

What is the Young Parent Support Program?

Nebraska Children's Home Society (NCHS) offers this evidenced based, trauma informed, home-visiting parent education program that teaches new and expectant young parents skills intended to promote positive child development and prevent child maltreatment. The Young Parent Support Program follows the Parents as Teachers (PAT) model.

Components of Young Parent Support Program

- Personal home visits
- Parent/Child group connection events
- Family Literacy book lending program
- Community resource networks
- Child and parent health and developmental screenings

Goals/Outcomes

- Increase knowledge of early childhood development and positive parenting practices
- Provide early detection of developmental delays and health issues
- Strengthen community capacity and connectedness
- Prevent child abuse and neglect
- Increase children's school readiness and success
- Improve maternal and child health

Service Delivery

- Highly trained Family Resource Specialists provide three one-hour home visits each month until their child turns the age of three.
- When the child turns three, families are assisted with transitioning their child to a center based, early childhood setting, and home visits decrease to two per month.
- Families that have multiple children within the service age range receive planning, screening, and other services for each child-length of home visit would increase to 1.5 hours.
- Family Resource Specialists are equipped with PAT curriculum and other tools to help educate and support families.

Target Population

- Young adults 25 years old or younger who are pregnant and/or parenting a child under the age of three can enroll and can stay enrolled until their child reaches Kindergarten.