

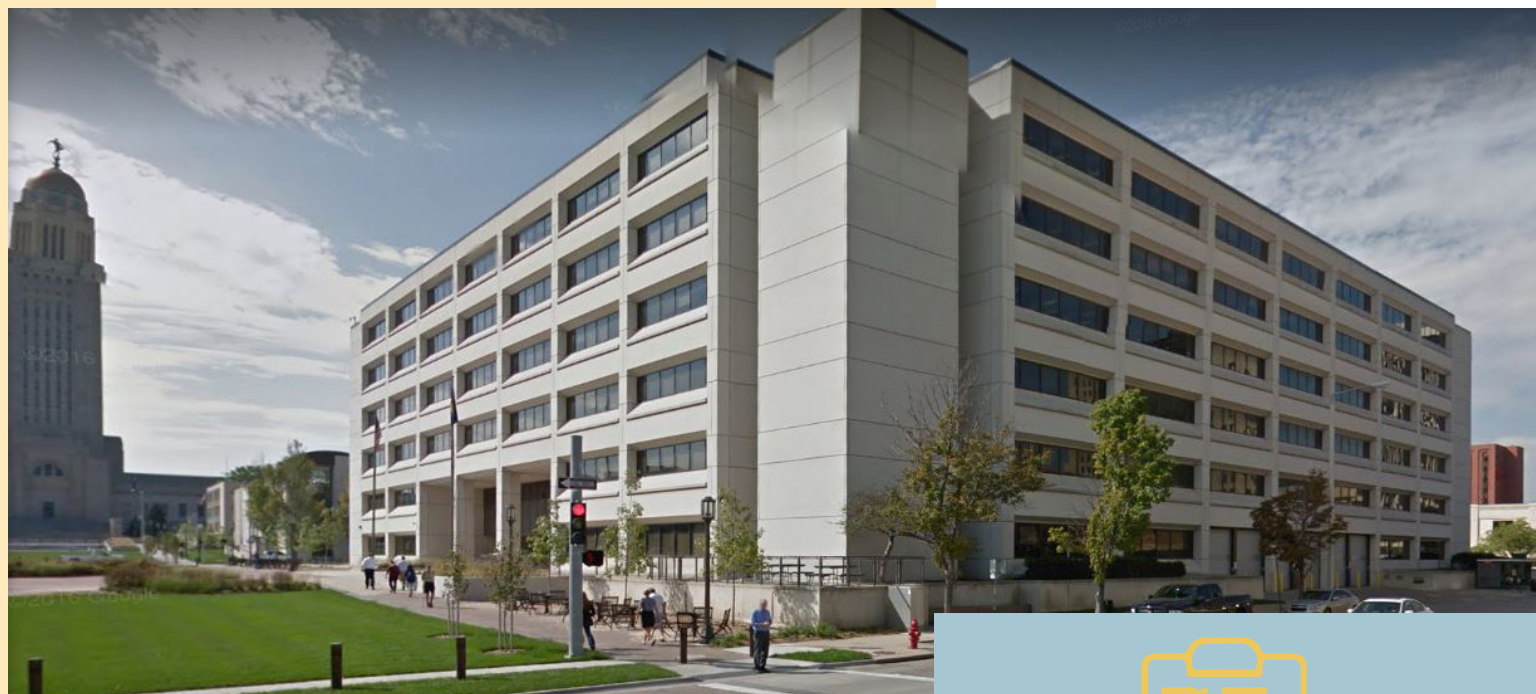
SUICIDE PREVENTION NEWSLETTER

Quarterly Newsletter

NEBRASKA

Good Life. Great Mission.

Issue #4
4th Quarter - 2024

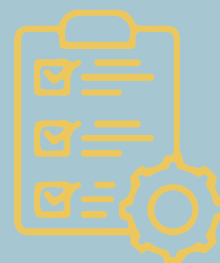


Current Endeavors

Welcome to the fourth-quarter edition of the Nebraska Violent Death Reporting System (NEVDRS) newsletter for 2024! We are excited to share updates on the 2022 NEVDRS data, which is being used in efforts to prevent suicide and promote mental health in Nebraska. This 2022 have propelled significant progress in analyses and initiatives, providing our community partners with insights into violent deaths to support data-informed decisions and targeted interventions.

As always, NEVDRS collaborates closely with law enforcement, coroners, and other essential partners to ensure that the data we collect is comprehensive and accurate. Our commitment to confidentiality and integrity remains at the core of our efforts, ensuring that each step we take respects the memory of those impacted by violent deaths.

In this issue, we're highlighting impactful work in suicide prevention and mental health promotion across Nebraska, enabled by the dedication of our partners and community members. Together, we're advancing toward a safer and healthier Nebraska. Thank you for your continued support, and we look forward to driving these vital initiatives forward.



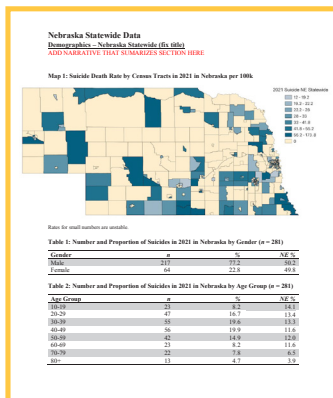
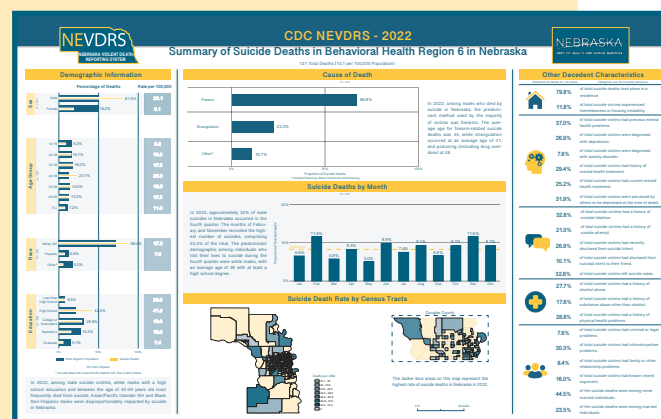
List of Projects

We updated our website with the most recent NEVDRS data. This update will support ongoing projects and provide our audience with timely, relevant information for informed decision-making.

- 2022 Factsheets
- 2022 Special topics factsheets
- Finalizing Annual Reports
- Finalizing the data dashboard
- Ongoing collaboration partner and data request fulfillment, as requested.

Factsheets

We completed the 2022 Suicide Factsheets for Nebraska statewide and for Behavioral Regions 1 through 6, along with the 2022 Homicide Factsheets and the 2022 Factsheets for Unintentional and Undetermined In-tent Drug Overdose Deaths in Nebraska. These resources provide valuable insights tailored to specific regions and causes, helping to inform targeted prevention efforts across the state.



Annual Frameworks

We are currently developing our 2022 Annual Framework, a comprehensive document that provides an in-depth analysis of suicide deaths in Nebraska. To enhance these reports, we are incorporating additional statistical analyses to deepen our insights. The finalized reports are expected to be ready by mid-2025.

Data Dashboards

We have enhanced our interactive suicide data dashboard to provide essential demographic information, including gender, age groups, educational attainment, race and ethnicity, and methods of suicide. Additionally, we are updating the dashboard to include demographic-specific death rates per 100,000, offering deeper insights into the impact of suicide across various population groups.



NEVDRS Dashboard



[Click Here](#)

Suicide Dashboard



[Click Here](#)

Our Data Endeavors

Our team is currently planning the 2025 Medicolegal Death Investigation Conference, which will be held in mid-July in Omaha. This two-day event will feature local, regional, and national experts, offering high-quality training in death investigation for Nebraska law enforcement professionals and county attorneys. If you have any questions, please contact Ashley Miller at (ashley.m.miller@nebraska.gov).

- Would you like to join our mailing list? Click [here](#)
- Data to action is a critical component of our work. How have you used NEVDRS/SUDORS data? Click [here](#)

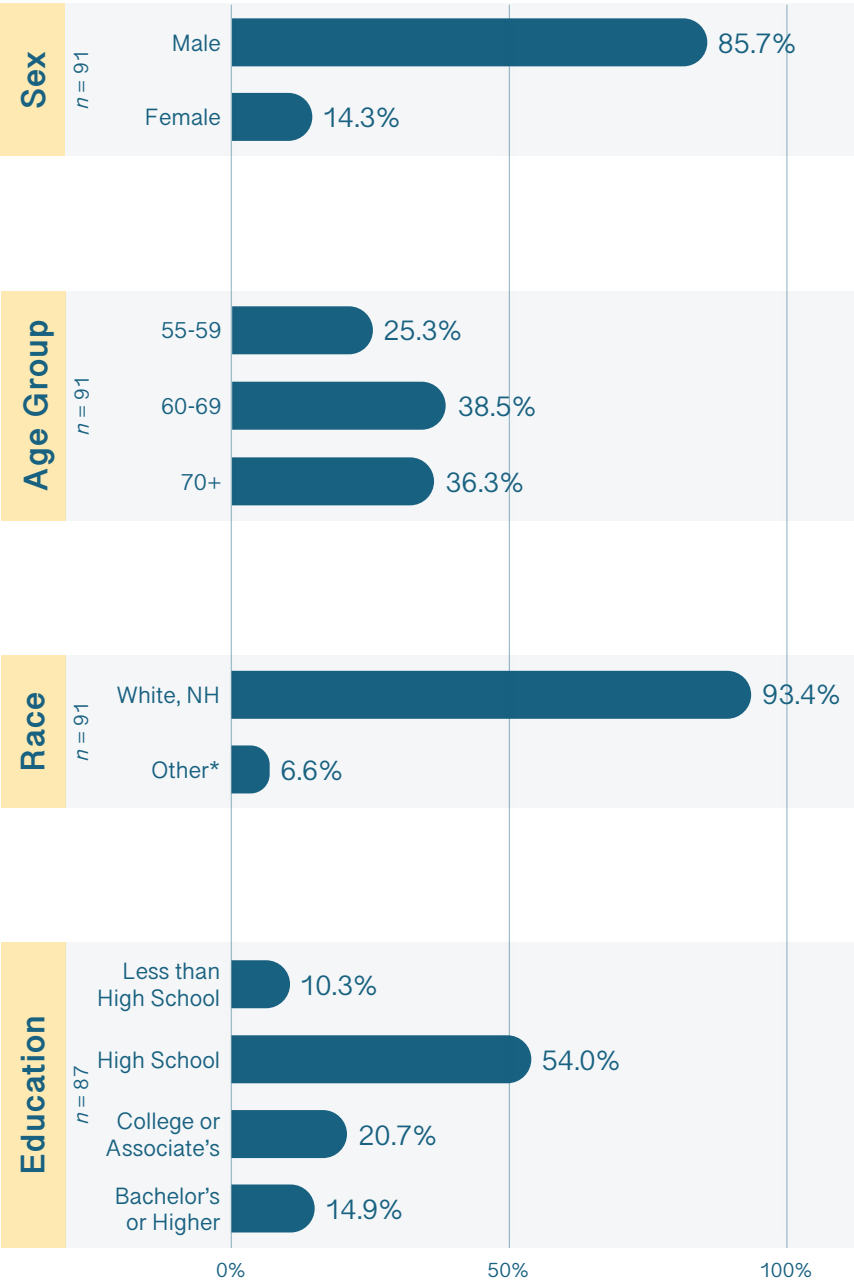
Suicides Among Individuals Aged 55 and Older in Nebraska in 2022

In this quarter’s issue, we’re focusing on suicide among individuals aged 55 and older. Research has shown a potential link between older adults and increased mental health challenges during the winter months, as shorter days and colder weather can contribute to feelings of isolation and depression. By examining suicide trends in this age group, we aim to provide insights and resources that can help address these unique seasonal challenges and support prevention efforts.

Demographic Information

n=91

Percentage of Deaths



* Includes: Hispanic, Black NH, American Indian/Native Alaskan NH, Two or More Races

NH = Non-Hispanic

Suicide Death Rate Among Individuals Aged 55 and Older

In 2022, 55 years old or older suicide victims were predominantly white males with at least a High School education in Nebraska.

In 2022, among individuals aged 55 and older who died by suicide, the average age was 68 for males and 62 for females, with an over-all average age of 67 for this age group.

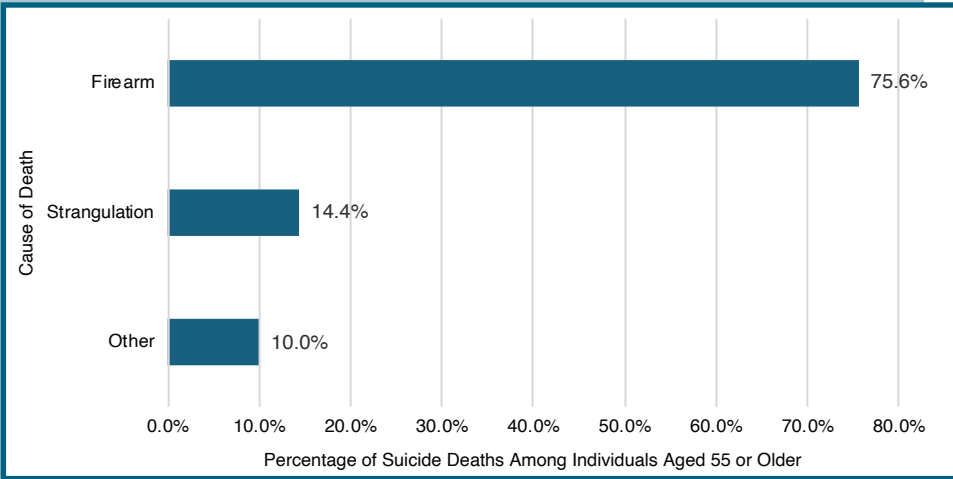
In 2022, among individuals aged 55 or older who died by suicide, the average age was 68 for White, non-Hispanic individuals and 62 for individuals of other races. Hispanic females had the youngest average age, at 55, while White males had the highest average age at 68.

In 2022, the average years of education among suicide victims aged 55 or older varied significantly across genders and races. 93% of individuals with at least a bachelor's degree or higher educational attainment were White, non-Hispanic males.

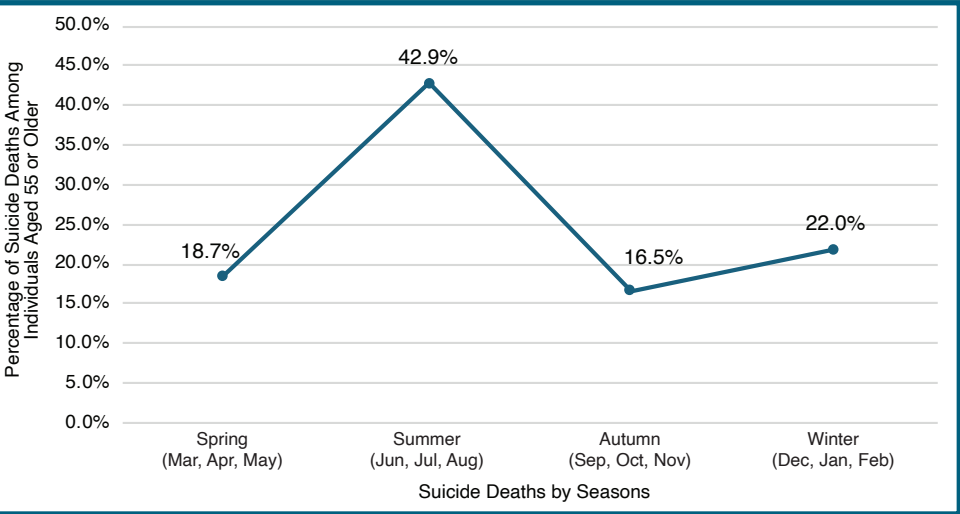
Cause of Death

n=90

In 2022, firearms were the most common method of suicide among individuals aged 55 or older for both males and females. Among males, strangulation was the second most common method, with an average age of 66, while among females, poisoning ranked second, with an average age of 60.



* Includes: Poisoning, Sharp Instrument, Fire or Burns

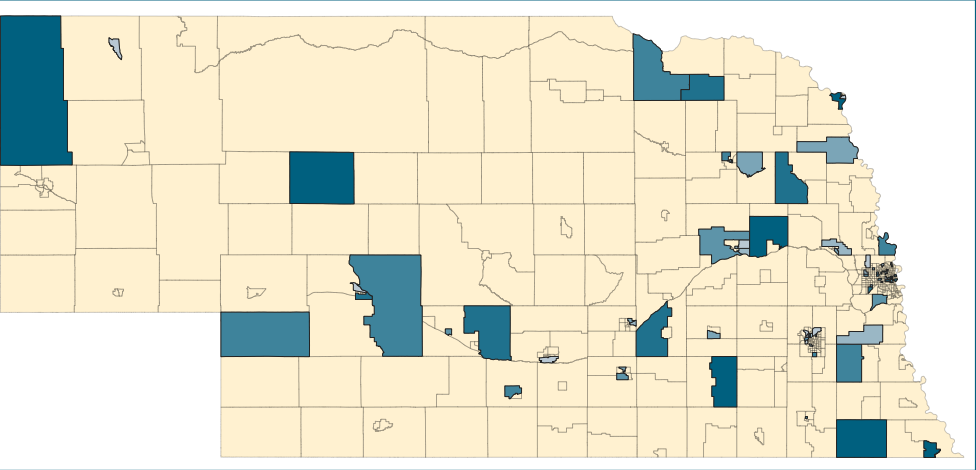


Suicide Deaths by Bi-Month

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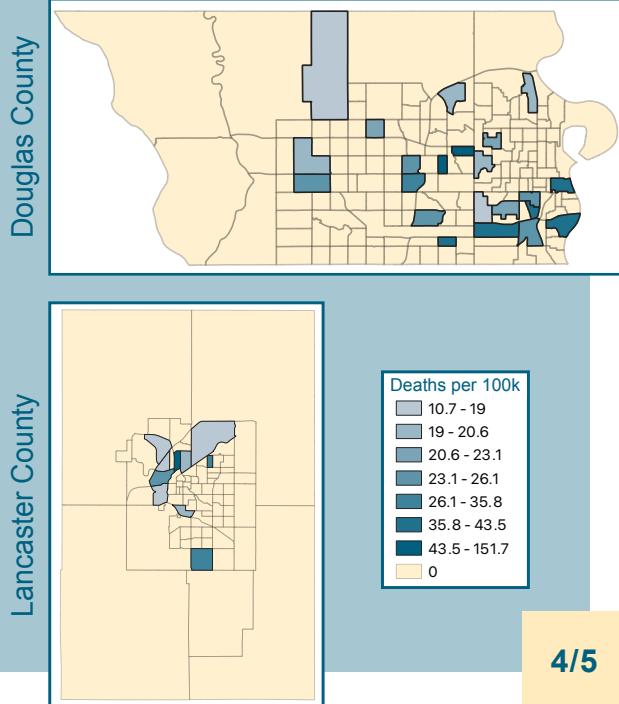
In 2022, approximately 30.8% of suicides among individuals aged 55 or older in Nebraska occurred in the second quarter, with May and June recording the highest number, accounting for 23.1% of the total. The predominant demographic during these months was white males, with an average age of 68.

Suicide Death Rate by Census Tracts








The darker blue areas on this map represent the highest rates of suicide deaths among individuals aged 55 or older in Nebraska in 2022.

Due to small numbers, rates may be unstable.



Suicide Decedent Characteristics Among Individuals Aged 55 and Older

Data reflects 100 suicide deaths among individuals aged 55 and older in 2022. Note that categories are not mutually exclusive.

	<div><div></div><div>81.8%</div></div>	of suicide deaths took place in a residence.
	<div><div></div><div>40.9%</div></div>	of suicide victims had previous mental health problems.
	<div><div></div><div>33.0%</div></div>	of suicide victims were diagnosed with depression.
	<div><div></div><div>6.8%</div></div>	of suicide victims were diagnosed with anxiety disorder.
	<div><div></div><div>25.0%</div></div>	of suicide victims had history of mental health treatment.
	<div><div></div><div>21.6%</div></div>	of suicide victims had current mental health treatment.
	<div><div></div><div>52.3%</div></div>	of suicide victims were perceived by others to be depressed at the time of death.
	<div><div></div><div>23.9%</div></div>	of suicide victims had a history of suicidal ideation.
	<div><div></div><div>12.5%</div></div>	of suicide victims had a history of suicide attempt.
	<div><div></div><div>19.3%</div></div>	of suicide victims had recently disclosed their suicidal intent.
	<div><div></div><div>10.2%</div></div>	of suicide victims had disclosed their suicidal intent to their family member.
	<div><div></div><div>42.0%</div></div>	of suicide victims left suicide notes.
	<div><div></div><div>13.6%</div></div>	of suicide victims had a history of alcohol abuse.
	<div><div></div><div>8.0%</div></div>	of suicide victims had a history of substance abuse other than alcohol.
	<div><div></div><div>53.6%</div></div>	of suicide victims had a history of physical health problems.
	<div><div></div><div>11.4%</div></div>	of suicide victims had intimate partner problems.
	<div><div></div><div>8.0%</div></div>	of suicide victims had family or other relationship problems.
	<div><div></div><div>8.0%</div></div>	of suicide victims had known recent argument.
	<div><div></div><div>34.1%</div></div>	of suicide deaths were among never married individuals.
	<div><div></div><div>29.5%</div></div>	of suicide deaths were among divorced individuals.