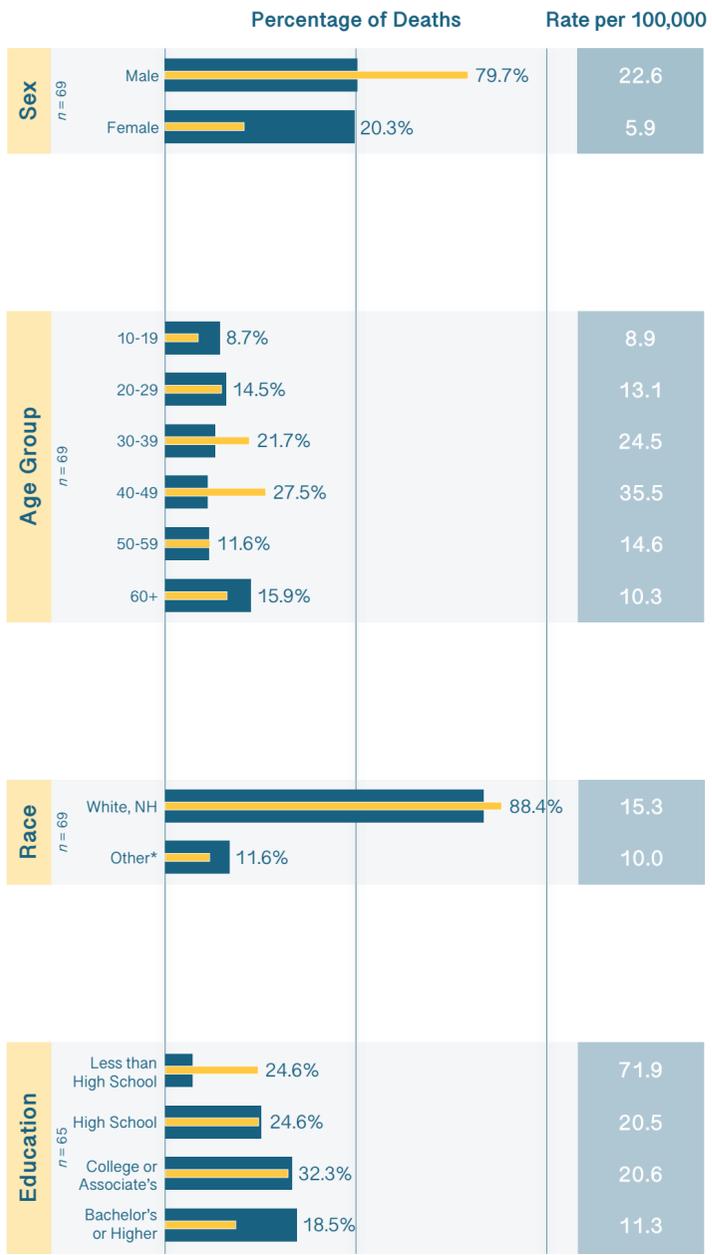


Summary of Suicide Deaths in Behavioral Health Region 5 in Nebraska

69 Total Deaths (14.4 per 100,000 Population)

Demographic Information



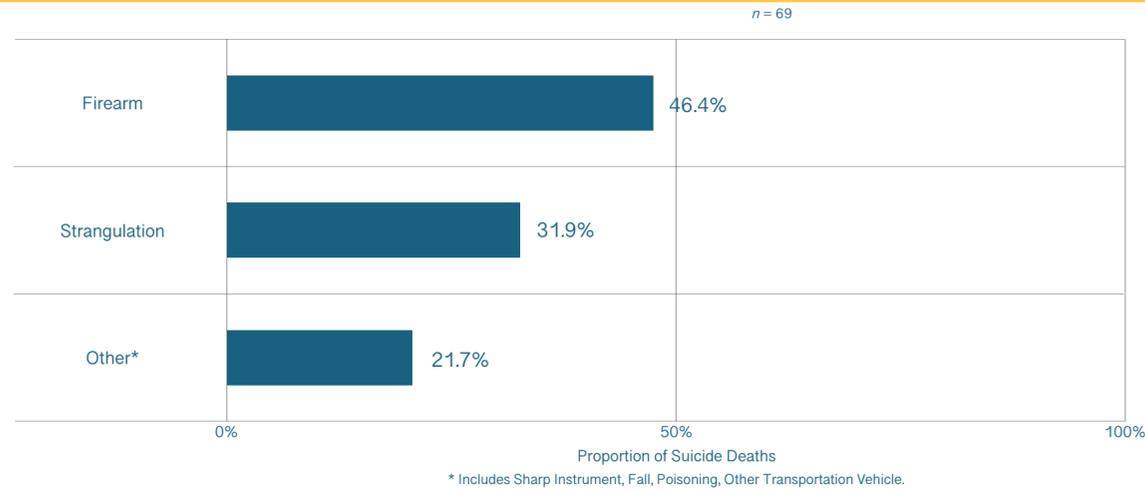
■ 2021 Nebraska Behavioral Health Region 5 Population ■ Suicide Deaths in Behavioral Health Region 5

NH: Non-Hispanic

* Includes Black NH, American Indian/Alaskan Native NH, Asian/Pacific Islander NH, Two or More Races, Hispanic

In 2021, male suicide victims were predominantly white males aged 40-49 with at least some college education in Nebraska Behavioral Health Region 5. The average age of male deaths was 44, while for females, it was 41.

Cause of Death



In 2021, firearms were the most common method of suicide among males in Nebraska Behavioral Health Region 5, with an average age of 48. Strangulation had an average age of 39, and poisoning (including drug overdose) averaged 41. Among females, strangulation was the most common method, with an average age of 37. Poisoning (including drug overdose) had an average age of 48 and firearms averaged 47.

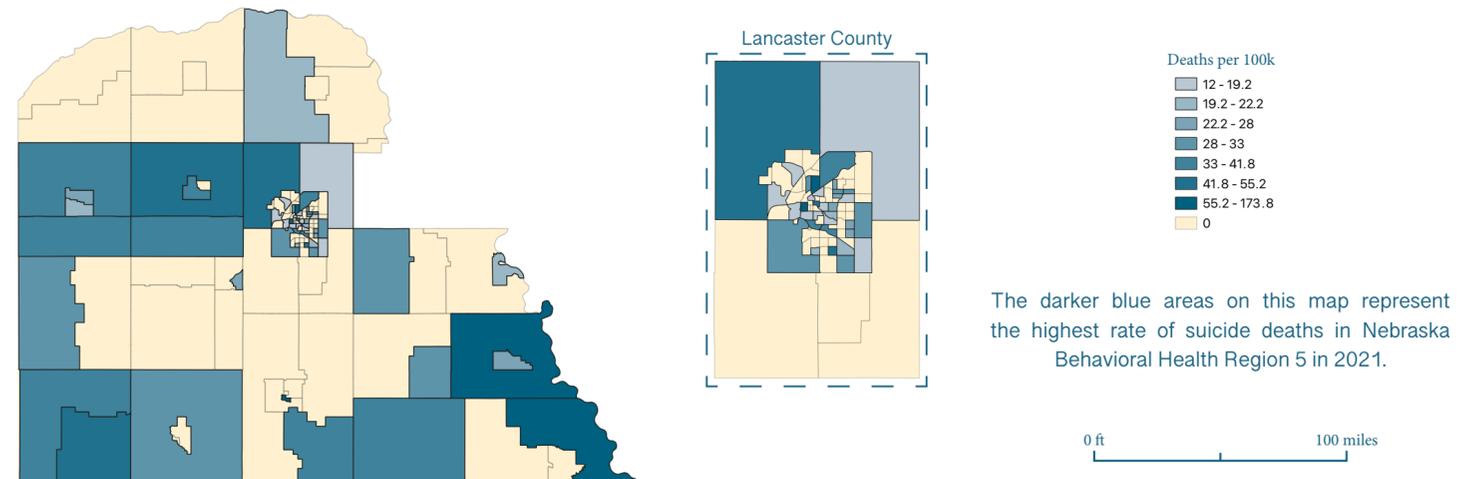
* Includes Sharp Instrument, Fall, Poisoning, Other Transportation Vehicle.

Suicide Deaths by Bimonthly



In 2021, approximately 58% of suicides in Nebraska Behavioral Health Region 5 occurred in the first and fourth quarter and February recorded the highest number of suicides, making up 14.5% of the total. The predominant demographic among those who died by suicide during these months were white males, with an average age of 43.

Suicide Death Rate by Census Tracts



The darker blue areas on this map represent the highest rate of suicide deaths in Nebraska Behavioral Health Region 5 in 2021.

0 ft 100 miles

Due to small numbers, rates may be unstable.

Other Decedent Characteristics

Statistics are based on 67 cases. Categories are not mutually exclusive.

- 76.1%** of total suicide deaths took place in a residence.
- 68.7%** of total suicide victims had previous mental health problems.
- 59.7%** of total suicide victims were diagnosed with depression.
- 16.4%** of total suicide victims were diagnosed with anxiety disorder.
- 25.4%** of total suicide victims had history of mental health treatment.
- 17.9%** of total suicide victims had current mental health treatment.
- 71.6%** of total suicide victims were perceived by others to be depressed at the time of death.
- 50.7%** of total suicide victims had a history of suicidal ideation.
- 29.9%** of total suicide victims had a history of suicide attempt.
- 26.9%** of total suicide victims had recently disclosed their suicidal intent.
- 19.4%** of total suicide victims had disclosed their suicidal intent to their intimate partner.
- 44.8%** of total suicide victims left suicide notes.
- 43.3%** of total suicide victims had a history of alcohol abuse.
- 28.4%** of total suicide victims had a history of substance abuse other than alcohol.
- 26.9%** of total suicide victims had a history of physical health problems.
- 19.4%** of total suicide victims had criminal or legal problems.
- 28.4%** of total suicide victims had intimate partner problems.
- 16.4%** of total suicide victims had family or other relationship problems.
- 20.9%** of total suicide victims had known recent argument.
- 46.3%** of the suicide deaths were among never married individuals.
- 29.9%** of the suicide deaths were among married individuals.

The reduced death count in this section is due to incomplete law enforcement or coroner reports.