

# NEW UPDATE

## Community Health Hub Update

September 2020



*Every Woman Matters*



NEBRASKA OFFICE OF WOMEN'S HEALTH

### Quick Links

[Every Woman Matters](#)

[Nebraska Colon Cancer Screening Program](#)

[Women's Health Initiatives](#)  
[Community Health Worker Training](#)

[National Breast and Cervical Cancer Early Detection Program](#)

On the [Community Health Hub Web Page](#) you'll find tabs that give you important information. The page is divided this way so that you can easily find what you're needing.

### TRAINING OPPORTUNITY: Motivational Interviewing 2.0

In response to feedback that was received on a recent survey, Every Woman Matters/WISEWOMAN will be providing an upcoming training opportunity around additional Motivational Interviewing techniques.

Kara Meisinger will be providing a Motivational Interviewing 2.0 to go above and beyond what she has already presented to CHH's through the Community Health Worker course training in the past.



There will be two sessions provided which will build upon one another. Please save the following two dates:

- **Part I: Tuesday, September 29th 1:00 - 2:30 p.m.**  
Zoom link will be sent out to all Health Hubs.  
\*Please let your TA know who will be attending from your CHH.
- **Part II: Thursday, October 8th 1:00 - 2:30 p.m.**  
Zoom link will be sent out to all Health Hubs.  
\*Please let your TA know who will be attending from your CHH.

#### What you will experience and learn by joining:

- \* Role play with feedback
- \* Development of motivational interviewing script ideas
- \* Identification of steps for client engagement
- \* Engagement ideas around worksite wellness
- \* Program resources (virtual classes, reimbursement, incentives)
- \* Networking and questions and answers from other CHH's

### HEALTH COACHING: Douglas County Update

Since March 2020, our program staff have been working on the Douglas County health coaching list as there currently is not a CHH that covers Douglas County.

In addition to Douglas County, internally we have added health coaching

responsibilities within our program to cover other parts of the state that currently do not have a CHH. These areas are: Two Rivers, Four Corners, Loup Basin and Dakota County. We first reach out to clients via mail. Clients then indicate their preference of how they wish to be contacted by marking and sending us back the letter. Clients mark either by email, phone or text as to their preferred method of contact.

## UPDATE: Community Venue Work

Due to the pandemic, the program is still not approving any community venue work across the state. We are seeing a little bit of navigation activity in those CHH's who currently have a Collaborative Impact Project or have their local health department as a monthly venue. They are able to identify women within our target age parameters and provide health coaching and/or navigation assistance to help these women complete their mammogram and/or Pap.

## TRAINING: Community Health Worker Course

The Fall 2020 Community Health Worker Course started the week of August 10th. There are opportunities for CHHs to attend trainings virtually utilizing the Zoom platform.

Upcoming virtual training opportunities for CHH staff through the DHHS Community Health Worker Health Navigation course are as follows:

### **Tuesday, September 22 - 10:00 am - 12:00 pm:**

Mentor Nebraska will be covering Trauma 101 (*this session was recorded for those that missed it*)

### **Monday, September 28 - 9:00 am - 12:00 pm:**

Leading Authentically Parts I & II will feature Dr. Helen Fagan, PhD

### **Tuesday, September 29 - 9:00 am - 12:00 pm:**

Cultural Competency by the Office of Health Equities and Disparities

For more information on these trainings, please reach out to Natalie Kingston at 402-471-0568 or [Natalie.Kingston@nebraska.gov](mailto:Natalie.Kingston@nebraska.gov).

## NEW: Medicaid Expansion Update

When mailing out our program rescreening packets this past month we have including information for clients on Medicaid Expansion. EWM is letting them know that Medicaid Expansion started enrollment for expansion services on August 1 with coverage starting October 1.

More information regarding Medicaid Expansion can be found [here](#).

Currently, Medicaid provides coverage for the following groups: low-income children and some of their parents; pregnant women; certain low-income seniors and some individuals with disabilities who are under age 65. Medicaid Expansion means that Nebraska residents, ages 19-64, whose income is at or below 138% of the federal poverty level (for 2020, this is an annual income of \$17,609 for a single person and \$36,156 for a household of four) will be eligible to apply for expanded coverage.

Medicaid Expansion materials are included in the packets. These materials include:

[Flyer \(English\)](#) || [Flyer \(Spanish\)](#)  
[Fact Sheet \(English\)](#) || [Fact Sheet \(Spanish\)](#)  
[Beneficiary FAQ \(English\)](#) || [Beneficiary \(Spanish\)](#)



### Heritage Health Adult Expansion

Medicaid healthcare coverage for lower income 19-64 year olds

Applications  
accepted  
starting:  
August 1, 2020

Coverage  
starts:  
October 1, 2020

Apply online at:  
[www.accessnebraska.ne.gov](http://www.accessnebraska.ne.gov)

Toll Free: 855-632-7633  
Lincoln Local Calls: 402-473-7000  
Omaha Local Calls: 402-595-1178  
TDD: 402-471-7256

NEBRASKA  
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www.nebraska.gov

NEBRASKA  
HEALTH  
HERITAGE ADULT EXPANSION

**EWM Program workflow:** If someone returns a Healthy Lifestyle Questionnaire to the EWM central office, we will assess if they are eligible for Medicaid Expansion. If they are 19-64 and have an income of 0-138%, the program will be sending out a screening card along with additional expansion education, and a 1/2 sheet attached to the screening card. (please see [example of program workflow](#))

The 1/2 sheet lets clients know that based on the information they provided on the HLQ, they may be eligible to apply for expansion services. If they are choosing expansion services we are requesting that they send us back the screening card. If clients choose to continue to utilize EWM services, that will be up to the individual as it will be their choice.

If clients do decide to enroll in Medicaid Expansion we are letting them know that they may still be eligible for health coaching and lifestyle programming. More details will follow of how this will work as it will be discussed and sent out in October.

### **FUNDING UPDATE:** BCCEDP Grant, CRC Grant, and WISEWOMAN Grant

As you all may know, our program funding is through different funding streams. We receive funds through the National Breast and Cervical Cancer Early Detection Program, the Colorectal Cancer Program and WISEWOMAN.

Each year we need to either write a continuing application or competitive application in order to continue program activities. We are happy to announce that the program has received funding from all three programs. There were some cuts to the budget and adjustments have been made appropriately.

### **RESOURCE:** CPSTF Recommends Interventions that Engage CHWs to Increase Cancer Screening

The Community Preventive Services Task Force (CPSTF) recommends interventions that engage community health workers to increase screening for [breast](#), [cervical](#), or [colorectal](#) cancer. Systematic reviews of all available evidence reported effectiveness for interventions engaging community health workers independently or as part of a team.

Systematic reviews of economic evidence showed these interventions were cost-effective for cervical and colorectal cancer. There was not enough evidence to determine cost-effectiveness for breast cancer interventions.

These interventions typically are implemented in underserved communities to improve health and can enhance health equity.

Interventions that engage community health workers to increase cancer screening implement on or more [interventions reviewed by the CPSTF](#) to do the following:

- Increase demand for screening services using group education, one-on-one education, client reminders, or small media
- Improve access to screening services by reducing structural barriers

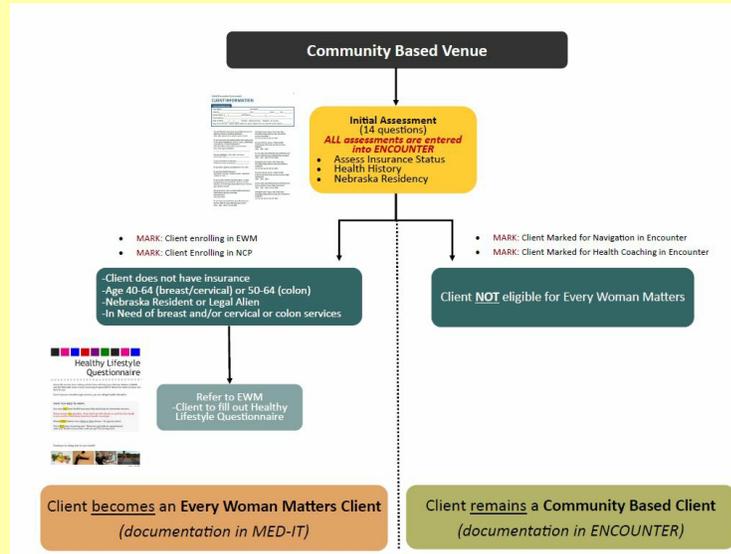
#### **One Page Articles:**

- [Increasing Appropriate Breast Cancer Screening: Interventions Engaging Community Health Workers](#)
- [Increasing Appropriate Cervical Cancer Screening: Interventions Engaging Community Health Workers](#)

- [Colorectal Cancer Screening: Interventions Engaging Community Health Workers](#)

## RESOURCES: Navigation Pathway

There is a new Community Health Hub pathway which shows the pathway a potential client would take based upon meeting them at a community based venue.



## RESOURCES: Updated Tobacco Free Nebraska Materials

Three infographics and one fact sheet have been updated and are available on the [Tobacco Free Nebraska website](#) under the Understand the Burden of Tobacco section.

- [What's Tobacco Costing Nebraska](#)
- [Youth Tobacco Use in Nebraska](#)
- [Going Smokefree in Your Home](#)
- [Nebraska Tobacco Facts - fact sheet](#)



## RESOURCES: Pfizer RxPathways

Pfizer introduced a new program this year called RxPathways. The program connects eligible patients to a range of assistance programs that offer insurance support, co-pay assistance, and medicines for free or at a savings. For more information on the RxPathways program go to: [www.pfizerRxpathways.com](http://www.pfizerRxpathways.com) or call 1-844-989-PATH (7284).

One such program under the RxPathways is PAP Connect. PAP Connect is a new tool that provides patients and their healthcare providers with online access to the Pfizer Patient Assistance Program. You can access PAP Connect at [www.pfizerpapconnect.com](http://www.pfizerpapconnect.com). The program is a simple tool that enables patients and prescribers to:

- Start and complete an enrollment
- Request a refill for their PAP medications
- Check on the status of a Pap medication shipment or enrollment
- Receive important alerts and program updates in real time

## CHH UPDATE: Do you have something to contribute?

Do you have something that you would like to contribute to the quarterly Community Health Hub Updates?

We continually strive to have the CHH Update in your email boxes on quarterly basis. If you have a submission or an idea please send them to your TA or you can also contact Tracey Bonneau at 402-471-2922 or at [Tracey.Bonneau@nebraska.gov](mailto:Tracey.Bonneau@nebraska.gov).