

Therapeutic Residential Habilitation

The service definition and limits outlined below do not include all details and requirements. For the service standards, limitations, provider types and qualifications, and reimbursement information, refer to the appropriate Medicaid HCBS DD Waiver.

Waiver Availability

Comprehensive Developmental Disabilities (CDD) Waiver

NFOCUS Service Codes

Therapeutic Residential Habilitation 7286

Service Definition

Therapeutic Residential Habilitation is a habilitative, continuous service, which assists participants in gaining the life skills needed to transition to the least restrictive setting and services in the community. Therapeutic Residential Habilitation is designed specifically for participants living with co-occurring disorders of developmental disabilities with severe mental illness.

The appropriateness of this service is determined by the DDD Clinical team in conjunction with DDD executive leadership.

Conditions of Provision

- A. A participant chooses each service based on their needs.
 - 1. Services should increase independence and community integration; and
 - 2. The chosen waiver services and who provides them are documented in the participant's Individual Support Plan (ISP).
- B. Therapeutic Residential Habilitation includes:
 - 1. Individualized therapeutic habilitation planning while addressing co-occurring conditions;
 - 2. Teaching adaptive skills in activities of daily living:
 - a. Personal hygiene;
 - b. Household chores;
 - c. Meal preparation;
 - d. Community transportation system;
 - 3. Social and leisure skills development; and
 - 4. Person-centered treatment and therapies, such as education and treatments on substance use.
- C. Therapeutic Residential Habilitation is delivered under the direction of a supervising mental health practitioner including:
 - 1. A board-certified Psychiatrist and
 - 2. One of the following:

- a. Licensed Independent Mental Health Practitioner (LIMHP);
 - b. Clinical Psychologist; or
 - c. Advanced Practice Registered Nurse (APRN) who specializes in psychiatric mental health.
- D. Therapeutic Residential Habilitation is a habilitative service and must include habilitation programs. Individual habilitation programs must be conducted, and data recorded each time the service is provided.
- E. Therapeutic Residential Habilitation has the following limitations:
1. Participants receiving Therapeutic Residential Habilitation cannot receive:
 - a. Adult Day;
 - b. Behavioral In-Home Habilitation;
 - c. Child Day Habilitation;
 - d. Consultative Assessment;
 - e. Community Integration;
 - f. Day Supports;
 - g. Medical In-Home Habilitation;
 - h. Prevocational,
 - i. Respite;
 - j. Small Group Vocational Support;
 - k. Supported Employment – Follow-Along; or
 - l. Supported Employment – Individual.
 2. Participants receiving Therapeutic Residential Habilitation cannot receive Residential Habilitation services.
 3. Participants receiving Therapeutic Residential Habilitation cannot receive Independent Living or Supported Family Living on the same day.
 4. Therapeutic Residential Habilitation cannot include any service or part of a service available through public education, including:
 - a. Programs in the participant’s local school district, including after-school supervision and daytime services when school is not in session such as summer breaks, scheduled school holidays, and teacher in-service days; and
 - b. The school hours set by the local school district for the participant regardless of school chosen (public, private, or home).
 5. Therapeutic Residential Habilitation cannot overlap with, replace, or duplicate other similar services provided through Medicaid.
- F. Therapeutic Residential Habilitation can be provided in the hospital setting when a participant is admitted for critical care.
1. Supports are designed to meet the needs of the participant while in a hospital setting and to assist for a smooth transition back to their home.
 2. Supports include teaching skills that will help the participant to maintain their current level of independence, providing behavioral support as needed, and assistance with daily living activities that assist the participant with their treatment and recovery while in the hospital.
 3. Supports do not include any health maintenance activities, treatments, procedures, medication administration, or practices, which must be done by hospital staff.

4. The person-centered service plan will be updated when this service is provided in a hospital setting and when the participant leaves the hospital.

Provider Requirements

The information outlined below does not include all provider requirements. It is intended to be general information about providers of this specific DD service.

- A. All providers of waiver services must:
 1. Be a Medicaid provider;
 2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
 3. Adhere to standards as described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
 4. Complete DHHS trainings upon request; and
 5. Use universal precautions.
- B. Therapeutic Residential Habilitation can be offered by a DD agency provider who is approved by DDD to provide this service. (Not all DD agency providers are approved to offer this service.)
 1. A DD agency provider is a company enrolled as a Medicaid provider and certified by DHHS to provide DD services and is responsible for:
 - a. Hiring and supervising employees who work with the participant;
 - b. Employing staff based on their qualifications, experience, and demonstrated abilities;
 - c. Providing training to ensure staff are qualified to provide the necessary level of care;
 - d. Agreeing to make training plans available to DHHS;
 - e. Ensure adequate availability and quality of service; and
 - f. Other administrative functions.
- C. Therapeutic Residential Habilitation cannot be self-directed.
- D. A relative of the participant, but not a guardian or other legally responsible person of the participant may provide Therapeutic Residential Habilitation when they meet other requirements. Since this service is only available from approved DD agency providers, the relative would need to be an employee of one of these providers.

Rates

- A. Therapeutic Residential Habilitation must be purchased within a participant's annual individual budget amount.
- B. Therapeutic Residential Habilitation is an all-inclusive continuous service reimbursed at a daily rate. The provider must be with the participant, providing a combination of habilitation, supports, protective oversight, and supervision for a minimum of ten hours in a 24-hour period 12:00 am - 11:59 pm for the provider to bill a daily rate.
- C. The cost of transportation is:
 1. Included in the rate during Therapeutic Residential Habilitation;
 2. Included in the rate to the site where Therapeutic Residential Habilitation begins; and
 3. Included in the rate from the site where Therapeutic Residential Habilitation ends.
- D. DD Rates are listed on the [DD Provider webpage](#).

1. Only one fee schedule is effective at a time.
2. The start date is on each schedule; once a fee schedule is no longer valid an end date is added.