

# Community Health Hub



May 2018

**NEBRASKA**  
Good Life. Great Mission.  
DEPT. OF HEALTH AND HUMAN SERVICES

*Every Woman Matters*



NEBRASKA OFFICE OF WOMEN'S HEALTH

## Quick Links

[Every Woman Matters](#)

[Nebraska Colon Cancer Screening Program](#)

[Women's Health Initiatives](#)

[Community Health Worker Training](#)

[National Breast and Cervical Cancer Early Detection Program](#)

[Community Health Hub Web Page](#)

[Community Health Hub Manual](#)

[Med-It Data Entry Instructions](#)

[Encounter Registry Data Entry Instructions](#)

## REMINDER: Changes in Submitting Success Stories

**An email was sent out to all CHH on 4/10/18 with the information below:**

We've been collecting Success Stories the past 6+ months. You have been working directly with your TA on developing and submitting your success stories for approval prior to submitting online. While following this process we've learned along the way and we are now wanting to eliminate a few steps.

Starting, April 10, 2018:

- You will now submit your success story directly online and will not have to send your story to your TA first.
- Tracey Bonneau will work directly with CHH on changes and getting your stories web ready.

On [page 99 of the Health Hub Manual](#) you'll find information pertaining to the process for submitting your success stories.

## REQUIREMENT: 2 Success Stories Per Quarter

**Per your subaward, it is required that two success stories be submitted per quarter in place of quarterly reports.** By the end of the year (June 30, 2018) all CHH should have at least 6 stories submitted published on the Success Story website. We are only requiring 6 as subawards did not start officially until October this past year.

Success Stories are typically a normal change that we observe happening, policy passed, earned media, increase in number of people attending an event, or a blood pressure continues to go down because a client has continued to monitor their blood pressure through SMBP and you helped them set physical activity and healthy eating goals.

Success Stories are housed [here](#) for all to see. Take some time and review the stories to see what others are writing about. Take for instance the [Success Story from Public Health Solutions from 2016](#).

## REMINDER: Community Health Hub Website

The [Community Health Hub website](#) gets updated quite frequently. Be sure to check it out as often as you can.

If you want us to add other helpful information on the site be sure to let your TA know.

## REPORT: Heart Disease Death Rates Among Black and Whites Aged ≥35 Years

[Health Coaching  
Templates](#)

[Success Stories](#)

[Resources](#)

[Community Health Hub  
Contact Information](#)

Heart disease deaths have declined across the nation in the past 50 years, according to a recent *Morbidity and Mortality Weekly Report* (MMWR) released by CDC's Division for Heart Disease and Stroke Prevention. However, the report also highlights a troubling disparity: **Blacks and whites have not fared equally in many states and nationwide.**

The study, "*Heart Disease Death Rates Among Blacks and Whites Aged ≥35 Years - United States, 1968-2015*," found that blacks had smaller declines in heart disease deaths than whites. In 2015, heart disease death rates were 21% higher among black Americans than among white Americans. The majority of states had increases in black-white disparities in heart disease deaths over time.

Despite these significant disparities, the report revealed some signs of promise. Since 2005, the gap between blacks and whites has narrowed somewhat at the national level. This finding suggests that opportunities exist for prevention and treatment efforts to make significant progress in further reducing the disparity in heart disease death rates.

[Read the report here.](#)

## DID YOU KNOW?: Lifestyle Change Program to Prevent or Delay Diabetes

- The CDC-led [National Diabetes Prevention Program](#) includes the only lifestyle change program scientifically proven to help people make changes needed to prevent or delay type 2 diabetes.
- On April 1, 2018, the lifestyle change program will become a [covered benefit for Medicare beneficiaries](#) who [meet certain criteria](#).
- Healthcare providers can help patients prevent or delay type 2 diabetes by referring them to a CDC-recognized program [in their community or online](#).



## KUDOS: Southeast Public Health Department

Kudos this month goes out to Rosanne Bedea at Southeast Nebraska Public Health Department for their work this past month. They have done a great job picking good venues to reach our target population of women age 40-74. Rosanne has also done some great work around their health coaching activities and navigating clients in the Encounter Registry. Good Job Rosanne!!



## CHH UPDATE: Do you have something to contribute?

Do you have something that you would like to contribute to the monthly Community Health Hub Updates?

We strive to have the update in your email boxes during the first week of the month. If you have a submission or an idea please send them by the 2-3 week of the month to your TA or you can also contact Tracey Bonneau directly at [Tracey.Bonneau@nebraska.gov](mailto:Tracey.Bonneau@nebraska.gov).