

## Chikitsaik Aawasiya Kaushal Vikas

*Neeche di gayi seva ki paribhasha aur seemaen sabhi vivaran aur aavashyaktaon ko shamil nahi karti hain. Seva ke maapdand, seemaon, pradata ke prakar aur yogyata, aur pratipurti ki jaankari ke liye, sambandhit Medicaid HCBS DD Waiver ka sandarbh lein.*

### Waiver ki uplabdhata

Vyapak Vikasatmak Viklangta (CDD) Chhoot

### NFOCUS Seva Codes

Chikitsaik Aawasiya Kaushal Vikas 7286

### Seva Ki Paribhasha

Chikitsaik Aawasiya Kaushal Vikas ek kaushal vikas sambandhi, lagataar pradan ki jane wali seva hai, jo pratyabhagiyon ko jeevan ke aise kaushal prapt karne mein madad karti hai jo unhe sabse kam pratidandhak sthiti aur samudaayik sevaon mein parivartit karne mein madad kare. Chikitsaik Aawasiya Kaushal Vikas vishesh roop se un pratyabhagiyon ke liye design ki gayi hai jo vikasatmak viklangtaon ke saath gambhir manasik bimariyon ka samyojan karte hain.

Is seva ki uchitta DDD chikitsaik team aur DDD prashasnik netritva ke saath milkar tay ki jaati hai.

### Pradan Karne Ki Shartein

- A. Ek pratyabhagi apni zarurat ke adhar par har seva ka chayan karta hai.
  - 1. Sevayein swatantrata aur samudaayik ekikaran ko badhava deni chahiye; aur
  - 2. Chuni gayi waiver sevaen aur inhe pradan karne wala vyakti pratyabhagi ke Vyaktigat Sahayak Yojana (ISP) mein darj kiya jata hai.
- B. Chikitsaik Aawasiya Kaushal Vikas mein shamil hai:
  - 1. Samyojit sthitiyon ka samadhan karte hue vyaktigat chikitsaik kaushal vikas yojana;
  - 2. Pratyek din ke jeevan mein anukoolan kaushalon ki shiksha:
    - a. Vyaktigat safai;
    - b. Grihakarya;
    - c. Bhojan tayar karna;
    - d. Samudaayik parivahan pranali;
  - 3. Samajik aur manoranjana kaushalon ka vikas; aur
  - 4. Vyakti-kendrit upchar aur chikitsaayein, jaise madak padarth ke upyog par shiksha aur upchar.
- C. Chikitsaik Aawasiya Kaushal Vikas ek nigrani karte manasik swasthya chikitsak ke nirdeshan mein pradan kiya jata hai, jo shamil hain:
  - 1. Ek pramanit manovaigyanik chikitsak aur
  - 2. Nimnlikhit mein se ek:

- a. Licensed Swatantra Mansik Swasthya Chikitsak (LIMHP);
  - b. Chikitsa Manovaigyanik; ya
  - c. Unnat Prashikshan Prapt Registered Nurse (APRN) jo manovaigyanik mansik swasthya mein visheshagya hai.
- D. Chikitsa Aawasiya Kaushal Vikas ek kaushal vikas seva hai aur ismein kaushal vikas karyakram shamil hone chahiye. Vyakti vishesh kaushal vikas karyakram chalaye jaane chahiye, aur jab bhi seva pradan ki jaaye, tab har baar data record kiya jaana chahiye.
- E. Chikitsa Aawasiya Kaushal Vikas ki nimnlikhit seemaen hain:
  1. Chikitsa Aawasiya Kaushal Vikas prapt kar rahe pratyabhagi nimnlikhit sevaen nahi prapt kar sakte:
    - a. Vyask Din;
    - b. Vavhaarika Ghar Par Kaushal Vikas;
    - c. Baal Divas Kaushal Vikas;
    - d. Paramarshatmak Mulyankan;
    - e. Samudaayik Samanvay;
    - f. Dinik Samarthan;
    - g. Chikitsa Ghar Par Kaushal Vikas;
    - h. Pesh-purvak,
    - i. Aram Dene Wali Seva;
    - j. Chhoti Samuhik Vyavsayik Sahayata;
    - k. Samarthat Rojgar – Anukaran Seva; ya
    - l. Samarthat Rojgar – Vyaktiगत.
  2. Chikitsa Aawasiya Kaushal Vikas prapt kar rahe pratyabhagi Aawasiya Kaushal Vikas sevaen nahi prapt kar sakte.
  3. Chikitsa Aawasiya Kaushal Vikas prapt kar rahe pratyabhagi ek hi din mein Swatantra Jeevan ya Samarthat Parivarik Jeevan sevaen nahi prapt kar sakte.
  4. Chikitsa Aawasiya Kaushal Vikas kisi bhi seva ya seva ke kisi bhi hissa ko shamil nahi kar sakta jo lok shiksha ke madhyam se uplabdh ho, ismein shamil hai:
    - a. Pratibhagee ke sthaniya school jila mein chalu karyakram, jismein school ke baad ki dekhbhal aur aise dinon ki sevaeyin shaamil hain jab school band ho, jaise ki garmiyon ki chhuttiyan, nirdharit school chhuttiyan, aur shikshak seva divas; aur
    - b. Pratyabhagi ke liye sthaniya school zila dwara nirdharit school ke samay, chahe school ka prakar kuch bhi ho (sarkari, private, ya ghar par).
  5. Chikitsa Aawasiya Kaushal Vikas Medicaid ke madhyam se pradan kiye gaye anya saman sewaon ke saath na toh samanantar kar sakta hai, na unka badal sakta hai, aur na unhe nakal kar sakta hai.
- F. Chikitsa Aawasiya Kaushal Vikas hospital ke paripeksh mein pradan kiya ja sakta hai jab pratyabhagi ko mahatvapurn dekhbhal ke liye bharti kiya jata hai.
  1. Sahayata pratyabhagi ki avashyaktaon ko hospital ke paripeksh mein poora karne aur unke ghar wapas jane ke liye ek sahay parivartan mein madad karne ke liye design ki gayi hai.
  2. Sahayata mein un kaushalon ka shikshan shamil hai jo pratyabhagi ko unke vartaman swatantrata ke star ko banaye rakhne mein madad karenge, avashyakta anusar vyavhaaric sahayata pradan karna, aur dincharya ke karyo mein sahayata jo pratyabhagi ko unke upchar aur arogya mein hospital mein madad karte hain.
  3. Sahayata mein koi bhi swasthya rakshan kriyaen, upchar, prakriyaen, davaon ka prabandhan, ya abhyas shamil nahi hain, jo hospital ke karmachariyon dwara kiye jane chahiye.

4. Vyakti kendrit seva yojna ko tab update kiya jayega jab yeh seva hospital ke paripeksh mein pradan ki jaye aur jab pratyabhagi hospital chhode.

## Pradata Ki Avashyaktaayein

*Nichee di gayi jankari mein sabhi pradata ki avashyaktaayein shaamil nahi hain. Yeh is vishesh DD seva ke pradataon ke baare mein samanya jankari dene ke liye hai.*

- A. Waiver ka Sabhi seva pradataon ko yah karana hoga:
  1. Medicaid pradata hona chahiye;
  2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karni chahiye;
  3. Medicaid aur Dirgha kaalin Dekhbhal Seva Pradata Samjhauta mein varnit manako ka palan karna chahiye;
  4. Anurodh par DHHS prashikshan poora karna chahiye; aur
  5. Sarvabhaumik saavdhaniyon ka palan karna chahiye.
- B. Chikitsaik Aawasiya Kaushal Vikas ek DD sanstha pradata dwara pradan kiya ja sakta hai jo DDD dwara is seva ko pradan karne ke liye manjoor kiya gaya ho. (Sabhi DD sanstha pradata is seva ko pradan karne ke liye manjoor nahi hote.)
  1. Ek DD sanstha pradata ek company hai jo Medicaid pradata ke roop mein panjikrit hai aur DHHS dwara DD sevaayein pradan karne ke liye pramanit hai aur nimnlakhit ke liye zimmedar hai:
    - a. Un karmachariyon ki bharti aur nigraani jo pratibhagee ke saath kaam karte hain;
    - b. Karmachariyon ko unki yogyata, anubhav, aur pradarshit kshamataon ke aadhar par niyukt karna;
    - c. Karmachariyon ko prashikshan pradan karna taaki ve aavashyak star ki dekhbhal dene ke liye yogya ho sakein;
    - d. DHHS ke liye prashikshan yojnaayein uplabdh karane ke liye sahamat hona;
    - e. Seva ki paryapt uplabdhata aur gunwatta sunischit karna; aur
    - f. Anya prashasanik kriyaen.
- C. Chikitsaik Aawasiya Kaushal Vikas swayam-nirdeshit nahi ho sakta.
- D. Pratyabhagi ka ek rishtedaar, lekin pratyabhagi ka abhibhabak ya koi anya kanuni roop se jimmedar vyakti nahi, jab ve anya aavashyaktaon ko pura karte hain, tab chikitsaik aawasiya kaushal vikas pradan kar sakte hain. Kyoki yeh seva keval manjoor DD sanstha pradataon dwara uplabdh hai, isliye rishtedaar ko in pradataon mein se kisi ek ka karmachari hona chahiye.

## Mullya

- A. Chikitsaik Aawasiya Kaushal Vikas ko pratyabhagi ke saal bhar ke vyaktigat budget ke andar kharida jaana chahiye.
- B. Chikitsaik Aawasiya Kaushal Vikas ek sampurn aur lagatar seva hai jo daihik Mullya par pratipurn ki jati hai. Pradata ko pratyabhagi ke saath hona chahiye, jisme kaushal vikas, sahayata, surakshit nigraani, aur niyantran ka ek mishran pradan kiya jata hai, kam se kam das ghante tak ek 24-ghante ke avadhi mein, 12:00 am se 11:59 pm tak, taaki pradata ko daihik dar par billing ki ja sake.
- C. Yatra ka kharcha hai:
  1. Chikitsaik Aawasiya Kaushal Vikas ke dauran daihik Mullya mein شامل hai;
  2. Chikitsaik Aawasiya Kaushal Vikas jahan se shuru hota hai, us sthal tak daihik Mullya mein شامل hai; aur
  3. Chikitsaik Aawasiya Kaushal Vikas jahan samapt hota hai, us sthal se daihik Mullya mein شامل hai.
- D. DD moolya [DD pradata ke webpage](#) par listed hain.

1. Ek samay par kewal ek shulk anusar prabhavi hota hai.
2. Pratyek shulk anusar par shuru hone ki tareekh hoti hai; ek baar jab koi shulk anusar aaidya ho jata hai, tab ant tareekh jodi jati hai.