

Goal 1 (Plain Language)

By September 30, 2031, people with intellectual and developmental disabilities (IDD) in Nebraska—and their families and guardians—will have **more choices and better support** to:

- Make their own decisions
- Live more independently
- Work and earn money
- Be safe and healthy
- Be included in their communities

These improvements will happen because of **changes to systems** at the state, regional, and local levels.

Objective A: Housing Choices

By September 30, 2031, the Nebraska Council on Developmental Disabilities will:

- Speak up for and track progress on Nebraska's **Olmstead Plan**
 - Work to increase **safe, affordable, and accessible housing**
 - Support people with disabilities to live **where they choose** in their communities
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Objective B: Community Services and Supports

By September 30, 2031, the Council will work for changes that:

- Make it easier to get **Home and Community-Based Services**
 - Increase access to **person-centered supports**, like help connecting to the community
 - Strengthen and expand more **flexible services** that meet people's needs
 - Help people with IDD live **more independently** in their communities
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Objective C: Jobs and Employment

By September 30, 2031, the Council will work with state agencies and partners to:

- Increase the number of people with IDD who have **paid jobs in the community**

- Support **competitive, integrated employment** (working alongside people without disabilities)
 - Improve how employment data is **collected and shared** to show progress
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Objective D: Medicaid and Health Care Access

By September 30, 2031, the Council will help improve how people use Medicaid by:

- Making Medicaid **easier to understand and use**
 - Helping families find and access **qualified providers**
 - Increasing access to **behavioral health services** and **specialist care**
 - Improving people's **health, safety, and overall well-being**
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Objective E: Training for Support Professionals

By September 30, 2031, the Council will support **high-quality training** for people who work with individuals with IDD.

These trainings will help professionals better support:

- Self-determination (making your own choices)
 - Independence
 - Employment and productivity
 - Safety
 - Community inclusion
 - Inclusion in schools and other educational settings
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Objective F: Emergency and Crisis Response

By September 30, 2031, the Council will:

- Work with partners to **identify and respond to needs**
 - Support people with IDD and their families during:
 - Natural disasters
 - Man-made emergencies
 - Environmental events
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Objective G: Advocacy and Policy Leadership

By September 30, 2031, the Council will:

- Serve as a **trusted advisor** to lawmakers and policymakers
- Track important laws and policy changes
- Work with state and local partners
- Give self-advocates, families, and guardians **tools and information** to speak up
- Make sure laws and policies:
 - Respect people's rights
 - Reflect real needs
 - Include the voices of people with IDD

Goal 2: I (Plain Language)

By **September 30, 2031**, people with intellectual and developmental disabilities (IDD) in Nebraska—and their families, caregivers, and guardians—will have **better access to information, tools, and supports** that help them:

- Make choices that are **right for them**
- Understand their options
- Speak up for what they want and need

These supports will help people make meaningful choices about:

- Services and supports
- School and learning
- Jobs and careers
- Decision-making supports
- Health care
- Where and with whom they live
- Relationships and community life

This will lead to **more self-determined lives**.

Objective A: Strengthening Self-Advocacy and Leadership

Through September 30, 2031, the Nebraska Council on Developmental Disabilities will **increase the leadership and influence of self-advocates** by:

- Strengthening, supporting, and funding **at least one self-advocacy organization led by people with IDD**

The Council will also:

- Support **transition-age youth (ages 14–21)** to form self-advocacy groups that:
 - Build leadership and self-determination skills
 - Support inclusion in age-appropriate community clubs and activities
- Increase opportunities for **self-advocate leaders** to:
 - Train other people with disabilities
 - Grow personal, civic, and collaborative leadership roles
- Expand self-advocate participation in:
 - Cross-disability coalitions

- Culturally diverse partnerships
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Objective B: Leadership in Policy and Systems Change

Through September 30, 2031, the Nebraska Council on Developmental Disabilities will support:

- People with IDD
- Families and guardians
- Council members and staff

to increase leadership and participation in **policymaking and systems change** by engaging in:

- Statewide advisory committees
 - Cross-disability workgroups
 - Public advocacy efforts
 - Cross-system discussions with agencies and partners
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Objective C: Person-Centered Planning for Youth and Families

By September 30, 2031, **transition-aged youth (ages 14–21)** with IDD—and their families and guardians—will have greater access to **person-centered planning** that:

- Is based on the **Charting the LifeCourse framework**
- Helps people understand choices and options
- Supports successful transitions to:
 - Inclusive employment
 - Adult services
 - Community life

This work will happen through collaboration with:

- The Developmental Disabilities Network
 - State agencies
 - Community partners
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Objective D: Access to Information and Advocacy Support

By September 30, 2031, as a result of Council efforts:

- People with IDD
- Families and guardians
- Professionals and service providers
- Disability organizations
- Policymakers
- The general public

will have **better access to clear, useful information** about:

- Disability issues
- Services and supports
- Rights and options

The Council will also help individuals and families:

- Find the supports they need
- Advocate for themselves
- Advocate for changes to systems and policies

Bottom Line

People with IDD deserve **clear information, real choices, and strong support** to lead their own lives. This goal ensures they have the **tools, voices, and leadership opportunities** to do exactly that.