

## Vyaktigat Dekhbhal

### NFOCUS Seva Codes

Vyaktigat Dekhbhal 5761

TBI Vyaktigat Dekhbhal 6222

### Seva Ki Paribhasha

Vyaktigat Dekhbhal HCBS Waiver ki ek seva hai jo Vridh aur Vyaktiyon aur Viklangata Se Grast Bachche (AD) aur Choton Se Prabhavit Mastisk Choton (TBI) ke liye hai. Yah seva Dainik Jeevan Ki Gatividhiyan (ADLs), Swasthya-se sambandhit kaam ya Dainik Jeevan Ki Sahayak Gatividhiyan (IADLs) mein avashyak madad pradan karti hai jo ek bhaagidar ke ghar aur anya Samudaayik Sthitayan mein di jaati hai. Vyaktigat Dekhbhal ek vibhinn prakar ki madad pradan karti hai jo waiver bhaagidaron ko unka kaam pura karne mein madad karti hai, jo vyakti apne liye karte agar unhe koi viklangta na hoti.

### Pradan Karne Ki Shartein

- A. Vyaktigat Dekhbhal ke antargat pratyek gatividhi ki avashyakta ko bhaagidar ke mulyankan ke dauran pehchana jana chahiye aur vyakti-kendrit yojna (PCP) mein شامل kiya jana chahiye.
- B. Pradata ek samay mein ek se adhik bhaagidar ko seva nahi de sakte, jab tak bhaagidar ki PCP mein anya roop se na likha ho.
- C. Bhaagidar ko nimnalikhit kshetron mein se ek ya adhik mein madad pradan karne ki anumati di ja sakti hai:
  1. Bhojan: Khana khane aur peene mein madad شامل hai:
    - a. Ismein paket kholna, khana kaatna, masale dalna, aur anya gatividhiyan شامل ho sakti hain jo bhaagidar khud se khana khane ke liye nahi kar paate.
    - b. Jab bhaagidar khud se khana nahi kha sakte, to pradata unhe khilayenge.
    - c. Madad mein doosre tareekon se poshan grahan karna شامل ho sakta hai, jaise tube feeding ya total parenteral nutrition.
  2. Nahana: Poore sharir ka snan ya shower mein madad شامل hai:
    - a. Tub ya shower mein aur usse bahar transfer karna.
    - b. Sharir ke har ang ko saaf karna.
    - c. Pradata ko bhaagidar ki snan samay-suchi ke prati unki pasand ko dhyan mein rakhna chahiye.
  3. Vastra Dharan: Ismein upar aur neeche ke sharir par kapde pehnane aur utarne ke saath-saath chikitsak-dwara prescribed prosthetic ya orthotic upkaranon mein madad شامل hai.
  4. Vastra Dharan: Ismein upar aur neeche ke sharir par kapde pehnane aur utarne ke saath-saath chikitsak-dwara nirdharit kritrim ang ya sahyak upkaranon mein madad شامل hai.
  5. Chal-pher: Ismein ghar ke andar ya bahar ek jagah se doosri jagah chalne ya anya gatividhiyon ke madhyam se jaane ki madad شامل hai.
  6. Shauch: Ismein shauchalay, commode, bedpan, ya urinal ka upyog karne ki madad شامل hai:
    - a. Shauchalay tak jaana aur wahan se wapas aana;
    - b. Shauchalay mein aur wahan se transfer karna;
    - c. Kapdon ka prabandhan;
    - d. Shauch ka upyog karne ke baad safai karna; aur

- e. Ostomy ya catheter ka prabandhan.
7. Sthanantaran Karna: Ismein ek jagah se doosri jagah jaane ki madad shamil hai, jaise bed se chair par jaana aur wapas, aur gaadi mein aur gaadi se jaana.
8. Niyantaran: Ismein incontinence briefs ya pads badalna, safai karna, aur maili vastuon ko nikalna shamil hai.
9. Swasthya-se sambandhit sevaayein: Ismein shamil hai:
  - a. Bhaagidar ke swasthya mein hone wale parivartanon ki nazar rakhna aur parivar, chikitsak, aur Seva Samanvayak ko suchit karna;
  - b. Swasthya shiksha aur salah-mashwara;
  - c. Kaushal ya nursing dekhbhal;
  - d. Dawaiyon ka prabandhan, ya dawaon ka prabandhan rajya ke kanoon ke anuroop jitna anumati di gayi ho.
10. Drishti/Sunayi/Sanchar: Ismein bhaagidar ko unke sanchar ke liye phone, computer, ya kisi aur upkaran ka istemal karne mein madad karna shamil hai, aur unki drishti, sunayi, ya sanchar ki avashyaktaon ke adhar par anya madad pradan karna.
- C. Pradan ki gayi madad haath se madad dene ke roop mein ho sakti hai jisme pradata vyakti ke liye koi kaam karta hai, ya cuing ke roop mein ho sakti hai jisme pradata bhaagidar ko kisi kaam ko karne ke liye prerit karta hai.
- D. Sevaayein ek samayik ya nirantar aadharit roop mein pradan ki ja sakti hain.
- E. Vyaktigat Dekhbhal bhaagidar ko is tarah pradan ki jaati hai ki unki svatantrata aur gopniyata ko jitna ho sake utna banaye rakha ja sake.
- F. Samasya ke ghar ko chalne aur rakne ke liye avashyak samanya ghar ke kaam unhi tak simit hote hain jab woh akela hi ghar ke liye zimmedar ho.
- G. Bhaagidaron ko nirantar roop se pratyek vyakti pradataon par nazar rakhna aur unka nigrani karna zimmedari hoti hai.
- H. Kam se kam mahine mein ek baar, Seva Samanvayak aur bhaagidar bhaagidaro ke PCP ka samiksha karte hain, jisme waiver sevaon ka upyog ya na-upyog bhi dekha jaata hai.
- I. Vyaktigat Dekhbhal ek seva hai jo 18 varsh aur usse adhik umr ke vyaktiyon ke liye hai.
  1. Jab ek bhaagidar 16 ya 17 varsh ka bachcha ho aur wo vyavsayik sevaon ki or badal raha ho, to usse Vyaktigat Dekhbhal mil sakti hai.
  2. Bachon ki seva unse sambandhit anya sevaon tak simit hoti hai jo Medicaid rajya yojna ke antargat nahi aati, jaise EPSDT, lekin waivar ke uddeshyon ke anuroop jo sansthanikaran ko rokne ke liye hain.
  3. Medicaid rajya yojna ke antargat jo sevaayein covered hain, unhe 21 varsh se kam umar ke bhaagidaron ko EPSDT ke antargat avashyak sevaon ke roop mein pradan ki jaana chahiye, na ki Vyaktigat Dekhbhal ke roop mein.
- J. Vyaktigat Dekhbhal mein kaushal vikas shamil nahi hai aur yeh bhaagidar ko swachalit sahayata, samajikikaran, ya anukoolan kaushalon ko prapt karne, banaye rakhne, ya sudharne mein madad nahi karta.
- K. Vyaktigat Dekhbhal mein wahi supports shamil ho sakte hain jo Companion mein diye jaate hain, lekin yeh supports tabhi pradan kiye ja sakte hain jab yeh ADLs ya swasthya-se sambandhit kaam ke saath diye ja rahe ho.
  1. Jab ADLs ya swasthya-se sambandhit kaam mein madad ki avashyakta nahi hoti, tab Vyaktigat Dekhbhal ko manzoori nahi di jayegi.
  2. Yeh seva Companion ya Chore ke pradan kiye gaye नियम का nakal nahi kar sakti.
- L. AD aur TBI waivers ke antargat Vyaktigat Dekhbhal ka kshetra aur prakriti Medicaid rajya yojna ke antargat pradan kiye jaane wale Vyaktigat Dekhbhal se alag hai, kyunki ismein nigrani bhi pradan ki ja sakti hai. Ek bhaagidar ko ek hi samay mein dono sevaayein prapt karne ki manzoori nahi di ja sakti.
- M. Ek bhaagidar ko is seva ko un samayon mein prapt karne ki manzoori nahi di ja sakti jo Companion, Vayask Divas, Aram, Viklang Bachchon ke liye Vishesh Dekhbhal, ya Arogik Gadi Seva ke samayon se milti ho.

- N. Vyaktigat Dekhbhal keval raat ke neend ke samayon mein pradan ki ja sakti hai, jab bhaagidar ka PCP raat bahar madad ki avashyaktaon ko spasht roop se darshata hai.
1. Seva Samanvayak seva manzoori mein vishesh kaam shamil karega.
  2. Yeh kaam shamil ho sakte hain, lekin is tak seemit nahi hain:
    - a. Dabaav ghaavon ko rokane ke lie sthiti ko badalana aur modana;
    - b. Bhaagidar ke asanyam sambandhi samasyaon par dhyaan dena; aur
    - c. Tracheostomy ka sukhana.

## Pradata Ki Avashyaktaayein

- A. Waiver ka Sabhi seva pradaataon ko yah karana hoga:
1. Medicaid pradata hona chahiye;
  2. Nebraska Prashasanik Code ke sabhi lagu Titles aur Nebraska Rajya Vidhi ki paalan karni chahiye;
  3. Medicaid aur lambe samay Dekhbhaal Seva Pradata Samjhauta mein varnit maapdandhon ka paalan karna;
  4. Anurodh par DHHS prashikshan poora karna chahiye; aur
  5. Sarvabhaumik saavdhaniyon ka palan karna chahiye.
- B. Vyaktigat Dekhbhal ke pradataon ko yah karna hoga:
1. Ek sakriya electronic visit verification (EVV) pranali honi chahiye jo seva niyuktikon mein check-in aur check-out ko electronic roop se sambhav banaye;
  2. EVV pranali ke liye pratyek computer kaushalon aur takneek ka access hona chahiye; aur
  3. TBI Waiver ke pradataon ko Vyaktigat Dekhbhal pradan karne se pehle DHHS-dwara manjoor ki gayi TBI prashikshan poora karna hoga.

## Mullya

- A. Darakhton ko ek vyakti pradan karta ke adhar par, pradan karta aur Sansadhan Vikasak (RD) ke beech ek samjhota prakriya ke madhyam se sthapit kiya jata hai.
- B. Darakhton ko pratyek varsh, pradan karta ke varshik samjhote ke samapan ke samay par punaravalokan kiya jata hai.
- C. Pradan karta tab punah samjhota karne ki maang kar sakte hain jab kisi bhagidaar ki dekhbhaal ki avashyaktaen badh jati hain.
- D. Mulyo ka samjhota bhaagidar ke seva ki avashyaktaon ke star, pradata ke kaushal star, aur bhaugolik sthal ko dhyaan mein rakhta hai.
- E. Mulyon ka nirdharan aam aur paramparik mulyon ke aadhar par kiya jata hai, jo pradata kisi vyakti se vyaktigat roop se liye jane wale mulyon se adhik nahi hote.
- F. Sevaayein ghantey, dainik, ya ghatna ke roop mein manzoor ki ja sakti hain.
- G. Pradataon ko us ghante ke chhote hisse ke liye bil banana hoga jab bhaagidar poore ghante ke liye upasthit nahi hota.