

## Awasik Kaushal Vikas – Sanyukt Jeevan

Neeche di gayi seva ki paribhasha aur seemaen sabhi vivaran aur aavashyaktaon ko shamil nahi karti hain. Seva ke maapdand, seemaoen, pradata ke prakar aur yogyata, aur pratipurti ki jaankari ke liye, sambandhit Medicaid HCBS DD Waiver ka sandarbh lein.

### Waiver ki uplabdhata

Vyapak Vikasatmak Viklangta (CDD) Chhoot

### NFOCUS Seva Codes

Sanyukt Jeevan (Swatantra Thekedaar) – Sanstha 1472

### Seva Ki Paribhasha

Awasik Kaushal Vikas – Sanyukt Jeevan ek kaushal vikas sewa hai, jo bhagidaar ko svatantra jeevan jeene se judi kaushalon ke saath-saath samudaay mein mel-jol sikhata hai. Is saaransh mein, sewa ka naam Sanyukt Jeevan tak simit kiya gaya hai.

Sanyukt Jeevan ek niji ghar mein pradan kiya jaata hai, jo kisi vyakti, jodi, ya parivaar ke dwara diya jaata hai jo bhagidaar ko jaana jaata hai aur jo sanstha ke swatantra thekedaar hote hain. Yeh seva unke apne ghar mein hoti hai, jo ya to unhone khareeda ho ya kiraye par liya ho. Sanyukt Jeevan ka samvida karta aur bhagidaar ek hi ghar mein saath rahte hain, aur bhagidaar apne ghar aur samudaay mein Sanyukt Jeevan parivar ke saath apna dainik jeevan saanjha karta hai. Ghar Sanyukt Jeevan ke thekedaar aur pratyabhagi dono ka ekmatra niwas sthal hota hai.

### Pradan Karne Ki Shartain

- A. Ek pratyabhagi apni zarurat ke adhar par har seva ka chayan karta hai.
  1. Sevayein swatantrata aur samudaayik ekikaran ko badhava deni chahiye; aur
  2. Chuni gayi waiver sevaen aur inhe pradan karne wala vyakti pratyabhagi ke Vyaktigat Sahayak Yojana (ISP) mein darj kiya jata hai.
- B. Sanyukt Jeevan mein swasthya dekhbhal aur nigraani ki madad shamil hoti hai.
- C. Sanyukt Jeevan ek kaushal vikas sewa hai aur isme kaushal vikas ke karekram shamil hone chahiye. Vyakti vishesh kaushal vikas karyakram chalaye jaane chahiye, aur jab bhi seva pradan ki jaaye, tab har baar data record kiya jaana chahiye.
- D. Sanyukt Jeevan ke udaharan mein rozana ke jeevan ki gatividhion mein anukoolan kaushal sikhana shamil hai, jaise parantu in tak seemit nahi:
  1. Vyaktigat safai;
  2. Kapde dhona aur ghar ke kaam;
  3. Bhojan tayar karna;
  4. Samudaay mein gatividhian; aur
  5. Samajik aur manoranjan kaushal.
- E. Sanyukt Jeevan mein nimnalikhit seemaayein hoti hain:
  1. Sanyukt Jeevan ek samay mein teen se adhik bhagidaaron ko pradan nahi kiya ja saka.
  2. Sanyukt Jeevan prapt karne wale bhagidaar usi din Svatantra Jeevan ya Samarthit Parivarik Jeevan nahi le sakte.

3. Jo bhagidaar Sanyukt Jeevan seva le rahe hain, unhe Bachon Ka Dinik Kaushal Vikas, Vishraam Seva, ya Chikitsik Awasik Kaushal Vikas seva nahi mil sakti.
  4. Sanyukt Jeevan mein koi bhi aisi seva ya seva ka hissa nahi shamil ho sakt jo sarvajanik shiksha ke madhyam se uplabdh ho, jaise ki:
    - a. Pratibhagee ke sthaniya school jila mein chalu karyakram, jismein school ke baad ki dekhbhali aur aise dinon ki sevaayein shaamil hain jab school band ho, jaise ki garmiyon ki chhuttiyan, nirdharit school chhuttiyan, aur shikshak seva divas; aur
    - b. Pratyabhagi ke liye sthaniya school zila dwara nirdharit school ke samay, chahe school ka prakar kuch bhi ho (sarkari, private, ya ghar par).
  5. Sanyukt Jeevan kisi anya samaan seva se nahi mil sakt, na hi uska sthaan le sakt hai, na hi Medicaid ke madhyam se pradan ki jaane wali anya sevaon ko dohrata hai.
- F. Ek kiraye ka anubandh, aawasik samjhauta, ya likhit samjhauta ka koi anya roop hona chahiye jo pratyabhagi ko malik aur kirayedaar ke kanoon ke anusar nikale jaane se bachane ke liye surakshit kare.
- G. Sanyukt Jeevan uss samay hospital mein pradan kiya ja sakt hai jab koi bhagidaar kathin ilaj ke liye bharti ho.
1. Sahayata pratyabhagi ki avashyaktaon ko hospital ke paripeksh mein poora karne aur unke ghar wapas jane ke liye ek sahaj parivartan mein madad karne ke liye design ki gayi hai.
  2. Sahayata mein un kaushalon ka shikshan shamil hai jo pratyabhagi ko unke vartaman swatantrata ke star ko banaye rakhne mein madad karenge, avashyakta anusar vyavhaaric sahayata pradan karna, aur dincharya ke karyo mein sahayata jo pratyabhagi ko unke upchar aur arogya mein hospital mein madad karte hain.
  3. Sahayata mein koi bhi swasthya rakshan kriyaen, upchar, prakriyaen, davaon ka prabandhan, ya abhyas shamil nahi hain, jo hospital ke karmachariyon dwara kiye jane chahiye.
  4. Jab yeh seva hospital ke paripeksh mein pradan ki jaati hai, to vyakti- kendrit seva yojana ko update kiya jaayega.

## Pradata Ki Avashyaktaayein

*Nichee di gayi jankari mein sabhi pradata ki avashyaktaayein shaamil nahi hain. Yeh is vishesh DD seva ke pradataon ke baare mein samanya jankari dene ke liye hai.*

- A. Waiver ka Sabhi seva pradaataon ko yah karana hogा:
1. Medicaid pradata hona chahiye;
  2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karni chahiye;
  3. Medicaid aur Dirgha kaalin Dekhbhal Seva Pradata Samjhauta mein varnit manako ka palan karna chahiye;
  4. Anurodh par DHHS prashikshan poora karna chahiye; aur
  5. Sarvabhaumik saavdhaniyon ka palan karna chahiye.
- B. Sanyukt Jeevan DD sanstha ke seva pradata dwara pradan kiya ja sakt hai.
1. Ek DD sanstha pradata ek company hai jo Medicaid pradata ke roop mein panjikrit hai aur DHHS dwara DD sevaayein pradan karne ke liye pramanit hai aur nimnlilikit ke liye zimmedar hai:
    - a. Bhagidaar ke saath kaam karne wale SLPs ko theka dena aur unki nigraani karna;
    - b. SLPs se unki yogita, anubhav, aur kshamataon ke adhar par niyukt karna;
    - c. Thekedaaron ko zaroori dekhbhali dene ke liye prashikshan dena, taaki ve yathochit kaushalon se seva de sakein;
    - d. DHHS ke liye prashikshan yojnaayein uplabdh karane ke liye sahamat hona;
    - e. Seva ki paryapt uplabdhata aur gunwatta sunischt karna; aur

- f. Anya prashasanik kriyaen.
- C. Sanyukt Jeevan ko swayan nirdeshit nahi kiya ja sakta.
- D. Bhagidaar ka koi rishtedaar, lekin uska abhibhabak ya koi anya kanuni roop se jimmedar vyakti nahi, jab ve anya avashyaktaon ko pura karte hain, tab ve Sanyukt Jeevan pradan kar sakte hain. Kyonki yeh seva keval sanstha ke seva pradataon ke dwara hi uplabdh hai, isliye rishtedaar ko sanstha ke thekedaar ke roop mein hona zaroori hai.
- E. Sanyukt Jeevan ka ghar SLP ka ekmatra niwas hona chahiye aur yeh DD Sanstha ke seva pradata dwara na to malikana ho sakta hai aur na hi kiraye par liya ja sakta hai. SLP ko bhagidaar ke saath us ghar mein rehna zaroori hai.
- F. Jab ek bhagidaar Sanyukt Jeevan Seva Pradata (SLP) se seva lena chahta hai:
1. Sanstha ke seva pradata ko ghar mein kisi bhi sambhavit SLP thekedaar ke saath aur ghar ke sabhi prashikshit bade sadasyon ke saath ek Ghar Adhyayan Survey pura karna hogा.
  2. Jab ghar mein koi badlaav hota hai, tab ek naya Ghar Adhyayan Survey kiya jana chahiye.
  3. Sabhi naye SLP stithiyon ke liye, sanstha ke seva pradata ko bhagidaar ki team baithak se kam se kam saat din pehle Ghar Adhyayan Survey sthaniya roop se pura karna hogा.
- a. Sewa pradataon ko Therap par ek prati case note mein upload karni hogi aur bhagidaar aur unke abhibhabak ko jama karni hogi.
  - b. Ghar Adhyayan Survey DHHS ki website par milta hai.
- G. Jab Seva Samanvay ko niyojan ya survey pratikriya ke baare mein koi chinta hoti hai, to SC sanstha pradata ke saath milkar koi bhi update ya sudhar karta hai.
1. Sanstha ke seva pradata ki jimmedari hai ki sabhi chintao ko SLP ke saath suljhaya aur hal kiya jaye.
  2. Seva Samanvay sabhi jama ki gayi surveys aur samagri ko samiksha karta hai aur pratyabhagi ke team ke saath is par charcha karta hai. Ve is pratikriya ke kisi bhi charan mein seva pramanikaran ya niyojan ke inkaar ke saath aage badh sakte hain.
- a. Seva manzoori tab tak manzoor nahi ki jayegi jab tak SLP ne Ghar Adhyayan Survey pura nahi kiya ho, uske paas anukool Antim Stithi Niyam Sthal Mulyankan na ho, Maximus se sambandhit na ho, Sewa Samanvay ke liye sthaniya roop se daura na kiya ho, aur ek team baithak na hui ho jisme sambhavit stithi par charcha ki gayi ho.
  - b. Jab stithi ko aswikar kiya jata hai, to sanstha pradata, SLP nahi, ek nyayik sunvai ki maang kar sakta hai.
- H. Sanstha pradata ko sthal par kiye gaye darshanon ko pramanit karna hogा:
1. Maasik roop se Aadhaarik-Uch Star ke bhagidaron ke liye aur
  2. Maasik do baar Agrim-Jokhim Star ke bhagidaron ke liye.
- I. Har 90 din ke avadhi mein, sanstha pradata ko bina soochna diye aayojit mulakatein karni hoti hain:
1. Kam se kam do mulakatein Moolbhut-Uch Star ke bhagidaron ke liye, aur
  2. Char mulakatein Viksit-Jokhim Star ke bhagidaron ke liye.
- J. Jab ek SLP mool-ucch star par ek bhagidaar ko sahayata de raha ho, to ghar mein keval do rajya dwara vittiya sahayata prapt vyakti ho sakte hain, jinmein CFS; Probation; aur DD, AD, ya TBI Waivers shamil hain. Jab bhagidaar unnat-jokhim star par ho, to koi anya rajya dwara vittiya sahayata prapt vyakti us ghar mein rehne nahi diye ja sakte.
1. Pratinidhi pradata ko SC ko suchit karna hogा jab koi vyakti, jo kisi bhi HCBS Waiver, CFS, Pariksha, ya kisi anya rajya pradata ke madhyam se vittapit hai, ghar mein rehta ho.
  2. Seva Samanvay CFS, Parole, ya kisi anya rajya sanstha ki manzoori ki jaanch karega, tabhi SLP ko manzoori di jayegi.

- K. Jab ek SLP ek bhagidaar ko Unnat-Jokhim Star par sahayata de raha ho, toh ghar mein do pradan, jo poore samay wahan rahte hain aur niwas seva ke ghamon ke dauran uplabdh hote hain, unka honi zaroori hai aur unka contract par hona bhi chahiye.
1. Jab ek bhagidaar ko asthai anukampa vittiya anurodh ke liye manzoori milti hai, toh bhagidaar apne vartaman SLP mein ek pradan ke saath reh sakte hain, jab tak asthai anukampa vittiya anurodh ki avadhi poori nahi hoti.
- L. Jab ek SLP ke paas 13 varsh se kam umr ke bachche hote hain, tab ek anya vyask vyakti ko ghar mein poora samay rehna chahiye aur Ghar Adhyayan Sarvekshan mein darj hona chahiye, jo avashyakta padne par bachche ki dekhbhali aur suraksha pradan kare.
- M. Jis nivaas sthal mein SLP aur bhagidaar rehte hain, uska apna ek America Daak Seva (United States Postal Service) dwara manyata prapt pata hona avashyak hai. Alag basement apartments, garage ke upar ke apartments, ya aise apartments jo ghar mein puri tarah se samilit na hon, unhe anumati nahi hai.
- N. Sanstha pradata ka daayitva hai ki wo Therap case notes mein documentation upload kare:
1. Purna Grihasth Ghar Adhyayan Survey;
  2. Kiraya patta, jo Bhagidaar ya abhibhavak dwara sign kiya gaya ho aur
  3. SLP aur sanstha pradata ke madhya signed ki gai SLP Anubandh.
- O. Bhagidaar ke dwara chune gaye pratinidhi karmchari ko Sanyukt Jeevan thekedaar ke sthaan par istemal kiya ja sakta hai.
1. Pratinidhi karmchari ko yeh karna hogा:
    - a. Pratinidhi karmchari ko Bhagidaar ke ghar mein wahi kaushal vikas sewa pradan karni hogi;
    - b. Bhagidaar ke niyamit samay-suchi ka paalan karna hogा; aur
    - c. Sabhi pradan karta yogyaataon ko pura karna hogा.
  2. Pratinidhi karmchari ka upyog bhagidaar ke ISP mein dastavez ke roop mein darj karna hogा.
  3. Pratinidhi karmchari ke upyog ka abhipray sanstha dwara dastavez ke roop mein darj kiya jana chahiye aur SC ke anurodh par uplabdh karaya jana chahiye.
  4. Sanyukt Jeevan thekedaar pratinidhi karmchari ka upyog ek bhagidaar ke ISP varsh mein 360 ghanton se adhik samay tak nahi kar sakta.
    - a. Ek din (10-24 ghante) ka pratinidhi karmchari ka upyog 360 ghanto ke seema mein das ghante ke roop mein gina jayega, jo vyakti ke budget varsh ke liye hai.
    - b. Avyavahrit pratinidhi karmchari ke ghante agle ISP varsh mein nahi jode ja sakte.
- P. Bhagidaar dwara chune gaye sahayak karmchari ka upyog Sanyukt Jeevan thekedar ki madad ke liye kiya ja sakta hai.
1. Sahayak karmchari Sanyukt Jeevan thekedar ke saath milkar bhagidaar ke liye sevaon ka pradan karta hai.
  2. Sahayak karmchari Sanyukt Jeevan thekedar se alag se apne aap sevaen pradan nahi kar sakta.
  3. Sahayak karmchari ko yeh karna hogा:
    - a. Bhagidaar ko wahi kaushal vikas ki seva pradan karein;
    - b. Bhagidaar ke niyamit samay-suchi ka paalan karna hogा; aur
    - c. Sabhi pradan karta yogyaataon ko pura karna hogा.
  4. Sahyogi karmchari ka upyog Bhagidaar ke ISP mein dastavejikaran kiya jana chahiye.
  5. Sahyogi karmchari ke upyog ka abhilekh sanstha pradata dwara dastavejit kiya jana chahiye aur aavashyakta par SC ko uplabdh karaya jana chahiye.
  6. Sanyukt Jeevan thekedar sahayak karmchari ka upyog lagatar, 24 ghante ke liye nahi kar sakta.
- Q. Ghar mein rehne wala koi bhi SLP ya vyask vyakti apne ghar mein rehne wale kisi bhi bade bhagidaar ke liye din ke karmchari ke roop mein kaam nahi kar sakta.

1. Ghar mein rehne wala koi bhi SLP ya prapt vyakti us sanstha ke liye kaam kar saka hai jo bhagidaar ko din ki sahayata pradan karti hai, lekin wah apne ghar mein rehne wale bhagidaar ko seva nahi de saka.
  2. Ghar mein rehne wala koi bhi SLP ya prapt vyakti swatantra pradayak nahi ban saka, taaki apne ghar mein rehne wale kisi prapt bhagidaar ko din ki sahayata pradan kar sake.
- R. Ghar mein rehne wala koi bhi SLP ya prapt vyakti 21 saal ya usse kam umra ke vyakti ko us samay seva pradan kar saka hai jab school band ho ya chhuttiyon ke dauran, jab tak ki wah nivas santha pradata ka karmchari ho ya din ki sevaon ke liye vishesh anumatipatriti swatantra pradayak ho.
- S. Jab ek bhagidaar SLP sevaen prapt kar raha ho, to santha pradata bhagidaar ki dekhbhali ke liye zimmedar hota hai aur jab zarurat ho, tab SLP ko 24/7 sahayata pradan karni hoti hai. Bhagidaar ki team ko ISP mein ek sahayak yojna ka dastavez karna hota hai jo sankat ya apaatkalin paristhitiyon ke samay ke liye ho.
- T. Pratinidhi yojanayen vyakti ke kendra mein honi chahiye, taaki bhagidaar ki itihaasik aur sambhavit bhavishya ki avashyaktaon ko poora kiya ja sake, aur yeh pehchana ja sake ki bhagidaar ne yeh yojana chuni hai.
- U. Koi bhi SLP tab punaravalokan kiya jayega jab Sanyukt Jeevan ke parivesh mein koi badlav ho, jaise ki karmchari mein badlav, seva ke sthal mein badlav, niwasi mein badlav, ya Sanyukt Jeevan ke ghar ki sanrachna mein badlav. SLP samvida kabhi bhi radd ki ja sakti hai, taaki prapt bhagidaaron ki swasthya, suraksha aur kalyan ko banaye rakha ja sake.

## Mullya

- A. Sanyukt Jeevan ko bhagidaar ke varshik vyaktigat budget ki rakam ke andar kharida jaana chahiye.
- B. Sanyukt Jeevan ko pratidin ki mullya par puri kiya jata hai.
1. Pradata ko 24-ghante ke samay ke dauran, 12:00 am se 11:59 pm tak, pratyabhagi ke saath kam se kam das ghante ya usse adhik samay tak aawas mein rehna chahiye.
  2. Jab 24-ghante ke samay ke dauran, 12:00 am se 11:59 pm tak, das ghante se kam samay ke liye seva pradan ki jaati hai, to pradata ko dainik mullya ka aadha bhugtan kiya jaayega.
  3. Din ke 10 ghante ka kuch hissa ya poora samay pradata aur pratyabhagi neend mein ho saka hai, jab tak yeh pratyabhagi ke ISP ke anusar uchit ho aur sabhi avashyaktaayein poori ki ja rahi ho.
- C. Yatra ka kharcha hai:
1. Sanyukt Jeevan ke dauran dar mein shamil hai;
  2. Sanyukt Jeevan shuru hone wale sthal tak ki mullya mein shamil hai; aur
  3. Sanyukt Jeevan jahan khatam hota hai uss sthal tak mullya mein shamil hai.
- D. DD moolya [DD pradata ke webpage](#) par listed hain.
1. Ek samay par kewal ek shulk anusar prabhavi hota hai.
  2. Pratyeek shulk anusar par shuru hone ki tareekh hoti hai; ek baar jab koi shulk anusar avaidya ho jata hai, tab ant tareekh jodi jati hai.