

# OCTOBER

# RESIDENTS' RIGHTS

# MONTH

The 1987 Nursing Home Reform Law requires each nursing home to care for its residents in a manner that promotes and enhances their quality of life, ensuring dignity, choice, and self-determination.



## RIGHTS TO BE FULLY INFORMED OF

- Available services and the charges for each service.
- Facility rules and regulations, including a written copy of residents' rights.
- Address & telephone number of the State Ombudsman and state survey agency.
- State survey reports and the nursing home's plan of correction, and assistance if a sensory impairment exists.
- Residents have a right to receive information in a language they understand (Spanish, German, Braille, etc.).

## RIGHTS TO PARTICIPATE IN ONE'S OWN CARE

- Receive adequate & appropriate care, and be informed of all changes in medical condition.
- Participate in their own assessment, care-planning, treatment, & discharge.
- Refuse Medication & treatment, chemical & physical restraints
- Review one's medical record.
- Free from charge for services covered by Medicaid or Medicare.

## RIGHTS TO MAKE INDEPENDENT CHOICES

- Make personal decisions, such as what to wear & how to spend free time
- Reasonable accommodation of one's needs & preferences
- A physician of their own choice
- Participate in community activities, both inside & outside the nursing home
- Organize & participate in Resident Council
- Manage one's own financial affairs if able.

## RIGHTS DURING TRANSFERS & DISCHARGES

- Remain in the nursing facility unless there is a necessary and appropriate transfer or discharge.
- Receive 30-day notice of transfer/discharge, which includes the reason, effective date, and location to which the resident is transferred or discharged.
- The right to appeal, and the name, address, & telephone number of the state long-term care ombudsman, legal services hearing officer, and/or disability rights Nebraska.

## RIGHTS TO COMPLAIN

- Present grievances to staff or any other person, without fear of reprisal & with prompt efforts by the facility to resolve those grievances.
- To complain to the ombudsman program.
- To file a complaint with the state survey and certification agency.

## RIGHTS TO PRIVACY & CONFIDENTIALITY

- Private & unrestricted communication with any person of their choice.
- During treatment & care of one's personal needs.
- Regarding medical, personal, or financial affairs.

## RIGHTS TO DIGNITY, RESPECT, & FREEDOM

- To be treated with consideration, respect, & dignity.
- to be free from mental & physical abuse, corporal punishment, involuntary seclusion, & physical and chemical restraints.
- To self-determination.
- Security of possession.

## RIGHTS TO VISITS

- By a resident's physician of choice & representatives from the ombudsman program, & the state survey agency.
- By relatives, friends, & others of the resident's choosing.
- By organizations or individuals providing health, social, legal, or other services
- Refuse visitors.