

## Caregiver Training

### NFOCUS Service Code

TBI Caregiver Training 2152

### Service Definition

Caregiver Training is a person-centered service that provides individualized training and education to the unpaid caregiver who delivers informal support to participants on the HCBS Traumatic Brain Injury (TBI) Waiver. This service is intended to assist the unpaid caregiver in understanding and addressing the participant's needs by building on their own skills and knowledge to become more proficient in assisting the participant in reaching their life goals.

### Conditions of Provision

- A. The need for Caregiver Training must be identified during participant assessment and included in the person-centered plan (PCP).
- B. Providers cannot provide services to more than one participant at a time unless otherwise noted in the participant's PCP.
- C. The TBI Waiver will cover Caregiver Training as specified in the PCP and authorized before utilization.
- D. Caregiver Training must be necessary to achieve the expected outcomes identified in the participant's PCP.
- E. Training must be directly related to the role of the unpaid caregiver in supporting the participant in areas specified in the PCP.
- F. This service is for the caregiver who provides unpaid support to the participant. It is not authorized for training or educating paid caregivers.
- G. Caregiver Training may address such areas as:
  - 1. Understanding the disability of the participant supported;
  - 2. Achieving greater competence and confidence in providing supports;
  - 3. Developing or enhancing key care and support strategies; and
  - 4. Other areas identified for the unpaid caregiver to support the participant's desired goals and outcomes most effectively as described in the PCP.
- H. Caregiver Training must not overlap, supplant, or duplicate other comparable services provided through the Medicaid state plan, including EPSDT, or other HCBS waiver services.

### Provider Requirements

- A. All providers of waiver services must:
  - 1. Be a Medicaid provider;
  - 2. Comply with all applicable Titles of the Nebraska Administrative Code and Nebraska State Statutes;
  - 3. Adhere to standards described in the Division of Medicaid and Long-Term Care Service Provider Agreement;
  - 4. Complete DHHS trainings upon request; and
  - 5. Use universal precautions.

- B. Caregiver Training must be provided by an approved TBI Agency Caregiver Training Provider.

## Rates

- A. The authorized amount will be based on the participant's need as documented in their PCP.
- B. Can include payment for registration and training fees associated with formal instruction in areas relevant to the participant needs identified in the service plan.
- C. Education, training programs, workshops, and conference registration costs for an unpaid caregiver are limited to \$500.00 per annual budget year.
- D. Payment is not available for the costs of travel, transportation, meals, and overnight lodging to attend a training event or conference.