

THE COMMUNITY GUIDE

How to Navigate the Site

A series of several parallel white lines of varying thicknesses, slanted diagonally from the bottom-left towards the top-right, located on the right side of the page.

- ▶ The Guide to Community Preventive Services (The Community Guide) is a collection of evidence-based findings of the Community Preventive Services Task Force (CPSTF). It is a resource to help you select interventions to improve health and prevent disease in your state, community, community organization, business, healthcare organization, or school.
- ▶ Community Guide reviews are designed to answer three questions:
 - ▶ What has worked for others and how well?
 - ▶ What might this intervention approach cost, and what am I likely to achieve through my investment?
 - ▶ What are the evidence gaps?
- ▶ The CPSTF issues findings based on systematic reviews of effectiveness and economic evidence that are conducted with a methodology developed by the Community Guide Branch.

ABOUT THE COMMUNITY GUIDE

- ▶ The CPSTF reviews intervention approaches across a wide range of health topics. Interventions are applicable to groups, communities, or other populations and include strategies such as healthcare system changes, public laws, workplace and school programs and policies, and community-based programs.
- ▶ All of the intervention approaches are intended to improve health directly; prevent or reduce risky behaviors, disease, injuries, complications, or detrimental environmental or social factors; or promote healthy behaviors and environments.
- ▶ The CPSTF was established by the U.S. Department of Health and Human Services (DHHS) in 1996 to develop guidance on which community-based health promotion and disease prevention intervention approaches work and which do not work, based on available scientific evidence. The Centers for Disease Control and Prevention (CDC) is the DHHS agency that provides the CPSTF with technical and administrative support.

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 - ▶ Implement Programs, Services, and Other Interventions
 - ▶ Develop Evidence-Based Policies
 - ▶ Prioritize Areas for Research
 - ▶ Educate Students and Others about Evidence-Based Public Health
 - ▶ Inform Funding Decisions and Fund Proposals
 - ▶ Learn how others have used The Community Guide across the United States

USING THE COMMUNITY GUIDE

HTTPS://WWW.THECOMMUNITYGUIDE.ORG/

Welcome to The Community Guide! Let us know what you think of the website by completing this [quick survey](#).

 **The Community Guide** [Login or Register](#)

Topics CPSTF Publications & Resources About GuideCompass

Search The Community Guide

Your online guide of what works to promote healthy communities [About the Guide >](#)

2017 Annual Report to Congress

Now Available! CPSTF 2017 Annual Report to Congress: Providing the Science to Support Military Readiness and Resilience. [Read the report >>](#)

Mobile Health Interventions Improve Adherence

Publication on Economic Methods

Explore Popular Features of The Community Guide



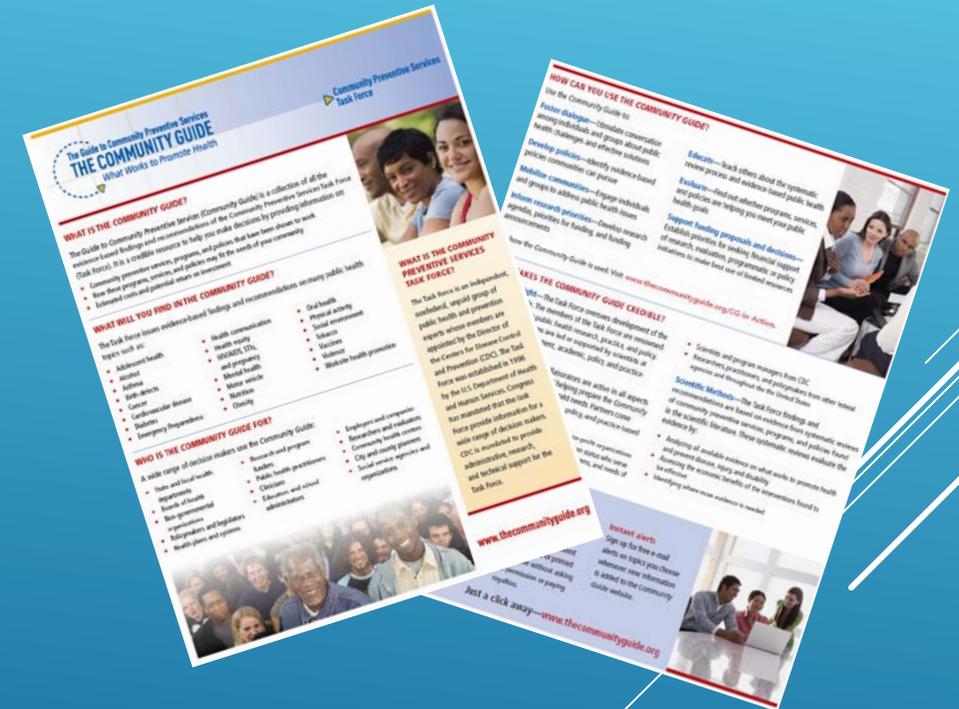
[Attend a Webinar](#)



[The Community Guide in Action:](#)



[Listen to the Experts](#)



▶ Create a User Profile

- ▶ A primary feature of the new site is the option to become a registered user. There is no cost and your information will not be shared or used to send unsolicited email notices. All you need is a valid email address, display name, and password.

▶ Why Become a Registered User?

- ▶ When you register, you can complete a user profile. This optional information is used to generate customized content. We'll point out resources we think you might like and share what users with similar profiles are reading.
- ▶ Registered users can also save search strategies and results, and bookmark favorite pages. This makes it easier to track your work and share information with others.

▶ Do I Have to Register?

- ▶ No. You are welcome to use the site without registering and you will have access to all the same information and resources.



The Community Guide

Display Name *

E-mail *

A valid e-mail address. All e-mails from the system will be sent to this address. The e-mail address is not made public and will only be used if you wish to receive a new password or wish to receive certain news or notifications by e-mail.

Password *

Confirm password *

To make your password compliant, it must be 8 or more characters in length and contain three of the following character types:

- Symbols
- Numbers
- Uppercase letters
- Lowercase letters

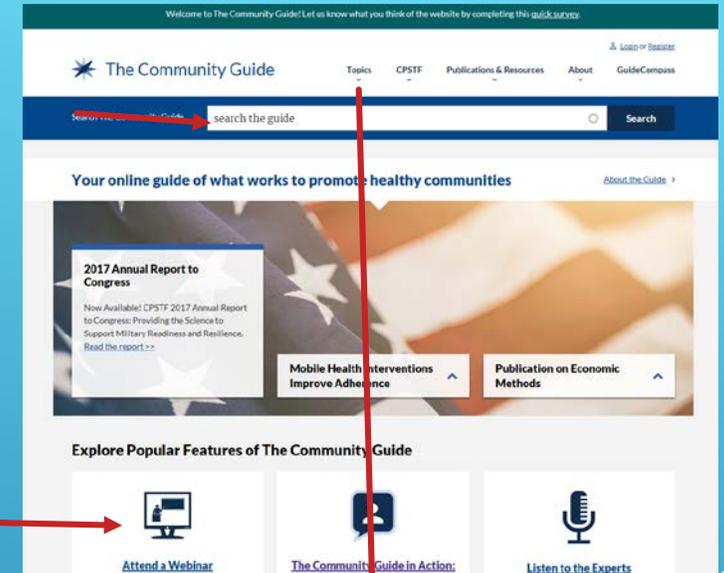
Provide a password for the new account in both fields.

HOW TO NAVIGATE THE SITE

▶ Find Information

▶ There are a few ways to get the information you want.

- ▶ Search – use the search box at the top of any page to find anything on the site
- ▶ Topics – use the drop down menu from the top of any page to see content about that topic
- ▶ Customized Content on the Homepage – content will change regularly to reflect what's new at The Community Guide as well as current trends. If you are logged in as a registered user, the homepage will display content based on your interests, preferences, and previously saved information. There are four types of customized content:
 - ▶ Most Viewed this Week - pages most often viewed by all users
 - ▶ Recently Modified – new or updated CPSTF findings and reviews, publications, and resources
 - ▶ You Might Like – items of possible interest based on your user profile (registered users only)
 - ▶ Users Like You Viewed – items frequently viewed by people with similar profiles (registered users only)



HOW TO NAVIGATE THE SITE

Search Filters displayed above the search results can be used to narrow your results. Drop down menus allow you to narrow results by the following:

- ▶ Topic
- ▶ Audience
- ▶ Setting
- ▶ CPSTF Finding
- ▶ Strategy

The search engine gives you results under five different tabs:

- ▶ All – every page on the site that matches your search term
- ▶ Systematic Reviews – evidence-based reviews and findings
- ▶ Tools – interactive materials to help assess, implement, evaluate
- ▶ In Action Stories – examples of how findings have been used
- ▶ Resources – information and promotional materials

The screenshot shows the 'The Community Guide' website interface. At the top, there is a navigation bar with 'The Community Guide' logo and links for 'Topics', 'CPSTF', 'Publications & Resources', 'About', and 'GuideCompass'. A search bar contains the text 'Breast Cancer' and a 'Search' button. Below the search bar, there is a 'Search Filters' section with five dropdown menus: 'Topics', 'Audience', 'Setting', 'Finding Type', and 'Strategy'. Below the filters, it says '152 results for "Breast Cancer"' and 'Display Results 10'. There are five tabs: 'All (152)', 'Systematic Reviews (101)', 'Tools (15)', 'In Action Stories (13)', and 'Resources (23)'. The 'All (152)' tab is selected. Below the tabs, there are three search results, each with a bookmark icon. The first result is 'Cancer Screening: Group Education for Clients - Breast Cancer', the second is 'Cancer Screening: Reducing Client Out-of-Pocket Costs - Breast Cancer', and the third is 'Cancer Screening: Reducing Structural Barriers for Clients - Breast Cancer'. Two red arrows point from the text on the left to the 'Topics' filter and the 'All (152)' tab.

HOW TO NAVIGATE THE SITE

- ▶ You can use standard search strategies to narrow your results. For example, search “breast cancer” or “car safety seat” for more specific results.
- ▶ How Do I Save My Search Results or find earlier search results?
 - ▶ Registered users can click on the “Save Search” button to save search results (with any selected filters). Registered users may access saved searches through the user profile.

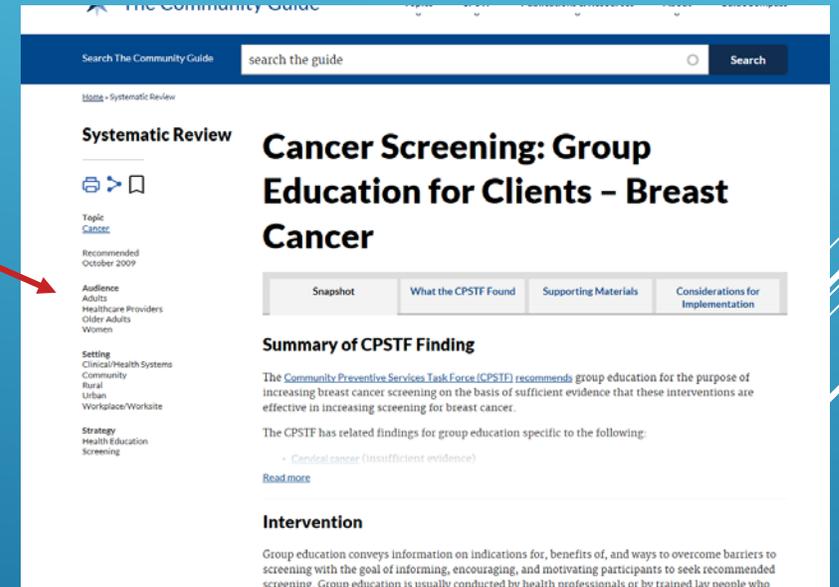
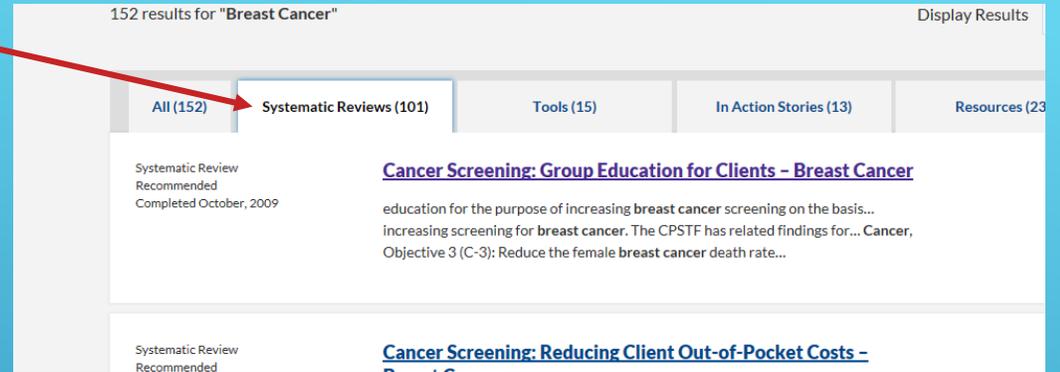
The screenshot shows the 'The Community Guide' website interface. At the top, there is a navigation bar with the site logo and links for 'Topics', 'CPSTF', 'Publications & Resources', 'About', and 'GuideCompass'. A search bar is located below the navigation bar, containing the text 'Breast Cancer'. Below the search bar, there are 'Search Filters' for 'Topics', 'Audience', 'Setting', 'Finding Type', and 'Strategy'. The search results section shows '152 results for "Breast Cancer"' and a 'Display Results' dropdown set to '10'. The results are categorized into 'All (152)', 'Systematic Reviews (101)', 'Tools (15)', 'In Action Stories (13)', and 'Resources (23)'. Three results are visible, each with a bookmark icon:

- Cancer Screening: Group Education for Clients – Breast Cancer**
education for the purpose of increasing breast cancer screening on the basis... increasing screening for breast cancer. The CPSTF has related findings for... Cancer, Objective 3 (C-3): Reduce the female breast cancer death rate...
- Cancer Screening: Reducing Client Out-of-Pocket Costs – Breast Cancer**
client out-of-pocket costs for breast cancer screening on the basis of... sufficient evidence of effectiveness in increasing screening for breast cancer... that reduce out-of-pocket costs to increase breast cancer screening...
- Cancer Screening: Reducing Structural Barriers for Clients – Breast Cancer**

HOW TO NAVIGATE THE SITE

Learn About Systematic Reviews

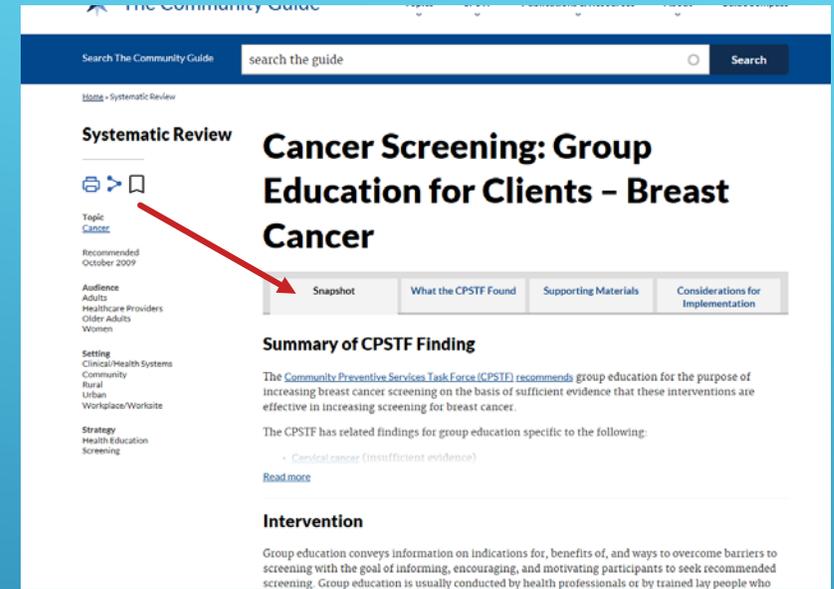
- ▶ When you click on a systematic review, you will be directed to a page that tells you the CPSTF finding, summarizes the evidence, and links you to more information.
- ▶ Along the **left side of the page** you'll find the following:
 - ▶ Topic
 - ▶ CPSTF finding
 - ▶ Date of the finding
 - ▶ Key characteristics of the intervention strategy, including target audiences, settings, and applied strategies



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▶ In the **center of the page**, information is presented under four tabs:

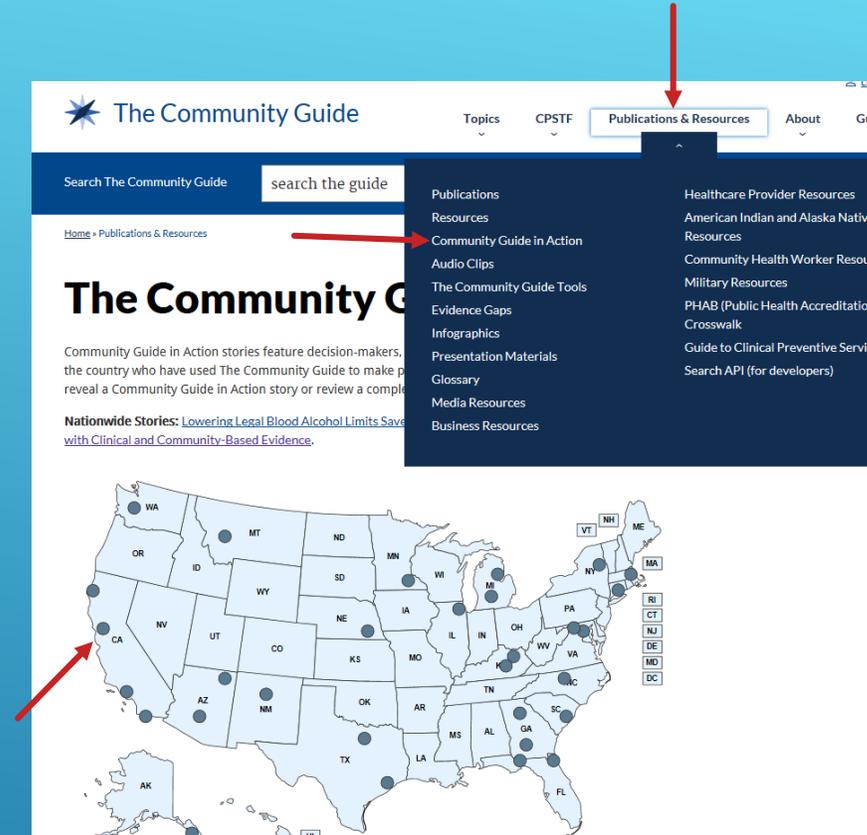
- ▶ Snapshot – summaries of the CPSTF finding and intervention definition, and links to the full CPSTF Finding and Rationale Statement as well as any available promotional materials
- ▶ What the Task Force Found – information about the review, effectiveness and economic evidence, evidence gaps, applicability, and study characteristics, and links to available publications
- ▶ Supporting Materials – evidence tables, lists of included studies, search strategies, and references
- ▶ Considerations for Implementation – information to consider when planning to implement this type of intervention



HOW TO NAVIGATE THE SITE

Learn how others have used The Community Guide across the United States:

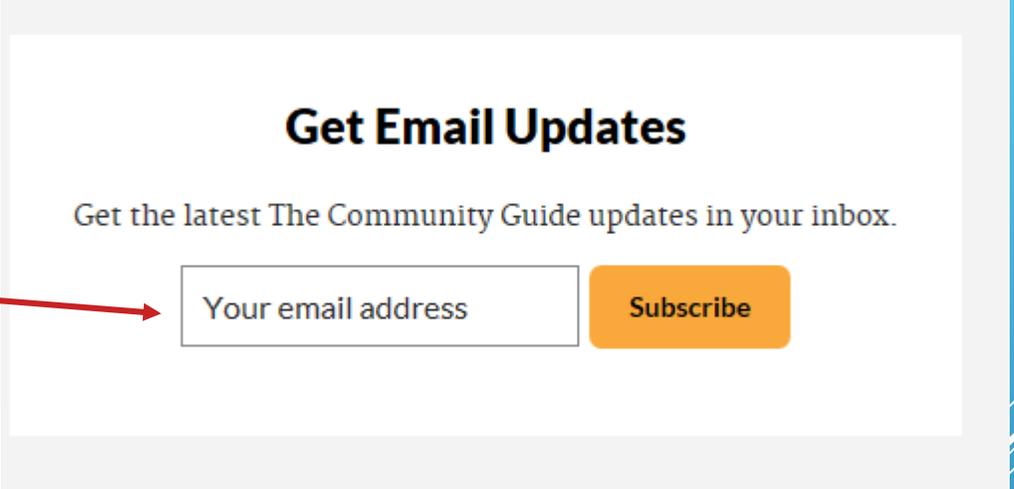
- ▶ Click on Publications & Resources
- ▶ Select Community Guide in Action
- ▶ Select a dot on the map of the US to learn how others have used the Guide



HOW TO NAVIGATE THE SITE

Get Email Updates:

- ▶ At the bottom of the site you can enter your email address in order to subscribe to receive updates.
- ▶ Once you enter your email address it will ask you what other subscription topics you'd like receive updates on. Information may include webinars, new studies, etc.



The screenshot shows a white rectangular form with a light gray border. At the top, the text "Get Email Updates" is centered in a bold, black font. Below this, the text "Get the latest The Community Guide updates in your inbox." is centered in a smaller, regular black font. At the bottom of the form, there is a white input field with a thin gray border containing the placeholder text "Your email address". To the right of the input field is an orange button with rounded corners and the text "Subscribe" in white. A red arrow points from the left side of the form to the input field.

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