

How Can You Meet Medicaid Work Requirements?

Starting May 1, 2026, if you are an able-bodied adult enrolled in Nebraska Medicaid Expansion, you have to meet Medicaid work requirements to keep or get coverage. You may already be meeting these requirements or you may be exempt. This list shows the five ways you can meet work requirements. DHHS will contact you if information is needed. Be sure to respond to DHHS with the requested information.



For more information, scan the QR code or visit <https://dhhs.ne.gov/Pages/WorkRequirements.aspx>

Having an Exemption

Some common exemptions include pregnancy, disability, serious medical condition, Tribal affiliation, recent incarceration, and more. For a full list of exemptions, scan the QR code.

Having a temporary hardship exemption

You can be temporarily exempt from work requirements for certain life events like hospitalization and living in a county with high unemployment. For a full list of temporary hardships, scan the QR code.

Completing 80 hours in the following work requirement activities:

Working, volunteering, and participating in a work program. You can combine any of these activities to get to 80 hours in a month.

Attending school or an apprenticeship

If you are attending school or an apprenticeship at least half-time, you will meet work requirements.

If you are attending school less than half-time, you can combine it with other work requirement activities to reach 80 hours.

Working and earning \$580 in a month

If you are working and earn at least \$580 per month, you will meet work requirements even if you worked less than 80 hours. \$580 equals the federal minimum wage times 80 hours.

If you're a seasonal worker, you can also meet work requirements if your average monthly income from working over the last six months equals \$580.