

Community Health Hubs National Diabetes Prevention Program (DPP) Guidance



Program Requirements

- Completion of Lifestyle Coach training and/or certificate of completion from Emory University or the American Diabetes Association (ADA) to facilitate National DPP classes.
- Establish community partnerships with certified/recognized National DPP lifestyle coaches/sites for local Community Health Hub (CHH) to engage and enroll women **age 40-64** in National DPP and capture required data.
- **CDC Recognition** is now required for CHH National DPP classes to show that your organization meets CDC standards and can effectively deliver the program. Hubs must apply for recognition. The application is very simple and creates fidelity in the program.
 - <https://www.cdc.gov/diabetes/prevention/lifestyle-program/requirements.html>
 - https://nccd.cdc.gov/DDT_DPRP/ApplicationForm.aspx

Reimbursement Eligibility

- Every Woman Matters & WISEWOMAN (EWM/WW) clients on Health Coaching list who enroll in the National DPP and attend week 1 (\$150 per client).
- Women who meet population based screening requirements (Females age 40-64, DOB, height, weight, waist circumference, two blood pressures, **total cholesterol**, completion of Initial Encounter assessment and medical questions) and attend National DPP week 1 (\$150 per client).
- National DPP is now a covered benefit for Medicare clients; to be reimbursed for the program you must apply to become a Medicare DPP supplier. Please contact Brian Coyle for further instructions at (402) 471-1045, via email Brian.Coyle@nebraska.gov or visit www.CMS.gov for more information.

Health Coaching

- 3 health coaching sessions are required (either before or after National DPP classes and/or by phone). Opportunity to provide specific coaching for women enrolled in our program and from the population who meet our age parameters. Motivational interview training is mandatory for all health coaches.

Data Entry

Med-It (EWM/WW clients)

- Enter 3 health coaching sessions by selecting the [National Diabetes Prevention Program](#) as the HBSS each session
- Post biometrics (weight, 2 BP's) at or following week 12 (total cholesterol is NOT required for post)
- Health Coach completes follow-up assessment with client during third HC session

Encounter

- Input pre biometrics, initial assessment and medical questions for National DPP participants from population based venues following week 1. Health Coach must also complete the medical questions and post biometrics with each client following week 12 to reflect any behavior change.
- CHH's enter health coaching sessions, National DPP support and weekly class attendance in their National DPP Venue in the Encounter Registry.

QTAC COMPASS

- Web based workshop and data management tool that meets HIPPA standards and CDC requirements. This tool assists organizations to easily collect data from National DPP classes and generate CDC required reports with the click of a button. It is provided at no cost through the Chronic Disease Prevention and Control Program. Please reach out to Brian Coyle for more information.