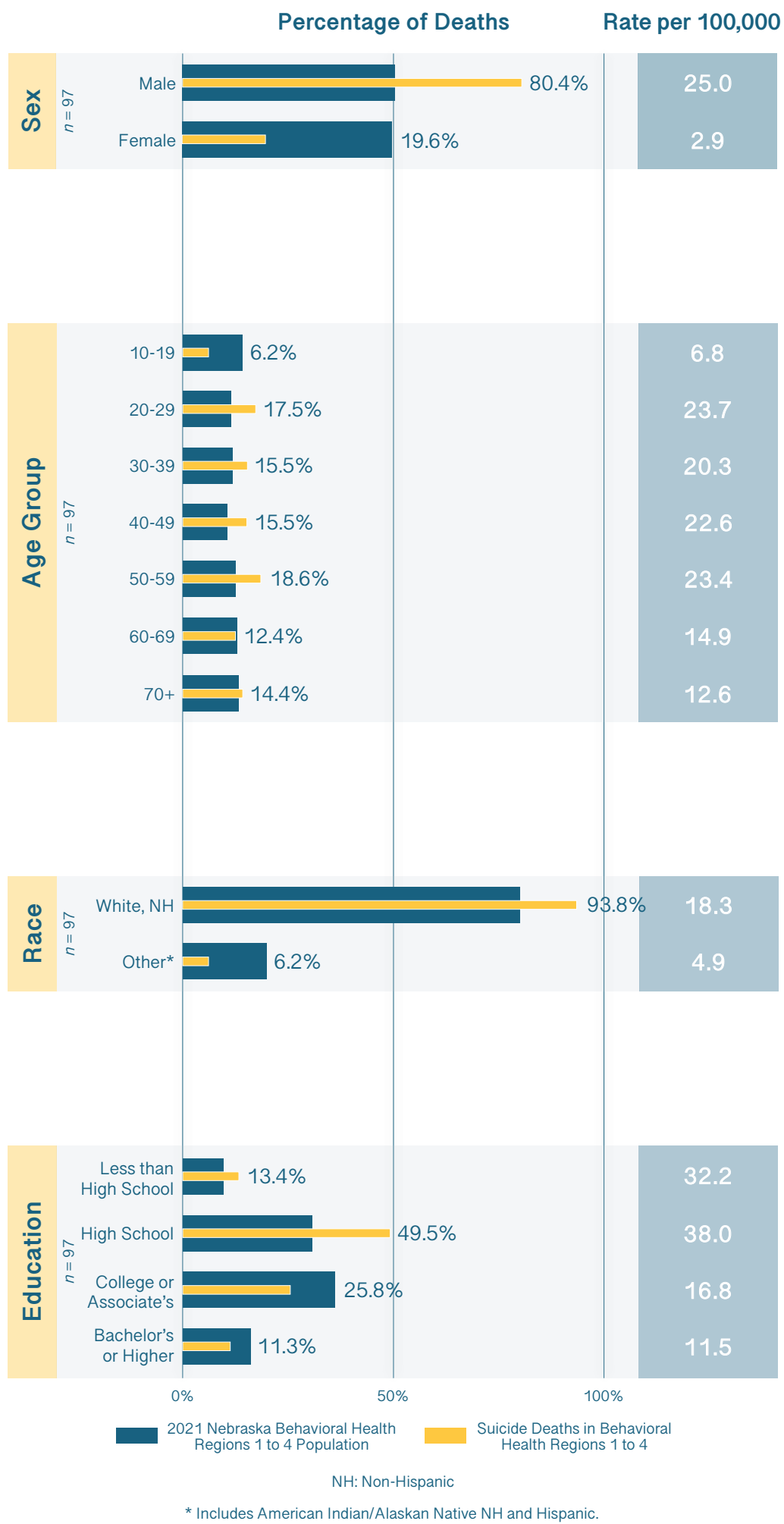


Summary of Suicide Deaths in Behavioral Health Regions 1 to 4 in Nebraska

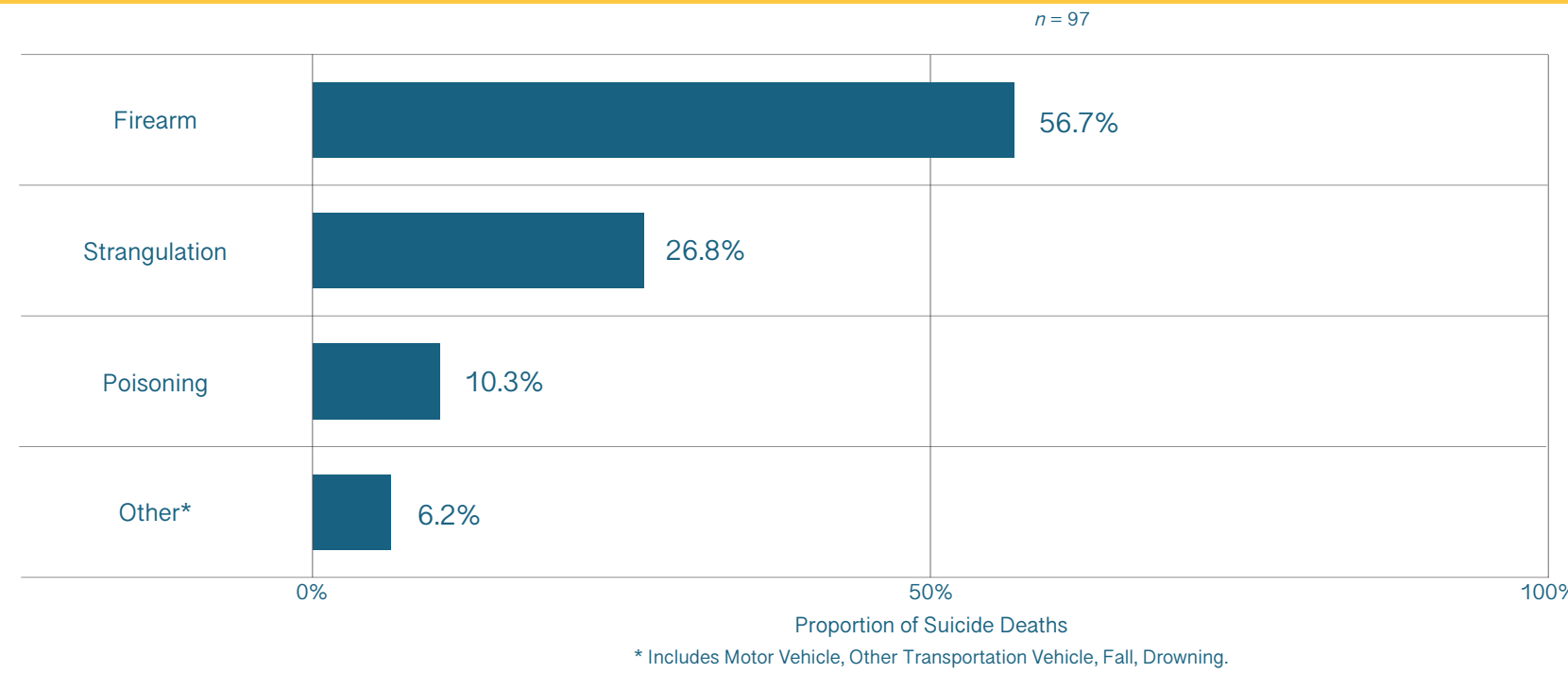
97 Total Deaths (14.0 per 100,000 Population)

Demographic Information



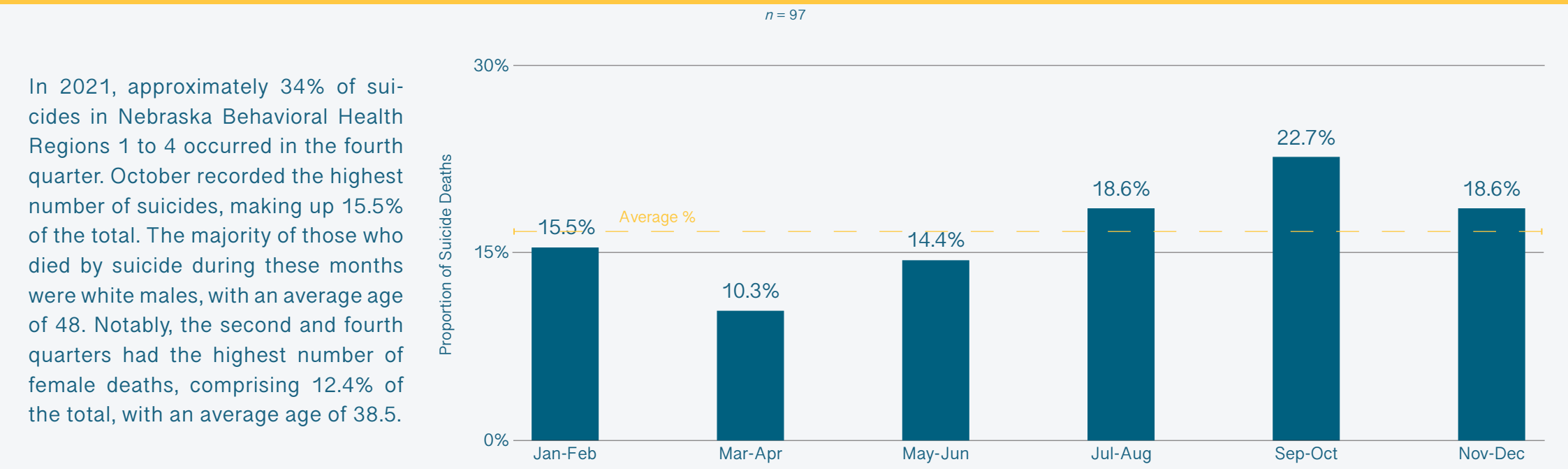
In 2021, male suicide victims were predominantly white males aged 50-59 with a high school education in Nebraska Behavioral Health Regions 1 to 4. The average age of male deaths was 47, while for females, it was 44.

Cause of Death



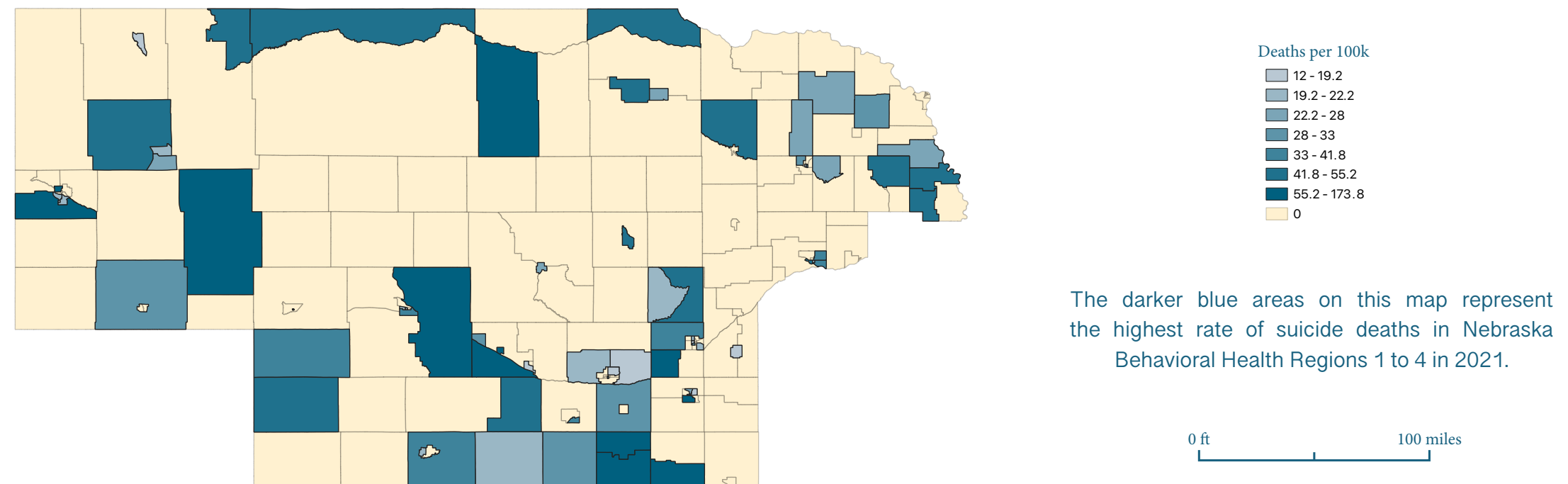
In 2021, firearms were the most common method of suicide among males in Nebraska Behavioral Health Regions 1 through 4, with an average age of 50. Strangulation had an average age of 42, while poisoning (including drug overdose) averaged 43. For females, poisoning (including drug overdose) and firearms were the most frequent methods, with firearms averaging at 45, poisoning at 42, and strangulation at 51.

Suicide Deaths by Bimonthly



In 2021, approximately 34% of suicides in Nebraska Behavioral Health Regions 1 to 4 occurred in the fourth quarter. October recorded the highest number of suicides, making up 15.5% of the total. The majority of those who died by suicide during these months were white males, with an average age of 48. Notably, the second and fourth quarters had the highest number of female deaths, comprising 12.4% of the total, with an average age of 38.5.

Suicide Death Rate by Census Tracts



Due to small numbers, rates may be unstable.

Other Decedent Characteristics

- Statistics are based on 79 cases. Categories are not mutually exclusive.
- 72.2% of total suicide deaths took place in a residence.
 - 10.1% of total suicide victims experienced homelessness or housing instability.
 - 50.6% of total suicide victims had previous mental health problems.
 - 45.6% of total suicide victims were diagnosed with depression.
 - 26.6% of total suicide victims had history of mental health treatment.
 - 20.3% of total suicide victims had current mental health treatment.
 - 44.3% of total suicide victims were perceived by others to be depressed at the time of death.
 - 31.6% of total suicide victims had a history of suicidal ideation.
 - 8.9% of total suicide victims had a history of suicide attempt.
 - 34.2% of total suicide victims had recently disclosed their suicidal intent.
 - 15.2% of total suicide victims had disclosed their suicidal intent to their family member.
 - 34.2% of total suicide victims left suicide notes.
 - 19.0% of total suicide victims had a history of alcohol abuse.
 - 13.9% of total suicide victims had a history of substance abuse other than alcohol.
 - 29.1% of total suicide victims had a history of physical health problems.
 - 29.1% of total suicide victims had intimate partner problems.
 - 19.0% of total suicide victims had known recent argument.
 - 34.2% of the suicide deaths were among married individuals.
 - 30.4% of the suicide deaths were among never married individuals.

The reduced death count in this section is due to incomplete law enforcement or coroner reports.