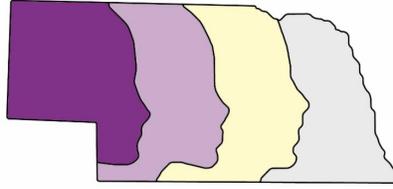


*Every Woman Matters*



## Women's & Men's Health Programs Community Health Hub Newsletter

September 2021

### Community Health Worker Virtual Training

The Fall 2021 Community Health Worker Health Navigation course is underway with 24 student participants.

Community Health Hub staff have the opportunity to take advantage of the upcoming virtual training sessions on Tuesday and Wednesday, September 28<sup>th</sup> & 29<sup>th</sup> if there are topics of interest you would like to tune in for. The two-day agenda is [here](#).

If you plan to participate in any of the training sessions, please email Natalie Kingston ([dhhs.chw@nebraska.gov](mailto:dhhs.chw@nebraska.gov)) for the Zoom training link.

### Reminder: DHHS Blood Pressure Tracker

In December 2020, the American Heart Association made a decision to no longer support their online blood pressure tracking system. Because of this, the Every Woman Matters Program, with the assistance of the DHHS IS&T staff, developed an online tracker.

#### Online Blood Pressure Tracker Monitoring System

[Blood Pressure Tracker Monitoring System Guidance](#) 📄

[Blood Pressure Tracker Monitoring System Flyer](#) 📄

[Blood Pressure Tracker Monitoring System Webinar](#) 🗣️

[Blood Pressure Tracker Monitoring System](#) 🗣️

The tracker is an online tool that will help your clients log their blood pressures over a period of time so that they can keep an eye on their health and also share these numbers with their healthcare provider.

Training and an overview of the tracker system was given to all CHH Staff in February 2021. The overview of the new tracking system can be found [here](#) under the Healthy Behavior Support Services tab. Reach out to your TA in the office if you have any questions.

### Motivational Interviewing Training

Have you taken the Fall 2020 MI Training that was offered? Maybe you need a refresher? Maybe you have new staff on board?

For those of you who are interested in viewing the Motivational Interviewing training that was held last fall, there's now a way that you can access the training via a secured site.

At your convenience, you can access the training by going to: <https://partners-dhhs.ne.gov/LHD/Pages/Training.aspx>. Once you click on the link, if you do not have access to view the page, please let your TA know so that we can get you access.

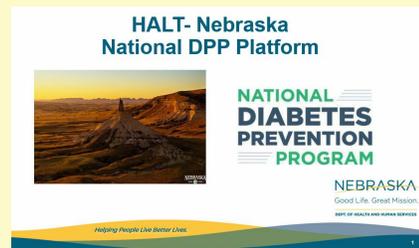
## Client Educational Tools

Health Hubs in need of blood pressure monitors/cuffs, pedometers, lunch bags and key holders for tennis shoes to aid in the health coaching EWM/WW clients, please email Natalie Kingston at [Natalie.Kingston@nebraska.gov](mailto:Natalie.Kingston@nebraska.gov) with the quantity you need.

First come, first serve while supplies last.

## Update on the HALT Platform

The Women's & Men's Health Program in partnership with the Chronic Disease Program is eagerly awaiting the virtual National Diabetes Prevention Program to engage clients in pre-recorded sessions through the HALT platform. Brian Coyle, Community Health Educator SR with the Chronic Disease Program stated, "My hope is mid-September we will kick this off for local National DPP Delivery Organizations." Stay tuned for more details as they become available.



The HALT platform was discussed on a past Community Health Hub Leadership call. If you'd like to listen and learn more about the platform visit: <https://youtu.be/L71IXSaYGnc>.

## Need Quitline Materials?

Did you know you can print Nebraska Tobacco Quitline brochures and marketing materials as you need them?

Visit: <http://quitnow.ne.gov/QuitlineOrderForm> and click on Downloadable Resources to see what options are available!

## Resuming Cholesterol Screenings?

The Women's & Men's Health Program is beginning to see an uptick

of cholesterol screening resuming within Health Hubs.

In order for your Cholestech machine to be ready to go, Optics Check Cassettes were ordered and sent to the Hub Coordinators last month. The cassette you received replaces the one you initially were provided and had a two year expiration date. Controls and test cassettes will need to be ordered through the WMHP once you are ready to screen and/or have screening scheduled.

Please allow a couple weeks for the processing of your supply orders to insure you have what you need for an upcoming event or post screening of a client with a cholesterol of 240 mg/dl or above.

## Health Coaching Update

In light of the past year and the demands the pandemic has placed on local health department staff, the Women's & Men's Health Program (WMHP) staff recently interviewed and hired a Community Health Educator through the State of Nebraska's temporary employment service, the SOS Temporary Program.

The new Community Health Educator will begin health coaching, in non-coverage areas of the State, starting in September. During the interim, WMHP staff have been and will continue to offer health coaching in non-coverage areas of the state, particularly focusing on Douglas County.

## Vaccine Misinformation Management Field Guide

The following resource: [https://publichealthcollaborative.org/wp-content/uploads/2021/01/VACCINEMISINFORMATIONFIELDGUIDE\\_eng.pdf](https://publichealthcollaborative.org/wp-content/uploads/2021/01/VACCINEMISINFORMATIONFIELDGUIDE_eng.pdf) was developed to facilitate the development of strategic and well-coordinated national action plans to rapidly counter vaccine misinformation and build demand for vaccination that are informed by social listening.

The guide should help practitioners to:

- Develop an evidence - grounded understanding of misinformation in the context of vaccination, how it spreads and gets traction, what can be done to mitigate its impact;
- Implement evidence-based approaches to address misinformation;
- Develop a comprehensive and tailored national strategy for misinformation management.

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