

Medicaid Advisory Committee (MAC)

November 20, 2025

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Welcome

- Open Meetings Act
- Roll Call
- Conflict of Interest Form

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Announcements

- Added timestamps to agendas
- Heritage Health Open Enrollment open until December 15
- Annual Report
 - Per the Access Final Rule, we are required to post an annual report to our webpage by July 7, 2026

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Recommendation Form

MAC/BAC Member's Name

0/255

Are you a MAC or a BAC member?

You may select one or both options.

v

Describe the opportunity and/or barrier you would like to address.

0/2000

<https://forms.monday.com/forms/628cb32700a26ea77069edc6fc538615?r=use1>


What action would you like to request?

Agenda items are subject to approval from MAC/BAC leadership and MLTC leadership.

You may select one or both items.

v

Please attach any relevant files.


Choose a file to upload or drag and drop here

Please add any additional supporting information here.

0/2000

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Submit

Follow-ups from last meeting

- Review and approve September 18, 2025, meeting minutes
 - <https://dhhs.ne.gov/Documents/DRAFT%20MAC%20Meeting%20Minutes%209.18.25.pdf>

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Membership Update

- We are requesting applications for 1 MAC member vacancy
- In January, we will vote for the new MAC vice-chair
 - If you are interested fill out the interest [form](#) or email DHHS.MACandBAC@Nebraska.gov
 - Per our bylaws, Jennifer, the current Vice-Chair will become the Chair in January
- Membership subcommittee interest

BR Bailey Reigle ?

MAC Vice Chair Interest Form

Name

0/255

Please describe why you are interested in the vice chair position.

0/2000

Please describe why you would be a good fit for this position.
This can include skills, qualifications, interests, and other relevant information.

0/2000

Submit

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Beneficiary Advisory Committee (BAC) Update

- BAC Leadership positions were voted on today
- The Chair, Vice-Chair, and BAC representative will all serve as members of the MAC

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Federal Legislative Update

- Rural Health Transformation (RHT) Program
- Webpage: <https://dhhs.ne.gov/Pages/Rural-Health-Transformation.aspx>
- Questions?

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Educational Discussion: Behavioral Health and Mental Health – Access to Services

Rachel Meier and Bethany Nelson

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How Services are Grouped Across the State:

- Services across the state are divided into the following:

- State-wide Services:

1. DBH and Medicaid shared services

- Example: out-patient therapy

2. DBH only services:

- Example: Intensive Community Services

3. Medicaid only services:

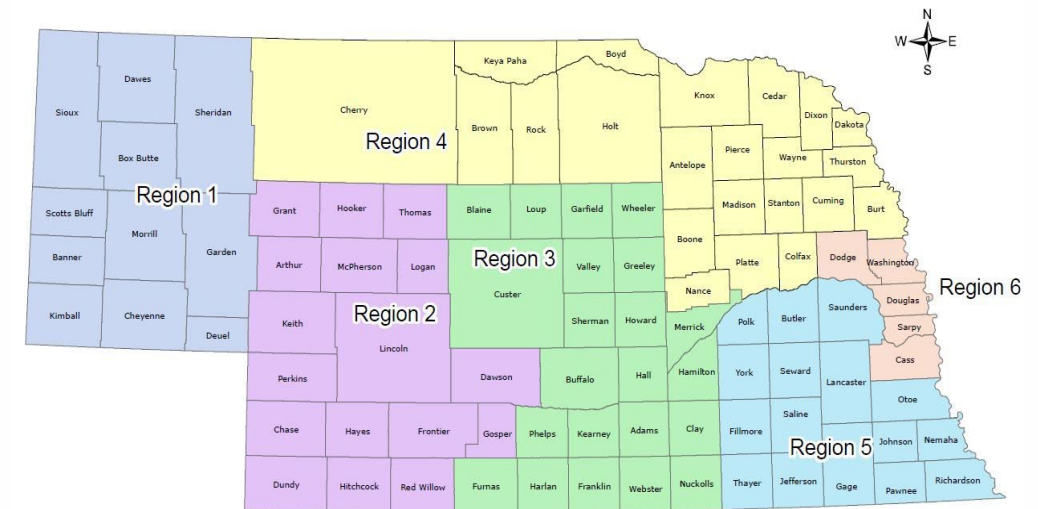
- Example: Community Treatment Aid

- Region-Specific Services:

1. Services dedicated to the needs of the specific region across the state of Nebraska

- Example: Co-responder Program (Region 3)

Behavioral Health Regions



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Funding

Private Insurance

- Coverage of each individual private insurer can dictate funding of services rendered.

Vouchers

- Probation vouchers to supplement costs of services



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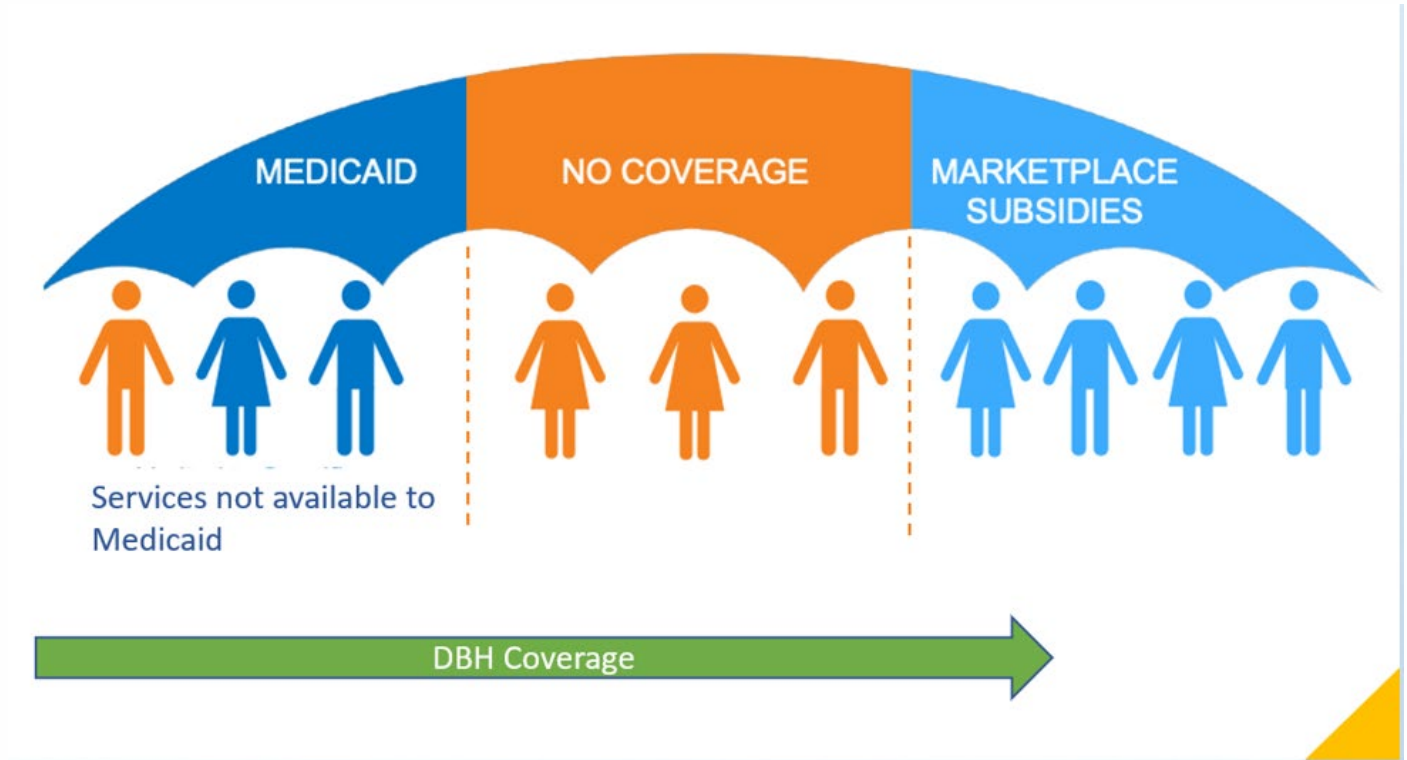
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Funding (cont.)

DBH vs. Medicaid

- Braided funding model between DBH and Medicaid
- Medicaid covers up to 134% of the Federal Poverty Level
- DBH covers individuals up to 400% above the poverty line.
- DBH- Payer of last resort



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Behavioral Health Services

SERVICES	IP/OP /Res	SUD Option?	DBH	MLTC	ADULT	YOUTH
24HR Crisis Line/988	N/A	X	X		X	X
Assertive Community Treatment (ACT)	OP		X	X		
Client Assistance Programming	OP	X	X	X	X	X
Community Support	OP	X	X	X	X	
Crisis Psychotherapy	OP	X	X	X	X	X
Crisis Response	OP	X	X		X	X
Crisis Stabilization Unit	IP	X	X	X	X	
Day Rehabilitation	OP		X	X	X	
Day Support	OP		X		X	
Day Treatment	OP	X	X	X	X	
Dual Disorder Residential	Res	X	X	X	X	
Electroconvulsive Therapy	Op			X	X	
Emergency Community Support	OP	X	X		X	
Emergency Psychiatric Observation	IP	X	X	X	X	
Family Psychotherapy	OP	X	X	X	X	
Functional Family Therapy	OP			X		X
Group Psychotherapy	OP	X	X	X	X	
Halfway House	Res	X	X	X	X	

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Behavioral Health Services (cont.)

SERVICES	IP/OP /Res	SUD Option?	DBH	MLTC	ADULT	YOUTH
Individual Psychotherapy	OP	X	X	X	X	X
Inpatient Hospitalization - Acute	IP	X	X	X	X	X
Inpatient Hospitalization - Sub-Acute	IP	X	X	X	X	X
Inpatient Post Commitment Treatment Days	IP	X	X		X	
Intensive Outpatient Program	OP	X	X	X	X	X
Intermediate Residential	Res	X	X	X	X	
Medically Monitored Withdrawal Management	IP	X	X	X	X	
Medication Assisted Treatment	OP	X	X	X	X	
Medication Management	OP	X	X	X	X	X
Mental Health Assessment (Diagnostic Interview)	OP		X	X	X	X
Mental Health Respite	Res	X	X		X	X
Multi-Systemic Therapy	OP		X	X		X
Opioid Treatment Program	OP	X	X	X	X	
Parent-Child Interaction Therapy	Op			X		X
Peer Support	OP	X	X	X	X	X
Peer-Run Hospital Diversion	OP	X	X		X	

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Behavioral Health Services (cont.)

SERVICES	IP/OP /Res	SUD Option?	DBH	MLTC	ADULT	YOUTH
Psych. Res Rehabilitation	Res			X	X	
Psychiatric Residential Treatment Facility	Res		X	X		X
Psychological Testing	OP			X	X	X
Recovery Support	OP	X	X		X	
Secure Residential	IP		X	X	X	
Short-Term Residential	Res	X	X	X	X	
Social Detox	Res	X	X	X	X	
SUD Assessment	OP	X	X	X	X	X
Supported Education	OP	X	X		X	X
Supported Employment	OP	X	X		X	X
Supported Housing	Res	X	X		X	
Therapeutic Community	OP	X	X	X	X	
Therapeutic Consultation	OP		X		X	X
Therapeutic Family Care (TFC)	OP			X		X
Withdrawal Management	Res	X	X	X	X	

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Housing and Employment Services and Supports

Housing:

Housing Assistance/ Supported Housing Program is to address housing needs for people with behavioral health disorders, as a strategy to prevent homelessness as well as sustain stable housing.

- rental assistance, other housing- related assistance, facilitation of community integration, and a tenant-based rental assistance approach

Employment Services:

Supportive Employment Extended Services is provided after an individual has made the transition from Vocational Rehabilitation Supported Employment services and determined necessary to maintain and advance in individual employment absent the provision of supports.



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Making Referrals

What services are needed and what is available?

- ▶ Based on the identified needs and acuity of the needs of the individual, the provider will establish recommendations of services to support the individual.
- ▶ Challenges to get into services:
 - Waitlist
 - Criteria: medical necessity
 - Insurance coverage
- ▶ Consider: less intensive and/or additional services to support the individual

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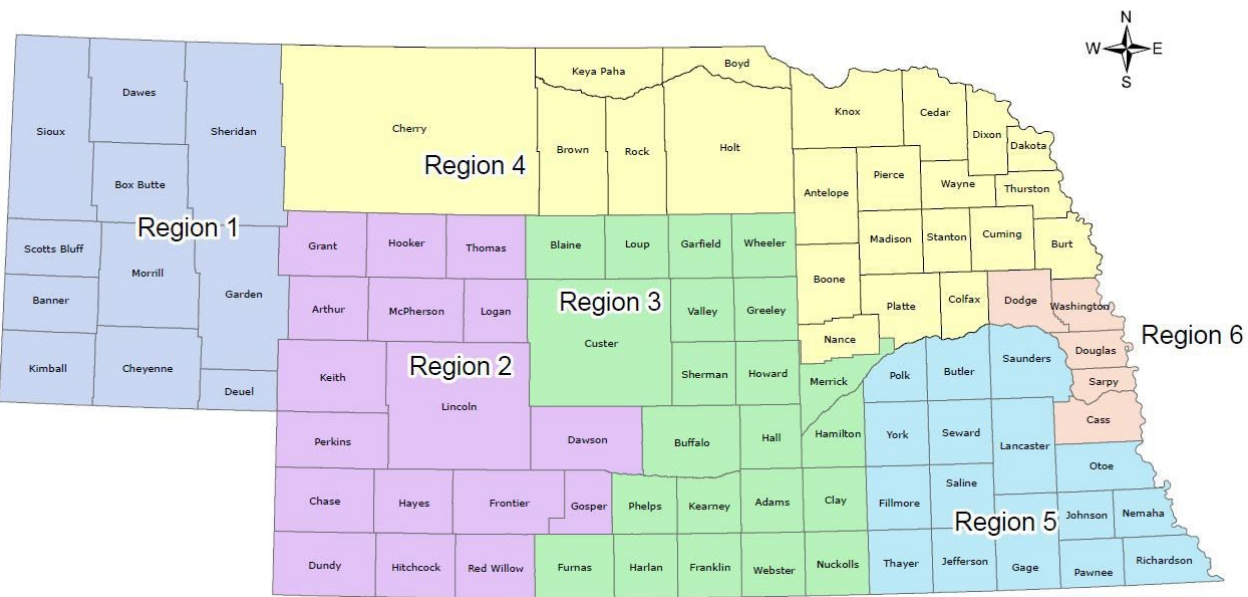
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Contact Resources

Behavioral Health Regions



Medicaid And Long-Term Care

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Contact Resources

▶ Nebraska Medicaid:

- Contact information: <https://dhhs.ne.gov/Pages/Medicaid-Contact-Us.aspx>
- Website: <https://dhhs.ne.gov/Pages/medicaid-and-long-term-care.aspx>
 - Exploration of benefits, apply for benefits, or manage benefits:
 - <https://iserve.nebraska.gov/>

▶ Medicaid MCO's:

- **NE Total Care**
 - <https://www.nebraskatotalcare.com/>
- **United Health Care Community Plan (UHCC)**
 - https://www.uhc.com/communityplan?tfn=1-800-276-9071&WT.mc_id=8036518
- **Molina**
 - <https://www.molinahealthcare.com/members/ne/en-us/mem/Medicaid.aspx>

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Open Discussion / Public Comment

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Next Meeting

- January 22, 2026, from 3 to 5 p.m. – Omaha, NE
- Hybrid meeting – in person and virtual options for members and the public

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For information on the Nebraska Medicaid Advisory Committee, email
DHHS.MACandBAC@Nebraska.gov

or visit <https://dhhs.ne.gov/Pages/Medicaid-Beneficiary-Advisory-Committee.aspx>

For general Medicaid inquiries, email
DHHS.MedicaidCommunications@Nebraska.gov

or visit <https://dhhs.ne.gov/Pages/Medicaid-and-Long-Term-Care.aspx>



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