

Youth Continuous Home

The service definition and limits outlined below do not include all details and requirements. For the service standards, limitations, provider types and qualifications, and reimbursement information, refer to the appropriate Medicaid HCBS DD Waiver.

Waiver Availability

Comprehensive Developmental Disabilities (CDD) Waiver

NFOCUS Service Codes

Youth Continuous Home 2214

Service Definition

Youth Continuous Home is a habilitative service which is delivered in a provider-owned or leased, operated, or controlled residential setting and provided by agency provider shift staff not living in the setting. Youth Continuous Home consists of individually tailored continuous supports to assist with the acquisition, retention, or improvement in skills not yet mastered, which will lead to more independence for the participant to reside in the most integrated setting appropriate to their needs.

Conditions of Provision

- A. A participant chooses each service based on their needs.
 - 1. Services should increase independence and community integration; and
 - 2. The chosen waiver services and who provides them are documented in the participant's Person-Centered Plan (PCP).
- B. Youth Continuous Home includes adaptive skill development of Activities of Daily Living (ADLs) such as:
 - 1. Personal grooming and cleanliness;
 - 2. Laundry;
 - 3. Bed making and household chores;
 - 4. Eating and the preparation of food;
 - 5. Inclusive community activities;
 - 6. Transportation;
 - 7. Personal Care;
 - 8. Health maintenance activities;
 - 9. Supervision and protective oversight; and
 - 10. Social and leisure skill development necessary to enable the participant to live in the most integrated setting appropriate to their needs.
- C. Within the first ten business days of utilizing Youth Continuous Home, the participant, their PCP team, and the Division of Developmental Disabilities (DDD) Clinical Support Team will work together to develop a discharge plan.

- D. Youth Continuous Home can be provided when a participant is admitted to an in-patient, acute care hospital, due to a critical health or safety concern. Support includes:
1. Habilitation to maintain learned skills;
 2. Implementation of behavioral support, if needed; and
 3. Assistance with ADLs to support the participant's treatment and recovery.
 4. This level of support will assist the participant to not regress or lose learned skills they had before they were in an in-patient, acute care hospital.
- E. When a portion of this service is provided via health maintenance monitoring, the following conditions apply:
1. Participants receiving Health Maintenance Monitoring must be under the supervision of a treating Physician, Physician's Assistant (PA), or Advanced Practice Registered Nurse (APRN) who is directly providing care and treatment for their medical condition and not merely engaged to authorize the monitoring service.
 2. Electronic Health Maintenance Monitoring requires the participant or guardian to have the capability to utilize any monitoring tools involved or shall include the regular presence of an individual in the home who can utilize the involved monitoring tools and have the internet or cellular internet connection necessary to accommodate any needed remote patient monitoring equipment in the home.
 3. Interpretation of data and any teaching or coaching of the participant and guardian must be done by a Registered Nurse (RN), Nurse Practitioner (NP), APRN, PA, Medical Doctor (MD), or Doctors of Osteopathy (DO).
 4. The participant must be able to have in-person services if they choose.
- F. Youth Continuous Home has the following limitations:
1. Youth Continuous Home is only available to participants aged 18 years and younger.
 2. Youth Continuous Home cannot be approved for more than 12 months in a 3-year period without approval from DDD Central Office.
 3. Youth Continuous Home may be provided to no more than three participants in the residence at the same time, unless the residence is licensed as a Center for the Developmentally Disabled.
 4. The provider agency is responsible for staffing Youth Continuous Home.
 5. Participants receiving Youth Continuous Home daily rate cannot receive Continuous Home, Host Home, Shared Living, Independent Living, or Supported Family Living on the same day.
 6. Participants receiving Youth Continuous Home cannot receive Respite, LRI Personal Care, and Homemaker.
- G. A lease, residency agreement, or other form of written agreement will be in place for each participant receiving Youth Continuous Home service. The participant has at a minimum, the same responsibilities and protections from eviction that tenants have under the landlord/tenant laws of the state, county, city, or other designated entity.

Provider Requirements

The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific DD service.

- A. All providers of waiver services must:
1. Be a Medicaid provider;

2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
 3. Adhere to standards as described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
 4. Complete Department of Health and Human Services (DHHS) trainings upon request; and
 5. Use universal precautions.
- B. Youth Continuous Home can be offered by DD agency providers.
1. A DD agency provider is a company enrolled as a Medicaid provider and certified by DHHS to provide DD services and is responsible for:
 - a. Hiring and supervising employees who work with the participant;
 - b. Employing staff based on their qualifications, experience, and demonstrated abilities;
 - c. Providing training to ensure staff are qualified to provide the necessary level of care;
 - d. Agreeing to make training plans available to DHHS;
 - e. Ensure adequate availability and quality of service; and
 - f. Other administrative functions.
- C. Youth Continuous Home cannot be self-directed.
- D. Youth Continuous Home may be provided by a relative or Legal Guardian, but not a Legally Responsible Individual. Since this service is only available from agency providers, the relative or Legal Guardian would need to be an employee of an agency provider.

Rates

- A. Youth Continuous Home must be purchased within a participant's annual individual budget amount.
- B. Youth Continuous Home is reimbursed at a daily rate.
1. The provider must be in the residence with the participant, providing a combination of habilitation, supports, protective oversight, and supervision for a minimum of 10 hours in a 24-hour period, 12:00 am - 11:59 pm, for the provider to bill a daily rate.
 2. When the provider is in the residence with the participant, providing a combination of habilitation, supports, protective oversight, and supervision for any amount of time less than 10 hours in a 24-hour period, 12:00 am - 11:59 pm, the provider will be paid at half of the daily rate.
- C. The cost of transportation is:
1. Included in the rate during Youth Continuous Home;
 2. Included in the rate to the site where Youth Continuous Home begins; and
 3. Included in the rate from the site where Youth Continuous Home ends.
- D. DD Rates are listed on the [DD Provider webpage](#).
1. Only one fee schedule is effective at a time.
 2. The start date is on each schedule; once a fee schedule is no longer valid, an end date is added.