

With the SNAP Healthy Choice Waiver in effect, certain products may not clearly meet eligibility or ineligibility criteria. The purpose of this document is to outline examples of such items to support consistent decision-making. This document does not include every possible product and should not be considered exhaustive.

## Product Comparisons

	Ineligible		Eligible	
	Product Description	Sample Label	Product Description	Sample Label
1.	Tea with added stimulants	INGREDIENTS: PREMIUM BREWED BLEND OF GREEN TEAS USING FILTERED WATER, HIGH FRUCTOSE CORN SYRUP (GLUCOSE-FRUCTOSE SYRUP), HONEY, CITRIC ACID, NATURAL FLAVORS, GINSENG ROOT EXTRACT, ASCORBIC ACID (VITAMIN C).	Unsweetened or sweetened teas without added stimulants	BREWED BLACK TEA*, SUGAR, CITRIC ACID, NATURAL FLAVOR, CITRUS PECTIN.
2.	Coffee drinks with additional stimulants	INGREDIENTS: COFFEE (WATER, COFFEE**), SUGAR, CREAM, SKIM MILK, CONTAINS 2% OR LESS OF: PECTIN, SALT, GINSENG EXTRACT, NATURAL FLAVOR, COFFEE FRUIT EXTRACT, GUARANA EXTRACT, SUCRALOSE, NIACINAMIDE (VITAMIN B3), PYRIDOXINE HYDROCHLORIDE (VITAMIN B6), RIBOFLAVIN (VITAMIN B2).	Coffee drinks without additional stimulants	INGREDIENTS: BREWED ESPRESSO COFFEE (WATER, COFFEE), REDUCED-FAT MILK, SUGAR, CREAM, SKIM MILK.
3.	Prebiotic and probiotic Sodas	Ingredients: Sparkling Water, Organic Cane Sugar, Cassava Root Fiber, Apple Juice*, Organic Apple Cider Vinegar, Natural Flavors, Citric Acid, Organic Agave Inulin, Stevia Leaf Extract, Lime Juice*, Lemon Juice*. *Concentrate	Sparkling water/real fruit sodas	INGREDIENTS: CARBONATED WATER, CONCORD GRAPE JUICE, APPLE JUICE, LEMON JUICE.
4.	Kombucha with added carbonation, sweeteners, and/or stimulants	INGREDIENTS: SPARKLING WATER, KOMBUCHA CULTURE (FILTERED WATER, BLACK TEA*, GREEN TEA*, NATURAL FLAVOR*)*, FILTERED WATER, CANE SUGAR*, BACILLUS COAGULANS MTCC 5856, GINGER EXTRACT*, PINEAPPLE FLAVOR*, PEACH FLAVOR*, BLACK TEA*, BLACK TEA ESSENCE*, CAFFEINE (GREEN COFFEE BEAN EXTRACT)*, GREEN TEA*, PURIFIED STEVIA LEAF EXTRACT*. *CERTIFIED ORGANIC INGREDIENT.	Kombucha that is naturally carbonated with no added stimulants	INGREDIENTS: GT's Kombucha**▲, and guava puree. *Organically produced. ▲30-day ferment of Kombucha culture*, black tea*, green tea*, kiwi juice*, and cane sugar**♦. ♦ Used for fermentation, not as an added sweetener.

## Explanations

For all the comparisons, please go to <https://dhhs.ne.gov/Pages/Healthy-Choices-Waiver.aspx> for more information. The **SNAP Healthy Choice Waiver Product Matrix** may be particularly useful. See the “Definitions” page within the product matrix to see more extensive lists of added sugars, sweeteners, and stimulants.

### Example 1:

- **Ineligible product-** This product is ineligible because it is a non-carbonated tea beverage that also contains the additional stimulant, ginseng root extract (see product matrix for a more extensive list).
- **Eligible product-** This product is eligible because it is a non-carbonated tea beverage that ONLY contains caffeine from the brewing of tea.

### Example 2:

- **Ineligible product-** This product is ineligible because it is a non-carbonated beverage that also contains the additional stimulants ginseng extract, coffee fruit extract, and guarana extract.
- **Eligible product-** This product is eligible because it is a non-carbonated beverage that ONLY contains caffeine from the brewing of espresso.

### Example 3:

- **Ineligible product-** This product is ineligible because it is a carbonated beverage that contains sweeteners such as organic cane sugar and stevia leaf extract (see product matrix for a more extensive list).
- **Eligible product-** This product is eligible because it is a carbonated beverage that does not contain any added sugars or artificial sweeteners. 100% fruit juice and fruit purees are not considered sweeteners.

### Example 4:

- **Ineligible product-** This product is ineligible because it is a carbonated kombucha beverage (contains carbonated water) and also contains sweeteners not used in the fermentation process such as, purified stevia leaf extract (see product matrix for a more extensive list).
- **Eligible product-** This product is eligible because it is a kombucha beverage that does not have any added carbonation (only carbonation from the fermentation process) and does not contain any additional stimulants other than caffeine from the brewing of black tea and green tea.