

With the SNAP Healthy Choice Waiver in effect, certain products may not clearly meet eligibility or ineligibility criteria. The purpose of this document is to outline examples of such items to support consistent decision-making. This document does not include every possible product and should not be considered exhaustive.

## Product Comparisons

Ineligible	Eligible
<p>1. Tea with added stimulants</p> 	<p>Unsweetened or sweetened teas without added stimulants</p> 
<p>2. Coffee drinks with additional stimulants</p> 	<p>Coffee drinks that ONLY contain caffeine directly from the brewing of coffee/espresso</p> 
<p>3. Prebiotic and probiotic Sodas</p> 	<p>Sparkling waters/Real fruit sodas</p> 
<p>4. Kombucha with added carbonated water, sweeteners, and/or stimulants</p> 	<p>Kombucha that is naturally carbonated (through fermentation) with no added stimulants</p> 

## Explanations

For all the comparisons above, please go to <https://dhhs.ne.gov/Pages/Healthy-Choices-Waiver.aspx> for more information. The [SNAP Healthy Choice Waiver Product Matrix](#) may be particularly useful. See the “Definitions” page within the product matrix to see more extensive lists of added sugars, sweeteners, and stimulants.

**Example 1:** An example of an ineligible product in this scenario would be a non-carbonated tea beverage that contains caffeine from the natural brewing process of green tea, but also contains any stimulant. Examples of stimulants would be ginseng, guarana, or “added” caffeine (see product matrix for a more extensive list). An example of an eligible product would be a tea beverage that contains caffeine ONLY from the brewing of tea with no other added stimulants. The eligible tea product in this scenario could be sweetened or unsweetened because it is not carbonated.

**Example 2:** An example of an ineligible product in this scenario would be a coffee/espresso beverage that contains caffeine from the natural brewing of coffee in addition to any other stimulant such as “added” caffeine, guarana, ginseng, or others (see product matrix for a more comprehensive list). An example of an eligible product would be a coffee/espresso beverage that ONLY contains caffeine from the brewing of the coffee/espresso with no additional stimulant. The eligible coffee product could be sweetened or unsweetened because it is not carbonated.

**Example 3:** An example of an ineligible product in this scenario would be a carbonated beverage that contains any added sweetener. Examples of sweeteners could include, but are not limited to, stevia, cassava root syrup, or cane sugar (see product matrix for a more comprehensive list). An example of an eligible product would be a carbonated beverage that does not contain any added sugars or artificial sweeteners (see product matrix for examples). 100% fruit juice and fruit purees are not considered “sweeteners.”

**Example 4:** An example of an ineligible product in this scenario would be a kombucha product that contains any added stimulant that is not from the natural brewing of tea OR a kombucha product that has carbonated water on the ingredient list in addition to any added sugar (not involved in the fermentation process) or artificial sweeteners. An example of an eligible product would be a kombucha beverage that is carbonated only by way of fermentation and does not contain any additional stimulants other than caffeine from brewed tea.