objectives and target audience for this course with the American Heart Association and state and local Emergency Medical Services trainers/instructors. This particular course, “CPR for Family and Friends”, was designed to serve only as an orientation to CPR. Thus, it **does not meet the licensing regulations for Family Child Care Homes, Child Care Centers or Preschools that address CPR training.**

In addition, any information obtained on the internet regarding CPR training **does not** meet licensing standards.

The following American Heart Association CPR courses **do** meet the child care/preschool CPR training regulations: CPR in Schools, Mass CPR training, Heartsaver CPR, Healthcare Provider CPR, and BLS Instructor.

Please remember CPR Training must be obtained from an instructor certified by one of the following agencies. Contact the agency of your choice for a class schedule.

CPR Training for child care must include practice and testing with a mannequin. This is not available through on-line training. Just having the information about how to use the skills is not sufficient. You must practice and show competency that you know how to do the skills in the event of an emergency.

For a list of approved CPR go to the link below:

<http://dhhs.ne.gov/licensure/Documents/ApprovedCPRorgs.pdf>