Department of Health and Human Services

Notice of Medicaid Work Requirements



December 2025

Work Requirements

Starting May 1, 2026, you may be required to complete work requirements to keep your Nebraska Medicaid coverage.

You are receiving this notice because the Department of Health and Human Service's (DHHS) records show that you are enrolled in Nebraska Medicaid through Medicaid expansion. If you are not enrolled in Nebraska Medicaid anymore, you can disregard this notice.

Starting May 1, 2026, if you are enrolled in the Nebraska Medicaid through Medicaid expansion, you may be required to complete work requirements. Some people enrolled in Nebraska Medicaid through Medicaid expansion may not have to complete work requirements (see list of exemptions on next page).

What is Medicaid expansion?

Medicaid expansion includes people who are aged 19-64, have a low income, and get their health insurance through Nebraska Medicaid. They cannot get Medicare, and they are not pregnant or eligible on the basis of a disability. They also must be a U.S. citizen or meet immigration rules. Low income means people who earn up to 138 percent of the federal poverty level (about \$21,610 per year for a single person, or \$44,380 for a family of four).

What are work requirements?

Work requirements are activities you must complete to get health insurance through Nebraska Medicaid.

Work requirement activities include:

- Working
- Attending school or an apprenticeship
- Participating in a work program
- Volunteering

To show you are completing work requirements, you must spend at least 80 hours in at least one month doing one of these activities or attending school or an apprenticeship at least half time. Or you can combine hours in more than one of the activities to reach a total of 80 hours in at least one month.

You can also meet the work requirements if you are working and earn at least \$580 in a month, which is the equivalent of 80 hours at the current federal minimum wage.

For more information, please visit https://dhhs.ne.gov/WorkRequirements.

When will Nebraska Medicaid check my work requirement status?

Starting in May 2026, DHHS will begin checking your work requirement status.

How will Nebraska Medicaid check my work requirement status?

DHHS will try to use information it already has to see if you completed work requirements or have an exemption.

If DHHS does not have enough information, we will contact you for more details. We will send you a request for the information we need from you and how you can send it to us. DHHS may request copies of your paystubs, school transcripts, or information about volunteer or work program hours. You can respond to this request for information in person, online, by phone, or through the mail. If DHHS requests information from you, you must respond within 30 days, or you may lose your Medicaid coverage.

<u>Check your mail, email, and text messages regularly in case we request information from you.</u> If you do not receive a request from DHHS, then we do not need information from you.

What if I do not complete work requirements?

If you do not complete the work requirements or qualify for an exemption, you will lose your Medicaid coverage, and you will need to reapply for Medicaid.

Exemptions

Some Nebraska Medicaid expansion adults may not need to complete work requirements if they meet one of the following exemptions:

- People under age 26 who aged out of foster care
- People who are members of recognized Native American tribes
- Parents, caretakers or guardians of children up to age 13 or of an individual with disabilities
- Veterans with a total disability rating
- People who are medically frail or have special medical needs, including:
 - Blindness or disability
 - Substance use disorder
 - Disabling mental disorder
 - o Or other significant physical, intellectual or developmental disabilities
- People compliant with work requirements under the SNAP or TANF programs
- People who are participating in a drug addiction or alcoholic treatment program
- People who are incarcerated or have been incarcerated within the last 90 days
- Women who are pregnant or up to 12 months after the end of pregnancy

Other mandatory exceptions may apply.

Also, you may not need to complete work requirements if you have one of the following temporary hardship reasons:

- You were hospitalized or lived in a nursing home since your last coverage renewal.
- You or a dependent had to travel outside your community to receive care to treat a serious health condition since your last coverage renewal.
- You lived in a county that was under an emergency declaration or in a county with a high unemployment rate since your last coverage renewal.

If you have one of these temporary hardship reasons you may need to send a request to DHHS. You may submit the request in person, online, by phone, or through the mail.

Reporting changes that affect your eligibility

Nebraska Medicaid members must report changes that impact their eligibility. This includes changes in income, home address, work status, and household size (such as marriage, divorce, pregnancy, or adoption). You can provide this information to DHHS in person, online, by phone, or through the mail.

Job Seeking Assistance Available

If you need help finding a job, the Nebraska Department of Labor has resources available online at https://neworks.nebraska.gov/vosnet/Default.aspx.

For More Information

For more information, visit https://dhhs.ne.gov/WorkRequirements.

DHHS Contact Information

You do not need to take any action today. If DHHS requests information from you or if you need to report a change that affects your Medicaid eligibility, you can do so in the following ways:

Online: at https://iserve.nebraska.gov/

By mail: P.O. Box 2992
 Omaha, NE 68103-2992

• By phone:

o Phone Number: (855) 632-7633 (press option 3)

Lincoln Phone Number: (402) 473-7000 (press option 3)
Omaha Phone Number: (402) 595-1178 (press option 3)

o TTY Number: (402) 471-7256

o Fax: (402) 742-2351

In person: at a local DHHS office

https://dhhs.ne.gov/Pages/Public-Assistance-Offices.aspx