

What is Parents as Teachers?

Parents as Teachers (PAT) is a voluntary, evidenced based, trauma informed home-visiting parent education model that teaches new and expectant parents skills intended to promote positive child development and prevent child maltreatment. PAT is designed so that it can assist diverse families with diverse needs.

Components of PAT Model

- Personal home visits
- Supportive group connection events
- Community resource networks
- Child health and developmental screenings

Goals/Outcomes

- Increase parent knowledge of early childhood development and positive parenting practices.
- Provide early detection of developmental delays and health issues.
- Strengthen community capacity and connectedness.
- Prevent child abuse and neglect.
- Increase children's school readiness and success.
- Improve maternal and child health.

Service Delivery

- Families can receive PAT prenatally until their child starts Kindergarten.
- Highly trained parent educators meet with families for one hour at a time weekly, biweekly, or monthly based on need.
- PAT occurs in the families home, but can also occur in community settings if needed.
- Parent educators are equipped with PAT curriculum and other tools to help educate and support families.

Target Population

- New and expectant parents: Prenatal-Kindergarten.
- PAT model is designed to be used in any community with any family.
- PAT programs target families in possible high risk environments: teen pregnancy/parents, low income, parental low educational attainment, history of substance abuse in family, and chronic health conditions

**PAT and Early Development Network (EDN) services are not the same and families may participate in both if they choose to.*