

## Aram Ka Samay

### NFOCUS Seva Codes

**Aram Ka Samay 7395**

**TBI Aram 3471**

**Ghar Par Aram Ka Samay 1113**

**TBI Aram Ghar-Par 6688**

### Seva Ki Paribhasha

Aram Ka Samay ek seva hai jo vridhon, viklangon (AD) aur Samarthat Mastisk Ghatna (TBI) Waiver par rakhne wale badon aur bachon ke liye hoti hai. Yeh seva samanya dekhbhal karne wale ko lagatar sahayata aur dekhbhal ki zimmedariyon se chhutkara देने के liye temporary dekhbhal pradan karti hai. Aram Ka Samay seva ko bhagidaar ke ghar ke andar ya bahar dono jagah pradan karne ki anumati hoti hai.

- A. Aram Ka Samay ya Samarthat Mastisk Ghatna Aram Ka Samay ek aise sthal par pradan ki jaati hai jo Nebraska Swasthya aur Manav Seva Vibhag (DHHS) द्वारा मान्यता प्राप्त या license kiya gaya ho, jaise ek aram seva pradata ka niji niwas, ek license prapt sahayak jeevan suvidha kendra, ek license prapt aram suvidha kendra, ya koi aur samudaayik sthal. Yeh bhagidaar ke ghar mein pradan nahi ki jaati. Agar kisi aspataal ya anya sthal द्वारा pradan kiya jaata hai, to bhagidaar ko us sthal ka niwasi nahi mana jaata.
- B. Aram Ghar-Par ya Samarthat Mastisk Ghatna Aram Ghar-Par ek मान्यता प्राप्त द्वारा bhagidaar ke ghar mein pradan kiya jaata hai aur ismein samudaay mein samajik ya manohar gatavidhiyan bhi shamil ho sakti hain.

Aram ke ghatak (sabhi seva code) mein nigrani, vyakti ki sharirik avashyaktaon se sambandhit kaam, vyakti ki mansik avashyaktaon se sambandhit kaam, aur samajik ya manohar gatavidhiyan shamil hain.

### Pradan Karne Ki Shartein

- A. Aram ki avashyakta ko bhagidaar ki moolyankan ke dauran pehchana jaana chahiye aur ise vyakti kendrit yojna (PCP) mein shamil kiya jaana chahiye.
- B. Jab aram ki avashyakta pehchani jaati hai, tab anumodit rashi kai ghatkon jaise anaupcharik samarthat ki uplabdhata, atyachaar/andekhi ka sambhavana, aur dekhbhal karne wale ki swasthya sthiti ke moolyankan par aadharit hoti hai.
- C. Aram ki waivar ka avadhi DHHS द्वारा निर्धारित वार्षिक सीमा के अंतर्गत दिनों या घण्टों तक सेमित ki gayi hai.
  1. Sabhi aram aur aram ghar-par ke liye bhagidaar ki varshik योग्यता avadhi के दौरान 360 ghante ya 60 din se adhik ki anumati nahi di ja sakti hai.
  2. Ek din ka arth ek samay mein 6 ya usse adhik ghanton ki dekhbhaal se hai.
- D. Aram ki anumati nimnalikhit sthitiyon mein se ek ya adhik ke liye di ja sakti hai:
  1. Ek aapaatkaleen ya sankat ki sthiti utpann hoti hai jo:
    - a. Jisme samanya dekhbhal karne wale ki anupasthiti avashyak ho; ya
    - b. Jo samanya dekhbhal karne wale par asamanya tanav dalta ho.
  2. Samanya dekhbhal karne wale ko swasthya sewa ki avashyakta hoti hai, jisme daant ka ilaj, doctor ke samay, aspatal mein bharti hona, ya dekhbhal karne wale ki sthayeri akshamta shamil ho sakti hai.
  3. Samanya dekhbhal karne wale ko niyamit, pehle se निर्धारित व्यक्तित्व गतिविधियों के liye aram ki avashyakta hoti hai, jisme padhai ka samay, dharmik sevayein, rashan ka samaan kharidna, ya club ki baithakein shamil ho sakti hain.
  4. Samanya dekhbhal karne wale ko niyamit samay के liye 'vishram aur aram' ki avashyakta hoti hai.

5. Samanya dekbhal karne wale ki chutti.
- E. Aram Seva ka upyog samanya dekbhal karne wale ko rozgar apnane ya rojgar ya peshewar pragati ke liye adhyayan karne ki anumati dene ke liye nahi kiya jata.
  - F. Bhagidaar ko kabhi bhi Aram Seva ke dauran akela nahi chhoda ja sakta.
  - G. Seva pradata dwara bhagidaar ki aahari avashyaktaon ke anuroop, sahi samay par bhojan ya nashta pradan kiya jaata hai.
  - H. Rashtriya Vittiya Yogdan ko Ghar Par Aram Ka Samay ke liye kamra aur bhojan ke liye daawa nahi kiya ja sakta.
  - I. Bhagidaar ko is seva ko us samay pradan karne ki anumati nahi mil sakti jab yeh Saathi seva, Vyask Din Swasthya Seva, Vyaktigat Dekhbhal, Viklangta wale Bacchon ke liye Atirikt Dekhbhal, ya Gair-Chikitsiya Parivahan Seva ke samay ke saath milta ho.
  - J. AD aur TBI Waiver ke antargat sewayein unhe atirikt sewayon tak simit hain jo Medicaid rajya yojna ke antargat nahi aati, jisme EPSDT شامل hai, parantu yeh waiver ke uddeshyon ke anukool hoti hain, jo sansthaikaran ko rokhne ke liye hain.

## Pradata Ki Avashyaktaayein

- A. Waiver ka Sabhi seva pradaataon ko yah karana hoga:
  1. Medicaid pradata hona chahiye;
  2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karni chahiye;
  3. Medicaid aur lambe samay Dekhbhaal Seva Pradata Samjhauta mein varnit maapdandhon ka paalan karna;
  4. Anurodh par DHHS prashikshan poora karna chahiye; aur
  5. Sarvabhaumik saavdhaniyon ka palan karna chahiye.
- B. Aram ki sewa ek vyakti ya sanstha dwara pradan ki ja sakti hai.
- C. Har sanstha pradata ko yeh sab karna hoga:
  1. Apne karmcharyon ko unki yogita, anubhav, aur pradarshit kshamtaon ke aadhaar par niyukt karna;
  2. Karmcharyon ko prashikshan pradan karen taaki yeh sunishchit ho sake ki ve avashyak dekbhal ke star ko pradan karne ke liye योग्य hain;
  3. Prashikshan yojnaayein DHHS ke liye uplabdh karane par sahmat hona; aur
  4. Seva ki praptita aur gunvatta ko sunishchit karna.
- D. TBI Waiver pradataon ko Aram pradan karne se pehle DHHS-manjoor TBI prashikshan poora karna hoga.
- E. Ghar Par Aram pradan karne wale pradataon ke paas ek sakriya Electronic Yatra Pushtikaran (EVV) system hona chahiye, jo seva ke samay ko electronic roop se check-in aur check-out kar sake.
- F. Ghar Par Aram pradan karne wale pradataon ke paas EVV system ke liye avashyak computer kaushal aur takneek ka access hona chahiye.
- G. Bhagidaar ke ghar ke bahar pradan kiye jaane wale Aram pradataon ko sunishchit karna hoga ki unka ghar ya suvidha bhagidaar ke liye suvidha janak aur surakshit ho, aur yeh antim setings niyamon ke anusar provider ke swamitva aur sanchaalit sthalon ke liye sthapit maapdand ko pura karta ho, jiska Dastavej har saal apne Sansadhan Vikasak (RD) ke saath kiya jaana chahiye.

## Mullya

- A. Vyaktigat pradataon ke liye mullya DHHS dwara nirdharit kiye jaate hain aur yeh prati varsh badal sakte hain.
- B. Sanstha pradataon ke liye dar, pradata aur Sansadhan Vikasak (RD) ke beech samvaad ke madhyam se vyakti vishesh adhaar par nirdharit kiye jaate hain.
  1. Darakhton ko pratyek varsh, pradan karta ke varshik samjhote ke samapan ke samay par punaravalokan kiya jata hai.
  2. Sanstha pradata tab punah samjhota ki maang kar sakte hain jab bhagidaar ki dekbhal ki avashyaktaein badh jaati hain.
  3. Mulyo ka samjhota bhaagidar ke seva ki avashyaktaon ke star, pradata ke kaushal star, aur bhaugolik sthal ko dhyaan mein rakhta hai.

4. Mulyo ka nirdharan aam aur samanya mulyo ke aadhar par kiya jata hai, jo pradan karta dwara ek niji bhugtaan karne wale vyakti se liye jane wale dar se adhik nahi hote.
- C. Seva ki avritti ghante ke hisaab se ya din ke aadhar par hoti hai, jo is baat par nirbhar karti hai ki seva kahan pradan ki ja rahi hai.
1. Ghar par pradan ki ja rahi seva ko ghante ke hisaab se bill kiya jata hai.
  2. Bhagidaar ke ghar ke bahar pradan ki ja rahi seva ko ghante ya din ke hisaab se bill kiya ja sakta hai.
    - a. Bhagidaar ke ghar ke bahar 6 ya usse adhik ghante ki pradan ki gayi seva ke liye din ke mullya par bhugtaan karna hoga, yadi yeh vikalp pradata dwara niji bhugtaan karne wale parivaron ko prastut nahi kiya gaya ho.